

FREE! *New Issue Every Week!*
Coffee News[®]
"News To Be Enjoyed Over Coffee"
Drayton Valley Edition
877-553-6397



www.coffee-news.ca Est. 1988

It's not just a generator. It's a power move.
 Receive a free 7-year warranty with qualifying purchase* - valued at \$945.
 Call 888-688-0973 to schedule your free quote!



GENERAC
*Terms and Conditions apply.

Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**
SAFE STEP WALK-IN TUB
1-855-977-9805

With purchase of a new Safe Step Walk-In-Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445

Love Coffee News?
 Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
 Please put "Readers" in the subject line.

Please include:
 • Your name • Your phone number and • Your address so that we can send you some **cool prizes** if your photo is chosen to appear in the paper!

Reader of the Month
 Jobin Thomas from Vegreville

Coffee News Fun Reading. Serious Advertising.

WE BUY USED GOLD AND DIAMONDS

Blue Diamond Jewellers

780.968.0040
 Main Street, Stony Plain
www.bluediamondjewellers.com



THIS SPACE FOR RENT

OR SCAN HERE FOR MORE INFO



Call 780-220-6397

25 YEARS AND STILL GOING STRONG

PROMOTIONAL & PRINTING

OUI PRINT.COM
 YOU THINK IT, OUI PRINT IT.

780 865 3212

Optimize Your Health
 LIVE ACTIVATED

Unlock the health coded in your genes to fight the signs of aging and revitalize wellness at the source.

Call Leann or Dana, your local LifeVantage Consultants
780.257.4533
Leann.nrf2@gmail.com | <https://detox.lifevantage.com>



COLD SHOT
 A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!
 Parcel Website: www.coldshotca.com
 Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Get More Traffic, Leads & Sales



• Website Development
 • Google Ads
 • Facebook Advertising
 • Social Media Management
 • SEO & Content Marketing
 • Reporting & Analytics

Frontline web consulting
 780.760.6922
frontlineconsulting.ca

Everybody's Talking

Trapped raccoon: It was a different kind of emergency, with staff from both the humane society and the fire department in Guelph, Ontario, Canada, coming to the rescue. When a delivery driver discovered a raccoon stuck in a sewer grate, he called the humane society. They responded and realized they'd need the help of the city's fire department. Personnel worked together to extricate the animal. This wasn't easy because the raccoon's fur was covered in ice due to the extreme cold temperatures that day, and the animal was trapped head first, with three-quarters of its body below the sewer grate. After some care by the humane society, the raccoon recovered and was released into the wild

Big building: An enormous, modern castle, built to look like a medieval gem, is the source of mystery in Poland. Called Stobnica Castle, it is located in the Notecka Forest nature reserve in the western part of the country. Building started in 2015, and in 2018 people started wondering what it was all about. No one knew who owned it or they acquired a building permit. The reserve is protected by the European Union's Natura 2000 network. Since then, court battles ensued, along with revoked permits and arrests of individuals involved. But construction continued and the mystery remains. The huge building apparently is intended to be a private residence, with 14 floors and a 70-metre (230-ft.) tower.

Smart birds: Scientists already knew that birds can be pretty ingenious. Now researchers in the Netherlands have found that corvids and magpies sometimes take materials that humans manufacture to keep feathered creatures away, and instead use the items to build nests. Called "evil architecture" by urban designers, structures like metal anti-bird spikes are designed and intended to repel birds from nesting on roofs. But some birds have outsmarted the designers. Instead of staying away, the birds are snatching the spikes and pointing them inward to form lattices for their nests. Magpies are known to build roofs over their nests, too, using things like spiky branches. The birds may even be using these human inventions to deter other birds

Convenient boogie: There is a big red button located in the washrooms of a chain of convenience stores in the U.S. state of Kentucky that has people dancing up a storm. It seems that the button transforms the bathroom into a disco dance party room. The big red buttons can be found inside Hop Shops and, when pushed, they activate coloured lights, a disco ball, and music. Presto, the room becomes a miniature dance club! The company began with just one disco bathroom, but they were such a hit that now six Hop Shop locations in the north part of the state feature them, attracting disco dancers from far and wide.

Quoteable Quotes

"Keep true to the dreams of thy youth." —Friedrich Schiller
 "The value of life lies not in the length of days, but in the use we make of them." —Michel de Montaigne

What's Happening

Ongoing - 50-50 fundraiser for the Darwell centennial hall
 This event is to raise funds for renovations to the darwell centennial hall. Fundraiser begins March 15 and runs until April 30. To purchase tickets see darwellhall.weebly.com

May 2 - Spring Tea and Rug Show Edmonton Rug Hooking Guild. Admission \$5. 11 am - 2 pm

Pleasantview Community Hall, 10860 57 Ave Tea and Homemade Snacks - All Are Welcome! **NON PROFIT organizations may submit fundraising events for FREE at www.coffee-news.ca. Please submit a minimum of 4 weeks in advance.**

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!
\$400* Prize Package
*Coffee News Bucks
Over 150 participating sponsors!
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

Enter one of three ways:
 1. Scan the QR code
 2. Visit www.coffee-news.ca
 3. Mail your entry*



*Mail your entry to: CN Guy Contest, 9768-170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. Which is not considered a Balkan State—Macedonia, Austria, or Serbia?
2. In what city is Capitoline Hill?
3. Algae blooms give this sea its name.
4. The spice saffron is harvested from the tulip, lily, or crocus flower?
5. About 1.3 million Earths could fit into the Sun—T/F?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)

OOPS...

Want to ensure better turnout at your next event?
 Submit the details of your event for inclusion in our popular "What's Happening" section!
 Visit www.coffee-news.ca today!




Enter your event by scanning here

Proudly Serving Western Canada

Drainage Is Our Business
Weeping Tile Direct

780.371.9528
weepingtiledirect.com

we manufacture 100', 164', 250', and 3800' Maxi coils



yes tv

FREE LIVE STREAMING COMING THIS FALL
 visit yestv.com for details



DIRECT WORKWEAR
www.directworkwear.com


VINTAGE 100% WOOL BLANKETS
 Brand new! Step into warmth and embrace the nostalgia of the 1950s-60s with these military grade blankets. Ideal for travel emergency kits, camping or on the farm.

\$39.95 ea. Scan QR Code To Visit Our Website




Bras don't have to be uncomfortable!
WE CAN HELP!

Romantic Notions Inc.
 #30, 210 McLeod Ave., Spruce Grove
780.962.4944 | 1.855.962.4944
 @romanticnotionsab
 Book your appointment: www.romanticnotions.ca



Pregnant? Facing Difficult Decisions?
 We can help.
 Call **780.421.1177** or text **587.596.5380**

A Small Miracle Adoption
 Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

www.smallmiraclesadoption.com



If you liked Gold Canyon Candles, you are gonna love Sunset Scents!
 They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!
They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles
 a RAY of Fragrance
prairiescentedcandles@gmail.com
www.prairiescentedcandles.com



We've moved...
VISIT US IN OUR NEW LOCATION!
NOW AT 28-308 WESTGROVE DR., SPRUCE GROVE BEHIND MCDONALD'S
YOUR ONE STOP KITCHEN AND GIFT SHOP
780.962.5220 | www.giftsandgadgets.ab.ca

We Need Volunteers In Your Area!
Help us to advocate for a quality of life that all Alberta seniors deserve
Alberta Council on Aging
Contact us: 780.423.7781 | 1.888.423.9666
AN INDEPENDENT NON-PROFIT, CHARITABLE ORGANIZATION SINCE 1967

200+ Delicious Meals Made for SENIORS!
PLEASE ASK US FOR STARTER PACK
NOW SERVING THIS COMMUNITY!
Request your FREE MENU Catalogue today!
780-666-2336
TF: 1-800-704-4779
www.hearttohomemeals.ca

- ✓ Free Delivery*
- ✓ No Obligations
- ✓ No Minimum Orders*

HEART TO HOME MEALS
DELICIOUS MEALS MADE FOR SENIORS™

Coffee News is proud to support Make-A-Wish® Canada
Transform lives, one wish at a time.
Visit makeawish.ca

SHOP ONLINE!
www.scubagearcanada.ca
• Snorkelling Gear • Reef-Safe Sunscreen • Beach Water Shoes • Dry Bags & Wallets • UV Shirts
The Dive Outfitters
Learn to SCUBA DIVE at our Edmonton location - call for details
11781-156 St., Edmonton 780.483.0044
SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

CANADA'S BRAND YOUR COMFORT
NAPOLEON
GEMCO FIREPLACES & WHOLESALE HEATING PRODUCTS
PH: 780-465-9719 9281-50 STREET, EDMONTON, AB
WWW.GEMCOFIREPLACES.COM

Need ONE More Reason to Join?

- 1 You don't have an up to date will
- 2 You don't understand the difference between a trust and a will
- 3 The CRA selects you for an audit
- 4 You need a letter written on your behalf by a lawyer
- 5 You receive a speeding ticket
- 6 You need a lawyer's advice on any matter

Call **LLOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!
LegalShield 1-877-579-9449

Are you a business owner/office manager? Have 3-20 employees in your office? Paying too much for your current phone system?
We can save you up to 50% off your current phone rates!
How? We offer:
✓ VOIP Solutions at a fraction of the traditional carrier cost
✓ Long distance rates that outcompete the competition
587.760.2800
<https://zettatelecom.com>
DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

Your Weekly Horoscope

ARIES (March 20 - April 19)
For the next month, you may have the potential to be running on all cylinders, eager to get things done. If your efforts serve a higher purpose, all the better. Lucky numbers: 10, 32, 34, 37, 40, 42.

TAURUS (April 20 - May 20)
Love, joy, and creativity could be your key words for the next few weeks. What might you want to manifest in this regard, and how could you accomplish it? Lucky numbers: 18, 22, 31, 39, 45, 46.

GEMINI (May 21 - June 20)
Your self-confidence may receive a boost over the next few weeks. Before this dynamic passes, how might you use the energy to overcome current obstacles? Lucky numbers: 13, 20, 22, 30, 33, 41.

CANCER (June 21 - July 22)
For about the next six weeks, be careful of taking impulsive actions that may substantially increase the risks of a major mistake or accident. Look before you leap! Lucky numbers: 4, 8, 9, 31, 38, 47.

LEO (July 23 - Aug. 22)
You may feel somber or subdued early this week. While this dynamic might fade in a few days, do these emotions indicate something you need to face now? Lucky numbers: 9, 16, 17, 20, 23, 26.

VIRGO (Aug. 23 - Sept. 22)
Have you been living in a fog for the past month? This pattern may be starting to disperse, but you might feel another burst of it during the middle of this week. Lucky numbers: 3, 8, 20, 32, 37, 42.

LIBRA (Sept. 23 - Oct. 22)
For the next few weeks, getting your needs met might be a strong desire. This may be a revelation, as Libras often prioritize the needs of others over their own. Lucky numbers: 2, 8, 10, 12, 14, 45.

SCORPIO (Oct. 23 - Nov. 21)
Over the next few weeks, you may encounter a relationship issue. Explore if this could be because your values might not be in alignment with those of your partner. Lucky numbers: 6, 10, 12, 19, 28, 29.

SAGITTARIUS (Nov. 22 - Dec. 21)
Are you working on a project that could use some assistance from others? This may be a good week to ask for help from those who share your values. Lucky numbers: 5, 7, 8, 11, 19, 40.

CAPRICORN (Dec. 22 - Jan. 19)
You may be tempted over the next few weeks to dig in your heels with others about a goal. Are there common values to build a win-win solution with them? Lucky numbers: 20, 23, 32, 34, 42, 46.

AQUARIUS (Jan. 20 - Feb. 18)
You may experience a conflict this week with your relationship or finances. This situation might reflect an issue in your psyche that needs to be addressed. Lucky numbers: 1, 2, 11, 14, 15, 41.

PISCES (Feb. 19 - March 20)
The beginning of the week may offer a brief window for an opportunity to advance your higher ideals. Don't let your fears discourage or hold you back now. Lucky numbers: 7, 12, 15, 17, 27, 43.

Lucky numbers this week: This week's odds favour Sagittarius winners with the luckiest number being 7.

Did You Know...

Older and heavier: Research on aging in America shows older folks are becoming overweight. A study by the National Center for Health Statistics found that 40% of all Americans between ages 65 and 74 are overweight.

Wooded land: Getting lost in the woods can be a bit too easy, and especially so in Canada. The North American country boasts almost 10% of the world's total forest cover. What a lot of trees!

American money: In the U.S., paper currency is comprised of up to 75% cotton and 25% linen. The cotton, and especially the linen, increases the durability, flexibility, and distinctive look and feel of the bills.

What's the difference? Alpacas and llamas are two very similar creatures, but alpacas are considerably smaller than llamas and were bred specifically for their fibre. Alpaca fibre is used to make a wide range of knitted items.

Pickle power: Who knows what power pickles hold? Julius Caesar and other Roman emperors must have thought they held a lot, because they fed pickles to their legions, believing the crunchy food increased their strength.

On the Lighter Side

Why didn't the monocles get together? They didn't want to cause a spectacle.

I'm competing in the stair climbing competition. Guess I better step up my game.

Did you hear about the King Arthur stamp? It's for over knight delivery.

Bell: "Are you a toe dancer?"
Bill: "Why, no."
Bell: "Then please get off my toes!"

Knock! Knock! Who's there? Radio. Radio who? Radio or not, here I come!

Answers

Trivia answers: 1. Austria 2. Rome 3. Red Sea 4. Crocus 5. True

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

inogen CLAIM YOUR 14-DAY RISK-FREE TRIAL!
PORTABLE OXYGEN FOR YOUR ON-THE-GO LIFESTYLE
Call us toll-free at **1-888-998-6714**
*14-day risk-free trial. Return within 30 days of purchase for a full refund of purchase price.
PM220469 EN, EX, USA | Rx Only © 2023 Inogen, Inc.
303 Coonmar Drive, Coletta, CA 95117
Inogen is a trademark of Inogen, Inc. The usage of any Inogen, Inc. trademark is strictly forbidden without the prior consent of Inogen, Inc. All other trademarks are trademarks of their respective owners or holders.

WHIPLASH COMPENSATION?
Get the whiplash compensation you deserve from a trusted team of experienced lawyers. **You pay nothing up front.** Not all injury claims are capped.
1-800-661-4902
WhiplashInformationCentre.com
Braithwaite Boyle Injury Law 800-440-8298
It's The Only Law We Do - Since 1986
Free Initial Consultation
Offices in: Edmonton, Red Deer, and Calgary
ALBERTA OWNED AND OPERATED FOR OVER 35 YEARS

HIP OR KNEE REPLACEMENT?
THE DISABILITY TAX CREDIT ALLOWS FOR A
\$2,500 YEARLY TAX CREDIT
\$30,000 LUMP SUM REFUND
COPD, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.
FOR EXPERT HELP: **1-844-453-5372**
85% SUCCESS RATE!

Know someone in Edmonton in need of a pick-me-up (flowers, live plant, gift)?
We can help!
AWESOME BLOSSOM
Making a difference through flowers
Call us toll free at **1-888-944-1668** or visit awesomeblossom.com

WE OFFER **IN-HOUSE PEDICURE SERVICES** FOR THOSE WHO ARE HOUSEBOUND
Nails by PAM
Manicures • Pedicures
Gel Nails • Brow and Lash Tinting
Senior and Diabetic Pedicures
BY APPOINTMENT ONLY (ROCKY RAPIDS)
780.514.7990

Behaviours in Dementia Toolkit
Practical & Evidence Informed
powered by: **CCSMH** Canadian Coalition for Seniors' Mental Health
Visit our free online library of 230+ resources about dementia-related changes in mood & behaviour today!
www.BehavioursInDementia.ca

Can't get to your Coffee News® each week?
Check out our PDF editions online!
New editions are posted every Monday
Sign up here to receive email notifications of new editions.
Now you never have to miss your weekly dose of good news!
www.coffee-news.ca/editions