



Help us to advocate for a quality of life that all Alberta seniors deserve

Alberta Council on Aging

780.423.7781 | 1.888.423.9666 N INDEPENDENT NON-PROFIT, CHARITABLE ORGANIZA



Aug 21 - Links fore Literacy Charity Golf Tournament 2024 The Links fore Literacy Charity Golf Tournament is the Centre for Family Literacy's annual summer fundraising event. Proceeds from the tournament support the Centre's adult and family literacy programs. For more information, visit famlit.







Bring this ad into one of our 2 Edmonton Locations & Receive **20% OFF**

All Regular Priced, in Stock Tile

8219 Argyll Rd., Edmonton • 780-466-1343 11478-156th St., Edmonton • 780-451-7744



cagolf2024

NON P{ROFIT organizations may submit fundraising events for FREE at www.coffee-news.ca. Please submit a minimum of 4 weeks in advance.



\$400[°] Prize Package [°] Coffee News Bucks [°] Coffee News Bucks * Coffee News Bucks Over 150 participating sponsors! ners (\$100 each) will be drawn on the 15th of each month from all correct entr

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day! NEW FEATURE!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB TST EL4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy



1. The Guinness Book of Records co-founders were surnamed Guinness, McWhirter, or Mulvaney?

2. Captain Von Trapp in the film The Sound of Music had how many children?

- 3. The disease scurvy is caused by a deficiency of vitamin B, C, or D?
- 4. Vanilla is almost always used in the manufacture of chocolate-T/F?
- 5. Queen Marie Antoinette of France was married to Louis XIV, XV, or XVI?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd (Over)



85%

SUCCESS RATE!

Restrictions in Walking

1-844-453-5372

or Dressing may qualify

Affordable-Effective-Exclusive-CALL NOW!



WHEN YOU GET PAID We Get Paid

month trial

then only \$1 a month

WHIPLASH **COMPENSATION?**

Get the whiplash compensation you deserve from a trusted team of experienced lawyers. You pay nothing up front. Not all injury claims are capped.

1-800-661-4902

WhiplashInformationCentre.com



ALBERTA OWNED AND OPERATED FOR OVER 35 YEARS



Your Weekly Horoscope

(Sept. 23 - Oct. 22)

(Oct. 23 - Nov. 21)

39, 41, 48.

SCORPIO

SAGITTARIUS

35.44.45.

CAPRICORN

(Dec. 22 - Jan. 19)

(Nov. 22 - Dec. 21)

As you approach the six-

month mark since your

birthday, consider review-

ing the goals and plans

you established then.

Which ones should you

Interactions with others

sometimes show your

intensity, not always to

your benefit. For the next

month, try to help others

see you as courageous

Be careful in the next

month of making impul-

sive statements that may hurt someone else. If this

happens, be sure to quick-

ly make amends to that

The next month's astro-

logical energy may fuel

your ambition. Be sure to

foster cooperation toward

a common goal and

avoid conflict about who

This may be a good week

continue? Lucky numbers: 9, 12, 18,

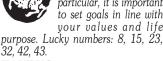
rather than argumentative. Lucky numbers: 6, 13, 20, 22, 33, 44.

person. Lucky numbers: 16, 22, 30,

ARIES

(March 20 - April 19)

Your birthday month is a good one to plan for the next 12. This year, in particular, it is important to set goals in line with your values and life



TAURUS (April 20 - May 20)

Is there something close to your heart that you wish to manifest in the world? The next two weeks may be a good time to talk to others about this desire. Lucky numbers: 2,

3, 15, 29, 30, 31. **GEMINI**

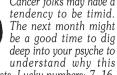
(May 21 - June 20)

It can sometimes be hard for Geminis to decide on what they want. Now may be the right time to do so because this month is good for initiating

endeavours. Lucky numbers: 4, 16, 21, 28, 39, 43. CANCER

(June 21 – July 22)

Cancer folks may have a tendency to be timid. The next month might



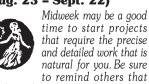
pattern exists. Lucky numbers: 7, 16, 28, 41, 46, 47. LEO

(July 23 - Aug. 22)

At the beginning of the week, your natural enthusiasm and joy may radiate. If you seek the aid of others, be sure the endeavour is a win-win for all involved. Lucky numbers: 10, 12, 17,

22.42.47. VIRGO

(Aug. 23 - Sept. 22)



you have this talent. Lucky numbers: 5, 10, 14, 20, 28, 31.

Lucky numbers this week: This week's odds favour Gemini winners with the luckiest number being 21.

Did You Know...

Big park: Some national parks in Canada are larger than some countries. Wood Buffalo National Park in Alberta and the Northwest Territories is 44,807 sq. km (17,300 sq. mi.), which is larger than Denmark.

Break a leg: American actor Cuba Gooding, Jr., has starred in many hit motives. His first professional entertainment job was as a break dancer performing with singer Lionel Richie at the closing ceremonies of the 1984 Summer Olympics in Los Angeles.

Crop damage: Farmers in Africa have a nickname for the red-billed quelea bird: feathered locust. Large flocks of these winged creatures can eat so many seeds that they wipe out whole crops.

Say yes: The speaker of the question, "Will you marry me?" is usually a man. And even in the age of gender equality, young couples still seem to believe it's the man's responsibility, according to a study by Cornell University. Good coffee: Those who like espresso have Angelo Moriondo to thank. He is credited with being the first person to patent an espresso machine. He came from an entrepreneurial family in Italy and patented his invention in the 1880s.



deep into your psyche to understand why this is in charge. Lucky numbers. 14, 17, 18, 23, 25, 27. **AQUARIUS**

to find the courage of your convictions. How can you use this toward the humanitarian goals that Aquarians find important? Lucky numbers: 1, 3, 6, 33,

(Jan. 20 - Feb. 18)

34, 36. **PISCES**

(Feb. 19 - March 20)

Pisces may have difficulty manifesting their ephemeral ideals in the world. For the next few weeks, seek a grounded way to accomplish these

goals. Lucky numbers: 3, 15, 18, 21, 41, 43.

yes

FREE LIVE STREAMING

visit yestv.com for details



www.scubagearcanada.ca

On the Lighter Side

Knock! Knock! Who's there? Alda. Alda who? Alda kids like my knock-knock jokes!

What are the best steps to solve a complex math problem? The steps to the teacher's desk.

The thing about whiteboards is that they are remarkable.

A small area of undeveloped land might not seem like much, but to me it's a lot.

Teacher: "Can anyone name a liquid that won't freeze?" Student: "Hot water!"

Answers

IVX sinod .d surt .A Trivia anewers: 1. McWhirter 2. Seven 3. Vitamin C

For available franchise opportunities - visit coffeenewscanada.com © Published with Permission by Capital Marketing Ltd



2530 Tudor Glen, St. Albert | bootnscooters.com

The World's #1 Restaurant Publication!