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Recipe of the month

Candied Fruit Hot Cross Buns

2 packages (1/4 ounce each) active dry yeast
 2 cups warm milk (110° to 115°)
 6 tablespoons butter, softened
 2 eggs, lightly beaten
 3/4 cup sugar
 1 teaspoon salt
 6 to 6-1/2 cups all-purpose flour
 1 cup chopped mixed candied fruit

2 teaspoons ground cinnamon
 1 egg yolk
 2 tablespoons water

Icing:
 1-1/4 cups confectioners' sugar
 2 tablespoons milk
 1 tablespoon butter, melted
 1/4 teaspoon vanilla extract

Prep: 30 min + rising Bake: 15 min./batch + cooling Yield: 3 dozen

1 In a large bowl, dissolve yeast in warm milk. Stir in the butter, eggs, sugar and salt. Combine 3 cups flour, candied fruit and cinnamon; add to yeast mixture and mix well. Stir in enough remaining flour to form a soft dough.
 2 Turn onto a floured surface; knead until smooth and elastic, about 6-8 minutes. Place in a greased bowl, turning once to grease top. Cover and let rise in a warm place until doubled, about 1 hour.
 3 Punch dough down; shape into 2-in. balls. Place 2 in. apart on greased baking sheets. Using a sharp knife, cut a cross on top of each bun. Cover and let rise until doubled, about 30 minutes.
 4 Beat egg yolk and water; brush over buns. Bake at 350° for 12-15 minutes or until golden brown. Remove from pans to cool on wire racks. Combine icing ingredients; pipe an "X" on top of each bun.

Source: <https://www.tasteofhome.com>

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Vol. 2024 No. 14 April 1, 2024

Everybody's Talking

Screen to sanctuary: As a teen actress in the 1957 film *Loving You*, newcomer Dolores Hart kissed Elvis Presley, marking her Hollywood debut. Her nine more films hinted at a glittering career. But while portraying St. Clare in *Francis of Assisi* in 1964, she met Pope John XXIII and told him of her role. He proclaimed, "No, you are Clare!" This helped redirect her path. Hart then broke an engagement, bid adieu to acting, and became a nun at the Abbey of Regina Laudis in Connecticut (U.S.). She did attend the 2012 Academy Awards, where *God Is the Bigger Elvis*, a documentary chronicling her journey, earned an Oscar nod.

Long and lonely road An amazing road connects Kashgar, China, with Islamabad, Pakistan. The Karakoram Highway snakes its way around mountains and through valleys for 800 km (500 mi.). Without this highway, much of the area would not be accessible. The road was built between 1959 and 1978 through an agreement between both countries. Over the course of the construction, over 24,000 workers dodged mudslides and rockfalls to get the job done. To this day, the road requires considerable maintenance to keep it functioning. Tourists who decide to travel this road are rewarded with beautiful views of mountains, glaciers, and alpine lakes.

Costly fix: Hiring a tradesman to come fix something can get pretty expensive these days, but it's not usually something to go berserk about. Not so for a man in Malaga, Spain. The fellow realized he had a broken pipe that needed tending, so he called a local plumber. When the tradesman arrived, he took a look at the job and provided a quote. However, the man was not impressed and got quite angry at the cost of the job. He was so irate, in fact, that he held the plumber hostage. Luckily, neighbours in the apartment building heard the ruckus and called police, who were able to intervene and arrest the angry man.

Shadowy art: Can shadows made from cut up cardboard boxes be considered art? To followers of a Japanese man named Kuronushi, the answer is a resounding "yes!" Kuronushi arranges pieces of cardboard in various ways. The seemingly mismatched piles of material don't look like anything unusual. But shine a light on the creations, and the shadows on the wall become art. One of Kuronushi's shadows reveals a pirate ship and, when the pile of cardboard is rotated, the ship turns into the pirate Jack Sparrow from the movie *Pirates of the Caribbean*. The artist also created Harry Potter shadow art, to the delight of his fans.

Quoteable Quotes

"It is only in sorrow bad weather masters us; in joy we face the storm and defy it."
 —Amelia Barr

"If you have a garden and a library, you have everything you need."
 —Cicero

What's Happening

Ongoing - Climate Cafe Chat about climate issues and anxieties in an informal, relaxed setting. Tea coffee are provided; please bring your own mug. 1st Tuesday of the month at the Camrose Public Library 4710 50 Ave

April 5 - Spring Market In the Auditorium, Mirror Lake Centre, 5415 - 49 Ave Camrose, AB. 5050 Draw, River Dogs on site with hot dogs, smokies, snacks and more! Vendors wanted, book your table today. Call Kathy 780-781-0987. Hope to see you there!

Apr 12 - Centra Cams 27th Annual Bowlathon Fundraiser Help us reach our goal of \$26,000, with proceeds going towards improving client experiences. Please support our clients when you see them out in the community. For more info or to make a donation, contact Centra Cam @ 780-672-9995

Calgary Horticultural Society Gardeners' Market This event is for Calgary gardeners. There are 50 exhibitors, 8 gardening talks, a photo contest, and celebrity design challenge. Come to ATCO Park and ignite your gardening season. For more information and tickets, visit our website www.calhort.org.

GET IN WHAT'S HAPPENING - Submit your event to www.bvcoffeeneews.ca and be seen here by thousands of readers each week. Please give 6 weeks notice

Trivia

1. Each player in chess has how many pieces?
2. Triskaidekaphobia is the fear of what?
3. What was Juliet's last name in Shakespeare's *Romeo and Juliet*?
4. This is the acronym for International Business Machines Corporation.
5. Actor Boris Karloff famously portrayed Lurch, Frankenstein's monster, or Wolf Man?

(Flip bottom of page for answers)
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Your Weekly Horoscope

ARIES

(March 20 - April 19)



Your birthday month is a good time to develop new goals. In addition, the end of this week may be a good time to plan how to work toward

them. Lucky numbers: 9, 12, 17, 19, 25, 38.

TAURUS

(April 20 - May 20)



For the next few weeks, be on the lookout for an opportunity to achieve a long held or heartfelt goal. You may need to be proactive and seek it

out. Lucky numbers: 8, 10, 11, 12, 21, 29.

GEMINI

(May 21 - June 20)



You may find yourself eager to manifest everything you desire over the next few weeks. Perhaps take a step back and prioritize what is most

important now. Lucky numbers: 10, 18, 24, 32, 33, 42.

CANCER

(June 21 - July 22)



By default, Cancers often place heart over head in decision making. But early this week, you may have an opportunity to play with balancing that

dynamic. Lucky numbers: 5, 10, 27, 28, 43, 44.

LEO

(July 23 - Aug. 22)



You may have a continued opportunity to reach beyond yourself and expand your role in the world. Be sure your efforts in this regard

align with your values. Lucky numbers: 2, 4, 11, 26, 27, 32.

VIRGO

(Aug. 23 - Sept. 22)



Midweek, your normally detailed and disciplined thought process may feel confused and muddled. Take a deep breath. This might pass in a few

days. Lucky numbers: 3, 4, 14, 27, 36, 39.

LIBRA

(Sept. 23 - Oct. 22)



Over the next few weeks, you may feel in a stalemate about how to proceed in some area of your life. Be sure to look to your values in order to

find a solution. Lucky numbers: 4, 6, 13, 14, 26, 29.

SCORPIO

(Oct. 23 - Nov. 21)



Do your current endeavours reflect your heart? If not, consider making an adjustment to find the courage to bring your life in alignment with who

you are now. Lucky numbers: 15, 24, 28, 32, 37, 40.

SAGITTARIUS

(Nov. 22 - Dec. 21)



Things may go fairly smoothly for you over the next few weeks. However, there might be an opportunity, if you seek out its potential, to reach

the next level. Lucky numbers: 4, 6, 13, 14, 26, 29.

CAPRICORN

(Dec. 22 - Jan. 19)



Early in the week, your ability to dig in and push past obstacles to achieve success may be heightened. Don't neglect your connection to others in

the process. Lucky numbers: 15, 24, 28, 32, 37, 40.

AQUARIUS

(Jan. 20 - Feb. 18)



What are you passionate about achieving in the world? This week may offer an opportunity to start a process toward bringing transformational

change for you and others. Lucky numbers: 13, 30, 33, 39, 44, 45.

PISCES

(Feb. 19 - March 20)



Are you clear about how you want to proceed next? Now may be a good time to communicate with others to find an opportunity to achieve a

common goal. Lucky numbers: 6, 13, 17, 35, 44, 47.

Lucky numbers this week: This week's odds favour Aries winners with the luckiest number being 17.

Did You Know...

To the grave: In ancient Egypt, the dead took their recipes to the grave with them, literally. Researchers have found hieroglyphs on the walls of tombs that depict recipes for food, believed to have been used as references for the afterlife.

The john: Societies use many names for the word toilet, but one of the most popular is "the john." That's because Sir John Harrington designed the first flushing toilet in 1596. He was one of Queen Elizabeth I's godchildren.

Started early: American Selena Gomes, born in 1992, has become one of the biggest stars of her generation. She got her acting start at a young age, appearing on the children's television show *Barney and Friends* from 2002 to 2004.

Big headache: World War II Italian dictator Benito Mussolini wouldn't eat mashed potatoes. That's because he claimed they caused him to have migraine headaches.

Donut lovers: Canadians really like their donuts, those round, yummy, sweet, spongy cakes with a hole in the middle. In fact, Canada boasts more donut shops per capita than any other country in the world.

On the Lighter Side

I tried archery, but didn't like it. There were too many drawbacks.

Mutt: "I wish I were in your shoes."

Mutt: "Why would you want to be in my shoes?"

Mutt: "Mine have holes!"

Why did the hedgehog say, "Ouch"? He put on his coat inside out!

Knock! Knock! *Who's there?* Nose. *Nose who?* Nose any knock-knock jokes?

You can have my chimney for free. It's on the house!

Answers

Trivia answers: 1. 16 2. The number 13 3. Capulet 4. IBM 5. Frankenstein's monster

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