

**WE BUY USED GOLD AND DIAMONDS**

Blue Diamond Jewellers

780.968.0040  
Main Street, Stony Plain  
www.bluediamondjewellers.com

**We Need Volunteers In Your Area!**

Help us to advocate for a quality of life that all Alberta seniors deserve

**Alberta Council on Aging**

Contact us: 780.423.7781 | 1.888.423.9666

AN INDEPENDENT NON-PROFIT, CHARITABLE ORGANIZATION SINCE 1967

**Your Feet Will Thank You!**

Certified Master Pedicurist for Seniors, Diabetics, Those With Toenail Troubles

**Family Footcare & Reflexology**

110B McLeod Avenue, Spruce Grove  
Colleen Waddell - Registered CMP, Certified Reflexologist  
780.984.9774 | www.familyfootcareandreflexology.ca

**TileTown** 50 years

Your Space. Your Style. Your Way.

Bring this ad into one of our 2 Edmonton Locations & Receive **20% OFF** All Regular Priced, in Stock Tile

8219 Argyll Rd., Edmonton • 780-466-1343  
11478-156th St., Edmonton • 780-451-7744

**COLD SHOT** A DIVISION OF BALWARIA EMPIRE PVT. LTD.

**PASSENGER & PARCEL SERVICES**

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: [www.coldshotca.com](http://www.coldshotca.com)  
Passenger Website: [www.coldshot.ca](http://www.coldshot.ca)

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

**B THREE B's FLOWERS**

house plants & floral design

780-968-6938  
#106, 4807 44 Avenue, Stony Plain

download our free app!

**Let's Make A Deal!**

We pawn, buy, sell, trade and consign a wide variety of products at our new location in Stony Plain!

**Gold'n Loan Pawn Shop** CALL TODAY! 587-521-4653

201, 5007-48 Street | Stony Plain [goldnloan.com](http://goldnloan.com)

Bras don't have to be uncomfortable!

**Romantic Notions Inc.**

#30, 210 McLeod Ave., Spruce Grove  
780.962.4944 | 1.855.962.4944  
@romanticnotionsab

Book your appointment: [www.romanticnotions.ca](http://www.romanticnotions.ca)

**FREE! New Issue Every Week!**

**Coffee News**®

"News To Be Enjoyed Over Coffee"

Spruce Grove Edition  
780-220-6397

www.coffee-news.ca

Vol. 21 No. 14 April 1, 2024

**Everybody's Talking**

**Screen to sanctuary:** As a teen actress in the 1957 film *Loving You*, newcomer Dolores Hart kissed Elvis Presley, marking her Hollywood debut. Her nine more films hinted at a glittering career. But while portraying St. Clare in *Francis of Assisi* in 1964, she met Pope John XXIII and told him of her role. He proclaimed, "No, you are Clare!" This helped redirect her path. Hart then broke an engagement, bid adieu to acting, and became a nun at the Abbey of Regina Laudis in Connecticut (U.S.). She did attend the 2012 Academy Awards, where *God Is the Bigger Elvis*, a documentary chronicling her journey, earned an Oscar nod.

**Long and lonely road** An amazing road connects Kashgar, China, with Islamabad, Pakistan. The Karakoram Highway snakes its way around mountains and through valleys for 800 km (500 mi.). Without this highway, much of the area would not be accessible. The road was built between 1959 and 1978 through an agreement between both countries. Over the course of the construction, over 24,000 workers dodged mudslides and rockfalls to get the job done. To this day, the road requires considerable maintenance to keep it functioning. Tourists who decide to travel this road are rewarded with beautiful views of mountains, glaciers, and alpine lakes.

**Costly fix:** Hiring a tradesman to come fix something can get pretty expensive these days, but it's not usually something to go berserk about. Not so for a man in Malaga, Spain. The fellow realized he had a broken pipe that needed tending, so he called a local plumber. When the tradesman arrived, he took a look at the job and provided a quote. However, the man was not impressed and got quite angry at the cost of the job. He was so irate, in fact, that he held the plumber hostage. Luckily, neighbours in the apartment building heard the ruckus and called police, who were able to intervene and arrest the angry man.

**Shadowy art:** Can shadows made from cut up cardboard boxes be considered art? To followers of a Japanese man named Kuronushi, the answer is a resounding "yes!" Kuronushi arranges pieces of cardboard in various ways. The seemingly mismatched piles of material don't look like anything unusual. But shine a light on the creations, and the shadows on the wall become art. One of Kuronushi's shadows reveals a pirate ship and, when the pile of cardboard is rotated, the ship turns into the pirate Jack Sparrow from the movie *Pirates of the Caribbean*. The artist also created Harry Potter shadow art, to the delight of his fans.

**Quoteable Quotes**

"It is only in sorrow bad weather masters us; in joy we face the storm and defy it."  
—Amelia Barr

"If you have a garden and a library, you have everything you need."  
—Cicero

**What's Happening**

**Aug 21 - Links fore Literacy Charity Golf Tournament 2024** The Links fore Literacy Charity Golf Tournament is the Centre for Family Literacy's annual summer fundraising event. Proceeds from the tournament support the Centre's adult and family literacy programs. For more information, visit [famililit.cagolf2024](http://famililit.cagolf2024)

NON PROFIT organizations may submit fundraising events for FREE at [www.coffee-news.ca](http://www.coffee-news.ca). Please submit a minimum of 4 weeks in advance.

**Hidden Coffee News Guy ADVENTURE**

To enter, visit [www.coffee-news.ca](http://www.coffee-news.ca)

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

Find the Coffee News Guy hidden in one of the ads, then enter to win! **\$400\* Prize Package**

\*Coffee News Bucks  
Over 150 participating sponsors!  
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

**Trivia**

1. Each player in chess has how many pieces?
2. Triskaidephobia is the fear of what?
3. What was Juliet's last name in Shakespeare's *Romeo and Juliet*?
4. This is the acronym for International Business Machines Corporation.
5. Actor Boris Karloff famously portrayed Lurch, Frankenstein's monster, or Wolf Man?

(Flip bottom of page for answers)

**MERIDIAN CREEK RV STORAGE**

Secure, Clean, Easy-Access Storage at a Fair Price

53322 SH779, Parkland County

Serving Parkland County at the same convenient location right off Highway 779 since 2010.  
780.960.1110 | [www.meridiancreekrv.com](http://www.meridiancreekrv.com)

**Your One Stop Spiritual Shop**

**NOW OPEN!**

**Cassia** metaphysical wellness inc.

- ♦ Gifts ♦ Crystals ♦ EMF Protection
- ♦ Palo Santo ♦ Smudge Sprays
- ♦ Reiki ♦ Sage ♦ Energy Clearing Services
- ♦ Sweet Grass ♦ Chakra Sets ♦ Past Life Sessions
- ♦ Geodes

#104, 215 McLeod Ave., Spruce Grove  
@cassia.codes

**THIS SPACE FOR RENT**

Call 780-220-6397

OR SCAN HERE FOR MORE INFO

**Where excitement and eco-friendly rides collide**

Long Boards Go Carts

**NOW OPEN**

**TAKE IT TO TRACK**

2530 Tudor Glen, St. Albert | [bootscooters.com](http://bootscooters.com)  
Tues-Thurs, 10 am - 7 pm | Fri, 10 am - 6 pm | Sat, 10 am - 5 pm  
FREE DEMO RIDES Thursdays at 7 pm. Register at 6:30 pm

We Follow The **AB Dental Fee Guide**

**BLOSSOM FAMILY DENTAL**

Evening appts. available  
780.960.4242  
[www.blossomfamilydental.ca](http://www.blossomfamilydental.ca)

NEW PATIENTS OF ALL AGES WELCOME!

**WHIPLASH COMPENSATION?**

Get the whiplash compensation you deserve from a trusted team of experienced lawyers. You pay nothing up front. Not all injury claims are capped.

**1-800-661-4902**

[WhiplashInformationCentre.com](http://WhiplashInformationCentre.com)

**Braithwaite Boyle Injury Law** 800-440-9298

It's The Only Law We Do - Since 1986  
Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary  
ALBERTA OWNED AND OPERATED FOR OVER 35 YEARS

**THE ONE 88.1 FM**

PARKLAND'S BEST COUNTRY

The World's #1 Restaurant Publication!

SERVING THE AREA FOR OVER 39 YEARS

# Polish & Sparkle

CLEANING SERVICES

Weekly • Bi-Weekly • Move Ins  
Move Outs • Spring/Fall Cleans

OFFICE CLEANING NOW AVAILABLE IN STONY PLAIN AND SPRUCE GROVE

LICENSED AND BONDED **WCB**

Member, Greater Parkland Regional Chamber of Commerce

Call Sherry  
780.962.4659 or 780.916.5133

CANADA'S BRAND YOUR COMFORT

# NAPOLEON

GEMCO FIREPLACES & WHOLESALE HEATING PRODUCTS

PH: 780-465-9719 9281-50 STREET, EDMONTON, AB  
WWW.GEMCOFIREPLACES.COM

We Love Creating Amazing Smiles!

Get to the root of your child's dental problems:

- Sporing
- Crowded Teeth
- Difficulty in School
- ADD/ADHD
- Chronic Allergies
- Daytime Drowsiness
- Sleep Issues
- Delayed Growth
- and more

FREE ORTHODONTIC ASSESSMENT  
FREE SECOND OPINION CONSULTATION

**BRACES4ALL** ORTHODONTICS

FORMERLY HORIZON ORTHODONTICS. NEW NAME, SAME EXPERT STAFF

780.960.1910 | #107, 187 Hwy 16A, Spruce Grove

# NWT SAFETY SUPPLIES

## FIRE SALES & SERVICE

EXTINGUISHER

SINCE 2003

BAY 2, 1906-4 ST. NISKU  
780 955 8797

X  
50 SHEP ST. SPRUCE GROVE  
780 962 1778

nwtsafety.com

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

**PSC** Prairie Scented Candles

**Sunset Scents** a RAY of Fragrance

prairiescentedcandles@gmail.com  
www.prairiescentedcandles.com

**ISP COMPUTERS**

**BUSINESS IT SUPPORT, COMPUTER SALES & REPAIRS**

ISP COMPUTERS - Your Tech 911

780-960-2150  
Email: iain@ispcomputers.ca  
Website: www.ispcomputers.ca

124B South Ave., Spruce Grove, AB T7X 3A9

# WEBSITES

From \$129/Month

**(780) 760-6922**

FRONTLINECONSULTING.CA

yes tv

FREE LIVE STREAMING COMING THIS FALL

visit yestv.com for details

# Your Weekly Horoscope

**ARIES**  
(March 20 - April 19)

Your birthday month is a good time to develop new goals. In addition, the end of this week may be a good time to plan how to work toward them. Lucky numbers: 9, 12, 17, 19, 25, 38.

**TAURUS**  
(April 20 - May 20)

For the next few weeks, be on the lookout for an opportunity to achieve a long held or heartfelt goal. You may need to be proactive and seek it out. Lucky numbers: 8, 10, 11, 12, 21, 29.

**GEMINI**  
(May 21 - June 20)

You may find yourself eager to manifest everything you desire over the next few weeks. Perhaps take a step back and prioritize what is most important now. Lucky numbers: 10, 18, 24, 32, 33, 42.

**CANCER**  
(June 21 - July 22)

By default, Cancans often place heart over head in decision making. But early this week, you may have an opportunity to play with balancing that dynamic. Lucky numbers: 5, 10, 27, 28, 43, 44.

**LEO**  
(July 23 - Aug. 22)

You may have a continued opportunity to reach beyond yourself and expand your role in the world. Be sure your efforts in this regard align with your values. Lucky numbers: 2, 4, 11, 26, 27, 32.

**VIRGO**  
(Aug. 23 - Sept. 22)

Midweek, your normally detailed and disciplined thought process may feel confused and muddled. Take a deep breath. This might pass in a few days. Lucky numbers: 3, 4, 14, 27, 36, 39.

**LIBRA**  
(Sept. 23 - Oct. 22)

Over the next few weeks, you may feel in a stalemate about how to proceed in some area of your life. Be sure to look to your values in order to find a solution. Lucky numbers: 4, 6, 13, 14, 26, 29.

**SCORPIO**  
(Oct. 23 - Nov. 21)

Do your current endeavors reflect your heart? If not, consider making an adjustment to find the courage to bring your life in alignment with who you are now. Lucky numbers: 15, 24, 28, 32, 37, 40.

**SAGITTARIUS**  
(Nov. 22 - Dec. 21)

Things may go fairly smoothly for you over the next few weeks. However, there might be an opportunity, if you seek out its potential, to reach the next level. Lucky numbers: 4, 6, 13, 14, 26, 29.

**CAPRICORN**  
(Dec. 22 - Jan. 19)

Early in the week, your ability to dig in and push past obstacles to achieve success may be heightened. Don't neglect your connection to others in the process. Lucky numbers: 15, 24, 28, 32, 37, 40.

**AQUARIUS**  
(Jan. 20 - Feb. 18)

What are you passionate about achieving in the world? This week may offer an opportunity to start a process toward bringing transformational change for you and others. Lucky numbers: 13, 30, 33, 39, 44, 45.

**PISCES**  
(Feb. 19 - March 20)

Are you clear about how you want to proceed next? Now may be a good time to communicate with others to find an opportunity to achieve a common goal. Lucky numbers: 6, 13, 17, 35, 44, 47.

Lucky numbers this week: This week's odds favour Aries winners with the luckiest number being 17.

## Did You Know...

**To the grave:** In ancient Egypt, the dead took their recipes to the grave with them, literally. Researchers have found hieroglyphs on the walls of tombs that depict recipes for food, believed to have been used as references for the afterlife.

**The john:** Societies use many names for the word toilet, but one of the most popular is "the john." That's because Sir John Harrington designed the first flushing toilet in 1596. He was one of Queen Elizabeth I's godchildren.

**Started early:** American Selena Gomez, born in 1992, has become one of the biggest stars of her generation. She got her acting start at a young age, appearing on the children's television show *Barney and Friends* from 2002 to 2004.

**Big headache:** World War II Italian dictator Benito Mussolini wouldn't eat mashed potatoes. That's because he claimed they caused him to have migraine headaches.

**Donut lovers:** Canadians really like their donuts, those round, yummy, sweet, spongy cakes with a hole in the middle. In fact, Canada boasts more donut shops per capita than any other country in the world.

## On the Lighter Side

I tried archery, but didn't like it. There were too many drawbacks.

Mutt: "I wish I were in your shoes."  
Nutt: "Why would you want to be in my shoes?"  
Mutt: "Mine have holes!"

Why did the hedgehog say, "Ouch"? He put on his coat inside out!

Knock! Knock! *Who's there?* Nose. *Nose who?* Nose any knock-knock jokes?

You can have my chimney for free. It's on the house!

## Answers

**Trivia answers:** 1. 16 2. The number 13 3. Capulet 4. IBM 5. Frankenstein's monster

For available franchise opportunities - visit [coffeenewscanada.com](http://coffeenewscanada.com)  
© Published with Permission by Capital Marketing Ltd

12 BOULDER BLVD. STONY PLAIN  
7-10 am and 4-7 pm Daily

# THE DOGHOUSE

A CANINE ACADEMY

IN SUPPORT OF PIT BULLS FOR LIFE FOUNDATION OF ALBERTA

CONTACT US:  
877-343-0801  
doghouse@pitbullsforlife.com

Canine Care • Education • Socialization  
Boarding • Grooming • Responsible Rescue

WHERE EDUCATION BEGINS & THE FUN NEVER ENDS

Dealing with anger, self hatred, unforgiveness, betrayal, addictions... find freedom and find your calling!

# SPOKEN WORD

MINISTRIES ASSOCIATION

"To Proclaim & Equip"

SWMA Podcasts available on iTunes & PodBean. Listen in!

For more info visit: [swma.ca](http://swma.ca)

# I BUY...

Gun Collection/Firearms

Automobiles (must be capable of running)

ESTATE PURCHASE/CONSULTATIONS

WWI/WWII & Military Collectibles

Ca\$h paid. Call Jay:  
780.686.1350

# Trust the Drywalrus!

SPECIALIZING IN:

- Drywall
- Mudding & Taping
- Insulation & Poly
- T-Bar Ceilings
- Baseboards & Trim
- Door Installation
- Vinyl Plank Flooring (Snap In or Glue Down)
- Blow In Attic Insulation
- Ceiling Texture
- Steel Stud & Wood Framing

FREE ESTIMATES

RED SEAL JOURNEYMAN INTERIOR SYSTEMS MECHANIC

# DRYWALLERS R US LTD.

Call Steve at 780-446-5598

IS ADVENTURE ON YOUR BUCKET LIST?

**The Dive Outfitters**

Scuba Diving & Snorkeling  
780.483.0044  
11781-156 St., Edmonton

[www.thediveoutfitters.ca](http://www.thediveoutfitters.ca)

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

**Learn to Scuba Dive**  
Ask about our Buddy Special

**Discover Snorkeling**  
1-Hour Lesson at the Pool!  
Snorkeling Sets for the Family

# HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A

**\$2,500** YEARLY TAX CREDIT

**\$30,000** LUMP SUM REFUND

COPD, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

FOR EXPERT HELP:  
1-844-453-5372

85% SUCCESS RATE!

Taste the Organic Difference!

YOUR LOCAL ORGANIC BAKERY

# Homegrown Foods

GLUTEN FRIENDLY AVAILABLE

#10 - 19 Granite Dr. Stony Plain  
780.963.5305

We've moved... VISIT US IN OUR NEW LOCATION!

**Gifts and Gadgets**

NOW AT 28-308 WESTGROVE DR., SPRUCE GROVE  
BEHIND MCDONALD'S

YOUR ONE STOP KITCHEN AND GIFT SHOP  
780.962.5220 | [www.giftsandgadgets.ab.ca](http://www.giftsandgadgets.ab.ca)

Visit us on Facebook-CoffeeNewsWeekly