

**HARMONY AT RUTHERFORD SENIORS APARTMENTS**

**Truly Independent Seniors Living**

- Full kitchens
- In-Suite Laundry
- Patio or balcony
- Activities
- Meal Specials
- So much more!

**COME FOR A TOUR TODAY!**

Call Heather (780) 908-1081 or Alex (780) 655-2929

12020 22 Ave. SW, Edmonton  
HarmonyAtRutherford.com

**MOVING SALE**

**CLEARANCE VINYL PLANK** from \$1.79/sq. ft.

**15% OFF ALL REGULAR STOCK ITEMS\***

We offer: • Vinyl Plank • Laminate • Hardwood • Tile • Carpet • Commercial Products • Professional Installation Services

**Quality RED TAG FLOORS** 780.721.4324  
9354-49 St NW Edmonton  
info@qualityredtagfloors.com | qualityredtagfloors.com

**INDOOR YEAR ROUND MARKET!**

**CAPILANO FARMERS' MARKET**

Saturdays  
9:30 a.m.-3 p.m.

5004-98 Ave. (Capilano Mall)

**Clinical Optometry and Support**

...for glaucoma, eye pain, diabetic care and blurry vision, and more

From simple issues such as irritating floaters to more serious diseases of the retina, it is important to deal with any issue as soon as possible, before it can escalate to a more serious condition.

**DR. GREGORY KING BSC/OD**  
Optometric Assistants: Lise MOA, Amanda MOA, Rachid

OPEN M-F 10-5 | SATURDAY 11-4  
8130-82 Ave., beside TD Bank (Inside Bonnie Doon Medical Centre)

Book an appointment today: 780.465.7600

**Don't know where to start...?**

**WE CAN HELP!**  
CONTACT THE EXPERIENCED PROFESSIONALS AT

**HOME & OFFICE HANDYMAN SERVICES**

780.940.2127 | www.HOHS.ca

Give Us Your List. We'll Do The Rest.

LIVE AT

**HOLYROOD SQUARE!**

- In-suite Laundry
- Rooftop Deck and BBQ
- Full-sized Kitchen Appliances

Call 780-229-6099 for more information

**Come Home to Quality**

- ✓ Home Renovations
- ✓ Basement Development

**Bergenham Builders**

bergenhambuilders.ca  
587.986.5309 | dbergenham24@gmail.com

**FREE! New Issue Every Week!**

**Coffee News**®

"News To Be Enjoyed Over Coffee"

**East Edmonton Edition**

**780-220-6397**

www.coffee-news.ca

Vol. 21 No. 17 April 22, 2024

**Everybody's Talking**

**Retired flavours:** Ben & Jerry's, renowned for its offbeat ice cream, adopts a unique approach to discontinued varieties with their "Flavor Graveyard." Located at the Ben & Jerry's Factory in Waterbury, Vermont (U.S.) and also pictured on a dedicated page on the company's website, the Graveyard features granite headstones with epitaphs honouring the legacy of "dearly de-pinted" flavours. The Graveyard started in 1997 with only four flavours but now lists 35 like Wavy Gravy, Dublin Mudslide, Economic Crunch, and Holy Cannoli. The Flavor Graveyard attracts visitors from across the world, allowing ice cream enthusiasts to pay respects to retired recipes. Recently, the flavour What a Cluster was laid to rest with an actual ceremony.

**Furry heirs:** One wealthy woman in China seems to love her pets more than her three children. The Shanghai woman, with the surname Liu, has an estate worth \$2.8 million and wrote a will to leave her fortune in the care of a local veterinarian appointed as the will administrator. The vet is responsible for the care of her pets. The woman was motivated to make the unusual choice because she claimed her offspring seldom contacted her and didn't visit or care for her when she became ill. Liu had wanted to leave her money directly to her pets, but that was illegal.

**Big find:** A diamond about the size of a candy gumdrop was discovered by a French tourist visiting the Crater of Diamonds State Park in Murfreesboro, Arkansas (U.S.). The man had experience panning for gold and searching for ammonite fossils, so he knew how to go about things. He rented a diamond hunting kit from the park and set to work. A recent rain had washed away dirt and uncovered heavy rocks, leaving minerals and diamonds lying near the surface and making the search a bit easier. He intends to have the brown, 7.46-carat rock cut into two diamonds, one for his fiancée and another for his daughter

**Lost wallet:** A Chicago woman who lost her wallet during a visit to Arizona had it returned, 29 years later! A man from Mesa, Arizona (U.S.), was diving and kayaking in the Salt River not far from the Goldfield Mine in Apache Junction. He was with six family members when he found the wallet, about 15 feet (4.5 m) below the surface. Spending time on the water is the family's favourite pastime and they often find rings, jewelry, and fishing rods. But this time they were glad to see that the wallet included a driver's license, which allowed them to search online for the owner, and eventually return the wallet to her.

**Quoteable Quotes**

"If we could be twice young and twice old, we could correct all our mistakes." —Euripides

"The action is best which procures the greatest happiness for the greatest numbers." —Francis Hutcheson

**What's Happening**

**May 2 - Spring Tea and Rug Show** Edmonton Rug Hooking Guild. Admission \$5. 11 am - 2 pm. Pleasantview Community Hall, 10860 57 Ave Tea and Homemade Snacks - All Are Welcome!

**May 26 - Walk for Alzheimers** Canadas largest fundraiser for Alzheimers disease and other dementias, sign up today at walkforalzheimers.ca

NON PROFIT organizations may submit fundraising events for FREE at www.coffee-news.ca. Please submit a minimum of 4 weeks in advance.

**Hidden Coffee News Guy ADVENTURE**

Find the Coffee News Guy hidden in one of the ads, then enter to win!

**\$400\* Prize Package**

Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

Enter one of three ways:  
1. Scan the QR code  
2. Visit www.coffee-news.ca  
3. Mail your entry\*

\*Mail your entry to: CN Guy Contest, 9768-170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

**Trivia**

1. Fictional character James Bond briefly was married to "Tracy"—T/F?
2. The game cribbage is played with a board, pegs, and \_\_\_\_.
3. In which city can you visit the Prado art museum?
4. A brachialis is a tendon, ligament, or muscle?
5. This ancient Greek physician is called the father of western medicine.

(Flip bottom of page for answers)

EDMONTON MUSICAL THEATRE PRESENTS

Disney **THE LITTLE MERMAID**

Westbury Theatre June 20, 7:30 pm  
Fringe Theatre June 21, 7:30 pm  
Arts Barns June 22, 2 pm & 7:30 pm  
10330 - 84 Ave June 23, 2 pm & 7:30 pm

TICKETS at Fringe Theatre Box Office  
Adults \$35 Youth/Students/Seniors \$30  
Matinee Special: Youth (12 & under) \$25

**HIP OR KNEE REPLACEMENT?**

THE DISABILITY TAX CREDIT ALLOWS FOR A

**\$2,500** YEARLY TAX CREDIT

**\$30,000** LUMP SUM REFUND

COPD, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

FOR EXPERT HELP: **1-844-453-5372**

85% SUCCESS RATE!

**THIS SPACE FOR RENT**

OR SCAN HERE FOR MORE INFO

Call 780-220-6397

**FIND OUT HOW YOU CAN SAVE UP TO 50% ON COMMISSIONS!**

At Seller Direct Northern Homes Realty, It's Not About Discounts, It's About OPTIONS!

How We SELL Your Home:  
✓ 300+ Websites ✓ Social Media Ads  
✓ QR Code to Home's Features  
✓ 3D Tours & Professional Photos

**sellerdirect**  
Northern Homes Realty  
780.638.4800 | sellerdirectnorthernhomes.com  
PROUDLY SERVING EDMONTON & SURROUNDING AREAS

**COLD SHOT**  
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

**PASSENGER & PARCEL SERVICES**

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!  
Parcel Website: www.coldshotca.com  
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

**Less Stress, More Smiles**

**AVALON DENTAL**

ORAL HEALTH AND WELLNESS CENTRE

From routine preventative care, to cosmetic improvements and orthodontics, we have you covered.

910 Roper Rd. NW Edmonton  
780.465.0994  
avalondentalreception@gmail.com

BRACES 4 ALL ORTHODONTICS  
MERRELL SLEEP CLINIC  
INFANT FREN-ECTOMY

Proudly providing excellence in dentistry to Edmontonians since 1986.

**Best Kept Secret in the Park!**

The community thrift store with heart

201 Athabasca Ave. Sherwood Park  
780.464.7786  
www.countyclotesh-line.com

County Clothes-Line

Looking to join a great team?  
Store Associates  
3-4 days/wk  
Contact us today: clothes1@telusplanet.net

**FREE LIVE STREAMING COMING THIS FALL**

visit yestv.com for details

**Get The Smile You Deserve!**

\$99 New Patient Exam | Lower Than Current Fee Guide | Complimentary Teeth Whitening

**Floss Bosses.ca**

Your. New. Routine.

825.901.GUMS | #207, 6958-76 Ave. NW



**Ever dreamed of being an ARTIST?**

Or perhaps you're an experienced artist looking for something different?

Edmonton has an art school conveniently located in the downtown area, and it might just be the perfect environment to help you realize your artistic potential!

**A.Z.**  
The Adrian Zorzut School of Fine Art

780.660.0044 | 10248-106 St. NW  
theadrianzorzutchooloffineart.ca

**Come To You! MOBILE AUTO TECHNICIAN**

FOR ALL YOUR REPAIR AND DIAGNOSTIC NEEDS

**SIMBA PERFORMANCE AND MOTOR SPORTS**

Simba Panesar  
Licensed Automotive Technician - 310S 310T

**416.909.4039**

**Local, family owned business 10% OFF**

- Fresh hand-cut meats
- Sausage, pepperoni, jerky, bacon, salmon & cheese - all smoked in-house
- No binders, fillers or MSG
- Many gluten-free items available

**YEG SMOKED MEATS LTD.**

8246-118 Avenue | 825.975.3810

**SATURDAY SMOKER SPECIALS!**

CANADA'S BRAND YOUR COMFORT

**NAPOLEON**

**GEMCO FIREPLACES & WHOLESALE HEATING PRODUCTS**

PH:780-465-9719 9281-50 STREET, EDMONTON, AB  
WWW.GEMCOFIREPLACES.COM

**10% OFF SUPPLIES** When you mention this ad, in-store only

**CAPITAL CITY SPORTS CARDS**

BUY SELL TRADE

Sports Cards of all Eras

Vintage Cards • Memorabilia  
Figurines • TCG Cards • Pokemon  
Mystery Packs • Auctions • Box Breaks

7633-50 St. NW Unit 101  
1.825.480.1886  
capitalcitysportscards21@outlook.com

We can also Grade your cards for you.  
We recommend The Canadian Graders along with these guys!

TAG BECKETT PSA MTR

Real Estate | Wills | Contracts

**HOMESTEAD**  
..... L A W .....

Tamara D. Eppe B.A., J.D.

780.243.2116  
www.homesteadlaw.ca

"OUR GOAL IS TO MAKE CLIENTS FEEL LIKE FAMILY"

**Can't get to your Coffee News® each week?**

Check out our PDF editions online!  
New editions are posted every Monday

Sign up here to receive email notifications of new editions.  
Now you never have to miss your weekly dose of good news!

[www.coffee-news.ca/editions](http://www.coffee-news.ca/editions)



# Your Weekly Horoscope

**ARIES (March 20 - April 19)**

Have you not been entirely truthful about something, either to yourself or to others? Now may be a good time to correct the situation and put it behind you. Lucky numbers: 4, 13, 14, 20, 43, 45.

**TAURUS (April 20 - May 20)**

The potential exists, early in the week, for you to uncover an opportunity. This may come to you out of the blue or may require you to take a leap of faith. Lucky numbers: 1, 11, 32, 35, 37, 44.

**GEMINI (May 21 - June 20)**

Are you having trouble making a choice about something important? The answer may become apparent if you use your belief system to examine the situation. Lucky numbers: 13, 16, 18, 28, 40, 48.

**CANCER (June 21 - July 22)**

Your head and heart may be out of sync at the end of the week. Try not to let the dissonance negatively impact you, since this phase could pass in a few days. Lucky numbers: 5, 7, 22, 37, 42, 46.

**LEO (July 23 - Aug. 22)**

At the start of the week, your unconscious may reveal information that may be upsetting to your self image. How can you integrate rather than fight this insight? Lucky numbers: 1, 3, 8, 24, 41, 46.

**VIRGO (Aug. 23 - Sept. 22)**

Your natural work and communication style may be "slow and steady wins the race." But this week, the energy might help you pick up the pace with success. Lucky numbers: 2, 12, 23, 30, 32, 47.

**LIBRA (Sept. 23 - Oct. 22)**

Your feelings may be particularly intense early in the week. Is an underlying issue begging for a resolution? How can you use these emotions to facilitate change? Lucky numbers: 10, 18, 21, 26, 30, 45.

**SCORPIO (Oct. 23 - Nov. 21)**

If you set new goals during your birthday month, this may be a good week to consider completing projects that support those objectives. Lucky numbers: 11, 13, 18, 25, 27, 38.

**SAGITTARIUS (Nov. 22 - Dec. 21)**

A few weeks ago, you may have experienced a challenge to your belief system. If needed, the energy at the end of this week could help you support your beliefs. Lucky numbers: 9, 15, 17, 26, 31, 37.

**CAPRICORN (Dec. 22 - Jan. 19)**

If you have been working hard and are running out of steam, hang on for a little bit longer. At the end of this week, help may be on the way for a few days. Lucky numbers: 15, 16, 39, 42, 43, 47.

**AQUARIUS (Jan. 20 - Feb. 18)**

Are your endeavours out of sync with your highest ideals and values? Now may be a good week to forge a new path that gets you back on track and in alignment. Lucky numbers: 16, 18, 19, 33, 38, 39.

**PISCES (Feb. 19 - March 20)**

Translating ideals from the ethereal realm onto this plane can be a challenge for Pisces. The energy this week may help you, so try to take advantage of it. Lucky numbers: 3, 10, 12, 13, 21, 33.

Lucky numbers this week: This week's odds favour Taurus winners with the luckiest number being 11.

## Did You Know...

**Hawaiian dessert:** Anyone visiting Hawaii (U.S.) should try its famous Haupia pie. This decadent, layered dish starts with a pie crust, usually followed by coconut and chocolate pudding, topped with whipped cream.

**Peace prize:** Agnes Gonxha Bojaxhiu is better known as Mother Theresa. Born in 1910 in what is now North Macedonia, she became a nun at 18 and worked in the slums of India, which earned her the Nobel Peace Prize in 1979.

**Waiting for visitors:** During Canada's 1967 centennial, the town of St. Paul, Alberta, celebrated by building the world's first UFO landing pad. No extra-terrestrial visitors have been sighted, but thousands of humans have taken a look.

**Indoor plant:** Indoor gardeners might want to try growing a bamboo plant. These attractive plants like indirect light and don't need much water. Avoid using water with fluoride and chlorine. Bottled is the best choice.

**Crispy snack:** A traditional Portuguese dish is *bolinhos de bacalhau*, also called *pastéis de bacalhau*. These are fritters made with cod, potatoes, onions, eggs, parsley, and spices, then deep fried.

## On the Lighter Side

Knock! Knock! *Who's there?* Uriah. *Uriah who?* Keep Uriah on the ball!

Why did the farmer plow the field with a steam roller? He wanted to grow mashed potatoes.

People say I look better without my glasses on. But I just can't see it.

Paul Revere always carried a handkerchief. He was, after all, the town crier.

Customer: "I suppose you call this modern art?"  
Art Dealer: "No, it's a mirror."

## Answers

**Trivia answers:** 1. True 2. Cards 3. Madrid, Spain 4. Muscle 5. Hippocrates

For available franchise opportunities - visit [coffeenewscanada.com](http://coffeenewscanada.com)

© Published with Permission by Capital Marketing Ltd

**ELECTRICIAN FOR HIRE**

Residential  
Light Commercial  
Electrical Repairs and Renovations

Art de Leon Master Electrician

**780.932.3858** Cell  
ajdeleon63@gmail.com



**Exclusive offer for Facebook and Google Ads**

Get FREE set-up (up to a \$500 value!)

We are a local digital marketing agency specializing in paid ads.

SCAN ME

Contact us today for your FREE no obligation consultation!

Frontline 780.760.6922

**THE RANCH GOLF AND COUNTRY CLUB**

#1 Tournament Course in Alberta!

- Located 5 mins West of Edmonton
- Unmatched Value
- Premier Conditions

Weekly Promotions:  
• 3-Putt Mondays  
• 1/2 Price Wings Tuesdays  
• Sunset Express 4-Hole Loop

For full details, visit [theranchgolf.com](http://theranchgolf.com)

Book your tee time today: 780.470.4700

**The perfect cup ...every time**

Each cup up to 75% Less than leading coffee retailers

**Kofe Corporation**

Benefits of our in office coffee system:  
• Convenient and hassle-free  
• No delivery charge • No service charge  
• No installation charge • Fresh coffee

We keep your machine clean and filled with product!

780.718.7212 / [www.kofekorp.com](http://www.kofekorp.com)



**TileTown** 50 years 1971-2021

Your Space. Your Style. Your Way.

Bring this ad into one of our 2 Edmonton Locations & Receive **20% OFF**

All Regular Priced, in Stock Tile

8219 Argyll Rd., Edmonton • 780-466-1343  
11478-156th St., Edmonton • 780-451-7744

**WHIPLASH COMPENSATION?**

Get the whiplash compensation you deserve from a trusted team of experienced lawyers.

You pay nothing up front. Not all injury claims are capped.

**1-800-661-4902**

[WhiplashInformationCentre.com](http://WhiplashInformationCentre.com)

**Braithwaite Boyle Injury Law** 800-440-9298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

ALBERTA OWNED AND OPERATED FOR OVER 35 YEARS



**J.R. WATKINS** Since 1868 TRADE MARK

A full line of natural products for your home and family

YOUR INDEPENDENT WATKINS CONSULTANT

**Donna Ouellette**  
ID# 029268N

**780-469-5715**  
[www.RespectedHomeBusiness.com/enter29268](http://www.RespectedHomeBusiness.com/enter29268)

