

Recipe of the month

Favourite Barbecued Chicken

2 broiler/fryer chickens (3 to 4 pounds each), cut into 8 pieces each
Salt and pepper
Barbecue Sauce:
2 tablespoons canola oil
2 small onions, finely chopped
2 cups ketchup
1/4 cup lemon juice
2 tablespoons brown sugar
2 tablespoons water
1 teaspoon ground mustard
1/2 teaspoon garlic powder
1/4 teaspoon pepper
1/8 teaspoon salt
1/8 teaspoon hot pepper sauce

Prep Time: 15 min Grill Time: 35 min Yield: 12 servings

- Sprinkle chicken pieces with salt and pepper. Grill, skin side down, uncovered, on a greased rack over medium heat for 20 minutes.
- Meanwhile, in a small saucepan, make barbecue sauce by heating oil over medium heat. Add onion; sauté until tender. Stir in remaining sauce ingredients and bring to a boil. Reduce heat; simmer, uncovered, for 10 minutes.
- Turn chicken; brush with barbecue sauce. Grill 15-25 minutes longer, brushing frequently with sauce, until a thermometer reads 165° when inserted in the breast and 170°-175° in the thigh.

The perfect recipe for May... National Barbecue Month!

Source: <https://www.tasteofhome.com>

A cozy little cabin filled with a variety of treasures!

- Crystals & Gems • Gemstone Jewellery
- Sterling Silver Chains
- Himalayan Salt Lamps • SongPods
- Tibetan & Crystal Singing Bowls
- Gemstone Lamps
- Books, Decks & CDs

Check our website calendar for upcoming workshops and events!

Angel Card Readings with Charlene Money, AGP/AAPF Call for details!

403.946.5802

COUNTRY GARDEN CRYSTALS

Located west of Crossfield — see website for directions: www.countrygardencrystals.ca
Open Thursday thru Monday, 10 a.m. - 5 p.m. (Closed Tuesday and Wednesday)

Congratulations

to our latest contest winner for finding "Beans, the Coffee News Guy."

JoAnn Whiteside
found "Beans" at Subway in Carstairs

Enter today for your chance to win!

www.bvcoffeeneews.ca

Helping Adoptable Dogs and Cats Find Loving Homes

CAN YOU HELP?

pause4change rescue foundation
www.pause4change.com

DONATE VOLUNTEER FOSTER

TOP \$\$\$ PAID FOR SCRAP CARS

DJ'S TOWING AND SCRAP CAR REMOVAL

CALL FOR A QUOTE: **403.922.2412**

ACCESSIBLE WELLNESS SOLUTIONS IN COCHRANE

THE VALLEY'S ALL-INCLUSIVE ALTERNATIVE THERAPY CENTRE

Start your journey today...

we offer:

- Massage and Bodywork Therapies
- Deep Tissue Massage
- Reflexology
- Fire Cupping

403-609-8716

124 River Avenue, Cochrane (above Bike Brothers)
kayla@positivehealing.ca
www.positivehealing.ca

POSITIVE HEALING ALTERNATIVE THERAPY | CRYSTALS | YOGA

AVAILABLE FOR PRIVATE AND GROUP SESSIONS, CLASSES AND RETREATS

FREE! New Issue Every Week!

Coffee News®

"News To Be Enjoyed Over Coffee"

Carstairs, Crossfield, Didsbury Edition

780-220-6397

www.bvcoffeeneews.ca
amy@bvcoffeeneews.ca

Vol. 2024 No. 20 May 13, 2024

Everybody's Talking

Replicated monument: The Taj Mahal in the city of Agra, India, was built in the 17th century by Shah Jahan, a Mughal emperor, in honour of his wife. It's a huge tourist attraction because of its history and detailed latticework. But another Taj Mahal exists that is smaller than the original. This one was built more recently by businessman Anand Prakash Chouksey in Burhanpur in the state of Madhya Pradesh. He wanted to present his wife with a special gift, so he had the building constructed on their large property, at a cost of 20 million Indian rupees. The couple lives in the home and allows visitors to come onto the grounds to take pictures.

Costumed chase: Someone at Japan's Kamine Zoo, located in Hitachi City, may have seen an unusual sight. A zoo worker, dressed in a bear costume, was being chased by other zoo employees and emergency personnel. But the scene was all planned. The zoo and emergency agencies were participating in an escaped animal drill. The scenario was based on the assumption that an extremely intense earthquake could break a glass window and allow a bear to escape from its enclosure. Strategically positioning their vehicles, and using nets, the participants were able to corner the fake bear so they could return it to its enclosure.

Food criminal: Eating and running is criminal, but a Dutch man outdid himself by committing this crime 127 times over the course of a few years. The man, from the city of Delft, didn't cheat the restaurants by dining and dashing. Instead, he would fake illness just before the bill came. In a recent attempt, paramedics were called, but when they found nothing wrong with him, they refused to take him to a hospital. The restaurant owner, feeling sorry for the man, suggested he pay later and took his address. That exposed the scam because he'd given different information to the paramedics. Police investigated and found 127 complaints from other restaurateurs about the man.

Speed traps: In Italy, a criminal has become known as "Flexman." People gave him the nickname because he uses a tool called an angle grinder, which was invented by a company called Flex, to cut down the poles that hold speed cameras. No one knows who Flexman is, but motorists are fans because they don't like paying the fines for speeding that's caught on camera. However, authorities are quite concerned about this vigilante's actions because he is harming the country's infrastructure and causing many thousands of euros in damages. Police say the speed traps work to make roads safer because they encourage drivers to slow down.

Quoteable Quotes

"Appreciation is a wonderful thing. It makes what is excellent in others belong to us as well."
—Voltaire

"Youth is wholly experimental."
—Robert Louis Stevenson

What's Happening

Sundays. Bragg Creek Farmers Market. Running every Sunday from Jun 16 to Sep 22 from 10am to 3pm. Still room for vendors and food trucks. Email info@braggcreekca.com for all the info.

Calgary Boys' Choir 50th Anniversary- Come celebrate and hear our boys alumni community chorus, and alumni guests! Workshop May 23-25 for tenors baritones and basses. 50th Concert Reception with Silent Auction 3 pm Sunday May 26. Visit calgaryboyschoir.com50years

Hello RV Campers! Consider joining our RV Club's friendly, fun bunch. Monthly May to Sept. Camp outs within about 2 hours of Calgary, and off season Sunday brunches. For more info, please Email June at juwil80@telus.net

Kidney March 3 Days 100 KM Kananaskis to Calgary Sept 6-8 2024

Walk the farthest you have ever walked and raise the most you have ever raised in the fight against kidney disease and for organ donation. Join us for Kidney March www.kidney.ca **GET IN WHAT'S HAPPENING** - Submit your event to www.bvcoffeeneews.ca and be seen here by thousands of readers each week. Please give 6 weeks notice

Trivia

1. A team in the sport of curling has 2, 4, or 8 members?
2. _____ is the official name of the surgical procedure called a "nose job."
3. Which is the only Central American country to not border the Caribbean Sea?
4. The dot over the letters "i" and "j" is called a bittle, sploot, or tittle?
5. Trinitrotoluene is more commonly known as what?

(Flip bottom of page for answers)
© Published with Permission by Mad Mama Marketing
(Over)

Free Evaluation

Find out how much equity you have!

Experience the difference in Real Estate services. Small town values, BIG city results! Your NEW in town GO TO Real Estate Professional

Jesse Argueta
REAL ESTATE PROFESSIONAL, REAL BROKER
jesseargueta@gmail.com
403.470.1003 | dochomesforsale.com

HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A

\$2,500 YEARLY TAX CREDIT

\$30,000 LUMP SUM REFUND

COPD, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

FOR EXPERT HELP: **1-844-453-5372**

85% SUCCESS RATE!

Located at 263156 Range Rd 53, on the 1A Hwy

YAMNUSKA WOLFDOG SANCTUARY

A non-profit organization that oversees the rescue and safe sanctuary for wolfdogs that have been neglected, abandoned, or otherwise displaced.

Through its educational programs, the Sanctuary discusses the challenges of wolfdog ownership and promotes responsible ownership by outlining what a suitable home should look like. The Sanctuary also touches on the importance of preserving wolves in the wild!

For further details about our mission, please call 587-890-WOLF (9653) or visit yamnuskawolfdogsanctuary.com

You can also find details there about our **Intro Tours** and **Interactive Tours**, including pertinent age restrictions.

EAT WHAT YOU LIKE IN COMFORT

DENTURE CARSTAIRS CLINIC

Across from the Carstairs CO-OP **403-337-2880**

JV ROOFING & Exteriors

- No Wait Time
- Re-Siding
- New Roof
- Quality Workmanship
- Re-Roof
- Free Quotes
- New Siding
- Insurance Claims Welcome

587-378-ROOF (7663)
www.jvroofingsiding.com

CWC Carstairs Waste Control

722 - 9 Avenue, North • Carstairs
403.337.2870
carstairswastecontrol@yahoo.com

Waste Bin Rentals
HOUSEHOLD AND CONSTRUCTION BINS
4 cubic yard to 30 cubic yard waste bins available!

www.carstairswaste.com

ENTER TO WIN!

Find the hidden Coffee News guy...
Hint: He's about this big in one of the ads

Then send your name and full address via email to amy@bvcoffeeneews.ca or enter online at www.bvcoffeeneews.ca

Tell us the ad in which you found the CN guy hidden, the edition name and date and the location where you picked up Coffee News for a chance to win a great prize!

THIS MONTH'S CONTEST SPONSOR

Sparkle And Shine CAR & DOG WASH

Need to talk?

988 is here for you. 24/7

Suicide & Crisis Helpline
Call or text: 9-8-8

DistressCentre.com/988

Struggling To Take Care of Your Feet?

Whether you suffer from ingrown nails, athlete's foot, corns, skin and nail fungus infections, or other common foot ailments... help is just a call away with Certified Podologist, Marion.



Toes On The Go Footcare

Call today for more information: 403-620-7851
marion@toesonthego.care • toesonthego.care

THE BEST IN Botox/Filler SERVICES

Reclaim your youthful looks! Botox and Fillers are an incredible way to combat wrinkles and reduce worry lines in the forehead, between the eyebrows, and smile and laugh lines.

Call now: 403-335-8829



SILVERFERN
AESTHETICS AND VEIN MEDSPA
2028-17 AVENUE, DIDSBURY
SILVERFERNMEDSPA.COM

"Everyone will notice... but no one will know."

WE ARE Hiring!



SCAN TO APPLY



Full-Time, Year Round Employment and Seasonal Opportunities Available

- Journeyman Heavy Duty Mechanic or Interprovincial Red Seal
- Heavy Duty Mechanic Apprentice
- Class 1 Drivers
- Class 3 Operators
- Equipment Operators
- Labourers
- Traffic Control Personnel
- Traffic Accommodation Supervisors
- Project Administrators
- Construction Superintendents
- Lead Hand
- Administrative/Shop Summer Student

It's not just a generator. It's a power move.

Receive a free 5-year warranty with qualifying purchase* - valued at \$715.

Call 844-944-1991 to schedule your free quote!

*Terms and Conditions apply.

GENERAC



VISIT US AGAIN FOR THE First TIME!

Sorelle Amore



- Manicures
- Pedicures
- Nail Extensions

PROUD WINNER, SPA CATEGORY CANADIAN CHOICE AWARDS

Call 403-335-9854

2028-17 Avenue, Didsbury
sorelleamore2022@gmail.com
sorelleamorespa.ca



WHEN YOU GET PAID We Get Paid

WHIPLASH COMPENSATION?

Get the whiplash compensation you deserve from a trusted team of experienced lawyers.

You pay nothing up front. Not all injury claims are capped.

1-800-661-4902

WhiplashInformationCentre.com

Braithwaite Boyle
Injury Law 800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

ALBERTA OWNED AND OPERATED FOR OVER 35 YEARS



Your Weekly Horoscope

ARIES

(March 20 - April 19)



Do you know what you want to do in this lifetime? In the next few weeks, you may have opportunities to advance this effort, so be sure that you are clear. Lucky numbers: 5, 7, 14, 16, 26, 29.

TAURUS

(April 20 - May 20)



Be open this week to an "aha" moment. As much as you might be tempted, you may want to consider waiting a bit for the idea to settle down before acting. Lucky numbers: 4, 10, 13, 26, 31, 43.

GEMINI

(May 21 - June 20)



A Gemini mind often races quickly, taking in as much information as possible. However, for the next few weeks, the energetic pattern will encourage you to slow down. Lucky numbers: 11, 18, 23, 33, 44, 48.

CANCER

(June 21 - July 22)



In the next few weeks, you may have a good opportunity to present your goals to others. Your communication style might be streamlined and well grounded right now. Lucky numbers: 13, 17, 24, 27, 28, 31.

LEO

(July 23 - Aug. 22)



Your keywords early in the week are leadership and courage. Toward what goal do you want to direct these qualities? How can you use these few days well? Lucky numbers: 9, 14, 18, 24, 26, 32.

VIRGO

(Aug. 23 - Sept. 22)



In the middle of this week, be sure to pay attention to the little details. Right now, this effort may be focused on your health or on your work routines. Lucky numbers: 6, 10, 15, 21, 33, 48.

Lucky numbers this week: This week's odds favour Leo winners with the luckiest number being 9.

Did You Know...

Mr. Universe: Sean Connery, the Scottish actor who died in 2020 at age 90, wasn't always known as James Bond. He started out as a bodybuilder, and even competed in the Mr. Universe pageant, which jump-started his acting career.

Mouth for liars: The ancient carving Bocca della Verità (Mouth of Truth) is said to bite off the hands of liars. But it's actually harmless, even if someone sticks a hand in its mouth. The statue is located at Rome's Basilica of Santa Maria in Cosmedin.

Filling breakfast: A hearty breakfast in India or East Indian restaurants around the world is a *masala dosa*. With a batter of rice and black lentils, this crepe is filled with potatoes, onions, and spices, and served with pickles and chutney.

Statue's footwear: In New York City, the Statue of Liberty has greeted immigrants arriving in the harbour since 1886. The giant lady wears sandals that are 25 feet (7.6 m) long. Her shoe size would be 879!

Get the message: Semaphore flag signaling is a communication system dating to the late 18th century. It was used to carry messages in the French army. Small flags held in various positions represent letters and numerals.

On the Lighter Side

Knock! Knock! *Who's there?* Wooden shoe. *Wooden shoe who?* Wooden shoe like to be my neighbour?

What's big, furry, and does a lot of sit-ups? The abdominal snowman.

Going to the Emerald Isle would be fun. Irish I could go this summer.

My teenage daughter thinks I am nosy. At least, that's what she says in her diary.

Teacher: "You're late but why are you crawling into class?"
Student: "You said, 'Don't anyone dare to walk into class late!'"

Answers

Trivia answers: 1. 4 2. Rhinoplasty 3. El Salvador 4. Title 5. TNT

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Mad Mama Marketing

inogen

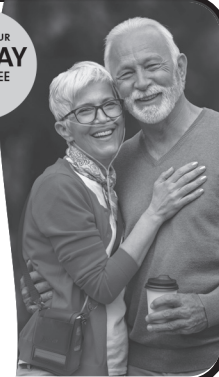
CLAIM YOUR 14-DAY RISK-FREE TRIAL!

PORTABLE OXYGEN FOR YOUR ON-THE-GO LIFESTYLE

Call us toll-free at 1-833-301-1878

*14-day risk-free trial. Return within 30 days of purchase for a full refund of purchase price.

PM220469 EN, EX, USA | Rx Only © 2023 Inogen, Inc. 303 Coonram Drive, Goleta, CA 93117 Inogen is a trademark of Inogen, Inc. The usage of any Inogen, Inc. trademark is strictly forbidden without the prior consent of Inogen, Inc. All other trademarks are trademarks of their respective owners or holders.



Unsure of the next step?



CALL ACCESS MENTAL HEALTH TO DISCUSS YOUR OPTIONS. We can help.

403.943.1500 1.844.943.1500 TF

ADDITIONAL MENTAL HEALTH Information & Referral - Calgary Zone

Alberta Health Services Access Mental Health

PROUD SPONSOR OF THE CAN CONTEST



Sparkle And Shine CAR & DOG WASH



901A Hwy 2A, Carstairs | 403-586-8519

Taking Care of Your Family Needs

Seniors Receive 10% Off Every Day!

VALUE DRUG MART
403.335.3307
1710 - 20 Street, Didsbury • www.valuedrugmart.com

Free Prescription Delivery - Giftware Household Products - Homecare Supplies

Keeping it in the Community

We get you on the road again

Complete Suite of RV Repair Services

- Renovations
- Bearing Repack
- Solar
- Hail Damage
- Insurance Claims

BOOK YOUR SAFE 'N SOUND INSPECTION NOW!

Bay 1 - 29 East Lake Way NE, Airdrie

SWIFT RV repairs
403.919.4911

Visit swiftvrepairs.com for full list of services!

Call today and receive a FREE SHOWER PACKAGE PLUS \$1600 OFF

SAFE STEP WALK-IN TUB
1-844-995-4468

With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445

THIS SPACE FOR RENT

OR SCAN HERE FOR MORE INFO



Call 780-220-6397

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com

Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005