

**WHEN YOU GET PAID We Get Paid**

# WHIPLASH COMPENSATION?

Get the whiplash compensation you deserve from a trusted team of experienced lawyers. **You pay nothing up front.** Not all injury claims are capped.

**1-800-661-4902**  
WhiplashInformationCentre.com

**Braithwaite Boyle Injury Law** 800-440-8298  
It's The Only Law We Do - Since 1986  
Free Initial Consultation  
Offices in: Edmonton, Red Deer, and Calgary  
ALBERTA OWNED AND OPERATED FOR OVER 35 YEARS




**FREE!** *New Issue Every Week!*

# Coffee News®

"News To Be Enjoyed Over Coffee"

**Leduc - Nisku Edition**  
**780-220-6397**



www.coffee-news.ca Est. 1988

Vol. 21 No. 15 April 8, 2024

## Everybody's Talking

**Impolite parrots:** Most of us are brought up being told to "mind our manners." Somehow, a flock of eight parrots at Lincolnshire Wildlife Park in eastern England did not get the message. Or, they got the message but refused to listen, and continued to flaunt their "fowl" speech. Park officials had attempted to curb the African grays' behaviour with reprimands like time outs. But to no avail. Now, instead of trying to keep the offending parrots away from the well-behaved ones, park employees have decided to try a new experiment: move the naughty parrots in with the 92 polite parrots in the hopes they will pick up better manners from their feathered peers. Time will tell

**Alpine office:** Hold on to your office chairs! A Chinese advertising agency is being accused of taking "remote work" to a new level by literally relocating its entire operation from a city business district to a remote mountain area. Former employees are crying foul play, alleging that the relocation was a plot to make them voluntarily pack up their desks so the company could avoid layoffs and compensation. In what can only be described as an uphill battle, the agency's move made the daily commute a two-hour trek, each way, especially challenging for those without a personal car. Now, that's taking "remote" work to new heights!

**Bite and run:** Residents of the small town of Vastogirardi, in the Molise region of Italy, could not figure out why they often would go out to their cars only to discover their tires had been slashed. The residents of the peaceful little village were scratching their heads and beginning to fear there was evil intent behind the strange and consistent vandalism. Finally, cameras were set up and undercover patrols assigned to the case. They quickly discovered the culprit: a dog with a very sore set of teeth. Apparently the canine suffered from gingivitis and was biting into the tires to relieve the pain.

**Bad example:** Marathon runners are not likely to be chain smokers. The two habits simply don't go together. But for a 52-year-old Chinese marathon runner known as Uncle Chen, now dubbed Smoking Brother, lighting up before the race and even chain smoking during the race was common. He recently ran the Xiamen Marathon in Beijing and did it in three hours and 33 minutes. However, officials made the decision to issue him a two-year ban from their races, and voided his time and ranking from the event because smoking while on the track was considered to be a punishable behaviour due to its impact on the other 1,500 runners.

## Quoteable Quotes

"Write your sad times in sand, write your good times in stone."  
—George Bernard Shaw

"Happiness is when what you think, what you say, and what you do are in harmony."  
—Mahatma Gandhi

## What's Happening

**Apr 7 - Art Craft Market** Devon Arts Crafts Market - live music and handmade pottery, photography, painting, writing, repurposed bullets, leatherwork, and needlework. Devon Community Centre, April 7, 12-4 pm. Email artsdevon@gmail.com or phone 780-652-3304.

**Apr 13 - Leduc West Volunteer Expo** A volunteer expo event will be held at the Alberta Heritage Exposition Park located 4km west of Leduc on Hwy 39 from 10 to 2. Come on out to explore the many opportunities to get involved in making the past come alive! More info: www.leducwestantique.com


NON PROFIT organizations may submit fundraising events for FREE at www.coffee-news.ca. Please submit a minimum of 4 weeks in advance.

**Hidden Coffee News Guy ADVENTURE**

Find the Coffee News Guy hidden in one of the ads, then enter to win!

**\$400\* Prize Package**  
\*Coffee News Bucks  
Over 150 participating sponsors!  
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

Enter one of three ways:  
1. Scan the QR code  
2. Visit www.coffee-news.ca  
3. Mail your entry\*



\*Mail your entry to: CN Guy Contest, 9768-170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

## Trivia

1. In A Christmas Carol, who was Jacob Marley's business partner?
2. Which British TV show featured John Cleese as a hotel owner?
3. Joseph Glidden invented the first successful paperclip, remote control, or barbed wire?
4. Keflavik is the largest airport in what country?
5. What body of water washes upon the western shore of Australia?

(Flip bottom of page for answers)


© Published with Permission by Capital Marketing Ltd

(Over)

Behaviours in Dementia Toolkit  
Practical & Evidence Informed

powered by:  
**CCSMH**  
Canadian Coalition for Seniors' Mental Health

Visit our free online library of 230+ resources about dementia-related changes in mood & behaviour today!



[www.BehavioursInDementia.ca](http://www.BehavioursInDementia.ca)

**HONE**  
93.1 FM  
LEDUC'S BEST COUNTRY

**NWT SAFETY SUPPLIES**

**FIRE SALES & SERVICE**  
EXTINGUISHER

BAY 2, 1906-4 ST. NISKU  
780 955 8797  
X  
50 SHEP ST. SPRUCE GROVE  
780 962 1778

nwtsafety.com

**THIS SPACE FOR RENT**

OR SCAN HERE FOR MORE INFO



Call 780-220-6397

**TileTown** 50 years  
Your Space. Your Style. Your Way.

Bring this ad into one of our 2 Edmonton Locations and Receive **20% OFF**  
All Regular Priced, in Stock Tile

8219 Argyll Rd., Edmonton • 780-466-1343  
11478-156th St., Edmonton • 780-451-7744



**Call today to book your appointment!**

We only want to make you SMILE

**Millet Denture Clinic**  
780.387.3311 • 5022 - 50 Street, Millet  
BARB UNGER, DD • barb@milletdenture.ca



Canada's HEALTHY Choice for Pets!

**GLOBAL PET FOODS**

**SENIORS' DAY** last Tuesday of every month  
Save **15%**  
Restrictions may apply. Inquire in store.

5103 - 50 Avenue, Leduc  
780-980-8711 • www.globalpetfoods.com



**Summer Is Coming...**

Have you had your A/C serviced?

HVAC • Heating • Cooling  
Refrigeration • Gas Fitting  
Boilers • Building Management

**DHR Daniels Heating & Refrigeration Ltd.** Residential & Commercial Service  
24/7 On Call Service: 1-587-785-6033



The World's #1 Restaurant Publication!

**BUDGET BLINDS\***  
Style and service for every budget.

**Spring Buy More Event**  
(780) 986-0708



SCAN HERE

**Floral Excellence Since 1956**  
Weddings, Funerals, and Floral Design for all occasions!

**Leduc Florists**

**Valentine's DEAL**  
FREE LOCAL DELIVERY  
On Orders placed between Jan. 1-31  
Orders over \$75 only.  
Call-In/In-Store only.

DELIVERY TO LEDUC & SURROUNDING AREA

780.986.3320 | www.leducflorists.net | 4807-50 Ave., Leduc

FAST, ACCURATE, CLEAN & FRIENDLY SERVICE

**MILLWOODS Bottle Depot**

2830 Parsons Road  
(south extension of 99th St. above South Edmonton Common)

mybottledepot.ca

14 receiving stations to serve you REALLY FAST!

Bring in your bottles for a chance to win in our regular Customer Appreciation Draws!

Mon - Sat 8:30 am - 7 pm  
Sunday 10 am - 6 pm

**BEST IN THE CITY!**

**Lots to discover at**

**SIDE STREET & VINTAGE**

4722-51 Ave., Leduc

Vintage Décor  
Local Artisan Products

Tues-Sat 10-5  
Ladies' Consignment Clothing

780-986-2048 | www.sidestreetvintage.ca



OSP

**LOOKING FOR WORK IN LEDUC?**

OSP can help.  
www.osp.ab.ca/leduc-nisku • (780) 769-0700



✓ Home Goods  
✓ Camping Equipment  
✓ Sporting Goods  
✓ Jewelry  
✓ Instruments ✓ Tools

**NOW OPEN**

**DVD PAWN & LOANS** 587.474.9420

www.dvdpawnloans.com | @dvdpawnbeaumont

103, 5001-30 AVENUE, BEAUMONT



**If you liked Gold Canyon Candles, you are gonna love Sunset Scents!**  
They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!  
*They are the next Finest candles you will EVER find!*



**PSC**  
Prairie Scented Candles  
a RAY of Fragrance  
prairiescentedcandles@gmail.com  
www.prairiescentedcandles.com

**For All Your Real Estate Needs, Call Bonnie!**



780-995-0155  
bonniecambell.remax@gmail.com  
www.superproperties.ca

**Bonnie Campbell**  
REAL ESTATE AGENT - OVER 24 YRS. EXPERIENCE

**YOU DON'T HAVE TO STRUGGLE ALONE**

**Grief support** for any type of loss including death, divorce, pet loss, health or financial changes, etc.

**Youth counselling** for ages 14-24 Certified Child and Youth Counsellor, with 12 yrs. experience in the field.

**Intentional Connections**  
WELLNESS SERVICES  
780.781.0302  
janelle@icws.ca | www.icws.ca  
Payment plans available; set amount of sliding scale spots per year for each service offered.

**WEBSITES**  
From \$129/Month  
**(780) 760-6922**  
FRONTLINECONSULTING.CA

**RETIREMENT LIVING CHRISTENSON**  
Extensive Amenities • On-site Dining • Pet Friendly

**Join Our Vibrant Community**

**TELFORD MEWS**  
AT LEDUC VILLAGE

Full Kitchens • Social & Recreation • Accessible Suites  
41 Athapaskan Drive, Leduc  
780-394-8233  
CDLhomes.com

**HIP OR KNEE REPLACEMENT?**

THE DISABILITY TAX CREDIT ALLOWS FOR A  
**\$2,500**  
YEARLY TAX CREDIT  
**\$30,000**  
LUMP SUM REFUND

COPD, arthritis, and many other disabling conditions that cause Restrictions in Walking or Dressing may qualify.

FOR EXPERT HELP:  
**1-844-453-5372**

**pep**


**RECOVER UP**

Rewrite the narrative of addiction in your family.

Find a meeting near you.  
1.877.991.2737  
pepsociety.ca

# Your Weekly Horoscope


**ARIES**  
(March 20 - April 19)

 Be careful, especially at midweek, of impulsively speaking or taking action without first thinking it through. If you can't stop yourself, be sure to have a plan B. Lucky numbers: 1, 2, 9, 32, 38, 40.


**TAURUS**  
(April 20 - May 20)

 This week may offer a sudden insight about potential opportunities. Carefully consider the pros and cons. If something feels right to you, perhaps proceed with it. Lucky numbers: 8, 15, 23, 30, 38, 48.


**GEMINI**  
(May 21 - June 20)

 At midweek, your mind may be running at break-neck speed. Take a deep breath and wait. Any important insight you receive should still be there in a few days. Lucky numbers: 7, 22, 31, 32, 35, 46.


**CANCER**  
(June 21 - July 22)

 Your emotions may be particularly volatile at week's end. Be careful about saying something that you can't retract. Perhaps postpone that conversation for a few days. Lucky numbers: 5, 6, 10, 25, 39, 45.


**LEO**  
(July 23 - Aug. 22)

 Your innate enthusiasm and joy may get an extra boost right now. How might this temporary energy help you accomplish something new for yourself and others? Lucky numbers: 6, 10, 12, 26, 35, 41.


**VIRGO**  
(Aug. 23 - Sept. 22)

 Are you feeling frustrated and in opposition to something or someone? If you can't find a win-win outcome, you may want to wait a few days to proceed. Lucky numbers: 4, 5, 7, 11, 26, 32.


**LIBRA**  
(Sept. 23 - Oct. 22)

 Libras tend to prioritize good relations with others over their own desires. If this applies to you, midweek may offer an opportunity to negotiate what you need. Lucky numbers: 3, 5, 6, 10, 38, 43.


**SCORPIO**  
(Oct. 23 - Nov. 21)

 Are obstacles preventing you from getting on the same page with someone else about a problem? How might your viewpoint be adjusted to facilitate a solution? Lucky numbers: 2, 8, 12, 27, 28, 48.


**SAGITTARIUS**  
(Nov. 22 - Dec. 21)

 A solid set of beliefs is often important for Sagittarians. You might be challenged this week. Are your prior beliefs still valid or do you need to reconsider them? Lucky numbers: 16, 20, 23, 27, 33, 39.


**CAPRICORN**  
(Dec. 22 - Jan. 19)

 Your heart and mind may be out of sync at the end of the week. To create balance, you might want to lean into more emotional expression at this time. Lucky numbers: 10, 14, 31, 34, 42, 43.

**AQUARIUS**  
(Jan. 20 - Feb. 18)

 Humanitarianism can be an important life theme for Aquarians, though your approach may be detached. Now maybe you can add some fire to jump start your endeavours. Lucky numbers: 12, 13, 15, 16, 39, 43.

**PISCES**  
(Feb. 19 - March 20)

 In the last few weeks, have you been implementing opportunities that manifest your ideals into the world? What steps might you take before this energy passes? Lucky numbers: 9, 16, 18, 20, 28, 32.

Lucky numbers this week: This week's odds favour Leo winners with the luckiest number being 35.

## Did You Know...

**Toothache troubles:** If you lived in Germany during the Middle Ages, you might have been one of the many people who believed that kissing a donkey would take away toothache pain. If the donkey kicked, that could be a different matter!

**Scrumptious meal:** Pork pies are a staple of British cuisine. The dense pastry is filled with minced pork belly or shoulder that is seasoned with nutmeg, salt, and pepper. Savoury jelly is added after cooking.

**Sleeping patterns:** Most people try to get eight hours of shut-eye every night. Famous painter Leonardo Da Vinci, like many other geniuses, favoured a 20-minute power nap every four hours. That's not much sleep!

**Unique license plates:** For many years in Nunavut, a territory in Canada's far north, drivers had unique license plates on their vehicles. Most plates are rectangular. But until 2012, Nunavut license plates were shaped like a polar bear.

**Main course:** Lots of people enjoy dining on chicken cordon bleu, that delicious combination of chicken, ham, and cheese that is breaded then fried or baked. The dish's origins are in Switzerland.

## On the Lighter Side

A couple went to a party dressed as a barcode. They decided they were an item.

Sign on the house: "Drums for Sale."  
Sign on the house next door: "Yay!"

Knock! Knock! Who's there? Zany. Zany who? Does Zany body have carrots? I'm hungry.

What sort of shoes does Winnie-the-Pooh wear? None, he has bear feet.

What's yellow and swings through the jungle smelling of almonds? Tarzipan.

## Answers

**Trivia answers:** 1. Ebenezer Scrooge 2. Faulty Towers 3. Barbed wire 4. Iceland 5. Indian Ocean

For available franchise opportunities - visit [coffeenewscanada.com](http://coffeenewscanada.com)  
© Published with Permission by Capital Marketing Ltd

Affordable-Effective-Exclusive-CALL NOW!

**200+ Delicious Meals Made for SENIORS!**

PLEASE ASK US FOR STARTER PACK

NOW SERVING THIS COMMUNITY!

- ✓ Free Delivery\*
- ✓ No Obligations
- ✓ No Minimum Orders\*

\*Some conditions apply

Request your **FREE MENU Catalogue** today!  
**780-666-2336**  
TF: 1-800-704-4779

**HEART TO HOME MEALS**  
DELICIOUS MEALS MADE FOR SENIORS™  
[www.hearttohomemeals.ca](http://www.hearttohomemeals.ca)

**Don't delay your pet's care!**

**Southfork Animal Hospital is accepting new clients.**



**Call us at 587 274 0026**

Southfork Animal Hospital  
101-102 Southfork Drive, Leduc, AB

**Optimize Your Health**

LIVE ACTIVATED

Unlock the health coded in your genes to fight the signs of aging and revitalize wellness at the source.

Call Leann or Dana, your local LifeVantage Consultants  
**780.257.4533**  
Leann.nrf2@gmail.com | <https://detox.lifevantage.com>

**SHOP ONLINE!**  
[www.scubagearcanada.ca](http://www.scubagearcanada.ca)

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

**The Dive Outfitters**  
Scuba Diving & Snorkeling  
11781-156 St., Edmonton 780.483.0044

Learn to SCUBA DIVE at our Edmonton location - call for details

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

**We've moved... VISIT US IN OUR NEW LOCATION!**

**Gifts and Gadgets**

NOW AT 28-308 WESTGROVE DR., SPRUCE GROVE BEHIND MCDONALD'S

**YOUR ONE STOP KITCHEN AND GIFT SHOP**  
780.962.5220 | [www.giftsandgadgets.ab.ca](http://www.giftsandgadgets.ab.ca)

**yes tv**

**FREE LIVE STREAMING COMING THIS FALL**  
visit [yestv.com](http://yestv.com) for details

**Edward Jones**

At Edward Jones, we do money differently.

- Planning for Retirement
- Wealth Strategies
- Business Owner Strategies

**Let's talk**

Garet Wood  
Financial Advisor  
780-679-2220  
[www.edwardjones.ca/ca-en/financial-advisor/garet-wood](http://www.edwardjones.ca/ca-en/financial-advisor/garet-wood)

CANADA'S BRAND YOUR COMFORT

**NAPOLEON**



**GEMCO FIREPLACES**  
& WHOLESALE HEATING PRODUCTS  
PH: 780-465-9719 9281-50 STREET, EDMONTON, AB  
[WWW.GEMCOFIREPLACES.COM](http://WWW.GEMCOFIREPLACES.COM)