

THIS SPACE FOR RENT

Call 780-220-6397

OR SCAN HERE FOR MORE INFO



Winter Is Coming...

Have you had your furnace serviced?

HVAC • Heating • Cooling
Refrigeration • Gas Fitting
Boilers • Building Management

DHR Daniels Heating & Refrigeration Ltd. Residential & Commercial Service

24/7 On Call Service: 1-587-785-6033



FIND OUT HOW YOU CAN SAVE UP TO 50% ON COMMISSIONS!

At Seller Direct® Northern Homes Realty, It's Not About Discounts, It's About OPTIONS!

How We SELL Your Home:

- ✓ 300+ Websites ✓ Social Media Ads
- ✓ QR Code to Home's Features
- ✓ 3D Tours & Professional Photos

seilerdirect Diana Noble Owner/Broker
Northern Homes Realty

780.638.4800 | seilerdirectnorthernhomes.com

PROUDLY SERVING EDMONTON & SURROUNDING AREAS



If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles

Sunset Scents a RAY of Fragrance

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com



WHEN YOU GET PAID We Get Paid

WHIPLASH COMPENSATION?

Get the whiplash compensation you deserve from a trusted team of experienced lawyers.

You pay nothing up front. Not all injury claims are capped.

1-800-661-4902

WhiplashInformationCentre.com

Braithwaite Boyle Injury Law 800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

ALBERTA OWNED AND OPERATED FOR OVER 35 YEARS




GET MORE FROM YOUR ONLINE CONTENT

CONTENT MARKETING SERVICES

- Blog Writing
- Email Marketing
- Website Content
- Google Business Profile

FREE CONSULT

SCAN ME

Frontline 780.760.6922



yes tv

FREE LIVE STREAMING COMING THIS FALL

visit yestv.com for details



FREE! New Issue Every Week!


Coffee News®

"News To Be Enjoyed Over Coffee"

South Edmonton Edition

780-220-6397

www.coffee-news.ca



Vol. 21 No. 15 April 8, 2024

Everybody's Talking

Impolite parrots: Most of us are brought up being told to "mind our manners." Somehow, a flock of eight parrots at Lincolnshire Wildlife Park in eastern England did not get the message. Or, they got the message but refused to listen, and continued to flaunt their "fowl" speech. Park officials had attempted to curb the African grays' behaviour with reprimands like time outs. But to no avail. Now, instead of trying to keep the offending parrots away from the well-behaved ones, park employees have decided to try a new experiment: move the naughty parrots in with the 92 polite parrots in the hopes they will pick up better manners from their feathered peers. Time will tell

Alpine office: Hold on to your office chairs! A Chinese advertising agency is being accused of taking "remote work" to a new level by literally relocating its entire operation from a city business district to a remote mountain area. Former employees are crying foul play, alleging that the relocation was a plot to make them voluntarily pack up their desks so the company could avoid layoffs and compensation. In what can only be described as an uphill battle, the agency's move made the daily commute a two-hour trek, each way, especially challenging for those without a personal car. Now, that's taking "remote" work to new heights!

Bite and run: Residents of the small town of Vastogirardi, in the Molise region of Italy, could not figure out why they often would go out to their cars only to discover their tires had been slashed. The residents of the peaceful little village were scratching their heads and beginning to fear there was evil intent behind the strange and consistent vandalism. Finally, cameras were set up and undercover patrols assigned to the case. They quickly discovered the culprit: a dog with a very sore set of teeth. Apparently the canine suffered from gingivitis and was biting into the tires to relieve the pain.

Bad example: Marathon runners are not likely to be chain smokers. The two habits simply don't go together. But for a 52-year-old Chinese marathon runner known as Uncle Chen, now dubbed Smoking Brother, lighting up before the race and even chain smoking during the race was common. He recently ran the Xiamen Marathon in Beijing and did it in three hours and 33 minutes. However, officials made the decision to issue him a two-year ban from their races, and voided his time and ranking from the event because smoking while on the track was considered to be a punishable behaviour due to its impact on the other 1,500 runners.

Quoteable Quotes

"Write your sad times in sand, write your good times in stone."
—George Bernard Shaw

"Happiness is when what you think, what you say, and what you do are in harmony."
—Mahatma Gandhi

What's Happening

April 27 - Fabulous Fabric Frenzy Sale Sale runs from 9 a.m. to 3:30 p.m. at Strathearn United Church 8510 95 Ave. Edmonton. Huge selection of fabric, yarn, notions, craft supplies at rock bottom prices. All profits support the Grandmothers Campaign of the Stephen Lewis Foundation.

Aug 21 - Links fore Literacy Charity Golf Tournament 2024 The Links fore Literacy Charity Golf Tournament is the Centre for Family Literacy's annual summer fundraising event. Proceeds from the tournament support the Centre's adult and family literacy programs. For more information, visit famlit.cagolf2024

NON PROFIT organizations may submit fundraising events for FREE at www.coffee-news.ca. Please submit a minimum of 4 weeks in advance.

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package

*Coffee News Bucks
Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. In A Christmas Carol, who was Jacob Marley's business partner?
2. Which British TV show featured John Cleese as a hotel owner?
3. Joseph Glidden invented the first successful paperclip, remote control, or barbed wire?
4. Keflavik is the largest airport in what country?
5. What body of water washes upon the western shore of Australia?

(Flip bottom of page for answers)

Don't know what's wrong...?

WE CAN HELP! CONTACT THE EXPERIENCED PROFESSIONALS AT

HOME & OFFICE HANDYMAN services

780.940.2127 | www.HOHS.ca

Give Us Your List. We'll Do The Rest.



ELECTRICIAN FOR HIRE

Residential Light Commercial Electrical Repairs and Renovations

Art de Leon Master Electrician

780.932.3858 Cell
ajdeleon63@gmail.com



Pure DENTURE CLINIC

Helping To Create Beautiful Smiles!

- Full and Partial Dentures
- Denture Repairs
- Night Guards
- Certified Denturist
- Direct Billing For Insurance

FREE CONSULTATIONS

780-477-6850
www.puredenture.ca

18336 Lessard Rd. NW, Edmonton




Dementia and Continence Study

Dr. Adrian Wagg's research team at the University of Alberta is recruiting participants for a research study to understand self-management of urinary incontinence with containment products by community dwelling older people living with dementia. You will be in the study for approximately four weeks. During this time, the researcher will visit you five times. You will be asked to fill out questionnaires, maintain a bladder diary and take part in two interviews. The study visits will last between one to two hours.

If you are a person living with dementia and urinary incontinence or a care partner and want to learn more about this study, please contact Dr. Wagg's research office at 780-492-6855 (24-hour confidential voicemail)

UNIVERSITY OF ALBERTA
University of Alberta Ethics approval number: Pro00094514



jerry forbes Centre for Community Spirit

HOME FOR 25 CHARITIES & NON-PROFITS

93,000 SQ. FT. OF SHARED SPACE SERVING OVER 200,000 ALBERTANS

Dear Edmonton, We're having a great time and the people here are amazing. You should come for a visit!

Sincerely, JFC

jerryforbescentre.ca



Solving Your Employment Relationship Puzzles

Involvi Human Resources

780-652-0928
www.involvi.ca



WE COME TO YOU - HOME, OFFICE, COFFEE SHOP OR VIRTUALLY!

I HAVE BEEN DOING TAX RETURNS SINCE 1985

Personal Tax Returns • Corporate Tax Returns
GST Returns • Preparation of T4s/T5s

Donald B. Verbeke CPA
PROFESSIONAL CORPORATION

Chartered Professional Accountant
Chartered Accountant
Certified Financial Planner

Terwillegar Gardens, Edmonton • don@verbeke.ca
Cell: 780.945.6190 • www.verbeke.ca



womensworkwear.ca

WINTER BLOWOUT!

WOMENS PIONEER FR INSULATED PARKA OR BIBS

SKU: J-5524W, J-5523W
Available In Hi-Viz Orange or Royal Blue
Was: \$370 ea.
NOW ONLY \$100 ea.

While Quantities Last. Sale May End Without Notice.

Fit Matters

Scan QR Code To Shop Online




THE RANCH
GOLF AND COUNTRY CLUB

#1 Tournament Course in Alberta!

Located 5 mins West of Edmonton
Unmatched Value
Premier Conditions

Weekly Promotions:
3-Putt Mondays
1/2 Price Wings Tuesdays
Sunset Express 4-Hole Loop

For full details, visit theranchgolf.com

Book your tee time today: **780.470.4700**

Ray's Coins and Stamps
THE CHOICE OF DISCERNING COLLECTORS

Coins
Graded coins and collectable coins from the Royal Canadian Mint and a few other mints

Tim Hortons Hockey Cards
...available to finish your set. Text 780.2619.2929 with your list!

Paper Money
Graded Canadian currency

Cell.: 780-619-2928
rgrikinis@yahoo.com | www.rayscoinsandstamps.com
Check our showcase # letter "I" at Old Strathcona Antique Market, 10323-78 Ave.

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS
GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

TileTown
Your Space. Your Style. Your Way.

50 years
1971-2021

Bring this ad into one of our 2 Edmonton Locations & Receive **20% OFF**
All Regular Priced, in Stock Tile

8219 Argyll Rd., Edmonton • 780-466-1343
11478-156th St., Edmonton • 780-451-7744

Flash Travel SALES
Cruise | Sun/Winter Destinations | Tours | Resorts | Sightseeing

Travelmart | 780.487.1034
www.bit.ly/flashtravelsales

*Limited availability. Dates subject to change without notice.

Behaviours in Dementia Toolkit
Practical & Evidence Informed

powered by: **CCSMH**
Canadian Coalition for Seniors' Mental Health

Visit our **free** online library of 230+ resources about dementia-related changes in mood & behaviour today!

www.BehavioursInDementia.ca

Can't get to your **Coffee News** each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.
Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

Optimize Your Health
LIVE ACTIVATED

Unlock the health coded in your genes to fight the signs of aging and revitalize wellness at the source.

Call Leann or Dana, your local LifeVantage Consultants
780.257.4533
Leann.nrf2@gmail.com | <https://detox.lifevantage.com>

Your Weekly Horoscope

ARIES
(March 20 - April 19)

Be careful, especially at midweek, of impulsively speaking or taking action without first thinking it through. If you can't stop yourself, be sure to have a plan B. Lucky numbers: 1, 2, 9, 32, 38, 40.

TAURUS
(April 20 - May 20)

This week may offer a sudden insight about potential opportunities. Carefully consider the pros and cons. If something feels right to you, perhaps proceed with it. Lucky numbers: 8, 15, 23, 30, 38, 48.

GEMINI
(May 21 - June 20)

At midweek, your mind may be running at break-neck speed. Take a deep breath and wait. Any important insight you receive should still be there in a few days. Lucky numbers: 7, 22, 31, 32, 35, 46.

CANCER
(June 21 - July 22)

Your emotions may be particularly volatile at week's end. Be careful about saying something that you can't retract. Perhaps postpone that conversation for a few days. Lucky numbers: 5, 6, 10, 25, 39, 45.

LEO
(July 23 - Aug. 22)

Your innate enthusiasm and joy may get an extra boost right now. How might this temporary energy help you accomplish something new for yourself and others? Lucky numbers: 6, 10, 12, 26, 35, 41.

VIRGO
(Aug. 23 - Sept. 22)

Are you feeling frustrated and in opposition to something or someone? If you can't find a win-win outcome, you may want to wait a few days to proceed. Lucky numbers: 4, 5, 7, 11, 26, 32.

LIBRA
(Sept. 23 - Oct. 22)

Libras tend to prioritize good relations with others over their own desires. If this applies to you, midweek may offer an opportunity to negotiate what you need. Lucky numbers: 3, 5, 6, 10, 38, 43.

SCORPIO
(Oct. 23 - Nov. 21)

Are obstacles preventing you from getting on the same page with someone else about a problem? How might your viewpoint be adjusted to facilitate a solution? Lucky numbers: 2, 8, 12, 27, 28, 48.

SAGITTARIUS
(Nov. 22 - Dec. 21)

A solid set of beliefs is often important for Sagittarians. You might be challenged this week. Are your prior beliefs still valid or do you need to reconsider them? Lucky numbers: 16, 20, 23, 27, 33, 39.

CAPRICORN
(Dec. 22 - Jan. 19)

Your heart and mind may be out of sync at the end of the week. To create balance, you might want to lean into more emotional expression at this time. Lucky numbers: 10, 14, 31, 34, 42, 43.

AQUARIUS
(Jan. 20 - Feb. 18)

Humanitarianism can be an important life theme for Aquarians, though your approach may be detached. Now maybe you can add some fire to jump start your endeavours. Lucky numbers: 12, 13, 15, 16, 39, 43.

PISCES
(Feb. 19 - March 20)

In the last few weeks, have you been implementing opportunities that manifest your ideals into the world? What steps might you take before this energy passes? Lucky numbers: 9, 16, 18, 20, 28, 32.

Lucky numbers this week: This week's odds favour Leo winners with the luckiest number being 35.

Did You Know...

Toothache troubles: If you lived in Germany during the Middle Ages, you might have been one of the many people who believed that kissing a donkey would take away toothache pain. If the donkey kicked, that could be a different matter!

Scrumptious meal: Pork pies are a staple of British cuisine. The dense pastry is filled with minced pork belly or shoulder that is seasoned with nutmeg, salt, and pepper. Savoury jelly is added after cooking.

Sleeping patterns: Most people try to get eight hours of shut-eye every night. Famous painter Leonardo Da Vinci, like many other geniuses, favoured a 20-minute power nap every four hours. That's not much sleep!

Unique license plates: For many years in Nunavut, a territory in Canada's far north, drivers had unique license plates on their vehicles. Most plates are rectangular. But until 2012, Nunavut license plates were shaped like a polar bear.

Main course: Lots of people enjoy dining on chicken cordon bleu, that delicious combination of chicken, ham, and cheese that is breaded then fried or baked. The dish's origins are in Switzerland.

On the Lighter Side

A couple went to a party dressed as a barcode. They decided they were an item.

Sign on the house: "Drums for Sale."
Sign on the house next door: "Yay!"

Knock! Knock! Who's there? Zany. Zany who? Does Zany body have carrots? I'm hungry.

What sort of shoes does Winnie-the-Pooh wear? None, he has bear feet.

What's yellow and swings through the jungle smelling of almonds? Tarzipan.

Answers

Trivia answers: 1. Ebenezer Scrooge 2. Faulty Towers 3. Barbed wire 4. Iceland 5. Indian Ocean

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A
\$2,500
YEARLY TAX CREDIT
\$30,000
LUMP SUM REFUND

85% SUCCESS RATE!

Restrictions in Walking or Dressing may qualify.

FOR EXPERT HELP:
1-844-453-5372

WE COME TO YOU!

NERDS2YOU
VIRUS REMOVAL & COMPUTER REPAIR

ONSITE COMPUTER REPAIR

Your on-site computer and network service specialists. Virus removal, network setup, repairs and more.

587-772-NERD(6373)

FAST, FRIENDLY AND PROFESSIONAL
DEBIT, VISA AND MASTERCARD ACCEPTED
NERDS2YOU.CA

RETIREMENT LIVING
CHRISTENSON
Optional Meals • Personalized Services • On-site Care

Join Our Vibrant Community

DEVONSHIRE
VILLAGE

Full Kitchens • Social & Recreation • U/G Parking

1728 Rabbit Hill Road, Edmonton
780-540-9500
CDLhomes.com

Where excitement and eco-friendly rides collide

BOOT-N-SCOOTER

2530 Tudor Glen, St. Albert | bootscooters.com
Tues-Thurs, 10 am - 7 pm | Fri, 10 am - 6 pm | Sat, 10 am - 5 pm
FREE DEMO RIDES Thursdays at 7 pm. Register at 6:30 pm

WE CLEAN YOUR HOME LIKE IT'S OUR OWN!

Weekly/Biweekly/Monthly Personalized Cleans
Residential and Small Business
Move In/Outs
Pest Control Clean Up

ASK ABOUT OUR SENIORS' RATES!

NOBODY CLEANS LIKE MOM
780.700.6686 • www.nobodycleanslikemom.com

FAST, ACCURATE, CLEAN & FRIENDLY SERVICE

MILLWOODS Bottle Depot

2830 Parsons Road
(south extension of 99th St. above South Edmonton Common)

mybottledepot.ca

14 receiving stations to serve you REALLY FAST!

Bring in your bottles for a chance to win in our regular Customer Appreciation Draws!

Mon-Sat 8:30 am - 7 pm
Sunday 10 am - 6 pm

BEST IN THE CITY!

CANADA'S BRAND YOUR COMFORT

NAPOLEON

GEMCO FIREPLACES
& WHOLESALE HEATING PRODUCTS

PH: 780-465-9719 9281-50 STREET, EDMONTON, AB
WWW.GEMCOFIREPLACES.COM