

WHEN YOU GET PAID We Get Paid
WHIPLASH
COMPENSATION?
 Get the whiplash compensation you deserve from a trusted team of experienced lawyers. You pay nothing up front. Not all injury claims are capped.

1-800-661-4902
 WhiplashInformationCentre.com

Braithwaite Boyle
Injury Law 800-440-8298
 It's The Only Law We Do - Since 1986
 Free Initial Consultation
 Offices in: Edmonton, Red Deer, and Calgary
ALBERTA OWNED AND OPERATED FOR OVER 35 YEARS

FREE! **New Issue Every Week!**
Coffee News[®]
 "News To Be Enjoyed Over Coffee"
Vegreville Edition
877-553-6397
 www.coffee-news.ca

Vol. 21 No. 17 April 22, 2024

Everybody's Talking

Retired flavours: Ben & Jerry's, renowned for its offbeat ice cream, adopts a unique approach to discontinued varieties with their "Flavor Graveyard." Located at the Ben & Jerry's Factory in Waterbury, Vermont (U.S.) and also pictured on a dedicated page on the company's website, the Graveyard features granite headstones with epitaphs honouring the legacy of "dearly de-pinted" flavours. The Graveyard started in 1997 with only four flavours but now lists 35 like Wavy Gravy, Dublin Mudslide, Economic Crunch, and Holy Cannoli. The Flavor Graveyard attracts visitors from across the world, allowing ice cream enthusiasts to pay respects to retired recipes. Recently, the flavour What a Cluster was laid to rest with an actual ceremony.

Furry heirs: One wealthy woman in China seems to love her pets more than her three children. The Shanghai woman, with the surname Liu, has an estate worth \$2.8 million and wrote a will to leave her fortune in the care of a local veterinarian appointed as the will administrator. The vet is responsible for the care of her pets. The woman was motivated to make the unusual choice because she claimed her offspring seldom contacted her and didn't visit or care for her when she became ill. Liu had wanted to leave her money directly to her pets, but that was illegal.

Big find: A diamond about the size of a candy gumdrop was discovered by a French tourist visiting the Crater of Diamonds State Park in Murfreesboro, Arkansas (U.S.). The man had experience panning for gold and searching for ammonite fossils, so he knew how to go about things. He rented a diamond hunting kit from the park and set to work. A recent rain had washed away dirt and uncovered heavy rocks, leaving minerals and diamonds lying near the surface and making the search a bit easier. He intends to have the brown, 7.46-carat rock cut into two diamonds, one for his fiancée and another for his daughter.

Lost wallet: A Chicago woman who lost her wallet during a visit to Arizona had it returned, 29 years later! A man from Mesa, Arizona (U.S.), was diving and kayaking in the Salt River not far from the Goldfield Mine in Apache Junction. He was with six family members when he found the wallet, about 15 feet (4.5 m) below the surface. Spending time on the water is the family's favourite pastime and they often find rings, jewelry, and fishing rods. But this time they were glad to see that the wallet included a driver's license, which allowed them to search online for the owner, and eventually return the wallet to her.

Quoteable Quotes

"If we could be twice young and twice old, we could correct all our mistakes."
 —Euripides
 "The action is best which procures the greatest happiness for the greatest numbers."
 —Francis Hutcheson

What's Happening

May 4 - Flavor Festival This event is bringing live music, drinks, and food all to one place! Vendors from across western Canada will be bringing their product for you to try! For more info visit myloydminsternow.comeventsflavor-festival

May 1-7 - Mental Health Week Mental Health Week is an annual national event that takes place the first week in May to encourage people from all walks of life to learn, talk, reflect, and engage with others on all issues relating to mental health. Visit fortsask.ca for more info

NON PROFIT organizations may submit fundraising events for FREE at www.coffee-news.ca. Please submit a minimum of 4 weeks in advance.

Hidden Coffee News Guy ADVENTURE
 Find the Coffee News Guy hidden in one of the ads, then enter to win!
\$400* Prize Package
 *Coffee News Bucks
 Over 150 participating sponsors!
 4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

Enter one of three ways:
 1. Scan the QR code
 2. Visit www.coffee-news.ca
 3. Mail your entry*

*Mail your entry to: CN Guy Contest, 9768-170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. Fictional character James Bond briefly was married to "Tracy"—T/F?
2. The game cribbage is played with a board, pegs, and ____.
3. In which city can you visit the Prado art museum?
4. A brachialis is a tendon, ligament, or muscle?
5. This ancient Greek physician is called the father of western medicine.

(Flip bottom of page for answers)

SHERWOOD PARK QUILT GUILD
2024 QUILT SHOW
 Expressions in Colour
 Saturday, May 4 | 10 a.m. - 5 p.m.
 Sunday, May 5 | 10 a.m. - 4 p.m.
 Strathcona County Community Centre - Agora Centre
 401 Festival Lane, Sherwood Park
ADMISSION \$8
 SPONSORED IN PART BY STRATHCONA COUNTY
MERCHANT MALL • DOOR PRIZES • RAFFLES
 For more information, visit www.spqg.ca

Come and enjoy rural Alberta!
 We have vacancies!
 Studio suites and one bedroom couples' suites in our Lodge and one bedroom suites in our Self-Contained Manors. Experience fresh air and country living.
 Call our office today!
780.853.5706
 or contact our office at admin@vdhf.ca
 www.vdhf.ca
 5401-46 St., Vermilion
Vermilion & District Housing Foundation

Behaviours in Dementia Toolkit
 Practical & Evidence Informed
 powered by:
CCSMH
 Canadian Coalition for Seniors' Mental Health
 Visit our free online library of 230+ resources about dementia-related changes in mood & behaviour today!
www.BehavioursInDementia.ca

THIS SPACE FOR RENT
 OR SCAN HERE FOR MORE INFO
Call 780-220-6397

THE Pervy's 2 FOR 1 Pizza & Pasta BIRTHDAY CLUB
airs at 7:45 am Monday through Friday
 Call or text **780.632.6671** during the show or submit a birthday through the website page the day before
https://country106.ca/the-birthday-club/

GRAVING COUNTRY?
106.5 COUNTRY

Pregnant? Facing Difficult Decisions?
 We can help.
 Call **780.421.1177** or text **587.596.5380**
A Small Miracle Adoption
 Adoption is the ultimate expression of a committed heart
 • Confidential Pregnancy Counselling to Resources • Support and Connection • Adoption Information and Advice
www.smallmiraclesadoption.com

200+ Delicious Meals Made for SENIORS!
 PLEASE ASK US FOR STARTER PACK
 NOW SERVING THIS COMMUNITY!
 ✓ Free Delivery*
 ✓ No Obligations
 ✓ No Minimum Orders*
 *Some conditions apply
 Request your FREE MENU Catalogue today!
780-666-2336
 TF: 1-800-704-4779
HEART TO HOME MEALS
 DELICIOUS MEALS MADE FOR SENIORS
www.hearttohomemeals.ca

Affordable-Effective-Exclusive-CALL NOW!

Home | Auto | Life | RRSP TFSA | Group | Business | Farm | Travel

All Your Investing and Insurance Needs All In One Place

Personalized Investment Solutions
 Home and Auto Insurance
 Farm & Commercial Insurance Specialists

co-operators
 Investments. Insurance. Advice.
Todd T. Fournier
 Owner | Financial Advisor
 Fournier Financial & Insurance Inc.
 Vegreville 780.632.3240
 Ardrossan 780.922.1788
 Lamont 780.895.7303
 Claims Line 1.877.682.5246

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!
 They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!
 They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles
Sunset Scents a RAY of Fragrance
 prairiescentedcandles@gmail.com
 www.prairiescentedcandles.com

SHOP ONLINE!
www.scubagearcanada.ca
 • Snorkelling Gear • Reef-Safe Sunscreen
 • Beach Water Shoes • Dry Bags & Wallets • UV Shirts

The Dive Outfitters
 Scuba Diving & Snorkeling
 11781-156 St., Edmonton 780.483.0044
 Learn to SCUBA DIVE at our Edmonton location - call for details
 SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

WEBSITES From \$129/Month
(780) 760-6922
FRONTLINECONSULTING.CA

HIP OR KNEE REPLACEMENT?
 THE DISABILITY TAX CREDIT ALLOWS FOR A
\$2,500 YEARLY TAX CREDIT
\$30,000 LUMP SUM REFUND
 COPD, arthritis, and many other disabling conditions that cause
Restrictions in Walking or Dressing may qualify.
 FOR EXPERT HELP:
1-844-453-5372
85% SUCCESS RATE!

We've moved...
VISIT US IN OUR NEW LOCATION!

Gifts and Gadgets

NOW AT 28-308 WESTGROVE DR., SPRUCE GROVE
 BEHIND MCDONALD'S

YOUR ONE STOP KITCHEN AND GIFT SHOP
 780.962.5220 | www.giftsandgadgets.ab.ca

Friendly service your family can trust!

✓ JJ's Value Drug Mart
 INDEPENDENT PHARMACY

Transferring prescriptions is as easy as a phone call

#205, 5342-50 Avenue, Vegreville
 Galleria Shops | 587-790-7777

JJ Begalke
 Over 20 years of experience as a pharmacist

FREE DAILY DELIVERY!

Proudly Serving Western Canada

Drainage Is Our Business

Weeping Tile Direct

780.371.9528
 weepingtiledirect.com

We Unleash Your Business's Full Potential

Transforming Business Owner Challenges Into Triumphs with Expert Coaching and Support

FourTree COACHING

587-986-5543 don@fourtreecoaching.com
 www.fourtreecoaching.com

DIRECT WORKWEAR
 www.directworkwear.com

VINTAGE 100% WOOL BLANKETS

Brand new! Step into warmth and embrace the nostalgia of the 1950s-60s with these military grade blankets. Ideal for travel emergency kits, camping or on the farm.

\$39.95 ea.

Scan QR Code To Visit Our Website

yes tv

FREE LIVE STREAMING COMING THIS FALL

visit yestv.com for details

We Need Volunteers In Your Area!

Help us to advocate for a quality of life that all Alberta seniors deserve

Alberta Council on Aging

Contact us:
 780.423.7781 | 1.888.423.9666

AN INDEPENDENT NON-PROFIT, CHARITABLE ORGANIZATION SINCE 1967

COLD SHOT
 A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
 Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Your Weekly Horoscope

ARIES
 (March 20 - April 19)



Have you not been entirely truthful about something, either to yourself or to others? Now may be a good time to correct the situation and put it

behind you. Lucky numbers: 4, 13, 14, 20, 43, 45.

TAURUS
 (April 20 - May 20)



The potential exists, early in the week, for you to uncover an opportunity. This may come to you out of the blue or may require you to take a leap

of faith. Lucky numbers: 1, 11, 32, 35, 37, 44.

GEMINI
 (May 21 - June 20)



Are you having trouble making a choice about something important? The answer may become apparent if you use your belief system to examine

the situation. Lucky numbers: 13, 16, 18, 28, 40, 48.

CANCER
 (June 21 - July 22)



Your head and heart may be out of sync at the end of the week. Try not to let the dissonance negatively impact you, since this phase could pass in a

few days. Lucky numbers: 5, 7, 22, 37, 43, 46.

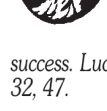
LEO
 (July 23 - Aug. 22)



At the start of the week, your unconscious may reveal information that may be upsetting to your self image. How can you integrate rather than

fight this insight? Lucky numbers: 1, 3, 8, 24, 41, 46.

VIRGO
 (Aug. 23 - Sept. 22)



Your natural work and communication style may be "slow and steady wins the race." But this week, the energy might help you pick up the pace with

success. Lucky numbers: 2, 12, 23, 30, 32, 47.

LIBRA
 (Sept. 23 - Oct. 22)



Your feelings may be particularly intense early in the week. Is an underlying issue begging for a resolution? How can you use these emotions to

facilitate change? Lucky numbers: 10, 18, 21, 26, 30, 45.

SCORPIO
 (Oct. 23 - Nov. 21)



If you set new goals during your birthday month, this may be a good week to consider completing projects that support those objectives.

Lucky numbers: 11, 13, 18, 25, 27, 38.

SAGITTARIUS
 (Nov. 22 - Dec. 21)



A few weeks ago, you may have experienced a challenge to your belief system. If needed, the energy at the end of this week could help you

support your beliefs. Lucky numbers: 9, 15, 17, 26, 31, 37.

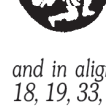
CAPRICORN
 (Dec. 22 - Jan. 19)



If you have been working hard and are running out of steam, hang on for a little bit longer. At the end of this week, help may be on the way for a

few days. Lucky numbers: 15, 16, 39, 42, 43, 47.

AQUARIUS
 (Jan. 20 - Feb. 18)



Are your endeavours out of sync with your highest ideals and values? Now may be a good week to forge a new path that gets you back on track

and in alignment. Lucky numbers: 16, 18, 19, 33, 38, 39.

PISCES
 (Feb. 19 - March 20)



Translating ideals from the ethereal realm onto this plane can be a challenge for Pisces. The energy this week may help you, so try to take advantage of it. Lucky numbers: 3, 10, 12, 13, 21, 33.

Lucky numbers this week: This week's odds favour Taurus winners with the luckiest number being 11.

Did You Know...

Hawaiian dessert: Anyone visiting Hawaii (U.S.) should try its famous Haupia pie. This decadent, layered dish starts with a pie crust, usually followed by coconut and chocolate pudding, topped with whipped cream.

Peace prize: Agnes Gonxha Bojaxhiu is better known as Mother Theresa. Born in 1910 in what is now North Macedonia, she became a nun at 18 and worked in the slums of India, which earned her the Nobel Peace Prize in 1979.

Waiting for visitors: During Canada's 1967 centennial, the town of St. Paul, Alberta, celebrated by building the world's first UFO landing pad. No extra-terrestrial visitors have been sighted, but thousands of humans have taken a look.

Indoor plant: Indoor gardeners might want to try growing a bamboo plant. These attractive plants like indirect light and don't need much water. Avoid using water with fluoride and chlorine. Bottled is the best choice.

Crispy snack: A traditional Portuguese dish is *bolinhos de bacalhau*, also called *pastéis de bacalhau*. These are fritters made with cod, potatoes, onions, eggs, parsley, and spices, then deep fried.

On the Lighter Side

Knock! Knock! *Who's there?* Uriah. *Uriah who?* Keep Uriah on the ball!

Why did the farmer plow the field with a steam roller? He wanted to grow mashed potatoes.

People say I look better without my glasses on. But I just can't see it.

Paul Revere always carried a handkerchief. He was, after all, the town crier.

Customer: "I suppose you call this modern art?"
 Art Dealer: "No, it's a mirror."

Answers

Trivia answers: 1. True 2. Cards 3. Madrid, Spain 4. Muscle 5. Hippocrates

For available franchise opportunities - visit coffeenewscanada.com
 © Published with Permission by Capital Marketing Ltd

inogen

CLAIM YOUR 14-DAY RISK-FREE TRIAL!

PORTABLE OXYGEN FOR YOUR ON-THE-GO LIFESTYLE

Call us toll-free at **1-888-998-6714**

*14-day risk-free trial- Return within 30 days of purchase for a full refund of purchase price.
 PM220469 EN, EX, USA | Rx Only © 2023 Inogen, Inc.
 303 Centennial Drive, Corvallis, CA 97337
 Inogen is a trademark of Inogen, Inc. The usage of any Inogen, Inc. trademark is strictly forbidden without the prior consent of Inogen, Inc. All other trademarks are trademarks of their respective owners or holders.

Friendly service your family can trust!

✓ JJ's Value Drug Mart
 INDEPENDENT PHARMACY

Transferring prescriptions is as easy as a phone call

#205, 5342-50 Avenue, Vegreville
 Galleria Shops | 587-790-7777

JJ Begalke
 Over 20 years of experience as a pharmacist

FREE DAILY DELIVERY!

CANADA'S BRAND YOUR COMFORT

NAPOLEON

GEMCO FIREPLACES
 & WHOLESALE HEATING PRODUCTS

PH: 780-465-9719 9281-50 STREET, EDMONTON, AB
 WWW.GEMCOFIREPLACES.COM

Lakeland EMPLOYMENT SERVICES

Unemployed? Underemployed? We can help. Contact us.

Vegreville office

5025 50 Street
 780.631.1471
 employabilities.ab.ca

EMPLOY Abilities

Caregivers Alberta
 CARING FOR CAREGIVERS

If you assist a family member or friend because of illness, disability, or aging, you are a caregiver.

We are here to support your well-being!

- Caregiver Support Line
- Peer Support Groups
- COMPASS for the Caregiver
- System Navigation
- Caregiver 1:1 Coaching and more.

1.877.453.5088 | support@caregiversalberta.ca | caregiversalberta.ca

Can't get to your Coffee News® each week?

Check out our PDF editions online!
 New editions are posted every Monday

Sign up here to receive email notifications of new editions.

Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

Are you a business owner/office manager? Have 3-20 employees in your office? Paying too much for your current phone system?

We can save you up to 50% off your current phone rates!

How? We offer:

- ✓ VOIP Solutions at a fraction of the traditional carrier cost
- ✓ Long distance rates that outcompete the competition

587.760.2800
<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

Coffee News is proud to support Make-A-Wish® Canada

Transform lives, one wish at a time.

Make-A-Wish.
 Visit makeawish.ca