

WE OFFER **IN-HOUSE PEDICURE SERVICES**
FOR THOSE WHO ARE HOUSEBOUND



Nails
by PAM

Manicures • Pedicures
Gel Nails • Brow and Lash Tinting
Senior and Diabetic Pedicures

BY APPOINTMENT ONLY (ROCKY RAPIDS)

780.514.7990

We Need Volunteers In Your Area!

Help us to advocate for a quality of life that all Alberta seniors deserve



Alberta Council on Aging

Contact us:
780.423.7781 | 1.888.423.9666

AN INDEPENDENT NON-PROFIT, CHARITABLE ORGANIZATION SINCE 1967

WE BUY USED GOLD AND DIAMONDS



Blue Diamond Jewellers

780.968.0040

Main Street, Stony Plain
www.bluediamondjewellers.com

We've moved... VISIT US IN OUR NEW LOCATION!



Gifts and Gadgets

NOW AT 28-308 WESTGROVE DR., SPRUCE GROVE
BEHIND MCDONALD'S

YOUR ONE STOP KITCHEN AND GIFT SHOP
780.962.5220 | www.giftsandgadgets.ab.ca

Can't get to your Coffee News® each week?

Check out our PDF editions online!
New editions are posted every Monday



Sign up here to receive email notifications of new editions.

Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

CANADA'S BRAND YOUR COMFORT

NAPOLEON



GEMCO FIREPLACES & WHOLESALE HEATING PRODUCTS

PH: 780-465-9719 9281-50 STREET, EDMONTON, AB
WWW.GEMCOFIREPLACES.COM

HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A

\$2,500
YEARLY TAX CREDIT

\$30,000
LUMP SUM REFUND



Restrictions in Walking or Dressing may qualify.

FOR EXPERT HELP:
1-844-453-5372

SHOP ONLINE!
www.scubagearcanada.ca

• Snorkelling Gear • Reef-Safe Sunscreen
• Beach Water Shoes • Dry Bags & Wallets • UV Shirts



The Dive Outfitters
Scuba Diving & Snorkeling


Learn to SCUBA DIVE at our Edmonton location - call for details

11781-156 St., Edmonton 780.483.0044

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

FREE! *New Issue Every Week!*

Coffee News®
"News To Be Enjoyed Over Coffee"



Drayton Valley Edition
877-553-6397

www.coffee-news.ca

Vol. 21 No. 15 April 8, 2024

Everybody's Talking

Impolite parrots: Most of us are brought up being told to "mind our manners." Somehow, a flock of eight parrots at Lincolnshire Wildlife Park in eastern England did not get the message. Or, they got the message but refused to listen, and continued to flaunt their "fowl" speech. Park officials had attempted to curb the African grays' behaviour with reprimands like time outs. But to no avail. Now, instead of trying to keep the offending parrots away from the well-behaved ones, park employees have decided to try a new experiment: move the naughty parrots in with the 92 polite parrots in the hopes they will pick up better manners from their feathered peers. Time will tell

Alpine office: Hold on to your office chairs! A Chinese advertising agency is being accused of taking "remote work" to a new level by literally relocating its entire operation from a city business district to a remote mountain area. Former employees are crying foul play, alleging that the relocation was a plot to make them voluntarily pack up their desks so the company could avoid layoffs and compensation. In what can only be described as an uphill battle, the agency's move made the daily commute a two-hour trek, each way, especially challenging for those without a personal car. Now, that's taking "remote" work to new heights!

Bite and run: Residents of the small town of Vastogirardi, in the Molise region of Italy, could not figure out why they often would go out to their cars only to discover their tires had been slashed. The residents of the peaceful little village were scratching their heads and beginning to fear there was evil intent behind the strange and consistent vandalism. Finally, cameras were set up and undercover patrols assigned to the case. They quickly discovered the culprit: a dog with a very sore set of teeth. Apparently the canine suffered from gingivitis and was biting into the tires to relieve the pain.

Bad example: Marathon runners are not likely to be chain smokers. The two habits simply don't go together. But for a 52-year-old Chinese marathon runner known as Uncle Chen, now dubbed Smoking Brother, lighting up before the race and even chain smoking during the race was common. He recently ran the Xiamen Marathon in Beijing and did it in three hours and 33 minutes. However, officials made the decision to issue him a two-year ban from their races, and voided his time and ranking from the event because smoking while on the track was considered to be a punishable behaviour due to its impact on the other 1,500 runners.

Quoteable Quotes

"Write your sad times in sand, write your good times in stone."
—George Bernard Shaw

"Happiness is when what you think, what you say, and what you do are in harmony."
—Mahatma Gandhi

What's Happening

Ongoing - 50-50 fundraiser for the Darwell centennial hall
This event is to raise funds for renovations to the darwell centennial hall. Fundraiser begins March 15 and runs until April 30. To purchase tickets see darwellhall.weebly.com

Apr 7 - Art Craft Market Devon Arts Crafts Market - live music and handmade pottery, photography, painting, writing, repurposed bullets, leatherwork, and needlework. Devon Community Centre, April 7, 12-4 pm. Email artsdevon@gmail.com or phone 780-652-3304.

NON PROFIT organizations may submit fundraising events for FREE at www.coffee-news.ca. Please submit a minimum of 4 weeks in advance.

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package
*Coffee News Bucks
Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

Enter one of three ways:
1. Scan the QR code
2. Visit www.coffee-news.ca
3. Mail your entry*



*Mail your entry to: CN Guy Contest, 9768-170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. In A Christmas Carol, who was Jacob Marley's business partner?
2. Which British TV show featured John Cleese as a hotel owner?
3. Joseph Glidden invented the first successful paperclip, remote control, or barbed wire?
4. Keflavik is the largest airport in what country?
5. What body of water washes upon the western shore of Australia?

(Flip bottom of page for answers)

Behaviours in Dementia Toolkit
Practical & Evidence Informed

powered by:
CCSMH
Canadian Coalition for Seniors' Mental Health



Visit our free online library of 230+ resources about dementia-related changes in mood & behaviour today!

www.BehavioursInDementia.ca

Pregnant? Facing Difficult Decisions?

We can help.
Call 780.421.1177 or text 587.596.5380



A Small Miracle Adoption
Adoption is the ultimate expression of a committed heart

• Confidential Pregnancy Counselling • Support and Connection to Resources • Adoption Information and Advice

www.smallmiraclesadoption.com

It's not just a generator. It's a power move.

Receive a free 7-year warranty with qualifying purchase* - valued at \$945.

Call 888-688-0973 to schedule your free quote!



*Terms and Conditions apply. GENERAC

THIS SPACE FOR RENT

OR SCAN HERE FOR MORE INFO



Call 780-220-6397

Coffee News is proud to support Make-A-Wish® Canada



Transform lives, one wish at a time.

Make-A-Wish.
Visit makeawish.ca

200+ Delicious Meals Made for SENIORS!

PLEASE ASK US FOR STARTER PACK

NOW SERVING THIS COMMUNITY!

- ✓ Free Delivery*
- ✓ No Obligations
- ✓ No Minimum Orders*

*Some conditions apply

Request your **FREE MENU Catalogue** today!
780-666-2336
TF: 1-800-704-4779

HEART TO HOME MEALS
DELICIOUS MEALS MADE FOR SENIORS®
www.hearttohomemeals.ca

OOPS...



Want to ensure better turnout at your next event?

Submit the details of your event for inclusion in our popular "What's Happening" section!

Enter your event by scanning here

Visit www.coffee-news.ca today!

Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**



SAFE STEP WALK-IN TUB
1-855-977-9805

With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445

inogen

CLAIM YOUR 14-DAY RISK-FREE TRIAL!

PORTABLE OXYGEN FOR YOUR ON-THE-GO LIFESTYLE

Call us toll-free at **1-888-998-6714**

*14-day risk-free trial- Return within 30 days of purchase for a full refund of purchase price.
PM2:30469 EN, EX, USA | © Only © 2023 Inogen, Inc. 303 Comstar Drive, Costa, CA 94317
Inogen is a trademark of Inogen, Inc. The usage of any Inogen, Inc. trademark is strictly forbidden without the prior consent of Inogen, Inc. All other trademarks are trademarks of their respective owners or holders.



WEBSITES From \$129/Month

(780) 760-6922

FRONTLINECONSULTING.CA

Groggy mornings?

Imagine starting each day refreshed, ready to conquer anything!


Optimize your routine to elevate your morning and capitalize on time.

Available on the App Store
GET IT ON Google Play



Free month trial then only \$1 a month

RISE UP



Drainage Is Our Business

Weeping Tile Direct

780.371.9528
weepingtiledirect.com

BNQ CERTIFIED

We manufacture 100', 164', 250', and 3800' Maxi coils

Proudly Serving Western Canada




25 YEARS AND STILL GOING STRONG

PROMOTIONAL & PRINTING

OUIPRINT.COM

YOU THINK IT, OUI PRINT IT.

780 865 3212

WHEN YOU GET PAID We Get Paid

WHIPLASH COMPENSATION?

Get the whiplash compensation you deserve from a trusted team of experienced lawyers.

You pay nothing up front. Not all injury claims are capped.

1-800-661-4902

WhiplashInformationCentre.com

Braithwaite Boyle Injury Law 800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

ALBERTA OWNED AND OPERATED FOR OVER 35 YEARS




If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles


Sunset Scents a RAY of Fragrance

priariescentedcandles@gmail.com
www.priariescentedcandles.com




Your Weekly Horoscope


ARIES (March 20 - April 19)

 Be careful, especially at midweek, of impulsively speaking or taking action without first thinking it through. If you can't stop yourself, be sure to have a plan B. Lucky numbers: 1, 2, 9, 32, 38, 40.


TAURUS (April 20 - May 20)

 This week may offer a sudden insight about potential opportunities. Carefully consider the pros and cons. If something feels right to you, perhaps proceed with it. Lucky numbers: 8, 15, 23, 30, 38, 48.

GEMINI (May 21 - June 20)

 At midweek, your mind may be running at break-neck speed. Take a deep breath and wait. Any important insight you receive should still be there in a few days. Lucky numbers: 7, 22, 31, 32, 35, 46.


CANCER (June 21 - July 22)

 Your emotions may be particularly volatile at week's end. Be careful about saying something that you can't retract. Perhaps postpone that conversation for a few days. Lucky numbers: 5, 6, 10, 25, 39, 45.

LEO (July 23 - Aug. 22)


 Your innate enthusiasm and joy may get an extra boost right now. How might this temporary energy help you accomplish something new for yourself and others? Lucky numbers: 6, 10, 12, 26, 35, 41.

VIRGO (Aug. 23 - Sept. 22)


 Are you feeling frustrated and in opposition to something or someone? If you can't find a win-win outcome, you may want to wait a few days to proceed. Lucky numbers: 4, 5, 7, 11, 26, 32.

Lucky numbers this week: This week's odds favour Leo winners with the luckiest number being 35.


LIBRA (Sept. 23 - Oct. 22)

 Libras tend to prioritize good relations with others over their own desires. If this applies to you, midweek may offer an opportunity to negotiate what you need. Lucky numbers: 3, 5, 6, 10, 38, 43.

SCORPIO (Oct. 23 - Nov. 21)

 Are obstacles preventing you from getting on the same page with someone else about a problem? How might your viewpoint be adjusted to facilitate a solution? Lucky numbers: 2, 8, 12, 27, 28, 48.


SAGITTARIUS (Nov. 22 - Dec. 21)

 A solid set of beliefs is often important for Sagittarians. You might be challenged this week. Are your prior beliefs still valid or do you need to reconsider them? Lucky numbers: 16, 20, 23, 27, 33, 39.


CAPRICORN (Dec. 22 - Jan. 19)

 Your heart and mind may be out of sync at the end of the week. To create balance, you might want to lean into more emotional expression at this time. Lucky numbers: 10, 14, 31, 34, 42, 43.

AQUARIUS (Jan. 20 - Feb. 18)

 Humanitarianism can be an important life theme for Aquarians, though your approach may be detached. Now maybe you can add some fire to jump start your endeavours. Lucky numbers: 12, 13, 15, 16, 39, 43.

PISCES (Feb. 19 - March 20)

 In the last few weeks, have you been implementing opportunities that manifest your ideals into the world? What steps might you take before this energy passes? Lucky numbers: 9, 16, 18, 20, 28, 32.

Did You Know...

Toothache troubles: If you lived in Germany during the Middle Ages, you might have been one of the many people who believed that kissing a donkey would take away toothache pain. If the donkey kicked, that could be a different matter!

Scrumptious meal: Pork pies are a staple of British cuisine. The dense pastry is filled with minced pork belly or shoulder that is seasoned with nutmeg, salt, and pepper. Savoury jelly is added after cooking.

Sleeping patterns: Most people try to get eight hours of shut-eye every night. Famous painter Leonardo Da Vinci, like many other geniuses, favoured a 20-minute power nap every four hours. That's not much sleep!

Unique license plates: For many years in Nunavut, a territory in Canada's far north, drivers had unique license plates on their vehicles. Most plates are rectangular. But until 2012, Nunavut license plates were shaped like a polar bear.

Main course: Lots of people enjoy dining on chicken cordon bleu, that delicious combination of chicken, ham, and cheese that is breaded then fried or baked. The dish's origins are in Switzerland.

On the Lighter Side

A couple went to a party dressed as a barcode. They decided they were an item.

Sign on the house: "Drums for Sale."
Sign on the house next door: "Yay!"

Knock! Knock! Who's there? Zany. Zany who? Does Zany body have carrots? I'm hungry.

What sort of shoes does Winnie-the-Pooh wear? None, he has bear feet.

What's yellow and swings through the jungle smelling of almonds? Tarzipan.

Answers

Trivia answers: 1. Ebenezer Scrooge 2. Faulty Towers 3. Barbed wire 4. Iceland 5. Indian Ocean

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005




Bras don't have to be uncomfortable!

WE CAN HELP!

Romantic Notions Inc.

#30, 210 McLeod Ave., Spruce Grove
780.962.4944 | 1.855.962.4944

@romanticnotionsab

Book your appointment: www.romanticnotions.ca




DIRECT WORKWEAR

www.directworkwear.com

VINTAGE 100% WOOL BLANKETS

Brand new! Step into warmth and embrace the nostalgia of the 1950s-60s with these military grade blankets. Ideal for travel emergency kits, camping or on the farm.

\$39.95 ea.

Scan QR Code To Visit Our Website




Need ONE More Reason to Join?

- You don't have an up to date will
- You don't understand the difference between a trust and a will
- The CRA selects you for an audit
- You need a letter written on your behalf by a lawyer
- You receive a speeding ticket
- You need a lawyer's advice on any matter

LegalShield Call **LLOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!
1-877-579-9449



Optimize Your Health

LIVE ACTIVATED

Unlock the health coded in your genes to fight the signs of aging and revitalize wellness at the source.


Call Leann or Dana, your local LifeVantage Consultants
780.257.4533
Leann.nrf2@gmail.com | <https://detox.lifevantage.com>




yes tv

FREE LIVE STREAMING COMING THIS FALL

visit yestv.com for details



Know someone in Edmonton in need of a pick-me-up (flowers, live plant, gift)?

We can help!

AWESOME BLOSSOM

Making a difference through flowers

Call us toll free at **1-888-944-1668** or visit awesomeblossom.com



Are you a business owner/office manager? Have 3-20 employees in your office? Paying too much for your current phone system?

We can save you up to 50% off your current phone rates!

How? We offer:

- ✓ VOIP Solutions at a fraction of the traditional carrier cost
- ✓ Long distance rates that outcompete the competition

587.760.2800
<https://zettatelecom.com>

ZETTA TELECOM

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS