

**THIS SPACE FOR RENT**

Call 780-220-6397

OR SCAN HERE FOR MORE INFO



**FREE!** *New Issue Every Week!*

**Coffee News**<sup>®</sup>

"News To Be Enjoyed Over Coffee"

**Wetaskiwin - Millet Edition**

**877-553-6397**



www.coffee-news.ca

The World's #1 Restaurant Publication!


**Behaviours in Dementia Toolkit**

Practical & Evidence Informed

powered by: **CCSMH**  
Canadian Coalition for Seniors' Mental Health

Visit our free online library of 230+ resources about dementia-related changes in mood & behaviour today!

[www.BehavioursInDementia.ca](http://www.BehavioursInDementia.ca)



TOYS | CANDY | WOOL | YARN | GIFTS


**STAR STORE** Gifts & Wool

at The Wetaskiwin Heritage Museum Downtown

100% OF PROCEEDS SUPPORT OUR PROGRAMS AND SERVICES

Head for the Star on Main Street: 5007 - 50 Ave.

NOW SERVING BEANS COFFEE and TEA!



**Call today to book your appointment!**

We only want to make you SMILE

**Millet Denture Clinic**

780.387.3311 • 5022 - 50 Street, Millet  
BARB UNGER, DD • barb@milletdenture.ca



**Caregivers Alberta** CARING FOR CAREGIVERS

If you assist a family member or friend because of illness, disability, or aging, you are a caregiver.

**We are here to support your well-being!**

- Caregiver Support Line
- Peer Support Groups
- COMPASS for the Caregiver
- System Navigation
- Caregiver 1:1 Coaching and more.

1.877.453.5088 | support@caregiversalberta.ca | caregiversalberta.ca

**PROVEN EXPERTISE**

**HALAS ROOFING**  
Dennis Halas Agencies Ltd.  
NEW & RE-ROOFING

Edmonton Area: 780.893.9751 • Wetaskiwin Area: 780.312.8074  
dennishalas@shaw.ca • www.halasroofing.ca

Halas provides a 50 Year Extended Warranty including a 25 Year Workmanship Warranty!

FREE ESTIMATES

- Top rated roofing materials
- Family run for 25+ yrs.
- Licensed, insured & WCB



**We Need Volunteers In Your Area!**

Help us to advocate for a quality of life that all Alberta seniors deserve

**Alberta Council on Aging**

Contact us: 780.423.7781 | 1.888.423.9666

AN INDEPENDENT NON-PROFIT, CHARITABLE ORGANIZATION SINCE 1967



**Millet & District Museum & Archives**

We're Hiring Summer Staff!

For more information, visit our website: [www.milletmuseum.ca/get-involved/employment](http://www.milletmuseum.ca/get-involved/employment)

Deadline April 19, 2024  
Email résumé and cover letter to [info@milletmuseum.ca](mailto:info@milletmuseum.ca)

We are an equal opportunity employer and encourage applications from all qualified candidates. Only applicants who receive interviews will be contacted.



CANADA'S BRAND YOUR COMFORT

**NAPOLEON**

**GEMCO FIREPLACES & WHOLESALE HEATING PRODUCTS**

PH: 780-465-9719 9281-50 STREET, EDMONTON, AB  
WWW.GEMCOFIREPLACES.COM



Vol. 21 No. 15 April 8, 2024

**Everybody's Talking**

**Impolite parrots:** Most of us are brought up being told to "mind our manners." Somehow, a flock of eight parrots at Lincolnshire Wildlife Park in eastern England did not get the message. Or, they got the message but refused to listen, and continued to flaunt their "fowl" speech. Park officials had attempted to curb the African grays' behaviour with reprimands like time outs. But to no avail. Now, instead of trying to keep the offending parrots away from the well-behaved ones, park employees have decided to try a new experiment: move the naughty parrots in with the 92 polite parrots in the hopes they will pick up better manners from their feathered peers. Time will tell

**Alpine office:** Hold on to your office chairs! A Chinese advertising agency is being accused of taking "remote work" to a new level by literally relocating its entire operation from a city business district to a remote mountain area. Former employees are crying foul play, alleging that the relocation was a plot to make them voluntarily pack up their desks so the company could avoid layoffs and compensation. In what can only be described as an uphill battle, the agency's move made the daily commute a two-hour trek, each way, especially challenging for those without a personal car. Now, that's taking "remote" work to new heights!

**Bite and run:** Residents of the small town of Vastogirardi, in the Molise region of Italy, could not figure out why they often would go out to their cars only to discover their tires had been slashed. The residents of the peaceful little village were scratching their heads and beginning to fear there was evil intent behind the strange and consistent vandalism. Finally, cameras were set up and undercover patrols assigned to the case. They quickly discovered the culprit: a dog with a very sore set of teeth. Apparently the canine suffered from gingivitis and was biting into the tires to relieve the pain.

**Bad example:** Marathon runners are not likely to be chain smokers. The two habits simply don't go together. But for a 52-year-old Chinese marathon runner known as Uncle Chen, now dubbed Smoking Brother, lighting up before the race and even chain smoking during the race was common. He recently ran the Xiamen Marathon in Beijing and did it in three hours and 33 minutes. However, officials made the decision to issue him a two-year ban from their races, and voided his time and ranking from the event because smoking while on the track was considered to be a punishable behaviour due to its impact on the other 1,500 runners.

**Quoteable Quotes**

"Write your sad times in sand, write your good times in stone."  
—George Bernard Shaw

"Happiness is when what you think, what you say, and what you do are in harmony."  
—Mahatma Gandhi

**What's Happening**

**Ongoing - Climate Cafe** Chat about climate issues and anxieties in an informal, relaxed setting. Tea coffee are provided; please bring your own mug. 1st Tuesday of the month at the Camrose Public Library 4710 50 Ave

**April 5 - Spring Market** In the Auditorium, Mirror Lake Centre, 5415 - 49 Ave Camrose, AB. 5050 Draw, River Dogs on site with hot dogs, smokies, snacks and more! Vendors wanted, book your table today. Call Kathy 780-781-0987. Hope to see you there!

NON PROFIT organizations may submit fundraising events for FREE at [www.coffee-news.ca](http://www.coffee-news.ca). Please submit a minimum of 4 weeks in advance.


**Hidden Coffee News Guy ADVENTURE**

Find the Coffee News Guy hidden in one of the ads, then enter to win!

**\$400\* Prize Package**  
\*Coffee News Bucks  
Over 150 participating sponsors!  
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

Enter one of three ways:  
1. Scan the QR code  
2. Visit [www.coffee-news.ca](http://www.coffee-news.ca)  
3. Mail your entry\*

\*Mail your entry to: CN Guy Contest, 9768-170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.



**Trivia**

- In A Christmas Carol, who was Jacob Marley's business partner?
- Which British TV show featured John Cleese as a hotel owner?
- Joseph Glidden invented the first successful paperclip, remote control, or barbed wire?
- Keflavik is the largest airport in what country?
- What body of water washes upon the western shore of Australia?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd  
**(Over)**

**THE ONE**

**93.1 FM**

LEDUC'S BEST COUNTRY

**WHEN YOU GET PAID We Get Paid**

**WHIPLASH COMPENSATION?**

Get the whiplash compensation you deserve from a trusted team of experienced lawyers.

You pay nothing up front. Not all injury claims are capped.

**1-800-661-4902**

[WhiplashInformationCentre.com](http://WhiplashInformationCentre.com)

**Braithwaite Boyle Injury Law** 800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

ALBERTA OWNED AND OPERATED FOR OVER 35 YEARS




**SHOP ONLINE!**

[www.scubagearcanada.ca](http://www.scubagearcanada.ca)

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

**The Dive Outfitters**

Learn to SCUBA DIVE at our Edmonton location - call for details

11781-156 St., Edmonton 780.483.0044

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA



**Alberta's Best**

**SENIORS' INTERNET PLAN**

- \$70/MONTH - VERY FAST SPEED, UNLIMITED USAGE
- FREE HOME PHONE SERVICE
- FREE NETWORK PROTECTION

**NORTHERN LIGHTS FIBER**

[NORTHERNLIGHTSFIBER.CA](http://NORTHERNLIGHTSFIBER.CA)

FREE HOME PHONE! SIGN UP TODAY!



**Tinnitus Therapy** available using new Stylleto

Rechargeable Hearing Aids Available

Did you know all seniors and low income adults qualify for \$900-\$2400 towards hearing aids?

Signia Stylleto

Unique and beautifully designed hearing aid

**EYES + EARS**

OPTICAL + HEARING CO.

403.790.2020 • 4502-50 Street, Ponoka

FINANCING FOR HEARING AIDS NOW AVAILABLE



**Groggy mornings?**

Imagine starting each day refreshed, ready to conquer anything!

Optimize your routine to elevate your morning and capitalize on time.

**Free month trial** then only \$1 a month

**RISE UP**

Affordable-Effective-Exclusive-CALL NOW!




**We've got the inside track on your outdoor needs!**

**FIREWOOD SALES** **SNOW REMOVAL**

**Countryboy PROJECTS**

CALL STEVE AT **780.608.8256**  
countryboyprojects22@gmail.com

GENERAL YARD & PROPERTY MAINTENANCE

Coffee News is proud to support Make-A-Wish® Canada

**Transform lives, one wish at a time.**

**Make-A-Wish.**  
Visit [makeawish.ca](http://makeawish.ca)

**DIRECT WORKWEAR**  
[www.directworkwear.com](http://www.directworkwear.com)

**VINTAGE 100% WOOL BLANKETS**  
Brand new! Step into warmth and embrace the nostalgia of the 1950s-60s with these military grade blankets. Ideal for travel emergency kits, camping or on the farm.

**\$39.95 ea.** Scan QR Code To Visit Our Website

**Pregnant? Facing Difficult Decisions?**  
We can help.  
Call **780.421.1177** or text **587.596.5380**

**A Small Miracle Adoption**  
Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

[www.smallmiraclesadoption.com](http://www.smallmiraclesadoption.com)

**COLD SHOT**  
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

**PASSENGER & PARCEL SERVICES**  
SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: [www.coldshotca.com](http://www.coldshotca.com)  
Passenger Website: [www.coldshot.ca](http://www.coldshot.ca)

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

**Drainage Is Our Business**  
**Weeping Tile Direct**

780.371.9528  
[weepingtiledirect.com](http://weepingtiledirect.com)

We manufacture 100', 164', 250', and 3800' Maxi coils

**200+ Delicious Meals Made for SENIORS!**

PLEASE ASK US FOR STARTER PACK

NOW SERVING THIS COMMUNITY!

- Free Delivery\*
- No Obligations
- No Minimum Orders\*

\*Some conditions apply

Request your **FREE MENU Catalogue** today!  
**780-666-2336**  
TF: 1-800-704-4779

**HEART TO HOME MEALS**  
DELICIOUS MEALS MADE FOR SENIORS®  
[www.hearttohomemeals.ca](http://www.hearttohomemeals.ca)

**WE NOW SELL VAPES! 100+ NEW PIPES & BONGS IN STORE**

**HURRICANE HUSTLES**  
VARIETY SHOPPE

4802-49 Ave., Wetaskiwin  
Open Monday-Saturday, 11 a.m. to 5:30 p.m.  
*Something for everyone!*  
Clothing Home Décor • Books • More!

**\$10 ALL NEW MERCHANDISE SURPRISE BAGS**  
\$80-\$100 VALUE!

**50-80% OFF NEW TOOLS!**

# Your Weekly Horoscope

**ARIES (March 20 - April 19)**

**Be careful, especially at midweek, of impulsively speaking or taking action without first thinking it through. If you can't stop yourself, be sure to have a plan B. Lucky numbers: 1, 2, 9, 32, 38, 40.**

**TAURUS (April 20 - May 20)**

**This week may offer a sudden insight about potential opportunities. Carefully consider the pros and cons. If something feels right to you, perhaps proceed with it. Lucky numbers: 8, 15, 23, 30, 38, 48.**

**GEMINI (May 21 - June 20)**

**At midweek, your mind may be running at break-neck speed. Take a deep breath and wait. Any important insight you receive should still be there in a few days. Lucky numbers: 7, 22, 31, 32, 35, 46.**

**CANCER (June 21 - July 22)**

**Your emotions may be particularly volatile at week's end. Be careful about saying something that you can't retract. Perhaps postpone that conversation for a few days. Lucky numbers: 5, 6, 10, 25, 39, 45.**

**LEO (July 23 - Aug. 22)**

**Your innate enthusiasm and joy may get an extra boost right now. How might this temporary energy help you accomplish something new for yourself and others? Lucky numbers: 6, 10, 12, 26, 35, 41.**

**VIRGO (Aug. 23 - Sept. 22)**

**Are you feeling frustrated and in opposition to something or someone? If you can't find a win-win outcome, you may want to wait a few days to proceed. Lucky numbers: 4, 5, 7, 11, 26, 32.**

Lucky numbers this week: This week's odds favour Leo winners with the luckiest number being 35.

**LIBRA (Sept. 23 - Oct. 22)**

**Libras tend to prioritize good relations with others over their own desires. If this applies to you, midweek may offer an opportunity to negotiate what you need. Lucky numbers: 3, 5, 6, 10, 38, 43.**

**SCORPIO (Oct. 23 - Nov. 21)**

**Are obstacles preventing you from getting on the same page with someone else about a problem? How might your viewpoint be adjusted to facilitate a solution? Lucky numbers: 2, 8, 12, 27, 28, 48.**

**SAGITTARIUS (Nov. 22 - Dec. 21)**

**A solid set of beliefs is often important for Sagittarians. You might be challenged this week. Are your prior beliefs still valid or do you need to reconsider them? Lucky numbers: 16, 20, 23, 27, 33, 39.**

**CAPRICORN (Dec. 22 - Jan. 19)**

**Your heart and mind may be out of sync at the end of the week. To create balance, you might want to lean into more emotional expression at this time. Lucky numbers: 10, 14, 31, 34, 42, 43.**

**AQUARIUS (Jan. 20 - Feb. 18)**

**Humanitarianism can be an important life theme for Aquarians, though your approach may be detached. Now maybe you can add some fire to jump start your endeavours. Lucky numbers: 12, 13, 15, 16, 39, 43.**

**PISCES (Feb. 19 - March 20)**

**In the last few weeks, have you been implementing opportunities that manifest your ideals into the world? What steps might you take before this energy passes? Lucky numbers: 9, 16, 18, 20, 28, 32.**

## Did You Know...

**Toothache troubles:** If you lived in Germany during the Middle Ages, you might have been one of the many people who believed that kissing a donkey would take away toothache pain. If the donkey kicked, that could be a different matter!

**Scrumptious meal:** Pork pies are a staple of British cuisine. The dense pastry is filled with minced pork belly or shoulder that is seasoned with nutmeg, salt, and pepper. Savoury jelly is added after cooking.

**Sleeping patterns:** Most people try to get eight hours of shut-eye every night. Famous painter Leonardo Da Vinci, like many other geniuses, favoured a 20-minute power nap every four hours. That's not much sleep!

**Unique license plates:** For many years in Nunavut, a territory in Canada's far north, drivers had unique license plates on their vehicles. Most plates are rectangular. But until 2012, Nunavut license plates were shaped like a polar bear.

**Main course:** Lots of people enjoy dining on chicken cordon bleu, that delicious combination of chicken, ham, and cheese that is breaded then fried or baked. The dish's origins are in Switzerland.

## On the Lighter Side

A couple went to a party dressed as a barcode. They decided they were an item.

Sign on the house: "Drums for Sale."  
Sign on the house next door: "Yay!"

Knock! Knock! Who's there? Zany. Zany who? Does Zany body have carrots? I'm hungry.

What sort of shoes does Winnie-the-Pooh wear? None, he has bear feet.

What's yellow and swings through the jungle smelling of almonds? Tarzipan.

## Answers

**Trivia answers:** 1. Ebenezer Scrooge 2. Faulty Towers 3. Barbed wire 4. Iceland 5. Indian Ocean

For available franchise opportunities - visit [coffeenewscanada.com](http://coffeenewscanada.com)  
© Published with Permission by Capital Marketing Ltd

We design and build High Quality, Fast **CUSTOM BUILT COMPUTERS**

We also fix your computers and laptops!

> We find affordable, powerful LAPTOPS to meet your needs  
> There are still good, fast low priced sweet spots available

**Marg's Computers**  
780.678.2338 | 4608-39 St., Camrose

IN STOCK NOW!  
**REFURBISHED COMPUTERS**  
WITH 3 YR WARRANTY

**Edward Jones**  
At Edward Jones, we do money differently.

Garet Wood  
Financial Advisor  
780-679-2220

- Planning for Retirement
- Wealth Strategies
- Business Owner Strategies

**Let's talk**

[www.edwardjones.ca/ca-en/financial-advisor/garet-wood](http://www.edwardjones.ca/ca-en/financial-advisor/garet-wood)

**inogen**  
CLAIM YOUR **14-DAY RISK-FREE TRIAL!**

**PORTABLE OXYGEN FOR YOUR ON-THE-GO LIFESTYLE**

Call us toll-free at **1-888-998-6714**

14-day risk-free trial: Return within 30 days of purchase for a full refund of purchase price.  
PMA20469 EN, EX, USA | In Only © 2023 Inogen, Inc.  
303 Cowan Drive, Golden, CO 80437  
Inogen® is a trademark of Inogen, Inc. The usage of any Inogen, Inc. trademark is strictly forbidden without the prior consent of Inogen, Inc. All other trademarks are trademarks of their respective owners or holders.

**HIP OR KNEE REPLACEMENT?**

THE DISABILITY TAX CREDIT ALLOWS FOR A

**\$2,500**  
YEARLY TAX CREDIT

**\$30,000**  
LUMP SUM REFUND

85% SUCCESS RATE!

FOR EXPERT HELP: **1-844-453-5372**

**Can't get to your Coffee News® each week?**

Check out our PDF editions online!  
New editions are posted every Monday

Sign up here to receive email notifications of new editions.  
Now you never have to miss your weekly dose of good news!

[www.coffee-news.ca/editions](http://www.coffee-news.ca/editions)

**WEBSITES**  
From \$129/Month

**(780) 760-6922**  
[FRONTLINECONSULTING.CA](http://FRONTLINECONSULTING.CA)

**Karunia Counselling & Psychological Services**  
PROFESSIONAL & CLIENT-CENTRED CARE

587-274-3939  
[office@karunia.ca](mailto:office@karunia.ca)

*You are welcome here*

**yes tv**

**FREE LIVE STREAMING COMING THIS FALL**  
visit [yestv.com](http://yestv.com) for details