



Call 780-220-6397







Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005









"News To Be Enjoyed Over Coffee"

Airdrie Edition 780-220-6397

www.bvcoffeenews.ca amy@bvcoffeenews.ca

Vol. 2024 No. 16 April 15, 2024

Everybody's Talking

Weird calls: Most people call emergency services for very legitimate reasons. The Welsh Ambulance Service decided to publicize some of the weirder, less legitimate reasons that folks call the 999 emergency number. Authorities want to spread the message that inappropriate calls may result in a delay in helping others with genuine emergencies. Some examples of silly calls include one caller who had eaten too much kebab and had an upset stomach. Another call for help was because they had gotten their ring stuck on their finger. Additionally, there was a fellow who got his hand stuck in his mailbox and a woman who had lost her dentures and wondered if she might have swallowed them.

Lots of Lego: Every kid loves Lego, right? Milos Keecek, who lives in the Czech Republic, is a verified holder of a Guinness World Record because he owns nearly 7,000 different Lego sets. The man got his first set when he was 5 years old and has been collecting them ever since. You can imagine that that many Lego sets would take up most of your home, which is why Krecek established his first Museum of Bricks in Prague. He followed that by opening more branches in his homeland; currently, the museum has sites in five cities. The collector says he purchased about 90% of the sets, and the rest were gifts

Long overdue: Hearing about library books being returned decades after their due date is not uncommon. At a library branch in Laurel, Maryland (U.S.), a CD reappeared after 35 years; its original check-out date was in January 1989. The CD was British band Pink Floyd's 1975 album "Wish You Were Here." It was recently returned in excellent condition; the only sign of aging was that the CD booklet had yellowed. The library's tracking system had somehow missed cataloguing the item as missing, and the facility has not stocked CDs for five years because most people no longer have players for them. So this "late return" won't be going back on the shelf.

Bird whisperer: A scientist in Tokyo went the extra mile to study the language and behaviour of tit birds. For an entire year, the scientist would head into the Nagano Prefecture's woodlands wearing a bird mask over his head. His intention was to trick the creatures into letting him get closer. Bird behaviour specialists and ornithologists believe that some birds are so smart they can recognize human faces and can make warning cries to their fellow feathered friends. To his disappointment, the birds did eventually detect the scientist and started sounding the

Quoteable Quotes

"As for the future, your task is not to foresee it, but to —Antoine de Saint-Exupery

"The influence of a beautiful, helpful, hopeful character is contagious, and may revolutionize a whole town."

—Eleanor H. Porter

What's Happening

to www.bvcoffeenews.ca and be seen here by thousands of readers each week. Please give 6 weeks notice

Trivia

- 1. The Forbidden City is located in the capital of what country?
- 2. In 1975, Angola won independence from Belgium, Portugal, or Germany?
- 3. How many squares are usually on a bingo card?
- 4. Elisha G. Otis invented the escalator, passenger elevator, or home blender?
- 5. A coral reef is a plant—T/F?

(Flip bottom of page for answers)

© Published with Permission by Mad Mama Marketing (Over)



CCSMH



powered by

Visit our **free** online library of 230+ resources about dementia-related changes in mood & behaviour today!

www.BehavioursInDementia.ca

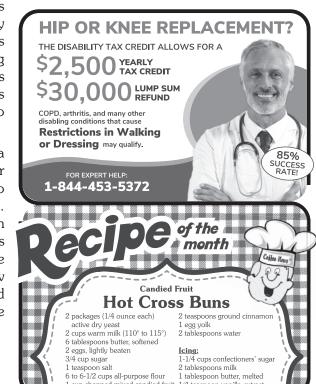


THIS MONTH'S

Bow Valley Coffee News







Prep: 30 min + rising Bake: 15 min./batch + cooling Yield: 3 dozer

1 In a large bowl, dissolve yeast in warm milk. Stir in the butter,

eggs, sugar and salt. Combine 3 cups flour, candied fruit and

cinnamon; add to yeast mixture and mix well. Stir in enough remaining flour to form a soft dough.

© Turn onto a floured surface; knead until smooth and elastic, about 6-8 minutes. Place in a greased bowl, turning once to grease top. Cover and let rise in a warm place until doubled, about 1 hour.

Punch dough down; shape into 2-in. balls. Place 2 in. apart on greased baking sheets. Using a sharp knife, cut a cross on top of

ch bun. Cover and let rise until doubled, about 30 minut

Beat egg yolk and water; brush over buns. Bake at 350° for 12-15 minutes or until golden brown. Remove from pans to cool on wire racks.

Combine icing ingredients; pipe

an "X" on top of each bun









looking to:

- Get a new
- job or promotion? Be a more effective leader? Feel more comfortable when presenting your ideas?

www.inspired.toastmastersclubs.org vpm-597384@toastmastersclubs.org vppr-597384@toastmastersclubs.org

We get you on the road again

- of RV Repair Services Renovations
- Bearing Repack Solar
- Hail Damage
- Insurance Claims

Bay 1 - 29 €ast Lake Way N€, Airdrie **MIFTRV** repairs 403.919.4911

Visit swiftrvrepairs.com for full list of services!

No Job Too Big or Too Small!



Commercial and Residential

Flat-lay Laminate Countertops

Postform Laminate Countertops

DEREK BIGGAR

403-669-9396

derek@biggardevelopments.ca www.biggarcountertops.ca

14-DAY

ınøgen

PORTABLE OXYGEN FOR YOUR ON-THE-GO LIFESTYLE

> Call us toll-free at 1-833-301-1878



4A.1861 Méadowbrook Dr. SE 403-980-1046

OPEN DAILY.

10 am-10 pm

@ @Best Buds Outlet

bestbudsoutlet.ca **Premium Canadian Cannabis**

U cozy little cabin filled with a variety of treasures!

- Crystals & Gems Gemstone JewellerySterling Silver Chains
- · Himalayan Salt Lamps · SongPods
- Books, Decks & CDs



COUNTRY GARDEN CRYSTALS

Located west of Crossfield — see website for directions: www.countrygardencrystals.ca Open Thursday thru Monday, 10 a.m. – 5 p.m. (Closed Tuesday and Wednesday)

Struggling To Take Care of lour Feet?

Whether you suffer from ingrown nails, athlete's foot, corns, skin and nail fungus infections, or other common foot ailments.. help is just a call away with Certified Podologist, Marion



Call today for more information: 403-620-7851 marion@toesonthego.care • toesonthego.care

Your Weekly Horoscope

(March 20 - April 19)



Have you put a plan into place yet, for the next year, to advance your values and life purpose? If not, this is the week when that train may be

leaving the station. Lucky numbers: 1, 4, 5, 9, 10, 18.

TAURUS

(April 20 - May 20)



Your birth month is a good time to set goals for the next year. This year, you may want to focus on an area that expands your comfort zone into

new horizons. Lucky numbers: 3, 9,

GEMINI

(May 21 - June 20)



Geminis can have difficulty bringing their ideas to fruition. How might you use the next month's energy, which could encourage you to

create a more grounded reality? Lucky numbers: 5, 8, 18, 19, 28, 35.

CANCER (June 21 - July 22)



Over the next month, you may want to create something new and unique. Such endeavours are not limited to art. Give yourself time and space to

nurture this impulse. Lucky numbers: 2, 9, 16, 21, 36, 40.

LEO (July 23 - Aug. 22)



You may be tempted early in the week to toot your own horn. While this may be justified, you might be better off asking someone else to sing

your praises. Lucky numbers: 4, 11, 15, 17, 30, 41.

VIRGO

(Aug. 23 - Sept. 22)



The past month may have left you feeling confused and muddled. This dynamic might continue for a few more weeks, but mid-

week could offer a brief respite. Lucky numbers: 7, 12, 22, 25,

(Sept. 23 - Oct. 22)



Your natural diplomacy and tact may be heightened at the end of the week. For a few days, this could provide you an opportunity to make

headway on a relationship issue. Lucky numbers: 8, 13, 16, 27, 42, 45.

SCORPIO

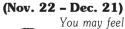
(Oct. 23 - Nov. 21)



Now is about six months after your birthday. Did you put a new plan into place at that time? How well is it going and what might you need to adjust?

Lucky numbers: 6, 11, 14, 22, 38,

SAGITTARIUS





You may feel stressed and lacking confidence in yourself at midweek What behavioural change might you implement to mitigate this dynamic?

Look inward and ask. Lucky numbers: 9, 17, 18, 19, 41, 42.

CAPRICORN (Dec. 22 - Jan. 19)



Do you define success as recognition and material resources? Midweek may offer a chance to focus your ambition on something with a higher pur-

pose. Lucky numbers: 15, 18, 29, 42, 43, 48.

AQUARIUS (Jan. 20 - Feb. 18)



You may run into challenges at week's end. Stop and ask if they reflect some underlying fear that you have. If so, tackle that fear to help

resolve the situation. Lucky numbers: 10, 11, 13, 22, 27, 31

PISCES (Feb. 19 - March 20)



If you actively seek it, you may find an opportunity this week to shine. Communicate to others what you are looking to accomplish and ask their

help for your goal. Lucky numbers: 5, 11, 18, 30, 40, 41.

Lucky numbers this week: This week's odds favour Cancer winners with the luckiest number being 9.

Did You Know...

Cool sleep: How about sleeping in a hotel made completely of ice? Hôtel de Glace in Québec City, Québec, Canada, is the place to go. From January to March, it welcomes overnight guests who may enjoy its Grand Hall, chapel, ice slide, and Ice Bar.

Egg phobia: Alfred Hitchcock, famous for his scary movies, was himself frightened of a common item: eggs! He was quoted as saying he was "worse than frightened" of them, calling the yolk's yellow liquid "revolting."

Good soup: Mexicans love to enjoy a big bowl of pozole. The main ingredient of this soup-like dish is hominy, large dried corn kernels. Other ingredients might be meat, seafood, herbs, lettuce, onion, avocados, lemon, and more.

Nice gesture: U.S. musician Billy Joel reserves the front row tickets to his shows. Before the show begins, his staff finds avid fans who could only afford back row seats. Some fans, to their amazement, get moved to the front row.

Less lean: In December 2001, the Leaning Tower of Pisa in Italy reopened after experts spent over 10 years working to ensure it was safe for the public. At the time, the "lean" on the tower was considered dangerous.

On the Lighter Side

Ernie: "My uncle can play the piano by ear." Bernie: "That's nothing. My uncle can fiddle with his whiskers."

Knock! Knock! Who's there? Doughnut. Doughnut who? Doughnut open this until your birthday.

How did the magician cut the sea in half? He had a sea saw.

What happened to the duck who flew upside down? He quacked up.

Do you know how long cows should be milked? The same way as short cows.

Auswers

5. False

Trivia answers: 1. China 2. Portugal 3. 25 4. Elevator

For available franchise opportunities - visit coffeenewscanada.com © Published with Permission by Mad Mama Marketing



WHEN YOU GET PAID We Get Paid



1-800-661-4902

WhiplashInformationCentre.com





Offices in: Edmonton, Red Deer, and Calgary ALBERTA OWNED AND OPERATED FOR OVER 35 YEARS





ALTERNATIVE THERAPY | CRYSTALS | YOGA

AVAILABLE FOR PRIVATE AND GROUP SESSIONS, CLASSES AND RETREATS

Edward Jones

At Edward Jones, we do money differently.

How we turn your vision into a reality is unique to you. We're here to back you up with big ideas, practical plans, and side-by-side guidance at every step.



Carianne Martin Financial Advisor

409 1 Ave Nw Unit 5 Airdrie, AB T4B 3E2 587-651-6598

www.edwardjones.ca/ca-en/financial-advisor/carianne-martin



403.212.0606 | cyrus@cyruslandscaping.ca