

CANADA'S BRAND YOUR COMFORT



NAPOLEON



GEMCO FIREPLACES
& WHOLESALE HEATING PRODUCTS

PH:780-465-9719 9281-50 STREET, EDMONTON, AB
WWW.GEMCOFIREPLACES.COM

FREE! *New Issue Every Week!*

Coffee News®

"News To Be Enjoyed Over Coffee"

Cold Lake Edition

877-553-6397



www.coffee-news.ca Est. 1988

Home | Auto | Business | Farm

We're in your community

780.594.7539

102 - 5605 55 St, Cold Lake

BrokerLink Insurance

BrokerLink.ca

©2023 BrokerLink Inc. *BrokerLink & Design is a registered trademark of BrokerLink Inc. All rights reserved.

Wellings®
OF LLOYDMINSTER

New 55+ Community

MOVE-IN READY

3211 72 Ave. Lloydminster
587-377-7478

It's not just a generator. It's a power move.

Receive a free 7-year warranty with qualifying purchase* - valued at \$945.

Call 888-688-0973 to schedule your free quote!



GENERAC

*Terms and Conditions apply.

Are you a business owner/office manager? Have 3-20 employees in your office? Paying too much for your current phone system?

We can save you up to 50% off your current phone rates!

How? We offer:

- ✓ VOIP Solutions at a fraction of the traditional carrier cost
- ✓ Long distance rates that outcompete the competition

587.760.2800
<https://zettatelecom.com>

ETTA TELECOM

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

We Need Volunteers In Your Area!

Help us to advocate for a quality of life that all Alberta seniors deserve

Alberta Council on Aging

Contact us:
780.423.7781 | 1.888.423.9666

AN INDEPENDENT NON-PROFIT, CHARITABLE ORGANIZATION SINCE 1967



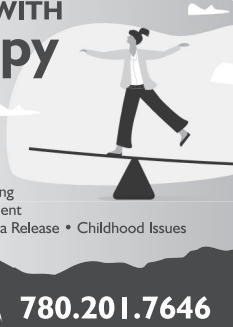
FIND YOUR BALANCE WITH Hypnotherapy

Hypnotherapy can help with an array of issues:

- Smoking/Bad Habit Cessation
- Weight Loss • Addiction
- Lifestyle Changes • Attracting Abundance
- Anxiety/Depression • PTSD • Public Speaking
- Fears/Phobias • Motivation • Pain Management
- Positive Thinking • Self Confidence • Trauma Release • Childhood Issues

BLONDE MOVEMENT **780.201.7646**

© @THE.BLONDE.MOVEMENT



Proudly Serving Western Canada

Drainage Is Our Business

Weeping Tile Direct

780.371.9528
weepingtiledirect.com

We manufacture 100', 164', 250', and 3800' Maxi coils



COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005



Vol. 21 No. 14 April 1, 2024

Everybody's Talking

Screen to sanctuary: As a teen actress in the 1957 film *Loving You*, newcomer Dolores Hart kissed Elvis Presley, marking her Hollywood debut. Her nine more films hinted at a glittering career. But while portraying St. Clare in *Francis of Assisi* in 1964, she met Pope John XXIII and told him of her role. He proclaimed, "No, you are Clare!" This helped redirect her path. Hart then broke an engagement, bid adieu to acting, and became a nun at the Abbey of Regina Laudis in Connecticut (U.S.). She did attend the 2012 Academy Awards, where *God Is the Bigger Elvis*, a documentary chronicling her journey, earned an Oscar nod.

Long and lonely road An amazing road connects Kashgar, China, with Islamabad, Pakistan. The Karakoram Highway snakes its way around mountains and through valleys for 800 km (500 mi.). Without this highway, much of the area would not be accessible. The road was built between 1959 and 1978 through an agreement between both countries. Over the course of the construction, over 24,000 workers dodged mudslides and rockfalls to get the job done. To this day, the road requires considerable maintenance to keep it functioning. Tourists who decide to travel this road are rewarded with beautiful views of mountains, glaciers, and alpine lakes.

Costly fix: Hiring a tradesman to come fix something can get pretty expensive these days, but it's not usually something to go berserk about. Not so for a man in Malaga, Spain. The fellow realized he had a broken pipe that needed tending, so he called a local plumber. When the tradesman arrived, he took a look at the job and provided a quote. However, the man was not impressed and got quite angry at the cost of the job. He was so irate, in fact, that he held the plumber hostage. Luckily, neighbours in the apartment building heard the ruckus and called police, who were able to intervene and arrest the angry man.

Shadowy art: Can shadows made from cut up cardboard boxes be considered art? To followers of a Japanese man named Kuronushi, the answer is a resounding "yes!" Kuronushi arranges pieces of cardboard in various ways. The seemingly mismatched piles of material don't look like anything unusual. But shine a light on the creations, and the shadows on the wall become art. One of Kuronushi's shadows reveals a pirate ship and, when the pile of cardboard is rotated, the ship turns into the pirate Jack Sparrow from the movie *Pirates of the Caribbean*. The artist also created Harry Potter shadow art, to the delight of his fans.

Quoteable Quotes

"It is only in sorrow bad weather masters us; in joy we face the storm and defy it."
—Amelia Barr

"If you have a garden and a library, you have everything you need."
—Cicero

What's Happening

Ongoing - Tuesdays Women's Wellness Slave Lake and Area Womens Wellness workshop. St. Peters Ecumenical Church, Slave Lake. Free and includes child care. Registration is required. For topic and to register, text Rebecca at 780-240-6245

NON PROFIT organizations may submit fundraising events for FREE at www.coffee-news.ca. Please submit a minimum of 4 weeks in advance.

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package
*Coffee News Bucks

Over 150 participating sponsors!
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. Each player in chess has how many pieces?
2. Triskaidekaphobia is the fear of what?
3. What was Juliet's last name in Shakespeare's *Romeo and Juliet*?
4. This is the acronym for International Business Machines Corporation.
5. Actor Boris Karloff famously portrayed Lurch, Frankenstein's monster, or Wolf Man?

(Flip bottom of page for answers)

yes tv

FREE LIVE STREAMING COMING THIS FALL

visit yestv.com for details



THIS SPACE FOR RENT

OR SCAN HERE FOR MORE INFO



Call 780-220-6397

M-F, 10-6 | Thurs, 10-8 | Sat, 11-5 | Closed Sun & Holidays

Farmstead

MARKET & MORE

VENDOR COLLECTIVE

Clothing • Jewellery
Home Decor • Bath & Body
Giftware • Cleaning
Fresh Produce • Local Meats
Pantry & Freezer Items

BISTRO

Specialty Beverages
Fresh Baked Muffins, Cookies & Pastries
Hot Soup and Sandwiches
(made to order with local meat & produce)
Grab 'n Go Options • Daily \$12 Lunch Specials

OVER 250 LOCAL VENDORS IN STORE!

780.205.3961
4908-50 (Main) St. Kitscoty

We've moved... VISIT US IN OUR NEW LOCATION!

Gifts and Gadgets

NOW AT 28-308 WESTGROVE DR., SPRUCE GROVE
BEHIND MCDONALD'S

YOUR ONE STOP KITCHEN AND GIFT SHOP

780.962.5220 | www.giftsandgadgets.ab.ca



owned by the **Thackeray** FAMILY

Memento FUNERAL CHAPEL

(1975) LIMITED

SERVING YOUR COMMUNITY FOR THREE GENERATIONS

- FUNERALS
- CREMATION
- MONUMENTS
- PRE-PLANNING

BONNYVILLE \$ 780-826-3113 | GOLD LAKE \$ 780-639-3113 | ST. PAUL \$ 780-615-3113



Coffee News is proud to support Make-A-Wish® Canada

Transform lives, one wish at a time.

Make-A-Wish.

Visit makeawish.ca



Can't get to your Coffee News® each week?

Check out our PDF editions online!

New editions are posted every Monday

Sign up here to receive email notifications of new editions. Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions



Ray's Coins and Stamps

THE CHOICE OF DISCERNING COLLECTORS

Coins

Graded coins and collectable coins from the Royal Canadian Mint and a few other mints

Tim Hortons Hockey Cards

...available to finish your set. Text 780.2619.2929 with your list!

Paper Money

Graded Canadian currency

Cell.: 780-619-2928
rgrikinis@yahoo.com | www.rayscoinsandstamps.com
Check our showcase # letter "I" at Old Strathcona Antique Market, 10323-78 Ave.

200+ Delicious Meals Made for SENIORS!

PLEASE ASK US FOR STARTER PACK

NOW SERVING THIS COMMUNITY!

- ✓ Free Delivery*
- ✓ No Obligations
- ✓ No Minimum Orders*

* Some conditions apply

Request your **FREE MENU Catalogue** today!
780-666-2336
TF: 1-800-704-4779

HEART TO HOME MEALS
DELICIOUS MEALS MADE FOR SENIORS™
www.hearttohomeals.com

MARINE SUPPLY!

PARTS AND ACCESSORIES

L & D Marine Rentals

61116 Hwy. 28 W
Bonnyville
780.201.0154

Oil for ALL Applications
Automotive • Power Sports
Marine • Heavy Duty Diesel, etc.

BOAT RENTALS AND REPAIRS

BRIGGS & STRATTON DEALER

DISCOVER THE POWER OF AMSOIL
The world's most advanced motor oil.

SHOP ONLINE!

www.scubagearcanada.ca

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

The Dive Outfitters
Scuba Diving & Snorkeling
11781-156 St., Edmonton
Learn to SCUBA DIVE at our Edmonton location - call for details
780.483.0044

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

NEW HOMES FOR SALE AND RENT in Cold Lake

- WILDWOOD COMMUNITY
- CREEKSIDE • FONTAINE VILLAGE

Call 780.594.4101 for more information

DIRECT WORKWEAR

www.directworkwear.com

VINTAGE 100% WOOL BLANKETS

Brand new! Step into warmth and embrace the nostalgia of the 1950s-60s with these military grade blankets. Ideal for travel emergency kits, camping or on the farm.

\$39.95 ea.

Scan QR Code To Visit Our Website

Need Help with the Digital Side of Business?

We Can Help - for Free!

- Google My Business
- Websites
- Social Media

Contact Community Futures or mel.digital@cf11b.com

Community Futures | Digital Economy Program | Alberta Government

Pregnant? Facing Difficult Decisions?

We can help.
Call 780.421.1177 or text 587.596.5380

A Small Miracle Adoption
Adoption is the ultimate expression of a committed heart

- Confidential
- Support and Connection to Resources
- Adoption Information and Advice

www.smallmiraclesadoption.com

Your Weekly Horoscope

ARIES
(March 20 - April 19)

Your birthday month is a good time to develop new goals. In addition, the end of this week may be a good time to plan how to work toward them. Lucky numbers: 9, 12, 17, 19, 25, 38.

TAURUS
(April 20 - May 20)

For the next few weeks, be on the lookout for an opportunity to achieve a long held or heartfelt goal. You may need to be proactive and seek it out. Lucky numbers: 8, 10, 11, 12, 21, 29.

GEMINI
(May 21 - June 20)

You may find yourself eager to manifest everything you desire over the next few weeks. Perhaps take a step back and prioritize what is most important now. Lucky numbers: 10, 18, 24, 32, 33, 42.

CANCER
(June 21 - July 22)

By default, Cancers often place heart over head in decision making. But early this week, you may have an opportunity to play with balancing that dynamic. Lucky numbers: 5, 10, 27, 28, 43, 44.

LEO
(July 23 - Aug. 22)

You may have a continued opportunity to reach beyond yourself and expand your role in the world. Be sure your efforts in this regard align with your values. Lucky numbers: 2, 4, 11, 26, 27, 32.

VIRGO
(Aug. 23 - Sept. 22)

Midweek, your normally detailed and disciplined thought process may feel confused and muddled. Take a deep breath. This might pass in a few days. Lucky numbers: 3, 4, 14, 27, 36, 39.

LIBRA
(Sept. 23 - Oct. 22)

Over the next few weeks, you may feel in a stalemate about how to proceed in some area of your life. Be sure to look to your values in order to find a solution. Lucky numbers: 4, 6, 13, 14, 26, 29.

SCORPIO
(Oct. 23 - Nov. 21)

Do your current endeavors reflect your heart? If not, consider making an adjustment to find the courage to bring your life in alignment with who you are now. Lucky numbers: 15, 24, 28, 32, 37, 40.

SAGITTARIUS
(Nov. 22 - Dec. 21)

Things may go fairly smoothly for you over the next few weeks. However, there might be an opportunity, if you seek out its potential, to reach the next level. Lucky numbers: 4, 6, 13, 14, 26, 29.

CAPRICORN
(Dec. 22 - Jan. 19)

Early in the week, your ability to dig in and push past obstacles to achieve success may be heightened. Don't neglect your connection to others in the process. Lucky numbers: 15, 24, 28, 32, 37, 40.

AQUARIUS
(Jan. 20 - Feb. 18)

What are you passionate about achieving in the world? This week may offer an opportunity to start a process toward bringing transformational change for you and others. Lucky numbers: 13, 30, 33, 39, 44, 45.

PISCES
(Feb. 19 - March 20)

Are you clear about how you want to proceed next? Now may be a good time to communicate with others to find an opportunity to achieve a common goal. Lucky numbers: 6, 13, 17, 35, 44, 47.

Lucky numbers this week: This week's odds favour Aries winners with the luckiest number being 17.

Did You Know...

To the grave: In ancient Egypt, the dead took their recipes to the grave with them, literally. Researchers have found hieroglyphs on the walls of tombs that depict recipes for food, believed to have been used as references for the afterlife.

The john: Societies use many names for the word toilet, but one of the most popular is "the john." That's because Sir John Harrington designed the first flushing toilet in 1596. He was one of Queen Elizabeth I's godchildren.

Started early: American Selena Gomez, born in 1992, has become one of the biggest stars of her generation. She got her acting start at a young age, appearing on the children's television show *Barney and Friends* from 2002 to 2004.

Big headache: World War II Italian dictator Benito Mussolini wouldn't eat mashed potatoes. That's because he claimed they caused him to have migraine headaches.

Donut lovers: Canadians really like their donuts, those round, yummy, sweet, spongy cakes with a hole in the middle. In fact, Canada boasts more donut shops per capita than any other country in the world.

On the Lighter Side

I tried archery, but didn't like it. There were too many drawbacks.

Mutt: "I wish I were in your shoes."
Nutt: "Why would you want to be in my shoes?"
Mutt: "Mine have holes!"

Why did the hedgehog say, "Ouch"? He put on his coat inside out!

Knock! Knock! *Who's there?* Nose. *Nose who?* Nose any knock-knock jokes?

You can have my chimney for free. It's on the house!

Answers

Trivia answers: 1. 16 2. The number 13 3. Capulet 4. IBM 5. Frankenstein's monster

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

WHIPLASH COMPENSATION?

Get the whiplash compensation you deserve from a trusted team of experienced lawyers. You pay nothing up front. Not all injury claims are capped.

1-800-661-4902
WhiplashInformationCentre.com

Braithwaite Boyle Injury Law 800-440-8298
It's The Only Law We Do - Since 1986
Free Initial Consultation
Offices in: Edmonton, Red Deer, and Calgary
ALBERTA OWNED AND OPERATED FOR OVER 35 YEARS

Lakeland EMPLOYMENT SERVICES

Unemployed? Underemployed? We can help. Contact us.

Cold Lake office
5412 55 Street - Unit B
587.491.2028
employabilities.ab.ca

EMPLOY Abilities

Need ONE More Reason to Join?

- 1 You don't have an up to date will
- 2 You don't understand the difference between a trust and a will
- 3 The CRA selects you for an audit
- 4 You need a letter written on your behalf by a lawyer
- 5 You receive a speeding ticket
- 6 You need a lawyer's advice on any matter

Call **LLOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!
1-877-579-9449

LegalShield

inogen CLAIM YOUR **14-DAY RISK-FREE TRIAL!**

PORTABLE OXYGEN FOR YOUR ON-THE-GO LIFESTYLE

Call us toll-free at **1-888-998-6714**

*14-day risk-free trial. Return within 30 days of purchase for a full refund of purchase price.
PM220469 EN, EX, USA | In Only © 2023 Inogen, Inc.
3022 Common Drive, Colton, CA 95317
Inogen® is a trademark of Inogen, Inc. The usage of any Inogen, Inc. trademark is strictly forbidden without the prior consent of Inogen, Inc. All other trademarks are trademarks of their respective owners or holders.

Groggy mornings?

Imagine starting each day refreshed, ready to conquer anything!

Optimize your routine to elevate your morning and capitalize on time.

Free month trial then only \$1 a month

RISE UP

Available on the App Store | GET IT ON Google Play

HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A **\$2,500 YEARLY TAX CREDIT** AND **\$30,000 LUMP SUM REFUND**

COPD, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

FOR EXPERT HELP: **1-844-453-5372**

85% SUCCESS RATE!

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles
prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

Sunset Scents
a RAY of Fragrance