

Affordable-Effective-Exclusive-CALL NOW!

**COLD SHOT**  
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

**PASSENGER & PARCEL SERVICES**

SHIP BY BUS  
GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: [www.coldshotca.com](http://www.coldshotca.com)  
Passenger Website: [www.coldshot.ca](http://www.coldshot.ca)

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

**FREE!** *New Issue Every Week!*

**Coffee News**<sup>®</sup>

"News To Be Enjoyed Over Coffee"

**Wetaskiwin - Millet Edition**

**877-553-6397**

[www.coffee-news.ca](http://www.coffee-news.ca)

Est. 1988

The World's #1 Restaurant Publication!

**PROVEN EXPERTISE**

**HALAS ROOFING**  
Dennis Halas Agencies Ltd.  
NEW & RE-ROOFING

Edmonton Area: 780.893.9751 • Wetaskiwin Area: 780.312.8074  
dennishalas@shaw.ca • [www.halasroofing.ca](http://www.halasroofing.ca)

Halas provides a 50 Year Extended Warranty including a 25 Year Workmanship Warranty!

FREE ESTIMATES

- Top rated roofing materials
- Family run for 25+ yrs.
- Licensed, insured & WCB

Weather-Tite  
BBB

WHEN YOU GET PAID We Get Paid

**WHIPLASH COMPENSATION?**

Get the whiplash compensation you deserve from a trusted team of experienced lawyers. You pay nothing up front. Not all injury claims are capped.

**1-800-661-4902**

[WhiplashInformationCentre.com](http://WhiplashInformationCentre.com)

**Braithwaite Boyle Injury Law**  
800-440-8298

It's The Only Law We Do - Since 1986  
Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary  
ALBERTA OWNED AND OPERATED FOR OVER 35 YEARS

Vol. 21 No. 16 April 15, 2024

**Everybody's Talking**

**Weird calls:** Most people call emergency services for very legitimate reasons. The Welsh Ambulance Service decided to publicize some of the weirder, less legitimate reasons that folks call the 999 emergency number. Authorities want to spread the message that inappropriate calls may result in a delay in helping others with genuine emergencies. Some examples of silly calls include one caller who had eaten too much kebab and had an upset stomach. Another call for help was because they had gotten their ring stuck on their finger. Additionally, there was a fellow who got his hand stuck in his mailbox and a woman who had lost her dentures and wondered if she might have swallowed them.

**Lots of Lego:** Every kid loves Lego, right? Milos Keecek, who lives in the Czech Republic, is a verified holder of a Guinness World Record because he owns nearly 7,000 different Lego sets. The man got his first set when he was 5 years old and has been collecting them ever since. You can imagine that that many Lego sets would take up most of your home, which is why Keecek established his first Museum of Bricks in Prague. He followed that by opening more branches in his homeland; currently, the museum has sites in five cities. The collector says he purchased about 90% of the sets, and the rest were gifts

OR SCAN HERE FOR MORE INFO

**THIS SPACE FOR RENT**

Call 780-220-6397

WE NOW SELL VAPES! 100+ NEW PIPES & BONGS IN STORE

**HURRICANE HUSTLES**  
VARIETY SHOPPE

4802-49 Ave., Wetaskiwin

Open Monday-Saturday, 11 a.m. to 5:30 p.m.  
Something for everyone!  
Clothing Home Décor • Books • More!

\$10 ALL NEW MERCHANDISE SURPRISE BAGS \$80-\$100 VALUE!

50-80% OFF NEW TOOLS!

**93.1 FM**  
LEDUC'S BEST COUNTRY

**Long overdue:** Hearing about library books being returned decades after their due date is not uncommon. At a library branch in Laurel, Maryland (U.S.), a CD reappeared after 35 years; its original check-out date was in January 1989. The CD was British band Pink Floyd's 1975 album "Wish You Were Here." It was recently returned in excellent condition; the only sign of aging was that the CD booklet had yellowed. The library's tracking system had somehow missed cataloguing the item as missing, and the facility has not stocked CDs for five years because most people no longer have players for them. So this "late return" won't be going back on the shelf.

**Bird whisperer:** A scientist in Tokyo went the extra mile to study the language and behaviour of tit birds. For an entire year, the scientist would head into the Nagano Prefecture's woodlands wearing a bird mask over his head. His intention was to trick the creatures into letting him get closer. Bird behaviour specialists and ornithologists believe that some birds are so smart they can recognize human faces and can make warning cries to their fellow feathered friends. To his disappointment, the birds did eventually detect the scientist and started sounding the alarm.

**Behaviours in Dementia Toolkit**

powered by: CCSMH Canadian Coalition for Seniors' Mental Health

Practical & Evidence Informed

Visit our free online library of 230+ resources about dementia-related changes in mood & behaviour today!

[www.BehavioursInDementia.ca](http://www.BehavioursInDementia.ca)

Millet & District Museum & Archives

We're Hiring Summer Staff!

For more information, visit our website: [www.milletmuseum.ca/get-involved/employment](http://www.milletmuseum.ca/get-involved/employment)

Deadline April 19, 2024  
Email résumé and cover letter to [info@milletmuseum.ca](mailto:info@milletmuseum.ca)

We are an equal opportunity employer and encourage applications from all qualified candidates. Only applicants who receive interviews will be contacted.

**Quoteable Quotes**

"As for the future, your task is not to foresee it, but to enable it."  
—Antoine de Saint-Exupery

"The influence of a beautiful, helpful, hopeful character is contagious, and may revolutionize a whole town."  
—Eleanor H. Porter

We've got the inside track on your outdoor needs!

**COUNTRYBOY PROJECTS**

FIREWOOD SALES SNOW REMOVAL

CALL STEVE AT **780.608.8256**  
[countryboyprojects22@gmail.com](mailto:countryboyprojects22@gmail.com)

GENERAL YARD & PROPERTY MAINTENANCE

**Karunia Counselling & Psychological Services**  
PROFESSIONAL & CLIENT-CENTRED CARE

587-274-3939  
[office@karunia.ca](mailto:office@karunia.ca)

You are welcome here

**What's Happening**

**Ongoing - Climate Cafe** Chat about climate issues and anxieties in an informal, relaxed setting. Tea coffee are provided; please bring your own mug. 1st Tuesday of the month at the Camrose Public Library 4710 50 Ave

**Apr 12 - Centra Cams 27th Annual Bowlathon Fundraiser**  
Help us reach our goal of \$26,000, with proceeds going towards improving client experiences. Please support our clients when you see them out in the community. For more info or to make a donation, contact Centra Cam @ 780-672-9995

CANADA'S BRAND YOUR COMFORT

**NAPOLEON**

**GEMCO FIREPLACES & WHOLESALE HEATING PRODUCTS**

PH: 780-465-9719 9281-50 STREET, EDMONTON, AB  
[WWW.GEMCOFIREPLACES.COM](http://WWW.GEMCOFIREPLACES.COM)

Can't get to your **Coffee News** each week?

Check out our PDF editions online!  
New editions are posted every Monday

Sign up here to receive email notifications of new editions. Now you never have to miss your weekly dose of good news!

[www.coffee-news.ca/editions](http://www.coffee-news.ca/editions)

NON PROFIT organizations may submit fundraising events for FREE at [www.coffee-news.ca](http://www.coffee-news.ca). Please submit a minimum of 4 weeks in advance.

**Hidden Coffee News Guy ADVENTURE**

Find the Coffee News Guy hidden in one of the ads, then enter to win!

**\$400\* Prize Package**  
\*Coffee News Bucks  
Over 150 participating sponsors!  
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

Enter one of three ways:  
1. Scan the QR code  
2. Visit [www.coffee-news.ca](http://www.coffee-news.ca)  
3. Mail your entry\*

\*Mail your entry to: CN Guy Contest, 9768-170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

**We Need Volunteers In Your Area!**

Help us to advocate for a quality of life that all Alberta seniors deserve

**Alberta Council on Aging**

Contact us: 780.423.7781 | 1.888.423.9666

AN INDEPENDENT NON-PROFIT, CHARITABLE ORGANIZATION SINCE 1967

Call today to book your appointment!

We only want to make you SMILE

**Millet Denture Clinic**

780.387.3311 • 5022 - 50 Street, Millet  
BARB UNGER, DD • [barb@milletdenture.ca](mailto:barb@milletdenture.ca)

**Trivia**

1. The Forbidden City is located in the capital of what country?
2. In 1975, Angola won independence from Belgium, Portugal, or Germany?
3. How many squares are usually on a bingo card?
4. Elisha G. Otis invented the escalator, passenger elevator, or home blender?
5. A coral reef is a plant—T/F?

(Flip bottom of page for answers)

**HIP OR KNEE REPLACEMENT?**

THE DISABILITY TAX CREDIT ALLOWS FOR A

**\$2,500 YEARLY TAX CREDIT**

**\$30,000 LUMP SUM REFUND**

Restrictions in Walking or Dressing may qualify.

FOR EXPERT HELP: **1-844-453-5372**

85% SUCCESS RATE!

# SHOP ONLINE!

[www.scubagearcanada.ca](http://www.scubagearcanada.ca)

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

**The Dive Outfitters**  
Scuba Diving & Snorkeling  
11781-156 St., Edmonton 780.483.0044

Learn to SCUBA DIVE at our Edmonton location - call for details

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

## Need ONE More Reason to Join?

- 1 You don't have an up to date will
- 2 You don't understand the difference between a trust and a will
- 3 The CRA selects you for an audit
- 4 You need a letter written on your behalf by a lawyer
- 5 You receive a speeding ticket
- 6 You need a lawyer's advice on any matter

Call LLOYD KENNEY, Independent Associate, to find out how LegalShield can help you!  
**1-877-579-9449**

**LegalShield**

## Pregnant? Facing Difficult Decisions?

We can help.  
Call **780.421.1177** or text **587.596.5380**

*A Small Miracle Adoption*  
Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

[www.smallmiraclesadoption.com](http://www.smallmiraclesadoption.com)

## Get More Traffic, Leads & Sales

SCAN ME

- Website Development
- Google Ads
- Facebook Advertising
- Social Media Management
- SEO & Content Marketing
- Reporting & Analytics

**Frontline** web consulting  
780.760.6922  
[frontlineconsulting.ca](http://frontlineconsulting.ca)

## Alberta's Best SENIORS' INTERNET PLAN

- \$70/MONTH - VERY FAST SPEED, UNLIMITED USAGE
- FREE HOME PHONE SERVICE
- FREE NETWORK PROTECTION

**NORTHERN LIGHTS FIBER**  
NORTHERNLIGHTSFIBER.CA

FREE HOME PHONE! SIGN UP TODAY!

Proudly Serving Western Canada

## Drainage Is Our Business

**Weeping Tile Direct**

780.371.9528  
[weepingtiledirect.com](http://weepingtiledirect.com)

BNQ CERTIFIED

We manufacture 100', 164', 250', and 3800' Maxi coils

**yes tv**

## FREE LIVE STREAMING COMING THIS FALL

visit [yestv.com](http://yestv.com) for details

## Tinnitus Therapy

available using new Stylleto

Rechargeable Hearing Aids Available

Did you know all seniors and low income adults qualify for \$900-\$2400 towards hearing aids?

Signia Stylleto Unique and beautifully designed hearing aid

**EYES + EARS OPTICAL + HEARING CO.**  
403.790.2020 • 4502-50 Street, Ponoka

FINANCING FOR HEARING AIDS NOW AVAILABLE

# Your Weekly Horoscope

**ARIES**  
(March 20 - April 19)

Have you put a plan into place yet, for the next year, to advance your values and life purpose? If not, this is the week when that train may be leaving the station. Lucky numbers: 1, 4, 5, 9, 10, 18.

**TAURUS**  
(April 20 - May 20)

Your birth month is a good time to set goals for the next year. This year, you may want to focus on an area that expands your comfort zone into new horizons. Lucky numbers: 3, 9, 13, 27, 35, 41.

**GEMINI**  
(May 21 - June 20)

Geminis can have difficulty bringing their ideas to fruition. How might you use the next month's energy, which could encourage you to create a more grounded reality? Lucky numbers: 5, 8, 18, 19, 28, 35.

**CANCER**  
(June 21 - July 22)

Over the next month, you may want to create something new and unique. Such endeavours are not limited to art. Give yourself time and space to nurture this impulse. Lucky numbers: 2, 9, 16, 21, 36, 40.

**LEO**  
(July 23 - Aug. 22)

You may be tempted early in the week to toot your own horn. While this may be justified, you might be better off asking someone else to sing your praises. Lucky numbers: 4, 11, 15, 17, 30, 41.

**VIRGO**  
(Aug. 23 - Sept. 22)

The past month may have left you feeling confused and muddled. This dynamic might continue for a few more weeks, but midweek could offer a brief respite. Lucky numbers: 7, 12, 22, 25, 31, 38.

**LIBRA**  
(Sept. 23 - Oct. 22)

Your natural diplomacy and tact may be heightened at the end of the week. For a few days, this could provide you an opportunity to make headway on a relationship issue. Lucky numbers: 8, 13, 16, 27, 42, 45.

**SCORPIO**  
(Oct. 23 - Nov. 21)

Now is about six months after your birthday. Did you put a new plan into place at that time? How well is it going and what might you need to adjust? Lucky numbers: 6, 11, 14, 22, 38, 46.

**SAGITTARIUS**  
(Nov. 22 - Dec. 21)

You may feel stressed and lacking confidence in yourself at midweek. What behavioural change might you implement to mitigate this dynamic? Look inward and ask. Lucky numbers: 9, 17, 18, 19, 41, 42.

**CAPRICORN**  
(Dec. 22 - Jan. 19)

Do you define success as recognition and material resources? Midweek may offer a chance to focus your ambition on something with a higher purpose. Lucky numbers: 15, 18, 29, 42, 43, 48.

**AQUARIUS**  
(Jan. 20 - Feb. 18)

You may run into challenges at week's end. Stop and ask if they reflect some underlying fear that you have. If so, tackle that fear to help resolve the situation. Lucky numbers: 10, 11, 13, 22, 27, 31.

**PISCES**  
(Feb. 19 - March 20)

If you actively seek it, you may find an opportunity this week to shine. Communicate to others what you are looking to accomplish and ask their help for your goal. Lucky numbers: 5, 11, 18, 30, 40, 41.

Lucky numbers this week: This week's odds favour Cancer winners with the luckiest number being 9.

## Did You Know...

**Cool sleep:** How about sleeping in a hotel made completely of ice? Hôtel de Glace in Québec City, Québec, Canada, is the place to go. From January to March, it welcomes overnight guests who may enjoy its Grand Hall, chapel, ice slide, and Ice Bar.

**Egg phobia:** Alfred Hitchcock, famous for his scary movies, was himself frightened of a common item: eggs! He was quoted as saying he was "worse than frightened" of them, calling the yolk's yellow liquid "revolting."

**Good soup:** Mexicans love to enjoy a big bowl of pozole. The main ingredient of this soup-like dish is hominy, large dried corn kernels. Other ingredients might be meat, seafood, herbs, lettuce, onion, avocados, lemon, and more.

**Nice gesture:** U.S. musician Billy Joel reserves the front row tickets to his shows. Before the show begins, his staff finds avid fans who could only afford back row seats. Some fans, to their amazement, get moved to the front row.

**Less lean:** In December 2001, the Leaning Tower of Pisa in Italy reopened after experts spent over 10 years working to ensure it was safe for the public. At the time, the "lean" on the tower was considered dangerous.

## On the Lighter Side

Ernie: "My uncle can play the piano by ear."  
Bernie: "That's nothing. My uncle can fiddle with his whiskers."

Knock! Knock! *Who's there?* Doughnut. *Doughnut who?* Doughnut open this until your birthday.

How did the magician cut the sea in half? He had a sea saw.

What happened to the duck who flew upside down? He quacked up.

Do you know how long cows should be milked? The same way as short cows.

## Answers

**Trivia answers:** 1. China 2. Portugal 3. 25 4. Elevator 5. False

For available franchise opportunities - visit [coffeenewscanada.com](http://coffeenewscanada.com)  
© Published with Permission by Capital Marketing Ltd

**inogen**

CLAIM YOUR **14-DAY RISK-FREE TRIAL!**

## PORTABLE OXYGEN FOR YOUR ON-THE-GO LIFESTYLE

Call us toll-free at **1-888-998-6714**

\*14-day risk-free trial: Return within 30 days of purchase for a full refund of purchase price.  
PM230469 EN\_EX\_USA | Rx Only © 2023 Inogen, Inc.  
303 Central Drive, Goleta, CA 93117  
Inogen® is a trademark of Inogen, Inc. The usage of any Inogen, Inc. trademark is strictly forbidden without the prior consent of Inogen, Inc. All other trademarks are trademarks of their respective owners or holders.

We design and build High Quality, Fast **CUSTOM BUILT COMPUTERS**

> We find affordable, powerful LAPTOPS to meet your needs  
> There are still good, fast low priced sweet spots available

We also **fix** your computers and laptops!

**Marg's Computers**  
780.678.2338 | 4608-39 St., Camrose

IN STOCK NOW!  
REFURBISHED COMPUTERS WITH 3 YR WARRANTY

**Edward Jones**

At Edward Jones, we do money differently.

Garet Wood  
Financial Advisor  
780-679-2220  
[www.edwardjones.ca/ca-en/financial-advisor/garet-wood](http://www.edwardjones.ca/ca-en/financial-advisor/garet-wood)

- Planning for Retirement
- Wealth Strategies
- Business Owner Strategies

Let's talk

Coffee News is proud to support **Make-A-Wish® Canada**

Transform lives, one wish at a time.

**Make-A-Wish.**  
Visit [makeawish.ca](http://makeawish.ca)

**DIRECT WORKWEAR**  
[www.directworkwear.com](http://www.directworkwear.com)

## VINTAGE 100% WOOL BLANKETS

Brand new! Step into warmth and embrace the nostalgia of the 1950s-60s with these military grade blankets. Ideal for travel emergency kits, camping or on the farm.

**\$39.95 ea.** Scan QR Code To Visit Our Website

TOYS | CANDY | WOOL | YARN | GIFTS

## STAR STORE

Gifts & Wool at The Wetaskiwin Heritage Museum Downtown

100% OF PROCEEDS SUPPORT OUR PROGRAMS AND SERVICES

Head for the Star on Main Street: 5007 - 50 Ave.

NOW SERVING BEANS COFFEE and TEA!

**Caregivers Alberta** CARING FOR CAREGIVERS

If you assist a family member or friend because of illness, disability, or aging, **you are a caregiver.**

**We are here to support your well-being!**

- Caregiver Support Line
- Peer Support Groups
- COMPASS for the Caregiver
- System Navigation
- Caregiver 1:1 Coaching and more.

1.877.453.5088 | [support@caregiversalberta.ca](mailto:support@caregiversalberta.ca) | [caregiversalberta.ca](http://caregiversalberta.ca)

PLEASE ASK US FOR STARTER PACK

## 200+ Delicious Meals Made for SENIORS!

NOW SERVING THIS COMMUNITY!

- ✓ Free Delivery\*
- ✓ No Obligations
- ✓ No Minimum Orders\*

\*Some conditions apply.

Request your **FREE MENU Catalogue** today!  
**780-696-2336**  
TF: 1-800-704-4779

**HEART TO HOME MEALS**  
DELICIOUS MEALS MADE FOR SENIORS™  
[www.hearttohomemeals.ca](http://www.hearttohomemeals.ca)