

Helping Adoptable Dogs and Cats Find Loving Homes
CAN YOU HELP?



pause4change
 rescue foundation
 www.pause4change.com

DONATE VOLUNTEER FOSTER

Drug Free Pain Relief That Actually Works

- Musculoskeletal Conditions
- Dermatological Conditions
- Neurological Conditions
- Cosmetic Applications
- Wound Healing

ACCELERATE YOUR RECOVERY

Precision Laser & Massage Therapy
 #9, 4908-50 Ave., Olds
 844.282.2321 | 403.907.0241

SCAN TO BOOK NOW

Locally Owned. Genuinely Canadian.

SUNDRE Home hardware building centre

Josh Hengen
 Nicole Weatherbee
 Dealer-Owners

sundrehhbc

403.638.3508 | Hwy 584 W, Sundre | info@sundrehhbc.com

Unsure of the next step?

CALL ACCESS MENTAL HEALTH TO DISCUSS YOUR OPTIONS.
 We can help.

403.943.1500
1.844.943.1500 TF

ADDICTION AND MENTAL HEALTH
 Information & Referral - Calgary Zone

Alberta Health Services Access Mental Health

Recipe of the month

Candied Fruit Hot Cross Buns

2 packages (1/4 ounce each) active dry yeast
 2 cups warm milk (110° to 115°)
 6 tablespoons butter, softened
 2 eggs, lightly beaten
 3/4 cup sugar
 1 teaspoon salt
 6 to 6-1/2 cups all-purpose flour
 1 cup chopped mixed candied fruit

2 teaspoons ground cinnamon
 1 egg yolk
 2 tablespoons water

Icing:
 1-1/4 cups confectioners' sugar
 2 tablespoons milk
 1 tablespoon butter, melted
 1/4 teaspoon vanilla extract

Prep: 30 min + rising Bake: 15 min./batch + cooling Yield: 3 dozen

1 In a large bowl, dissolve yeast in warm milk. Stir in the butter, eggs, sugar and salt. Combine 3 cups flour, candied fruit and cinnamon; add to yeast mixture and mix well. Stir in enough remaining flour to form a soft dough.

2 Turn onto a floured surface; knead until smooth and elastic, about 6-8 minutes. Place in a greased bowl, turning once to grease top. Cover and let rise in a warm place until doubled, about 1 hour.

3 Punch dough down; shape into 2-in. balls. Place 2 in. apart on greased baking sheets. Using a sharp knife, cut a cross on top of each bun. Cover and let rise until doubled, about 30 minutes.

4 Beat egg yolk and water; brush over buns. Bake at 350° for 12-15 minutes or until golden brown. Remove from pans to cool on wire racks. Combine icing ingredients; pipe an "X" on top of each bun.

Source: <https://www.tasteofhome.com>

A cozy little cabin filled with a variety of treasures!

- Crystals & Gems • Gemstone Jewellery
- Sterling Silver Chains
- Himalayan Salt Lamps • SongPods
- Tibetan & Crystal Singing Bowls
- Gemstone Lamps
- Books, Decks & CDs

Angel Card Readings
 with Charlene Money, AGP/AAEP
 Call for details!

403.946.5802

COUNTRY GARDEN CRYSTALS
 Located west of Crossfield - see website for directions: www.countrygardencrystals.ca
 Open Thursday thru Monday, 10 a.m. - 5 p.m. (Closed Tuesday and Wednesday)

36+ Delicious Flavours!

Blueberry Cheesecake
 Moon Mist • Shark Attack
 Birthday Cake • Orange Float
 Cotton Candy • Bubble Gum
 Cookies & Cream

and many more...

TROPICOOOL ICE CREAM

Bubble Tea
 Milkshakes • Smoothys
 Hot & Iced Coffee
 ...With Plenty of Flavours!

403.227.2222

Visit us today at Unit #104, 4911-50 Street | Innisfail

FREE! *New Issue Every Week!*

Coffee News®
"News To Be Enjoyed Over Coffee"

Olds, Innisfail, Sundre and Areas Edition
780-220-6397

www.bvcoffeeneews.ca
 amy@bvcoffeeneews.ca

Vol. 2024 No. 19 May 6, 2024

Everybody's Talking

Strange sight: People looking out their kitchen windows in northern Scotland usually don't expect to see a monkey in their yards. But Carl Nagle, a resident of Kincaig, saw just that. A monkey was by the fence, eating nuts that had fallen from the birdfeeder. Nagle observed that the monkey looked as though he knew he shouldn't have been there. The little fellow turned out to be an escapee from the Highland Wildlife Park, where a troop of 37 Japanese macaques, also known as snow monkeys, make their home. The Royal Zoological Society of Scotland runs the park, which is located within the Cairngorms National Park in Kingussie

Sunken dreams: Empires of the Deep was an expensive cinematic venture funded by Chinese billionaire Jon Jiang about a human-mermaid love story. It started as the cornerstone of a trilogy. This ambitious project aimed not only to grace the silver screen but also to launch an animated series, video game, and even a theme park. However, the undertaking encountered turbulent waters. The screenplay underwent 40 drafts, with A-list actors like Sharon Stone and Monica Bellucci briefly flirting with the project before leaving. Directors came and went, and the film languished in post-production for years. Despite an underwhelming trailer, the film has never been released.

Happy reunion: A dog named Lottie and an escaped male cockatiel called Ernie had a happy reunion in a suburb of Manchester, England. Ernie had disappeared from his home during a storm and was found several weeks later, singing on a bench in a community 6.4 kilometres (4 mi.) away. He was turned over to local animal services, where his chattiness charmed his caregivers. They recorded the bird singing and put the recordings on social media. Ernie's owners saw it, and soon the bird was reunited with his best friend, Lottie. Now the two are back to their old antics, with Ernie perching on Lottie's back for free rides.

Nasal notes: A woman from Aurora, Ontario, Canada, sure knows how to whistle. LuLu Lotus recently earned a spot in the Guinness World Record book with her ability to whistle through her nose. She set the record with a blast that reached 44.1 decibels. Inspired by a documentary she had watched about a person who had set a world record, Lotus knew she could really nose whistle, and when she discovered no one had ever applied for the record, she went for it. She met the strict requirements for earning the distinction by working with Aercoustics Engineering, Ltd., acoustical consultants in the nearby city of Mississauga.

Quoteable Quotes

"Always do what you are afraid to do." —Ralph Waldo Emerson

"The opposite of war isn't peace. It's creation."
 —Jonathan Larson

What's Happening

GET IN WHAT'S HAPPENING - Submit your event to www.bvcoffeeneews.ca and be seen here by thousands of readers each week. Please give 6 weeks notice

Trivia

1. Are oboes and bassoons single or double reed instruments?
2. Who was the subject of Auguste Rodin's sculpture "The Thinker"?
3. This science fiction author co-wrote the movie 2001: A Space Odyssey.
4. Which archipelago nation won independence from the U.S. in 1946?
5. France's Bordeaux region only produces red wine—T/F?

(Flip bottom of page for answers)
 © Published with Permission by Mad Mama Marketing
 (Over)

WHEN YOU GET PAID We Get Paid

WHIPLASH COMPENSATION?

Get the whiplash compensation you deserve from a trusted team of experienced lawyers. You pay nothing up front. Not all injury claims are capped.

1-800-661-4902
 WhiplashInformationCentre.com

Braithwaite Boyle Injury Law 800-440-8298
 It's The Only Law We Do - Since 1986
 Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary
 ALBERTA OWNED AND OPERATED FOR OVER 35 YEARS

Uh-oh.

For mobile auto repair and roadside assistance services you can trust, contact

CAM'S AUTOMOTIVE INC.
587-444-5802

Reasonably priced
 Efficient and honest
 Highly knowledgeable

Brakes • Shocks • Drive Train Repairs
 Tune ups • Oil Changes • Boosts
 Battery Replacement • Unlocks • Tire Change
 Fuel Delivery ...and so much more

Servicing Olds/Innisfail and Sundre

GENERAC

Prepare for power outages today
 WITH A HOME STANDBY GENERATOR

FREE 7-Year Extended Warranty An \$895 Value!

REQUEST A FREE QUOTE
 CALL NOW BEFORE THE NEXT POWER OUTAGE
(844) 944-1991

Mountain View Food Bank Society

Olds Provincial Building
 5025-15 Street, Olds

Open Tuesdays
 9 a.m. - 1 p.m.

Emergency Number: 403.556.1693

THE BEST IN Vein Treatment SERVICES

Tired of ugly veins? We offer sclerotherapy to remove unsightly spider, reticular and varicose veins. And best of all - no downtime!

Call now: **403-335-8829**

SILVERFERN
 AESTHETICS AND VEIN MEDISPA
 2028-17 AVENUE, DIDSBURY
 SILVERFERNMEDISPA.COM

FRIENDLY PROFESSIONAL STAFF

"Everyone will notice... but no one will know."

THIS SPACE FOR RENT

OR SCAN HERE FOR MORE INFO

Call 780-220-6397

ENTER TO WIN!

Find the hidden Coffee News guy...
 Hint: He's about this big in one of the ads

Then send your name and full address via email to amy@bvcoffeeneews.ca or enter online at www.bvcoffeeneews.ca

Tell us the ad in which you found the CN guy hidden, the edition name and date and the location where you picked up Coffee News for a chance to win a great prize!

THIS MONTH'S CONTEST SPONSOR
Bow Valley Coffee News

