

**THIS SPACE FOR RENT**

Call 780-220-6397

OR SCAN HERE FOR MORE INFO



**Can't get to your Coffee News® each week?**

**Check out our PDF editions online!**  
New editions are posted every Monday

Sign up here to receive email notifications of new editions.  
Now you never have to miss your weekly dose of good news!



[www.coffee-news.ca/editions](http://www.coffee-news.ca/editions)

**Wellings®**  
OF LLOYDMINSTER

**New 55+ Community**

**MOVE-IN READY**  
3211 72 Ave. Lloydminster  
587-377-7478

**SHOP ONLINE!**  
[www.scubagearcanada.ca](http://www.scubagearcanada.ca)

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

**The Dive Outfitters**  
Scuba Diving & Snorkelling  
11781-156 St., Edmonton 780.483.0044

Learn to SCUBA DIVE at our Edmonton location – call for details

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

**Call today and receive a FREE SHOWER PACKAGE PLUS \$1600 OFF**

**SAFE STEP WALK-IN TUB**  
1-855-977-9805

With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445

**Groggy mornings?**

Imagine starting each day refreshed, ready to conquer anything!

Optimize your routine to elevate your morning and capitalize on time.

**Free month trial then only \$1 a month**

**RISE UP**



Available on the App Store  
GET IT ON Google Play

**We Need Volunteers In Your Area!**

Help us to advocate for a quality of life that all Alberta seniors deserve

**Alberta Council on Aging**  
Contact us:  
780.423.7781 | 1.888.423.9666

AN INDEPENDENT NON-PROFIT, CHARITABLE ORGANIZATION SINCE 1967



**Come and enjoy rural Alberta!**

**We have vacancies!**


- Studio suites and one bedroom couples' suites in our Lodge and one bedroom suites in our Self-Contained Manors.
- Experience fresh air and country living.

Call our office today!  
**780.853.5706**

or contact our office at  
admin@vdhf.ca  
www.vdhf.ca

5401-46 St., Vermilion


**Vermilion & District Housing Foundation**



**FREE!** **New Issue Every Week!**

**Coffee News®**  
“News To Be Enjoyed Over Coffee”

**Vermilion-Wainwright Edition**  
**780-220-6397**



www.coffee-news.ca

Vol. 2024 No. 14 April 1, 2024

## Everybody's Talking

**Screen to sanctuary:** As a teen actress in the 1957 film *Loving You*, newcomer Dolores Hart kissed Elvis Presley, marking her Hollywood debut. Her nine more films hinted at a glittering career. But while portraying St. Clare in *Francis of Assisi* in 1964, she met Pope John XXIII and told him of her role. He proclaimed, “No, you are Clare!” This helped redirect her path. Hart then broke an engagement, bid adieu to acting, and became a nun at the Abbey of Regina Laudis in Connecticut (U.S.). She did attend the 2012 Academy Awards, where *God Is the Bigger Elvis*, a documentary chronicling her journey, earned an Oscar nod.

**Long and lonely road** An amazing road connects Kashgar, China, with Islamabad, Pakistan. The Karakoram Highway snakes its way around mountains and through valleys for 800 km (500 mi.). Without this highway, much of the area would not be accessible. The road was built between 1959 and 1978 through an agreement between both countries. Over the course of the construction, over 24,000 workers dodged mudslides and rockfalls to get the job done. To this day, the road requires considerable maintenance to keep it functioning. Tourists who decide to travel this road are rewarded with beautiful views of mountains, glaciers, and alpine lakes.

**Costly fix:** Hiring a tradesman to come fix something can get pretty expensive these days, but it's not usually something to go berserk about. Not so for a man in Malaga, Spain. The fellow realized he had a broken pipe that needed tending, so he called a local plumber. When the tradesman arrived, he took a look at the job and provided a quote. However, the man was not impressed and got quite angry at the cost of the job. He was so irate, in fact, that he held the plumber hostage. Luckily, neighbours in the apartment building heard the ruckus and called police, who were able to intervene and arrest the angry man.

**Shadowy art:** Can shadows made from cut up cardboard boxes be considered art? To followers of a Japanese man named Kuronushi, the answer is a resounding “yes!” Kuronushi arranges pieces of cardboard in various ways. The seemingly mismatched piles of material don't look like anything unusual. But shine a light on the creations, and the shadows on the wall become art. One of Kuronushi's shadows reveals a pirate ship and, when the pile of cardboard is rotated, the ship turns into the pirate Jack Sparrow from the movie *Pirates of the Caribbean*. The artist also created Harry Potter shadow art, to the delight of his fans.

## Quoteable Quotes

“It is only in sorrow bad weather masters us; in joy we face the storm and defy it.”  
—Amelia Barr

“If you have a garden and a library, you have everything you need.”  
—Cicero

## What's Happening

**May 1-7 - Mental Health Week** Mental Health Week is an annual national event that takes place the first week in May to encourage people from all walks of life to learn, talk, reflect, and engage with others on all issues relating to mental health. Visit [fortask.ca](http://fortask.ca) for more info

**Aug 21 - Links fore Literacy Charity Golf Tournament 2024** The Links fore Literacy Charity Golf Tournament is the Centre for Family Literacy's annual summer fundraising event. Proceeds from the tournament support the Centre's adult and family literacy programs. For more information, visit [familit.cagolf2024](http://familit.cagolf2024)

NON PROFIT organizations may submit fundraising events for FREE at [www.coffee-news.ca](http://www.coffee-news.ca). Please submit a minimum of 4 weeks in advance.

**Hidden Coffee News Guy ADVENTURE**

Find the Coffee News Guy hidden in one of the ads, then enter to win!

**\$400\* Prize Package**  
\*Coffee News Bucks  
Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit [www.coffee-news.ca](http://www.coffee-news.ca)

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

## Trivia

1. Each player in chess has how many pieces?
2. Triskaidephobia is the fear of what?
3. What was Juliet's last name in Shakespeare's *Romeo and Juliet*?
4. This is the acronym for International Business Machines Corporation.
5. Actor Boris Karloff famously portrayed Lurch, Frankenstein's monster, or Wolf Man?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd  
(Over)

CANADA'S BRAND YOUR COMFORT

**NAPOLEON**

**GEMCO FIREPLACES**  
& WHOLESALE HEATING PRODUCTS

PH: 780-465-9719 9281-50 STREET, EDMONTON, AB  
WWW.GEMCOFIREPLACES.COM



For All Your Water Treatment Needs

**Superior Water**

[www.superiorwater.ca](http://www.superiorwater.ca)



**Pregnant? Facing Difficult Decisions?**

We can help.  
Call 780.421.1177 or text 587.596.5380

**A Small Miracle Adoption**  
Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

[www.smallmiraclesadoption.com](http://www.smallmiraclesadoption.com)



Are you a business owner/office manager?  
Have 3-20 employees in your office?  
Paying too much for your current phone system?

**We can save you up to 50% off your current phone rates!**

How? We offer:  
✓ VOIP Solutions at a fraction of the traditional carrier cost  
✓ Long distance rates that outcompete the competition

**587.760.2800**  
<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS



**We've moved... VISIT US IN OUR NEW LOCATION!**

**Gifts and Gadgets**

NOW AT 28-308 WESTGROVE DR., SPRUCE GROVE  
BEHIND MCDONALD'S

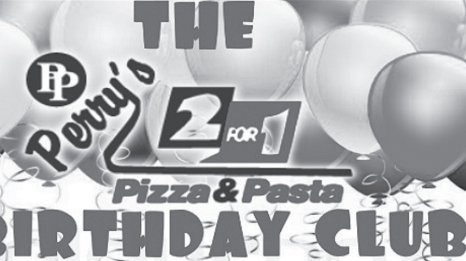
**YOUR ONE STOP KITCHEN AND GIFT SHOP**  
780.962.5220 | [www.giftsandgadgets.ab.ca](http://www.giftsandgadgets.ab.ca)



**THE Perry's 2 FOR 1 Pizza & Pasta BIRTHDAY CLUB**

airs at 7:45 am Monday through Friday

Call or text 780.632.6671 during the show or submit a birthday through the website page the day before  
<https://country106.ca/the-birthday-club/>



**Craving Country?**

**106.5 COUNTRY**



**COLD SHOT**  
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

**PASSENGER & PARCEL SERVICES**

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: [www.coldshotca.com](http://www.coldshotca.com)  
Passenger Website: [www.coldshot.ca](http://www.coldshot.ca)

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005



Affordable-Effective-Exclusive-CALL NOW!



WHEN YOU GET PAID We Get Paid

# WHIPLASH

## COMPENSATION?

Get the whiplash compensation you deserve from a trusted team of experienced lawyers. **You pay nothing up front.** Not all injury claims are capped.

**1-800-661-4902**  
WhiplashInformationCentre.com

**Braithwaite Boyle**  
**Injury Law**

800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

ALBERTA OWNED AND OPERATED FOR OVER 35 YEARS



It's not just a generator.  
It's a power move.

Receive a free 7-year warranty with qualifying purchase\* - valued at \$945.

Call 888-688-0973 to schedule your free quote!

\*Terms and Conditions apply.

GENERAC



PLEASE ASK US FOR STARTER PACK

**200+ Delicious Meals Made for SENIORS!**

NOW SERVING THIS COMMUNITY!

- ✓ Free Delivery\*
- ✓ No Obligations
- ✓ No Minimum Orders\*

\*Some conditions apply



**HEART TO HOME MEALS**  
DELICIOUS MEALS MADE FOR SENIORS™

www.hearttohomemeals.ca

Request your **FREE MENU Catalogue** today!

**780-666-2336**

TF: 1-800-704-4779

M-F, 10-6 | Thurs, 10-8 | Sat, 11-5 | Closed Sun & Holidays

# Farmstead

MARKET & MORE

VENDOR COLLECTIVE

Clothing • Jewellery  
Home Decor • Bath & Body  
Giftware • Cleaning  
Fresh Produce • Local Meats  
Pantry & Freezer Items

BISTRO

Specialty Beverages  
Fresh Baked Muffins, Cookies & Pastries  
Hot Soup and Sandwiches  
(made to order with local meat & produce)  
Grab 'n Go Options • Daily \$12 Lunch Specials

780.205.3961  
4908-50 (Main) St.  
Kitscoty

OVER 250 LOCAL VENDORS IN STORE!

**Grand Alaskan Cruise & Tour**



**12 DAYS: MAY-SEPT 2024 DEPARTURES**  
Starting at **\$2149**  
**\$1899 USD**

**YMT**  
vacations

**1-844-263-7038**

USE PROMO CODE: YMT2024

Price per person based on double occupancy plus \$299 tax service/gov't fees. Ask your Travel Consultant for terms & conditions. Add-on airfare with transfers available from most major gateways. Call for details.

inogen

**PORTABLE OXYGEN FOR YOUR ON-THE-GO LIFESTYLE**

Call us toll-free at **1-888-998-6714**

CLAIM YOUR **14-DAY RISK-FREE TRIAL\***



\*14-day risk-free trial- Return within 30 days of purchase for a full refund of purchase price.

PM230469 EN, US, USA | Expiry: 2023 Inogen, Inc. 303 Coronado Drive, Golden, CO 80601  
Inogen® is a trademark of Inogen, Inc. The usage of any Inogen, Inc. trademark is strictly forbidden without the prior consent of Inogen, Inc. All other trademarks are trademarks of their respective owners or holders.



**DIRECT WORKWEAR**

www.directworkwear.com

**VINTAGE 100% WOOL BLANKETS**

Brand new! Step into warmth and embrace the nostalgia of the 1950s-60s with these military grade blankets. Ideal for travel emergency kits, camping or on the farm.



**\$39.95 ea.**

Scan QR Code To Visit Our Website



# Your Weekly Horoscope

**ARIES**

(March 20 - April 19)



Your birthday month is a good time to develop new goals. In addition, the end of this week may be a good time to plan how to work toward them. Lucky numbers: 9, 12, 17, 19, 25, 38.

**TAURUS**

(April 20 - May 20)



For the next few weeks, be on the lookout for an opportunity to achieve a long held or heartfelt goal. You may need to be proactive and seek it out. Lucky numbers: 8, 10, 11, 12, 21, 29.

**GEMINI**

(May 21 - June 20)



You may find yourself eager to manifest everything you desire over the next few weeks. Perhaps take a step back and prioritize what is most important now. Lucky numbers: 10, 18, 24, 32, 33, 42.

**CANCER**

(June 21 - July 22)



By default, Cancers often place heart over head in decision making. But early this week, you may have an opportunity to play with balancing that dynamic. Lucky numbers: 5, 10, 27, 28, 43, 44.

**LEO**

(July 23 - Aug. 22)



You may have a continued opportunity to reach beyond yourself and expand your role in the world. Be sure your efforts in this regard align with your values. Lucky numbers: 2, 4, 11, 26, 27, 32.

**VIRGO**

(Aug. 23 - Sept. 22)



Midweek, your normally detailed and disciplined thought process may feel confused and muddled. Take a deep breath. This might pass in a few days. Lucky numbers: 3, 4, 14, 27, 36, 39.

**LIBRA**

(Sept. 23 - Oct. 22)



Over the next few weeks, you may feel in a stalemate about how to proceed in some area of your life. Be sure to look to your values in order to find a solution. Lucky numbers: 4, 6, 13, 14, 26, 29.

**SCORPIO**

(Oct. 23 - Nov. 21)



Do your current endeavours reflect your heart? If not, consider making an adjustment to find the courage to bring your life in alignment with who you are now. Lucky numbers: 15, 24, 28, 32, 37, 40.

**SAGITTARIUS**

(Nov. 22 - Dec. 21)



Things may go fairly smoothly for you over the next few weeks. However, there might be an opportunity, if you seek out its potential, to reach the next level. Lucky numbers: 4, 6, 13, 14, 26, 29.

**CAPRICORN**

(Dec. 22 - Jan. 19)



Early in the week, your ability to dig in and push past obstacles to achieve success may be heightened. Don't neglect your connection to others in the process. Lucky numbers: 15, 24, 28, 32, 37, 40.

**AQUARIUS**

(Jan. 20 - Feb. 18)



What are you passionate about achieving in the world? This week may offer an opportunity to start a process toward bringing transformational change for you and others. Lucky numbers: 13, 30, 33, 39, 44, 45.

**PISCES**

(Feb. 19 - March 20)



Are you clear about how you want to proceed next? Now may be a good time to communicate with others to find an opportunity to achieve a common goal. Lucky numbers: 6, 13, 17, 35, 44, 47.

Lucky numbers this week: This week's odds favour Aries winners with the luckiest number being 17.

# Did You Know...

**To the grave:** In ancient Egypt, the dead took their recipes to the grave with them, literally. Researchers have found hieroglyphs on the walls of tombs that depict recipes for food, believed to have been used as references for the afterlife.

**The john:** Societies use many names for the word toilet, but one of the most popular is "the john." That's because Sir John Harrington designed the first flushing toilet in 1596. He was one of Queen Elizabeth I's godchildren.

**Started early:** American Selena Gomez, born in 1992, has become one of the biggest stars of her generation. She got her acting start at a young age, appearing on the children's television show *Barney and Friends* from 2002 to 2004.

**Big headache:** World War II Italian dictator Benito Mussolini wouldn't eat mashed potatoes. That's because he claimed they caused him to have migraine headaches.

**Donut lovers:** Canadians really like their donuts, those round, yummy, sweet, spongy cakes with a hole in the middle. In fact, Canada boasts more donut shops per capita than any other country in the world.

# On the Lighter Side

I tried archery, but didn't like it. There were too many drawbacks.

Mutt: "I wish I were in your shoes."

Nutt: "Why would you want to be in my shoes?"

Mutt: "Mine have holes!"

Why did the hedgehog say, "Ouch"? He put on his coat inside out!

Knock! Knock! *Who's there?* Nose. *Nose who?* Nose any knock-knock jokes?

You can have my chimney for free. It's on the house!

# Answers

**Trivia answers:** 1. 16 2. The number 13 3. Capulet 4. IBM 5. Frankenstein's monster

For available franchise opportunities - visit [coffeenewscanada.com](http://coffeenewscanada.com)  
© Published with Permission by Capital Marketing Ltd

The World's #1 Restaurant Publication!

# The Little Convenience Store

Need snacks? ...with a whole lot more!  
Drinks, household items? Lottery? Hunting/fishing licensing?  
Or other "Oops, I forgot" items?

We've got them!

**Confectionery**  
**881**  
CONVENIENCE STORE + MORE

5123-47 St., Mannville  
780.853.7306 | [www.confectionery881.ca](http://www.confectionery881.ca)

ICE CREAM UPGRADE

Pay for a single, get a double! When you bring in this ad



# HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A

**\$2,500 YEARLY TAX CREDIT**  
**\$30,000 LUMP SUM REFUND**

COPD, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.



85% SUCCESS RATE!

FOR EXPERT HELP:

**1-844-453-5372**

Coffee News is proud to support Make-A-Wish® Canada



Transform lives, one wish at a time.

**Make-A-Wish.**

Visit [makeawish.ca](http://makeawish.ca)

# Get More Traffic, Leads & Sales



**Frontline**  
web consulting

- Website Development
- Google Ads
- Facebook Advertising
- Social Media Management
- SEO & Content Marketing
- Reporting & Analytics

780.760.6922  
[frontlineconsulting.ca](http://frontlineconsulting.ca)

MIND • BODY • SPIRIT • SOUL

Leading clients from the past to the present and planning for the future.

RECHARGE  
With Heather  
Mind Body Spirit

*Heather*  
**Wyard-Scott**

MASTER COACH & HOLISTIC THERAPIST

780-581-1197

[rechargewithheather.com](http://rechargewithheather.com)



yes tv

**FREE LIVE STREAMING COMING THIS FALL**

visit [yestv.com](http://yestv.com) for details



# Every Tuesday

Kinsella Community Centre  
Kinsella, AB

Doors Open 5 p.m.  
Bingo Starts 7 p.m.

# Bingo



**Jackpot is at least \$1000 weekly!**

If you liked Gold Canyon Candles, you are gonna love **Sunset Scents!**

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!



They are the next Finest candles you will EVER find!



*Sunset Scents*  
a RAY of Fragrance

[prairiescentedcandles@gmail.com](mailto:prairiescentedcandles@gmail.com)  
[www.prairiescentedcandles.com](http://www.prairiescentedcandles.com)