

Behaviours in Dementia Toolkit
Practical & Evidence Informed

powered by:
CCSMH
Canadian Coalition for Seniors' Mental Health

Visit our **free** online library of 230+ resources about dementia-related changes in mood & behaviour today!

www.BehavioursInDementia.ca

Your Comfort and Your Smile Are Our Top Priorities!
Irreparably broken or lost dentures? We have the solution for you!

We will scan your existing dentures and save it in our digital library for your peace of mind. We can use the scan to make you a new set with minimal chair time.

SEMCD
CERTIFIED CLINICIAN

Denture & Implant Cottage™

Call us today to schedule your appointment.

Wheelchair friendly **780-624-4573**
9803 - 98 Ave., Peace River | Dentureimplantcottage.ca

THIS SPACE FOR RENT

OR SCAN HERE FOR MORE INFO



Call 780-220-6397

FREE Orthodontic/ Invisalign Consult
FREE Implant/ Implant Denture Consult

PEACE VALLEY DENTAL
Dr. Michael Ho, DMD

We are confident in the quality of our work and provide limited warranty for fillings (two years) and crown bridges (no charge for the first three years and 50% for up to five years from placement).

OUR TEAM HAS BEEN SERVING THE COMMUNITY FOR 20 YEARS

9811-100 Avenue
Peace River, Alberta
www.peacevalleydental.com
780.624.3355 • info@peacevalleydental.com

Has Long Run Exploration Failed to Pay You Rent in 2020 or 2021?

We can assist with any and all unpaid rental amounts, including your entitlement to interest

KMSC LAW LLP
LongRunClassAction.ca

Free Hearing Test

NORTH STAR HEARING
GRANDE PRAIRIE LOCAL

780.533.3444
northstarhearing.ca

#103, 9625-97 Street
Grande Prairie

HEARING AIDS SALES AND SERVICE
BEST PRICES GUARANTEED

Home | Auto | Business | Farm

We're in your community

780.523.5392
4830 51 Ave, High Prairie

BrokerLink Insurance

©2023 BrokerLink Inc. *BrokerLink & Design is a registered trademark of BrokerLink Inc. All rights reserved.

Join us in celebrating 51 Years at the **Wanham Plowing Match**
June 21-23, 2024
A weekend of fun for the whole family!

Looking for something fun to do this summer?

- * Horse Plowing
- * Slow Pitch Tournament
- * Modified Truck Pulls
- * Beer Gardens
- * Kids' Zone...and so much more!

Full details at www.wanhamplowingmatch.com
Like/Follow us online @wanhamplowingmatch

FREE! New Issue Every Week!

Coffee News®
"News To Be Enjoyed Over Coffee"

High Prairie Edition
877-553-6397

www.coffee-news.ca

Vol. 21 No. 17 April 22, 2024

Everybody's Talking

Retired flavours: Ben & Jerry's, renowned for its offbeat ice cream, adopts a unique approach to discontinued varieties with their "Flavor Graveyard." Located at the Ben & Jerry's Factory in Waterbury, Vermont (U.S.) and also pictured on a dedicated page on the company's website, the Graveyard features granite headstones with epitaphs honouring the legacy of "dearly de-pinted" flavours. The Graveyard started in 1997 with only four flavours but now lists 35 like Wavy Gravy, Dublin Mudslide, Economic Crunch, and Holy Cannoli. The Flavor Graveyard attracts visitors from across the world, allowing ice cream enthusiasts to pay respects to retired recipes. Recently, the flavour What a Cluster was laid to rest with an actual ceremony.

Furry heirs: One wealthy woman in China seems to love her pets more than her three children. The Shanghai woman, with the surname Liu, has an estate worth \$2.8 million and wrote a will to leave her fortune in the care of a local veterinarian appointed as the will administrator. The vet is responsible for the care of her pets. The woman was motivated to make the unusual choice because she claimed her offspring seldom contacted her and didn't visit or care for her when she became ill. Liu had wanted to leave her money directly to her pets, but that was illegal.

Big find: A diamond about the size of a candy gumdrop was discovered by a French tourist visiting the Crater of Diamonds State Park in Murfreesboro, Arkansas (U.S.). The man had experience panning for gold and searching for ammonite fossils, so he knew how to go about things. He rented a diamond hunting kit from the park and set to work. A recent rain had washed away dirt and uncovered heavy rocks, leaving minerals and diamonds lying near the surface and making the search a bit easier. He intends to have the brown, 7.46-carat rock cut into two diamonds, one for his fiancée and another for his daughter

Lost wallet: A Chicago woman who lost her wallet during a visit to Arizona had it returned, 29 years later! A man from Mesa, Arizona (U.S.), was diving and kayaking in the Salt River not far from the Goldfield Mine in Apache Junction. He was with six family members when he found the wallet, about 15 feet (4.5 m) below the surface. Spending time on the water is the family's favourite pastime and they often find rings, jewelry, and fishing rods. But this time they were glad to see that the wallet included a driver's license, which allowed them to search online for the owner, and eventually return the wallet to her.

Quoteable Quotes

"If we could be twice young and twice old, we could correct all our mistakes."
—Euripides

"The action is best which procures the greatest happiness for the greatest numbers."
—Francis Hutcheson

What's Happening

May 9 to 11 - Beaverlodge Elks Fundraiser Help us celebrate our 90th year in Beaverlodge. By donation hot dogs, smokies and drinks at KMS parking lot in Grande Prairie 11 am to 3 pm. Funds to be used for large Fireworks Display in December

Jun 6 to 8 - Beaverlodge Elks Fundraiser By donation Beaverlodge Elks will be at KMS parking lot serving hot dogs, smokies and drinks from 11am to 3pm. Come out and help us celebrate our 90th year in Beaverlodge. Proceeds will go towards a large Fireworks Display

NON PROFIT organizations may submit fundraising events for FREE at www.coffee-news.ca. Please submit a minimum of 4 weeks in advance.

Hidden Coffee News Guy ADVENTURE

Enter one of three ways:
1. Scan the QR code
2. Visit www.coffee-news.ca
3. Mail your entry*

Find the Coffee News Guy hidden in one of the ads, then enter to win!
\$400* Prize Package
*Coffee News Bucks
Over 150 participating sponsors!
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

*Mail your entry to: CN Guy Contest, 9768-170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. Fictional character James Bond briefly was married to "Tracy"—T/F?
2. The game cribbage is played with a board, pegs, and ____.
3. In which city can you visit the Prado art museum?
4. A brachialis is a tendon, ligament, or muscle?
5. This ancient Greek physician is called the father of western medicine.

(Flip bottom of page for answers)

If It Needs Glass, We Can Provide It!

Professional, top quality workmanship | Interior and exterior services | Residential and commercial applications

Mobile service and installation specialists with over 25 years of experience!

ALL PRO Glass Ltd.

Windows	Doors
Skylights	Wet Rooms
Glass Railings	Shower Doors

780.978.0088 www.allproglass.ca

PEACE RIVER VISION CLINIC

Family Eye Care

- New Patients and Walk-ins Welcome!
- Direct Billing

780-624-4265
www.drmikehopperoptometry.com

Open Mon to Fri, 8:45 a.m.-5:00 p.m.

WEBSITES From \$129/Month

(780) 760-6922
FRONTLINECONSULTING.CA

Pregnant? Facing Difficult Decisions?
We can help.
Call **780.421.1177** or text **587.596.5380**

A Small Miracle Adoption
Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

www.smallmiraclesadoption.com

Can't get to your Coffee News® each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.
Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

We Need Volunteers In Your Area!
Help us to advocate for a quality of life that all Alberta seniors deserve

Alberta Council on Aging
Contact us:
780.423.7781 | 1.888.423.9666

AN INDEPENDENT NON-PROFIT, CHARITABLE ORGANIZATION SINCE 1967

Call us for all your safety training needs

TRAINING SESSIONS
BOOK 5, GET THE 6th FREE
CALL US FOR DETAILS!

Public, private and on site classes available

DXP | HSE INTEGRATED
780.532.2088
https://hseintegrated.com
gptraining@dxpe.com

Drainage Is Our Business
Weeping Tile Direct

780.371.9528
weepingtiledirect.com

We manufacture 100', 164', 250', and 3800' Maxi coils

We've moved...
VISIT US IN OUR NEW LOCATION!
NOW AT 28-308 WESTGROVE DR., SPRUCE GROVE
BEHIND MCDONALD'S
YOUR ONE STOP KITCHEN AND GIFT SHOP
780.962.5220 | www.giftsandgadgets.ab.ca

Canadian Mental Health Association
Alberta Northwest Region
Through your donations, CMHA ANWR supports all people in our communities to experience good mental health and well being.
9713-100 Avenue, Grande Prairie, AB T8V 0T5
780.814.2349 | www.gpcmha.ca

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.
PASSENGER & PARCEL SERVICES
GET YOUR REWARD CARD TO GET A FREE TICKET!
Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca
TICKETS: 587-557-7719 | PARCEL: 587-557-7718
SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Vapes • Hoodies • Leather Jackets
Ladies' Shoes • Handbags • Luggage
NHL Jerseys • Knives & Swords
Blankets • Smoking Accessories
15% OFF
WHEN YOU BRING IN THIS COUPON
Leather & More
14, 10122-100 St, Peace River | 780.624.4424
Open Monday-Saturday, 9:30 a.m. - 6 p.m. Closed Sunday

SHOP ONLINE!
www.scubagearcanada.ca
• Snorkelling Gear • Reef-Safe Sunscreen
• Beach Water Shoes • Dry Bags & Wallets • UV Shirts
The Dive Outfitters
Learn to SCUBA DIVE at our Edmonton location - call for details
11781-156 St., Edmonton 780.483.0044
SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

CANADA'S BRAND YOUR COMFORT
NAPOLEON
GEMCO FIREPLACES & WHOLESALE HEATING PRODUCTS
PH: 780-465-9719 9281-50 STREET, EDMONTON, AB
WWW.GEMCOFIREPLACES.COM

Coffee News is proud to support Make-A-Wish® Canada
Transform lives, one wish at a time.
Make-A-Wish.
Visit makeawish.ca

HIP OR KNEE REPLACEMENT?
THE DISABILITY TAX CREDIT ALLOWS FOR A
\$2,500 YEARLY TAX CREDIT
\$30,000 LUMP SUM REFUND
85% SUCCESS RATE!
FOR EXPERT HELP: 1-844-453-5372

Your Weekly Horoscope

ARIES
(March 20 - April 19)
Have you not been entirely truthful about something, either to yourself or to others? Now may be a good time to correct the situation and put it behind you. Lucky numbers: 4, 13, 14, 20, 43, 45.

TAURUS
(April 20 - May 20)
The potential exists, early in the week, for you to uncover an opportunity. This may come to you out of the blue or may require you to take a leap of faith. Lucky numbers: 1, 11, 32, 35, 37, 44.

GEMINI
(May 21 - June 20)
Are you having trouble making a choice about something important? The answer may become apparent if you use your belief system to examine the situation. Lucky numbers: 13, 16, 18, 28, 40, 48.

CANCER
(June 21 - July 22)
Your head and heart may be out of sync at the end of the week. Try not to let the dissonance negatively impact you, since this phase could pass in a few days. Lucky numbers: 5, 7, 22, 37, 43, 46.

LEO
(July 23 - Aug. 22)
At the start of the week, your unconscious may reveal information that may be upsetting to your self image. How can you integrate rather than fight this insight? Lucky numbers: 1, 3, 8, 24, 41, 46.

VIRGO
(Aug. 23 - Sept. 22)
Your natural work and communication style may be "slow and steady wins the race." But this week, the energy might help you pick up the pace with success. Lucky numbers: 2, 12, 23, 30, 32, 47.

LIBRA
(Sept. 23 - Oct. 22)
Your feelings may be particularly intense early in the week. Is an underlying issue begging for a resolution? How can you use these emotions to facilitate change? Lucky numbers: 10, 18, 21, 26, 30, 45.

SCORPIO
(Oct. 23 - Nov. 21)
If you set new goals during your birthday month, this may be a good week to consider completing projects that support those objectives. Lucky numbers: 11, 13, 18, 25, 27, 38.

SAGITTARIUS
(Nov. 22 - Dec. 21)
A few weeks ago, you may have experienced a challenge to your belief system. If needed, the energy at the end of this week could help you support your beliefs. Lucky numbers: 9, 15, 17, 26, 31, 37.

CAPRICORN
(Dec. 22 - Jan. 19)
If you have been working hard and are running out of steam, hang on for a little bit longer. At the end of this week, help may be on the way for a few days. Lucky numbers: 15, 16, 39, 42, 43, 47.

AQUARIUS
(Jan. 20 - Feb. 18)
Are your endeavours out of sync with your highest ideals and values? Now may be a good week to forge a new path that gets you back on track and in alignment. Lucky numbers: 16, 18, 19, 33, 38, 39.

PISCES
(Feb. 19 - March 20)
Translating ideals from the ethereal realm onto this plane can be a challenge for Pisces. The energy this week may help you, so try to take advantage of it. Lucky numbers: 3, 10, 12, 13, 21, 33.

Lucky numbers this week: This week's odds favour Taurus winners with the luckiest number being 11.

Did You Know...

Hawaiian dessert: Anyone visiting Hawaii (U.S.) should try its famous Haupia pie. This decadent, layered dish starts with a pie crust, usually followed by coconut and chocolate pudding, topped with whipped cream.

Peace prize: Agnes Gonxha Bojaxhiu is better known as Mother Theresa. Born in 1910 in what is now North Macedonia, she became a nun at 18 and worked in the slums of India, which earned her the Nobel Peace Prize in 1979.

Waiting for visitors: During Canada's 1967 centennial, the town of St. Paul, Alberta, celebrated by building the world's first UFO landing pad. No extra-terrestrial visitors have been sighted, but thousands of humans have taken a look.

Indoor plant: Indoor gardeners might want to try growing a bamboo plant. These attractive plants like indirect light and don't need much water. Avoid using water with fluoride and chlorine. Bottled is the best choice.

Crispy snack: A traditional Portuguese dish is *bolinhos de bacalhau*, also called *pastéis de bacalhau*. These are fritters made with cod, potatoes, onions, eggs, parsley, and spices, then deep fried.

On the Lighter Side

Knock! Knock! Who's there? Uriah. Uriah who? Keep Uriah on the ball!

Why did the farmer plow the field with a steam roller? He wanted to grow mashed potatoes.

People say I look better without my glasses on. But I just can't see it.

Paul Revere always carried a handkerchief. He was, after all, the town crier.

Customer: "I suppose you call this modern art?"
Art Dealer: "No, it's a mirror."

Answers

Trivia answers: 1. True 2. Cards 3. Madrid, Spain 4. Muscle 5. Hippocrates

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

yes tv
FREE LIVE STREAMING COMING THIS FALL
visit yestv.com for details

DIRECT WORKWEAR
www.directworkwear.com
VINTAGE 100% WOOL BLANKETS
Brand new! Step into warmth and embrace the nostalgia of the 1950s-60s with these military grade blankets. Ideal for travel emergency kits, camping or on the farm.
\$39.95 ea. Scan QR Code To Visit Our Website

Radio BINGO
NORD-OUEST FM
DIMANCHE SOIR À 19H
SUNDAY EVENINGS 7 P.M.
DANS LE CONFORT DE VOTRE FOYER IN THE COMFORT OF YOUR HOME
POUR PLUS D'INFORMATION SCANNEZ LE CODE QR SCAN THE QR CODE FOR MORE INFORMATION
NORD-OUEST FM CKRP 95.7
EN SYNCHRONISANT LE 95.7 97.5 ON THE FM DIAL A L'AIDE DE L'APPLICATION USING THE APP RADIO PLACE EN DIRECT SUR NOTRE SITE WEB LIVE STREAM THROUGH OUR WEB PAGE
www.nordouestfm.ca
OU COMPOSEZ LE/ OR CALL 780.837.2346

REAL ESTATE APPRAISALS
COMMERCIAL • INDUSTRIAL • RESIDENTIAL
AGM VALUATIONS GROUP LTD.
OFFICES IN GRANDE PRAIRIE AND PEACE RIVER
Phone: 780.624.0020 Andre Cell: 780.274.1133 Adam Cell: 780.897.0391
www.amvaluationsgroup.com
SERVING: Grande Prairie, Sexsmith, Clairmont, Wembley, Beaverlodge, Hythe, Grovedale, Rycroft, Spirit River, Fox Creek, Whitecourt
Peace River, Grimshaw, Fairview, High Prairie, Valleyview, Manning, Slave Lake, High Level, La Crete, Fort Vermilion, Rainbow Lake, Dixonville, Hines Creek, Fahler, Donnelly, Nampa, Girouxville, Eaglesham, McLennan, St. Isidore.

inogen
CLAIM YOUR 14-DAY RISK-FREE TRIAL!
PORTABLE OXYGEN FOR YOUR ON-THE-GO LIFESTYLE
Call us toll-free at 1-888-998-6714
*14-day risk-free trial. Return within 30 days of purchase for a full refund of purchase price.
PM220469 EN, EX, USA / Ex Only © 2023 Inogen, Inc.
303 Corner Drive, Colorado, CO 80117
Inogen® is a trademark of Inogen, Inc. The usage of any Inogen, Inc. trademark is strictly forbidden without the prior consent of Inogen, Inc. All other trademarks are trademarks of their respective owners or holders.

WHIPLASH COMPENSATION?
Get the whiplash compensation you deserve from a trusted team of experienced lawyers.
You pay nothing up front. Not all injury claims are capped.
1-800-661-4902
WhiplashInformationCentre.com
Braithwaite Boyle Injury Law 800-440-8298
It's The Only Law We Do - Since 1986
Free Initial Consultation
Offices in: Edmonton, Red Deer, and Calgary
ALBERTA OWNED AND OPERATED FOR OVER 35 YEARS