

**Exclusive offer for Facebook and Google Ads**



Get **FREE** set-up (up to a \$500 value!)

We are a local digital marketing agency specializing in paid ads.

Contact us today for your **FREE** no obligation consultation!

Frontline 780.760.6922

**FREE!** *New Issue Every Week!*


# Coffee News®

"News To Be Enjoyed Over Coffee"

**South Edmonton Edition**

**780-220-6397**

www.coffee-news.ca



**#1 Tournament Course in Alberta!**

## THE RANCH

GOLF AND COUNTRY CLUB

- Located 5 mins West of Edmonton
- Unmatched Value
- Premier Conditions

Weekly Promotions:

- 3-Putt Mondays
- 1/2 Price Wings Tuesdays
- Sunset Express 4-Hole Loop

For full details, visit [theranchgolf.com](http://theranchgolf.com)

**Book your tee time today: 780.470.4700**

**womensworkwear.ca**

**WINTER BLOWOUT!**

**WOMENS PIONEER FR INSULATED PARKA OR BIBS**

SKU: J-5524W, J-5523W

Available In Hi-Viz Orange or Royal Blue

Was: \$370 ea.

**NOW ONLY \$100 ea.**

While Quantities Last. Sale May End Without Notice.

Fit Matters Scan QR Code To Shop Online



**HIP OR KNEE REPLACEMENT?**

THE DISABILITY TAX CREDIT ALLOWS FOR A

**\$2,500 YEARLY TAX CREDIT**

**\$30,000 LUMP SUM REFUND**

COPD, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

FOR EXPERT HELP: **1-844-453-5372**

85% SUCCESS RATE!



**WE CLEAN YOUR HOME Like It's OUR OWN!**

- Weekly/Biweekly/Monthly Personalized Cleans
- Residential and Small Business
- Move In/Outs
- Pest Control Clean Up

ASK ABOUT OUR SENIORS' RATES!

**NOBODY CLEANS LIKE MOM**

780.700.6686 • [www.nobodycleanslikemom.com](http://www.nobodycleanslikemom.com)




**Behaviours in Dementia Toolkit**

Practical & Evidence Informed

powered by: **CCSMH** Canadian Coalition for Seniors' Mental Health

Visit our **free** online library of 230+ resources about dementia-related changes in mood & behaviour today!

[www.BehavioursInDementia.ca](http://www.BehavioursInDementia.ca)



FAST, ACCURATE, CLEAN & FRIENDLY SERVICE

**MILLWOODS Bottle Depot**

2830 Parsons Road

(south extension of 99th St. above South Edmonton Common)

[mybottledepot.ca](http://mybottledepot.ca)

14 receiving stations to serve you **REALLY FAST!**

Bring in your bottles for a chance to win in our regular **Customer Appreciation Draws!**

Mon - Sat 8:30 am - 7 pm  
Sunday 10 am - 6 pm

**BEST IN THE CITY!**



**FIND OUT HOW YOU CAN SAVE UP TO 50% ON COMMISSIONS!**

At Seller Direct® Northern Homes Realty, It's Not About Discounts, It's About **OPTIONS!**

**How We SELL Your Home:**

- ✓ 300+ Websites ✓ Social Media Ads
- ✓ QR Code to Home's Features
- ✓ 3D Tours & Professional Photos

**AND MORE!**

Diana Noble Owner/Broker

**sellerdirect**

Northern Homes Realty

780.638.4800 | [sellerdirectnorthernhomes.com](http://sellerdirectnorthernhomes.com)

PROUDLY SERVING EDMONTON & SURROUNDING AREAS

SCAN TO FIND OUT YOUR HOME'S VALUE TODAY



**Can't get to your Coffee News® each week?**

Check out our **PDF editions online!**

New editions are posted every Monday

Sign up here to receive email notifications of new editions.

Now you never have to miss your weekly dose of good news!

[www.coffee-news.ca/editions](http://www.coffee-news.ca/editions)



Vol. 21 No. 14 April 1, 2024

## Everybody's Talking

**Screen to sanctuary:** As a teen actress in the 1957 film *Loving You*, newcomer Dolores Hart kissed Elvis Presley, marking her Hollywood debut. Her nine more films hinted at a glittering career. But while portraying St. Clare in *Francis of Assisi* in 1964, she met Pope John XXIII and told him of her role. He proclaimed, "No, you are Clare!" This helped redirect her path. Hart then broke an engagement, bid adieu to acting, and became a nun at the Abbey of Regina Laudis in Connecticut (U.S.). She did attend the 2012 Academy Awards, where *God Is the Bigger Elvis*, a documentary chronicling her journey, earned an Oscar nod.

**Long and lonely road** An amazing road connects Kashgar, China, with Islamabad, Pakistan. The Karakoram Highway snakes its way around mountains and through valleys for 800 km (500 mi.). Without this highway, much of the area would not be accessible. The road was built between 1959 and 1978 through an agreement between both countries. Over the course of the construction, over 24,000 workers dodged mudslides and rockfalls to get the job done. To this day, the road requires considerable maintenance to keep it functioning. Tourists who decide to travel this road are rewarded with beautiful views of mountains, glaciers, and alpine lakes.

**Costly fix:** Hiring a tradesman to come fix something can get pretty expensive these days, but it's not usually something to go berserk about. Not so for a man in Malaga, Spain. The fellow realized he had a broken pipe that needed tending, so he called a local plumber. When the tradesman arrived, he took a look at the job and provided a quote. However, the man was not impressed and got quite angry at the cost of the job. He was so irate, in fact, that he held the plumber hostage. Luckily, neighbours in the apartment building heard the ruckus and called police, who were able to intervene and arrest the angry man.

**Shadowy art:** Can shadows made from cut up cardboard boxes be considered art? To followers of a Japanese man named Kuronushi, the answer is a resounding "yes!" Kuronushi arranges pieces of cardboard in various ways. The seemingly mismatched piles of material don't look like anything unusual. But shine a light on the creations, and the shadows on the wall become art. One of Kuronushi's shadows reveals a pirate ship and, when the pile of cardboard is rotated, the ship turns into the pirate Jack Sparrow from the movie *Pirates of the Caribbean*. The artist also created Harry Potter shadow art, to the delight of his fans.

## Quoteable Quotes

"It is only in sorrow bad weather masters us; in joy we face the storm and defy it."  
—Amelia Barr

"If you have a garden and a library, you have everything you need."  
—Cicero

## What's Happening

**April 27 - Fabulous Fabric Frenzy Sale** Sale runs from 9 a.m. to 3:30 p.m. at Strathearn United Church 8510 95 Ave. Edmonton. Huge selection of fabric, yarn, notions, craft supplies at rock bottom prices. All profits support the Grandmothers Campaign of the Stephen Lewis Foundation.

**Aug 21 - Links fore Literacy Charity Golf Tournament 2024** The Links fore Literacy Charity Golf Tournament is the Centre for Family Literacy's annual summer fundraising event. Proceeds from the tournament support the Centre's adult and family literacy programs. For more information, visit [familit.cagolf2024](http://familit.cagolf2024)

NON PROFIT organizations may submit fundraising events for **FREE** at [www.coffee-news.ca](http://www.coffee-news.ca). Please submit a minimum of 4 weeks in advance.

**Hidden Coffee News Guy ADVENTURE**

To enter, visit [www.coffee-news.ca](http://www.coffee-news.ca)

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

Find the Coffee News Guy hidden in one of the ads, then enter to win!


**\$400\* Prize Package**

\*Coffee News Bucks

Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.



## Trivia

1. Each player in chess has how many pieces?
2. Triskaidephobia is the fear of what?
3. What was Juliet's last name in Shakespeare's *Romeo and Juliet*?
4. This is the acronym for International Business Machines Corporation.
5. Actor Boris Karloff famously portrayed Lurch, Frankenstein's monster, or Wolf Man?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)

**WE COME TO YOU!**

## NERDS2YOU

VIRUS REMOVAL & COMPUTER REPAIR

**ONSITE COMPUTER REPAIR**

Your on-site computer and network service specialists. Virus removal, network setup, repairs and more.

**587-772-NERD(6373)**

FAST, FRIENDLY AND PROFESSIONAL  
DEBIT, VISA AND MASTERCARD ACCEPTED

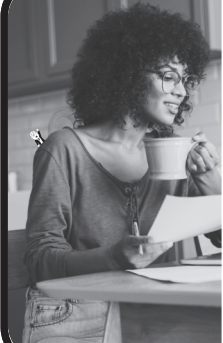

[NERDS2YOU.CA](http://NERDS2YOU.CA)



**Deaf or Hard of Hearing?**

We can help you boost your resume.

Scan here to learn how or visit [www.chha.ca](http://www.chha.ca)

**THIS SPACE FOR RENT**

OR SCAN HERE FOR MORE INFO



**Call 780-220-6397**

**Flash Travel SALES**

Cruise | Sun/Winter Destinations | Tours | Resorts | Sightseeing

**Travelmart | 780.487.1034**

[www.bit.ly/flashtravelsales](http://www.bit.ly/flashtravelsales)

\*Limited availability. Dates subject to change without notice.

EXTRAORDINARY SAVINGS EXPIRES SOON!




CANADA'S BRAND YOUR COMFORT

## NAPOLEON

**GEMCO FIREPLACES**

& WHOLESALE HEATING PRODUCTS

PH: 780-465-9719 9281-50 STREET, EDMONTON, AB  
[WWW.GEMCOFIREPLACES.COM](http://WWW.GEMCOFIREPLACES.COM)



**If you liked Gold Canyon Candles, you are gonna love Sunset Scents!**

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

**PSC Prairie Scented Candles**

**Sunset Scents** a RAY of Fragrance

[prairiescentedcandles@gmail.com](mailto:prairiescentedcandles@gmail.com)

[www.prairiescentedcandles.com](http://www.prairiescentedcandles.com)



**COLD SHOT**

A DIVISION OF BALMARIA EMPIRE PVT. LTD.

## PASSENGER & PARCEL SERVICES

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: [www.coldshotca.com](http://www.coldshotca.com)

Passenger Website: [www.coldshot.ca](http://www.coldshot.ca)

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005



**ELECTRICIAN FOR HIRE**  
Residential  
Light Commercial  
Electrical Repairs and Renovations

Art de Leon Master Electrician

**780.932.3858** Cell  
ajdeleon63@gmail.com

**Dementia and Continence Study**

Dr. Adrian Waggs's research team at the University of Alberta is recruiting participants for a research study to understand self-management of urinary incontinence with containment products by community dwelling older people living with dementia. You will be in the study for approximately four weeks. During this time, the researcher will visit you five times. You will be asked to fill out questionnaires, maintain a bladder diary and take part in two interviews. The study visits will last between one to two hours.

If you are a person living with dementia and urinary incontinence or a care partner and want to learn more about this study, please contact Dr. Waggs's research office at **780-492-6855** (24-hour confidential voicemail)

UNIVERSITY OF ALBERTA  
University of Alberta Ethics approval number: Pro0094514

**TileTown** 50 years  
Your Space. Your Style. Your Way.

Bring this ad into one of our 2 Edmonton Locations & Receive **20% OFF**  
All Regular Priced, in Stock Tile

8219 Argyll Rd., Edmonton • 780-466-1343  
11478-156th St., Edmonton • 780-451-7744

**Pure DENTURE CLINIC**

Helping To Create Beautiful Smiles!

- Full and Partial Dentures
- Denture Repairs
- Night Guards
- Certified Denturist
- Direct Billing For Insurance

**FREE CONSULTATIONS**

**780-477-6850**  
www.puredenture.ca

18336 Lessard Rd. NW, Edmonton

**Optimize Your Health** LifeVantage

LIVE ACTIVATED

Unlock the health coded in your genes to fight the signs of aging and revitalize wellness at the source.

Call Leann or Dana, your local LifeVantage Consultants  
**780.257.4533**  
leann.nrf2@gmail.com | https://detox.lifevantage.com

**You Used To Do It Yourself...**

**WE CAN HELP!**  
CONTACT THE EXPERIENCED PROFESSIONALS AT

**HOME & OFFICE HANDYMAN services**

780.940.2127 | www.HOHS.ca

Give Us Your List. We'll Do The Rest.

**RETIREMENT LIVING CHRISTENSON**

Optional Meals • Personalized Services • On-site Care

**Join Our Vibrant Community**

DEVONSHIRE VILLAGE

Full Kitchens • Social & Recreation • U/G Parking

1728 Rabbit Hill Road, Edmonton  
**780-540-9500**  
CDLhomes.com

CHRISTENSON COMMUNITIES

# Your Weekly Horoscope

**ARIES (March 20 - April 19)**  
Your birthday month is a good time to develop new goals. In addition, the end of this week may be a good time to plan how to work toward them. Lucky numbers: 9, 12, 17, 19, 25, 38.

**TAURUS (April 20 - May 20)**  
For the next few weeks, be on the lookout for an opportunity to achieve a long held or heartfelt goal. You may need to be proactive and seek it out. Lucky numbers: 8, 10, 11, 12, 21, 29.

**GEMINI (May 21 - June 20)**  
You may find yourself eager to manifest everything you desire over the next few weeks. Perhaps take a step back and prioritize what is most important now. Lucky numbers: 10, 18, 24, 32, 33, 42.

**CANCER (June 21 - July 22)**  
By default, Cancers often place heart over head in decision making. But early this week, you may have an opportunity to play with balancing that dynamic. Lucky numbers: 5, 10, 27, 28, 43, 44.

**LEO (July 23 - Aug. 22)**  
You may have a continued opportunity to reach beyond yourself and expand your role in the world. Be sure your efforts in this regard align with your values. Lucky numbers: 2, 4, 11, 26, 27, 32.

**VIRGO (Aug. 23 - Sept. 22)**  
Midweek, your normally detailed and disciplined thought process may feel confused and muddled. Take a deep breath. This might pass in a few days. Lucky numbers: 3, 4, 14, 27, 36, 39.

**LIBRA (Sept. 23 - Oct. 22)**  
Over the next few weeks, you may feel in a stalemate about how to proceed in some area of your life. Be sure to look to your values in order to find a solution. Lucky numbers: 4, 6, 13, 14, 26, 29.

**SCORPIO (Oct. 23 - Nov. 21)**  
Do your current endeavors reflect your heart? If not, consider making an adjustment to find the courage to bring your life in alignment with who you are now. Lucky numbers: 15, 24, 28, 32, 37, 40.

**SAGITTARIUS (Nov. 22 - Dec. 21)**  
Things may go fairly smoothly for you over the next few weeks. However, there might be an opportunity, if you seek out its potential, to reach the next level. Lucky numbers: 4, 6, 13, 14, 26, 29.

**CAPRICORN (Dec. 22 - Jan. 19)**  
Early in the week, your ability to dig in and push past obstacles to achieve success may be heightened. Don't neglect your connection to others in the process. Lucky numbers: 15, 24, 28, 32, 37, 40.

**AQUARIUS (Jan. 20 - Feb. 18)**  
What are you passionate about achieving in the world? This week may offer an opportunity to start a process toward bringing transformational change for you and others. Lucky numbers: 13, 30, 33, 39, 44, 45.

**PISCES (Feb. 19 - March 20)**  
Are you clear about how you want to proceed next? Now may be a good time to communicate with others to find an opportunity to achieve a common goal. Lucky numbers: 6, 13, 17, 35, 44, 47.

Lucky numbers this week: This week's odds favour Aries winners with the luckiest number being 17.

## Did You Know...

**To the grave:** In ancient Egypt, the dead took their recipes to the grave with them, literally. Researchers have found hieroglyphs on the walls of tombs that depict recipes for food, believed to have been used as references for the afterlife.

**The john:** Societies use many names for the word toilet, but one of the most popular is "the john." That's because Sir John Harrington designed the first flushing toilet in 1596. He was one of Queen Elizabeth I's godchildren.

**Started early:** American Selena Gomez, born in 1992, has become one of the biggest stars of her generation. She got her acting start at a young age, appearing on the children's television show *Barney and Friends* from 2002 to 2004.

**Big headache:** World War II Italian dictator Benito Mussolini wouldn't eat mashed potatoes. That's because he claimed they caused him to have migraine headaches.

**Donut lovers:** Canadians really like their donuts, those round, yummy, sweet, spongy cakes with a hole in the middle. In fact, Canada boasts more donut shops per capita than any other country in the world.

## On the Lighter Side

I tried archery, but didn't like it. There were too many drawbacks.

Mutt: "I wish I were in your shoes."  
Nutt: "Why would you want to be in my shoes?"  
Mutt: "Mine have holes!"

Why did the hedgehog say, "Ouch"? He put on his coat inside out!

Knock! Knock! *Who's there?* Nose. *Nose who?* Nose any knock-knock jokes?

You can have my chimney for free. It's on the house!

## Answers

**Trivia answers:** 1. 16 2. The number 13 3. Capulet 4. IBM 5. Frankenstein's monster

For available franchise opportunities - visit [coffeenewscanada.com](http://coffeenewscanada.com)  
© Published with Permission by Capital Marketing Ltd

**yes tv**

**FREE LIVE STREAMING COMING THIS FALL**  
visit [yestv.com](http://yestv.com) for details

**WE COME TO YOU - HOME, OFFICE, COFFEE SHOP OR VIRTUALLY!** I HAVE BEEN DOING TAX RETURNS SINCE 1985

Personal Tax Returns • Corporate Tax Returns  
GST Returns • Preparation of T4s/T5s

**DBA** Donald B. Verbeke  
PROFESSIONAL CORPORATION cpa  
CHARTERED PROFESSIONAL ACCOUNTANT  
CHARTERED ACCOUNTANT  
CERTIFIED FINANCIAL PLANNER CFP

Terwillegar Gardens, Edmonton • don@verbeke.ca  
**Cell: 780.945.6190 • www.verbeke.ca**

Solving Your Employment Relationship Puzzles

**Involvi**  
Human Resources

8219 Argyll Rd., Edmonton • 780-466-1343  
11478-156th St., Edmonton • 780-451-7744

Where excitement and eco-friendly rides collide

Long Boards Go Carts **NOW OPEN**

**TAKE IT TO TRACK**

2530 Tudor Glen, St. Albert | [bootscooters.com](http://bootscooters.com)  
Tues-Thurs, 10 am - 7 pm | Fri, 10 am - 6 pm | Sat, 10 am - 5 pm  
FREE DEMO RIDES Thursdays at 7 pm. Register at 6:30 pm

**Winter Is Coming...**

Have you had your furnace serviced?

HVAC • Heating • Cooling  
Refrigeration • Gas Fitting  
Boilers • Building Management

**DHR Daniels Heating & Refrigeration Ltd.** Residential & Commercial Service

**24/7 On Call Service: 1-587-785-6033**

**WHIPLASH COMPENSATION?**

Get the whiplash compensation you deserve from a trusted team of experienced lawyers. You pay nothing up front. Not all injury claims are capped.

**1-800-661-4902**  
[WhiplashInformationCentre.com](http://WhiplashInformationCentre.com)

**Braithwaite Boyle Injury Law** 800-440-8298  
It's The Only Law We Do - Since 1986  
Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary  
ALBERTA OWNED AND OPERATED FOR OVER 35 YEARS

**Ray's Coins and Stamps**  
THE CHOICE OF DISCERNING COLLECTORS

Coins Graded coins and collectible coins from the Royal Canadian Mint and a few other mints

Tim Hortons Hockey Cards ...available to finish your set. Text 780.2619.2929 with your list!

Paper Money Graded Canadian currency

Cell: 780-619-2928  
[rgrikinis@yahoo.com](mailto:rgrikinis@yahoo.com) | [www.rayscoinsandstamps.com](http://www.rayscoinsandstamps.com)  
Check our showcase # letter "I" at Old Strathcona Antique Market, 10323-78 Ave.

**BUY and SELL**