

WHEN YOU GET PAID We Get Paid

WHIPLASH COMPENSATION?

Get the whiplash compensation you deserve from a trusted team of experienced lawyers. **You pay nothing up front.** Not all injury claims are capped.

1-800-661-4902
WhiplashInformationCentre.com

Braithwaite Boyle Injury Law 800-440-8298

It's The Only Law We Do - Since 1986
Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary
ALBERTA OWNED AND OPERATED FOR OVER 35 YEARS



TIMBERLAND INSURANCE

OVER 100 YEARS OF COMBINED INSURANCE EXPERIENCE

Agricultural & Commercial Insurance Specialists

Covering All Your Insurance Needs

Contact our Insurance Specialist
Madison Butler: 780.396.8771
timberlandinsurance.ca




THIS SPACE FOR RENT

Call 780-220-6397

OR SCAN HERE FOR MORE INFO



Bras don't have to be uncomfortable!


Romantic Notions Inc.

#30, 210 McLeod Ave., Spruce Grove
780.962.4944 | 1.855.962.4944

@romanticnotionsab

Book your appointment: www.romanticnotions.ca

WE CAN HELP!



Coffee News is proud to support Make-A-Wish® Canada

Transform lives, one wish at a time.

Make-A-Wish

Visit makeawish.ca



We Need Volunteers In Your Area!

Help us to advocate for a quality of life that all Alberta seniors deserve

Alberta Council on Aging

Contact us:
780.423.7781 | 1.888.423.9666

AN INDEPENDENT NON-PROFIT, CHARITABLE ORGANIZATION SINCE 1967



NOW OPEN!

St. Albert Hearing

50 585 St. Albert Trail
Right off St. Albert Trail near Summit Centre and Boston Pizza

- Hearing Tests, Adjustments and Repairs
- Easy Access from Northern AB
- No Referral Needed
- Affordable Hearing Aid Prices
- We Bill AADL/WCB/DVA/NHIB

Amazing Customer Service

Klinton Pilling has moved to a New Location

1-877-906-0605 | stalbertheating.com




FREE! **New Issue Every Week!**

Coffee News®

"News To Be Enjoyed Over Coffee"

Barrhead Edition

877-553-6397



www.coffee-news.ca Est. 1988

Vol. 21 No. 19 May 6, 2024

Everybody's Talking

Strange sight: People looking out their kitchen windows in northern Scotland usually don't expect to see a monkey in their yards. But Carl Nagle, a resident of Kincaig, saw just that. A monkey was by the fence, eating nuts that had fallen from the birdfeeder. Nagle observed that the monkey looked as though he knew he shouldn't have been there. The little fellow turned out to be an escapee from the Highland Wildlife Park, where a troop of 37 Japanese macaques, also known as snow monkeys, make their home. The Royal Zoological Society of Scotland runs the park, which is located within the Cairngorms National Park in Kingussie

Sunken dreams: Empires of the Deep was an expensive cinematic venture funded by Chinese billionaire Jon Jiang about a human-mermaid love story. It started as the cornerstone of a trilogy. This ambitious project aimed not only to grace the silver screen but also to launch an animated series, video game, and even a theme park. However, the undertaking encountered turbulent waters. The screenplay underwent 40 drafts, with A-list actors like Sharon Stone and Monica Bellucci briefly flirting with the project before leaving. Directors came and went, and the film languished in post-production for years. Despite an underwhelming trailer, the film has never been released.

Happy reunion: A dog named Lottie and an escaped male cockatiel called Ernie had a happy reunion in a suburb of Manchester, England. Ernie had disappeared from his home during a storm and was found several weeks later, singing on a bench in a community 6.4 kilometres (4 mi.) away. He was turned over to local animal services, where his chattiness charmed his caregivers. They recorded the bird singing and put the recordings on social media. Ernie's owners saw it, and soon the bird was reunited with his best friend, Lottie. Now the two are back to their old antics, with Ernie perching on Lottie's back for free rides.

Nasal notes: A woman from Aurora, Ontario, Canada, sure knows how to whistle. LuLu Lotus recently earned a spot in the Guinness World Record book with her ability to whistle through her nose. She set the record with a blast that reached 44.1 decibels. Inspired by a documentary she had watched about a person who had set a world record, Lotus knew she could really nose whistle, and when she discovered no one had ever applied for the record, she went for it. She met the strict requirements for earning the distinction by working with Aercoustics Engineering, Ltd., acoustical consultants in the nearby city of Mississauga.

Quoteable Quotes

"Always do what you are afraid to do." —Ralph Waldo Emerson
"The opposite of war isn't peace. It's creation." —Jonathan Larson

What's Happening

May 11 - Plantopia Expo A plant swap and shop event raising funds for a new playground at Leo Knickerson Elementary 10 Sycamore Ave. Plant and other assorted vendors will be present as well as door prizes, silent auction. Expo runs for 11-4pm \$5 admission 14 under free

May 11 - Spring Food Bank Drive From 10:00 till 4:00 Saturday May 11, Service Clubs from St. Albert will be having a FOOD DRIVE to support the St. Albert Food Bank with the service clubs set up at St. Albert Grocery stores to collect public donations. We hope to see you there.

NON PROFIT organizations may submit fundraising events for FREE at www.coffee-news.ca. Please submit a minimum of 4 weeks in advance.

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package

*Coffee News Bucks
Over 150 participating sponsors!
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

Enter one of three ways:
1. Scan the QR code
2. Visit www.coffee-news.ca
3. Mail your entry*



*Mail your entry to: CN Guy Contest, 9768-170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. Are oboes and bassoons single or double reed instruments?
2. Who was the subject of Auguste Rodin's sculpture "The Thinker"?
3. This science fiction author co-wrote the movie 2001: A Space Odyssey.
4. Which archipelago nation won independence from the U.S. in 1946?
5. France's Bordeaux region only produces red wine—T/F?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)

Caregivers Alberta CARING FOR CAREGIVERS

Retired and ready to make an impact?

We believe people over the age of 65 bring invaluable experience and empathy to our team. As a Senior Caregiver Ambassador volunteer, you can help family and friend caregivers in your community who need support by:

- Sharing our brochures at your local community facilities
- Arranging caregiver wellness presentations
- Advocating on issues that matter to caregivers

Make a difference right where you live. Join us today!
www.caregiversalberta.ca/get-involved/volunteer

Email volunteer@caregiversalberta.ca or call 1.877.453.5088



200+ Delicious Meals Made for SENIORS!

PLEASE ASK US FOR STARTER PACK

NOW SERVING THIS COMMUNITY!

- ✓ Free Delivery*
- ✓ No Obligations
- ✓ No Minimum Orders*

*Some conditions apply

Request your **FREE MENU Catalogue** today!
780-666-2336
TF: 1-800-704-4779

HEART TO HOME MEALS
DELICIOUS MEALS MADE FOR SENIORS®
www.hearttohomemeals.ca

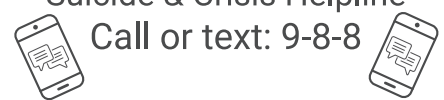


Need to talk?

988 is here for you. 24/7

Suicide & Crisis Helpline
Call or text: 9-8-8

Edmonton.CMHA.ca



Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**

SAFE STEP WALK-IN TUB

1-855-977-9805

With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445



Are you a business owner/office manager? Have 3-20 employees in your office? Paying too much for your current phone system?

We can save you up to 50% off your current phone rates!

How? We offer:

- ✓ VOIP Solutions at a fraction of the traditional carrier cost
- ✓ Long distance rates that outcompete the competition

587.760.2800
<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS




WE BUY USED GOLD AND DIAMONDS

Blue Diamond Jewellers

780.968.0040
Main Street, Stony Plain
www.bluediamondjewellers.com



Can't get to your Coffee News® each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.
Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions




The World's #1 Restaurant Publication!

CANADA'S BRAND YOUR COMFORT

NAPOLEON



GEMCO FIREPLACES
& WHOLESALE HEATING PRODUCTS

PH: 780-465-9719 9281-50 STREET, EDMONTON, AB
WWW.GEMCOFIREPLACES.COM

Barrhead Dental Clinic
Dr. Krishna Mudaliar | Dr. David Hamilton

We look forward to meeting you and your family!

Direct billing to insurance companies

We offer: • Emergency Treatment • Fillings • Same Day Treatment • Root Canals • Extractions • Crowns/Bridges

OUR HYGIENIST FOLLOWS THE 2020 ADA & CEE GUIDE

780.674.3161
barrheaddentclinic@gmail.com | #4, 4923-50 Ave., Barrhead

SOLVING TOOTH LOSS PROBLEMS SINCE 1993

Barrhead DENTURE CLINIC
Marcel Turenne, Denturist

For a NATURAL LOOK, there are a wide variety of tooth moulds and shades available to INDIVIDUALIZE your smile

DIRECT BILLING to insurance companies upon pre-determination of benefits

INQUIRE ABOUT ALBERTA SENIORS DENTAL BENEFIT ELIGIBILITY

5122-49A Street, Barrhead Mon-Fri, 8:30 a.m.-4 p.m. **780.674.4348**
www.barrheaddentures.ca

Wills | Enduring Power of Attorney | Personal Directive | Grants

ESTATE Solutions
SIMPLE AND AFFORDABLE

FREE WILL CONSULTATIONS

Stania Buist, Paralegal
780-228-1255

estate-solutions@outlook.com | www.estate-solutions.ca

WEBSITES
From \$129/Month

(780) 760-6922
FRONTLINECONSULTING.CA

We've moved...
VISIT US IN OUR NEW LOCATION!

Gifts and Gadgets

NOW AT 28-308 WESTGROVE DR., SPRUCE GROVE BEHIND MCDONALD'S

YOUR ONE STOP KITCHEN AND GIFT SHOP
780.962.5220 | www.giftsandgadgets.ab.ca

Ray's Coins and Stamps
THE CHOICE OF DISCERNING COLLECTORS

BUY and SELL

Coins: Graded coins and collectible coins from the Royal Canadian Mint and a few other mints

Tim Hortons Hockey Cards: ...available to finish your set. Text 780.2619.2929 with your list!

Paper Money: Graded Canadian currency

Cell: 780-619-2928
rgrikinis@yahoo.com | www.rayscoinsandstamps.com

Check our showcase # letter "I" at Old Strathcona Antique Market, 10323-78 Ave.

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES
SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Your Weekly Horoscope

ARIES
(March 20 - April 19)



This week your unconscious may offer information about an old trauma. How might you use this understanding for yourself and to help others with their wounds? Lucky numbers: 10, 14, 18, 27, 29, 32.

TAURUS
(April 20 - May 20)



A sudden or unexpected opportunity may arrive midweek. This might be a good time to develop a plan to capitalize on it, but perhaps you should wait a bit to begin. Lucky numbers: 7, 17, 27, 29, 33, 36.

GEMINI
(May 21 - June 20)



At midweek, you may find yourself receiving an avalanche of information. For a few days, try to just let it happen, and then you might be able to sort through it. Lucky numbers: 15, 21, 22, 32, 39, 42.

CANCER
(June 21 - July 22)



At the end of the week, you may be feeling that you want to hide in your shell. Retreating for a few days, if you can do so, might be just what you need. Lucky numbers: 7, 13, 18, 20, 29, 35.

LEO
(July 23 - Aug. 22)



You may feel stuck in the mud at the beginning of the week. Instead of resisting, try to use it as an opportunity to find any flaws in your plans going forward. Lucky numbers: 8, 20, 25, 27, 39, 41.

VIRGO
(Aug. 23 - Sept. 22)



Your talent for precise and detailed work may be highlighted. Don't get so lost in the trees that you can't see the forest, which is the purpose of the work. Lucky numbers: 12, 13, 14, 16, 18, 19.

LIBRA
(Sept. 23 - Oct. 22)



Libras usually are thoughtful and careful in communication. But early this week, you may find yourself being impulsive and or angry, so be aware of this potential. Lucky numbers: 3, 11, 12, 29, 35, 41.

SCORPIO
(Oct. 23 - Nov. 21)



You may feel conflicted this week about what you want. But if you work to understand the source of this issue, you might be better able to find a solution. Lucky numbers: 5, 16, 22, 30, 36, 37.

SAGITTARIUS
(Nov. 22 - Dec. 21)



At midweek, you may find yourself in a stalemate with someone else. If you can't find a solution with them, try waiting a couple of days for the dynamic to ease. Lucky numbers: 1, 3, 8, 9, 11, 24.

CAPRICORN
(Dec. 22 - Jan. 19)



You may run into an obstacle to your efforts at week's end. Rather than trying to bulldoze through it, is there a gentler approach to resolving the issue? Lucky numbers: 6, 13, 17, 27, 44, 46.

AQUARIUS
(Jan. 20 - Feb. 18)



Your humanitarian goals often can be lofty and difficult to attain. The grounded energy in the first half of the week may help you find a new approach to them. Lucky numbers: 2, 4, 7, 33, 35, 47.

PISCES
(Feb. 19 - March 20)



At the beginning of the week, a grounded energy may help you accomplish a goal that otherwise might be hard for you to manifest on the physical plane. Lucky numbers: 4, 11, 16, 24, 33, 39.

Lucky numbers this week: This week's odds favour Aquarius winners with the luckiest number being 7.

Did You Know...

Hot shot: American actor, director, and writer Ben Affleck, who commands millions for his work, isn't just good at Hollywood things. In 2004, he won the California State Poker Championship, earning a cool \$356,400.

Wooden barrel maker: Pirates on ships of the past had many roles. On larger ships, the "cooper" was responsible for the wooden barrels that stored food, water, and other items. A very important position indeed!

Shivering: People are bound to get the shivers when reading this fact. In 1947 in Snag, a small village in Canada's Yukon, a temperature of -63 C (-81.4 F) was recorded. That's about the same temperature as the surface of Mars.

Red and white: Bird watchers love to spot northern cardinals because of their brilliant red plumage. These birds don't migrate, so seeing their bright colour against a snowy background is a treat.

Big jump: If you thought dogs could jump higher than cats, you'd be wrong. With their powerful back legs, the average cat can jump up to seven times their height, which is much greater than their canine friends.

On the Lighter Side

Is there a silent C in Connecticut? No, but there's a noisy ocean offshore.

When you borrow money, find a pessimist. He won't expect you to pay it back.

Joe: "When did you decide to be a parachutist?"
Mo: "When the plane caught on fire."

Knock! Knock! Who's there? Window. Window who? Window you think we'll tire of knock-knock jokes?

Why do puffins carry fish in their beaks? Because they don't have any pockets.

Answers

Trivia answers: 1. Double 2. The poet Dante 3. Arthur C. Clarke 4. The Philippines 5. False

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

Happy **Mother's Day**

from your friends at **Coffee News**



yes tv

FREE LIVE STREAMING COMING THIS FALL

visit yestv.com for details



SHOP ONLINE!
www.scubagearcanada.ca

• Snorkelling Gear • Reef-Safe Sunscreen
• Beach Water Shoes • Dry Bags & Wallets • UV Shirts

The Dive Outfitters
Scuba Diving & Snorkeling
11781-156 St., Edmonton **780.483.0044**

Learn to SCUBA DIVE at our Edmonton location - call for details

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

Need ONE More Reason to Join?

- You don't have an up to date will
- You don't understand the difference between a trust and a will
- The CRA selects you for an audit
- You need a letter written on your behalf by a lawyer
- You receive a speeding ticket
- You need a lawyer's advice on any matter

Call **LLOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!

LegalShield 1-877-579-9449

Pregnant? Facing Difficult Decisions?
We can help.
Call **780.421.1177** or text **587.596.5380**

A Small Miracle Adoption
Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

www.smallmiraclesadoption.com

inogen CLAIM YOUR **14-DAY RISK-FREE TRIAL!**

PORTABLE OXYGEN FOR YOUR ON-THE-GO LIFESTYLE

Call us toll-free at **1-888-998-6714**

*14-day risk-free trial. Return within 30 days of purchase for a full refund of purchase price.
PM220469 EN, EX, USA | In Only © 2023 Inogen, Inc.
303 Cooper Drive, Golden, CO 80117
Inogen® is a trademark of Inogen, Inc. The usage of any Inogen, Inc. trademark is strictly forbidden without the prior consent of Inogen, Inc. All other trademarks are trademarks of their respective owners or holders.



HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A **\$2,500** YEARLY TAX CREDIT

\$30,000 LUMP SUM REFUND

COPD, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

FOR EXPERT HELP: **1-844-453-5372**

85% SUCCESS RATE!



It's not just a generator. It's a power move.

Receive a free 7-year warranty with qualifying purchase* - valued at \$945.

Call 888-688-0973 to schedule your free quote!

GENERAC

*Terms and Conditions apply.

