

fax 403-864-4459 or phone 403-304-4767 to have it printed here at NO CHARGE! **Rocky Lions Club has tables and chairs to rent** for

functions in the community. Call 403.846.3215.

Rocky Farmer's Market: Every Saturday from 10 a.m. to 1 p.m. at The Royal Canadian Legion Rocky.



Mountain Rose Women's Shelter provides a safe, confidential environment for women experiencing or who have experienced any abuse situation. 24 hr. crisis line 1.877.845.4141. To donate, please call our office at 403.845.5339.



March's contest winner was Richelle Mathew. Richelle will receive a \$40 gift certificate from No Frills after spotting the hidden Coffee News \$40 gift certificate from No Frills after spotting the hidden Coffee New Guy while reading the publication at McDonald's. *Congratulations!*

Irivia

- 1. Fictional character James Bond briefly was married to "Tracy" – T/F?
- 2. The game cribbage is played with a board, pegs, and
- 3. In which city can you visit the Prado art museum?
- 4. A brachialis is a tendon, ligament, or muscle?
- 5. This ancient Greek physician is called the father of western medicine.

(Flip bottom of page for answers) © Published with permission of Country Coffee News

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front. Not all injury claims are capped.

1-800-661-4902

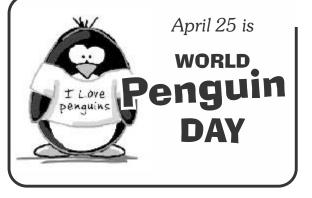
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Your Weekly Horoscope

LIBRA

(Sept. 23 – Oct. 22)

facilitate change? Lucky

ARIES

(March 20 – April 19) Have you not been entirely truthful about something, either to yourself or to others? Now may be a good time to correct the situation and put it behind you. Lucky numbers: 4, 13, 14, 20, 43, 45.

TAURUS (April 20 - May 20)

The potential exists, early in the week, for you to uncover an opportunity. This may

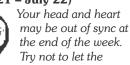
come to you out of the blue or may require you to take a leap of faith. Lucky numbers: 1, 11, 32, 35, 37, 44. **GEMINI**

(May 21 - June 20)

Are you having trouble making a choice about something important? The answer may

become apparent if you use your belief system to examine the situation. Lucky numbers: 13, 16, 18, 28, 40, 48. CANCER

(June 21 - July 22)



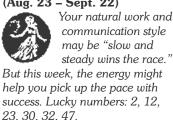
dissonance negatively impact you, since this phase could pass in a few days. Lucky numbers: 5, 7, 22, 37, 43, 46. LEO

(July 23 - Aug. 22)

At the start of the week, your unconscious may reveal information that may be upsetting to

your self image. How can you integrate rather than fight this insight? Lucky numbers: 1, 3, 8, 24, 41, 46. VIRGO

(Aug. 23 - Sept. 22)



Lucky numbers this week: This week's odds favour Taurus winners, with the luckiest number being 11.

Did You Know...

Hawaiian dessert: Anyone visiting Hawaii should try its famous Haupia pie. This decadent, layered dish starts with a pie crust, usually followed by coconut and chocolate pudding, topped with whipped cream.

Peace prize: Agnes Gonxha Bojaxhiu is better known as Mother Theresa. Born in 1910 in what is now North Macedonia, she became a nun at 18 and worked in the slums of India, which earned her the Nobel Peace Prize in 1979.

Waiting for visitors: During Canada's 1967 centennial, the town of St. Paul, Alberta, celebrated by building the world's first UFO landing pad. No extra-terrestrial visitors have been sighted. but thousands of humans have taken a look.



Join Our Vibrant Community l ne AT PARK AVENUE IN CREEKSIDE Full Kitchens • Social & Recreation • Pet Friendly WISTER, 5810-47th Ave, Rocky Mountain House CD. 403-596-9044 CDLhomes.com Arust Hoping this school year will be better, is not a plan. Sylvan Learning Tutoring 2 hours per week IS a plan reddeersylvanlearning.ca K 12 Tutoring, Camps and kids' tee





SCORPIO (Oct. 23 - Nov. 21) If you set new goals

begging for a resolution? How

can you use these emotions to

numbers: 10, 18, 21, 26, 30, 45.

during your birthday month, this may be a good week to

Your feelings may be

particularly intense

early in the week. Is

an underlying issue

consider completing projects that support those particular objectives. Lucky numbers: 11, 13, 18, 25, 27, 38. **SAGITTARIUS**

(Nov. 22 - Dec. 21)

A few weeks ago, you may have experienced a challenge to your belief

system. If needed, the energy at the end of this week could help you support your beliefs. Lucky numbers: 9, 15, 17, 26, 31, 37. **CAPRICORN**

(Dec. 22 - Jan. 19)

If you have been working hard and

steam, hang on for a little bit longer. At the end of this week, help may be on the way for a few days. Lucky numbers: 15, 16, 39, 42, 43, 47. **AQUARIUS**

(Jan. 20 - Feb. 18)

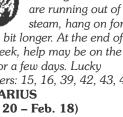
Are your endeavours out of sync with your highest ideals and values? Now may

be a good week to forge a new path that gets you back on track and in alignment. Lucky numbers: 16, 18, 19, 33, 38, 39. PISCES

(Feb. 19 - March 20)

Translating ideals from the ethereal can be a challenge for Pisces. The energy this week may help you, so try to take advantage of it. Lucky numbers: 3, 10, 12, 13, 21, 33.

realm onto this plane





Indoor plant: Indoor gardeners might want to try growing a bamboo plant. These attractive plants like indirect light and don't need much water. Avoid using water with fluoride and chlorine. Bottled is the best choice.

Crispy snack: A traditional Portuguese dish is bolinhos de bacalhau, also called pastéis de bacalhau. These are fritters made with cod, potatoes, onions, eggs, parsley, and spices, then deep fried.

On the Lighter Side

Knock! Knock! Who's there? Uriah. Uriah who? Keep Uriah on the ball!

Why did the farmer plow the field with a steam roller? He wanted to grow mashed potatoes.

People say I look better without my glasses on. But I just can't see it.

Paul Revere always carried a handkerchief. He was, after all, the town crier.

Answers

4. Muscle 5. Hippocrates

Trivia answers: 1. True 2. Cards 3. Madrid, Spain

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