

WHEN YOU GET PAID We Get Paid

# WHIPLASH COMPENSATION?

Get the whiplash compensation you deserve from a trusted team of experienced lawyers. You pay nothing up front. Not all injury claims are capped.

**1-800-661-4902**  
WhiplashInformationCentre.com

**Braithwaite Boyle**  
Injury Law 800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

ALBERTA OWNED AND OPERATED FOR OVER 35 YEARS

**FREE!** New Issue Every Week!

# Coffee News®

"News To Be Enjoyed Over Coffee"

**Sherwood Park South Edition**  
**780-220-6397**

www.coffee-news.ca Est. 1988

We've moved... VISIT US IN OUR NEW LOCATION!

**Gifts and Gadgets**

NOW AT 28-308 WESTGROVE DR., SPRUCE GROVE BEHIND MCDONALD'S

YOUR ONE STOP KITCHEN AND GIFT SHOP

780.962.5220 | www.giftsandgadgets.ab.ca

IF WATER RUNS THROUGH IT, WE DO IT!

# LUC'S PLUMBING INC.

CERTIFIED GASFITTER Your Local Plumber

**780-405-0436**  
lucsplumbinginc@gmail.com

Proudly Serving Sherwood Park & Surrounding Areas  
**NO CALL OUT FEE IN SHERWOOD PARK!**

Life's busy. We can help.

Kitchens • Bathrooms • Bedrooms  
Dusting • Mopping • Vacuuming

# Maids of Sherwood

780.604.0528 maidsofsherwood@gmail.com

FLEXIBLE OPTIONS TO SUIT YOUR SCHEDULE AND LIFESTYLE:  
One Time | Weekly | Bi-Weekly | Monthly

**ASTER GARDENS**

## Memory Care at Aster Gardens

Come and thrive in our Memory Care program designed with you in mind, in partnership with U of A.

Limited Suites Available

UNIVERSITY OF ALBERTA

Call to ask questions or book a tour  
astergardens.ca | 780-902-7837

7 Brower Dr, Sherwood Park

# BUBONIC KRONIK

SMOKE AND VAPE

99 WYE ROAD, SHERWOOD PARK  
Monday to Saturday, 10-9 | Sunday, 11-6

OPEN 365 DAYS A YEAR

the **MAKERS** keep

A local collective boutique with over 350 vendors from all across Alberta!

112, 2755 Broadmoor Blvd Sherwood Park  
@tmksherwoodpark @themarkerskeep

587.200.0473  
www.themarkerskeep.com

Better Together! **MASSAGE & FACIAL**

Book a regular priced Massage and get a Facial for just **\$89<sup>95\*</sup>**

\*See in store for full details.

**HAND & STONE** REGISTERED MASSAGE FACIALS HAIR REMOVAL

780.570.9747 | handandstone.ca | 301 Wye Rd Unit 49, Sherwood Park

Vol. 21 No. 21 May 20, 2024

## Everybody's Talking

**Pretty in pink:** A woman from Romania loved trucks so much that she decided to become a driver. But in the male-dominated industry, the woman, whose name is Georgeta, wanted to show her femininity by decorating her truck the way she desired: in pink! As trucking companies would not be amenable to such a colour scheme, Georgeta bought her own truck and is now working for herself. Her truck has a pink paint job, both inside and out. Even the steering wheel and dashboard boast her favourite colour. On her long drives, Georgeta has the company of her two cats: Norocel and Pisy. Georgeta has become known as Trucker Barbie.

**Seeing things:** Most people who are thinking about getting a tattoo don't consider an image in 3D. But that's what a tattoo artist from Portland, Oregon (U.S.), has started to make famous. Known as Winston the Whale, this artist uses inks of red and blue to create simple pictures on people's skin. By overlaying the image in both colours, he produces the 3D look that moviegoers used to see when they wore specially designed glasses. Usually Winston the Whale's designs are quite simple, ranging from a cactus under a half-moon to spaceships, mountain scenes, a piece of pizza, or a skull. In any case, the viewer's eye sees what appears to be a three-dimensional image.

**Hotel stay:** The cost of accommodation is going up everywhere, but a large family in China figured out a way around it. From Nanyang, Henan province, the family of eight moved into a luxury hotel suite that has two bedrooms and a living area. Because they no longer have to pay utilities like heat, electricity, water, and parking, the family can afford this option more easily than living in an apartment. Mu Xue, a family member, claims that everyone loves living in the hotel because it is convenient and comfortable, and that they may stay forever. The hotel gave the family a special rate of 1,000 Yuan (CNY) because of their indefinite stay.

**Mistaken identity:** For years, the Allentown Art Museum in Allentown, Pennsylvania (U.S.), showcased a painting thought to be the work of a student from the studio of legendary Dutch artist Rembrandt. However, a routine cleaning and restoration project unveiled a secret hidden beneath layers of old varnish. Advanced imaging techniques showed brushstrokes that experts say unmistakably identify the piece as belonging to Rembrandt himself, promoting "Portrait of a Young Woman" from a mere curiosity to a multimillion-dollar masterpiece overnight. This discovery not only redefined the museum's collection, but also reminded the art world of the mysteries that can hide in plain sight.

## Quoteable Quotes

"So often in life, things that you regard as an impediment turn out to be great, good fortune."  
—Ruth Bader Ginsburg

"Art is not a reflection of reality; it is the reality of reflection."  
—Jean-Luc Godard

## What's Happening

**Jun 5 - CMHA Edmonton - Mental Health Golf Classic**  
Our annual golf tournament will be held at the Belvedere Golf and Country Club in Sherwood Park. For more info visit [www.edmonton.cmha.ca](http://www.edmonton.cmha.ca) or contact Persephone Spurgeon, 780-905-7406.

**Aug 21 - Links fore Literacy Charity Golf Tournament 2024**  
The Links fore Literacy Charity Golf Tournament is the Centre for Family Literacy's annual summer fundraising event. Proceeds from the tournament support the Centre's adult and family literacy programs. For more information, visit [familit.cagolf2024](http://familit.cagolf2024)

NON PROFIT organizations may submit fundraising events for FREE at [www.coffee-news.ca](http://www.coffee-news.ca). Please submit a minimum of 4 weeks in advance.

**Hidden Coffee News Guy ADVENTURE**

Find the Coffee News Guy hidden in one of the ads, then enter to win!

**\$400\* Prize Package**  
\*Coffee News Bucks  
Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

Enter one of three ways:  
1. Scan the QR code  
2. Visit [www.coffee-news.ca](http://www.coffee-news.ca)  
3. Mail your entry\*

\*Mail your entry to: CN Guy Contest, 9768-170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

## Trivia

1. Where are the islets of Langerhans?
2. What is sought in the opera Parsifal by Richard Wagner?
3. The Leonid meteor showers were named for a Russian scientist—T/F?
4. In 1666, the Great Fire of this city started in a bakery.
5. Whose wife, in the nursery rhyme, could eat no lean?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd  
(Over)

# ART CLASSES

Artfully Yours School of Fine Art

- \* Drawing \* Painting
- \* Sculpture
- \* Portfolio Preparation

#126  
150 Chippewa Road (upstairs)  
Sherwood Park

**780.449.3824**  
info@artfullyyourschool.ca  
artfullyyourschool.ca

GIFT CERTIFICATES AVAILABLE!

LIMITED ENROLMENT - REGISTER TODAY

NOW IN SHERWOOD PARK!

## COMPLIMENTARY HEARING TESTS 55+

# MELODY HEARING CLINIC

101 Granada Blvd, Unit 113 Sherwood Park

587.689.7249 | [www.melodyaudiology.com](http://www.melodyaudiology.com)

CANADA'S BRAND YOUR COMFORT

# NAPOLEON

GEMCO FIREPLACES & WHOLESALE HEATING PRODUCTS

PH: 780-465-9719 9281-50 STREET, EDMONTON, AB  
[WWW.GEMCOFIREPLACES.COM](http://WWW.GEMCOFIREPLACES.COM)

NOW ACCEPTING NEW CLIENTS

# THOSE GUYS GARAGE

All services performed by qualified service technicians

**587-456-0164** Family Owned and Operated

241 Portage Close, Unit 140 (across from Atco Gas)

**Sonia Sells!**

**SONIA TARABAY**  
#1 AGENT  
RE/MAX ELITE (2017 - 2022)

780.707.6015  
[SONIASSELLS.COM](http://SONIASSELLS.COM)

NOW OPEN IN ARDROSSAN!  
780.922.1788

HOME | AUTO | LIFE | RRSP TFSA  
GROUP | BUSINESS | FARM | TRAVEL

"The Insurance Guyz"  
**Tom & Todd**

Tom Ciezki Todd T. Fournier

# co-operators®

Investments. Insurance. Advice.

780.464.3279 Aspen Plaza 260, 3820 Sherwood Dr. Sherwood Park  
780.632.3240 #136, 4925-50 Ave. Vegreville  
780.895.7303 5124-50 Ave. Lamont

The World's #1 Restaurant Publication!

**We've got you covered!** CALL FOR YOUR FREE ESTIMATE TODAY

Serving Edmonton and Area for Generations

**ALF'S ROOFING**  
780.464.6464

- Specializing in residential re-roofing
- Visit our showroom today
- In business since 1976

**alfsroofing.com**



**HIP OR KNEE REPLACEMENT?**

THE DISABILITY TAX CREDIT ALLOWS FOR A

**\$2,500 YEARLY TAX CREDIT**

**\$30,000 LUMP SUM REFUND**

COPD, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

FOR EXPERT HELP:  
**1-844-453-5372**

85% SUCCESS RATE!



**Welcoming new patients!**

Offering a full line of dental services, including

- Invisible Braces
- Myofunctional Therapy
- Snore and Apnea Appliances

**PARK DENTAL**

WELLNESS CENTRE #302, 2018 Sherwood Dr.

**780.467.2444**  
www.parkdentalcare.ca

We are pleased to announce that Dr. Sabrina Atwal has joined our team



**"A Proven Leader in Digital Security"**

- Commercial CCTV Surveillance Solutions
- Commercial Access Control Solutions
- Commercial Alarm Solutions
- Rural Farm and Acreage Solutions

LOCALLY OWNED AND OPERATED

**EAGLE EYE SECURITY SOLUTIONS LTD.**

**780.570.5974 | eesecuritysolutions.ca**




Real Estate | Wills | Contracts

**HOMESTEAD**  
..... L A W .....

Tamara D. Epple B.A., J.D.

780.243.2116  
www.homesteadlaw.ca

"OUR GOAL IS TO MAKE CLIENTS FEEL LIKE FAMILY"



**LANDSCAPE MAINTENANCE AND INSTALLATION**

Mowing, Trimming, Edging • Fertilizing  
Bed Maintenance, Weeding, Enhancements  
Final Grades, Paving Stones, Retaining Walls

**THREE SEASONS LANDSCAPING LTD.**

**780-922-4619** landscape industry certified

www.ThreeSeasonsLandscaping.ca




**RETIREMENT LIVING**

**CHRISTENSON**

Optional Meals • Personalized Services • On-Site Care

**Join Our Vibrant Community**

**Bedford Village**  
Centre in the Park  
SHERWOOD PARK

Full Kitchens • Social & Recreation • U/G Parking


161 Festival Way, Sherwood Park

**780-540-9500**  
CDLhomes.com




# Your Weekly Horoscope

**ARIES**  
(March 20 - April 19)

 This may be a good time to engage with others about projects that are important to you. However, be sure to remember the adage to think before you speak. Lucky numbers: 14, 17, 21, 43, 45, 46.


**TAURUS**  
(April 20 - May 20)

 Your grounded nature may be spotlighted this week. Seek opportunities to improve your finances or love life. Whatever you pursue should align with your highest values. Lucky numbers: 6, 15, 16, 27, 32, 48.

**GEMINI**  
(May 21 - June 20)

 A lot of energy will be in Gemini for the rest of this year, particularly the next month. This may be an opportunity to highlight your talents, if you choose to seek it. Lucky numbers: 17, 21, 24, 38, 44, 45.


**CANCER**  
(June 21 - July 22)

 Cancer-borns may tend to prioritize their heart over their head. For a few days at the end of the week, the potential exists to balance your feelings and thoughts. Lucky numbers: 1, 10, 17, 21, 34, 43.


**LEO**  
(July 23 - Aug. 22)

 Your natural optimism may be supercharged for the next month. This could be a good time to initiate opportunities to expand your efforts, but be careful of overreaching. Lucky numbers: 5, 17, 19, 24, 25, 35.


**VIRGO**  
(Aug. 23 - Sept. 22)

 For the next month, those around you may be swirling in a flurry of activity. Be sure to recognize when to follow their lead and when to go your own way. Lucky numbers: 11, 12, 14, 37, 41, 44.


**LIBRA**  
(Sept. 23 - Oct. 22)

 Libras like to talk out all aspects of an issue, sometimes ad nauseam. For the next few months, however, you may find that others are more willing to do so than usual. Lucky numbers: 4, 11, 17, 19, 27, 35.


**SCORPIO**  
(Oct. 23 - Nov. 21)

 At midweek, you may feel very uncomfortable. Taking a few days to examine your emotions may invite some important information that could trigger a significant breakthrough. Lucky numbers: 9, 16, 21, 24, 32, 34.


**SAGITTARIUS**  
(Nov. 22 - Dec. 21)

 Did you develop a new set of goals at your birthday about six months ago? If so, what progress have you made since then? Where might you need to correct your course? Lucky numbers: 3, 15, 24, 26, 32, 40.


**CAPRICORN**  
(Dec. 22 - Jan. 19)

 Capricorns often wish to build a stable and successful foundation in their lives. For a few days at the end of the week, the energy will support this cherished effort. Lucky numbers: 10, 12, 14, 25, 29, 43.

**AQUARIUS**  
(Jan. 20 - Feb. 18)

 Is there a fear or other issue that has held you back from who you really are? The energy this week is conducive to personal transformation. How might you use it? Lucky numbers: 2, 9, 13, 19, 47, 48.

**PISCES**  
(Feb. 19 - March 20)

 Your intuitive and psychic abilities may be heightened this week. Planning a positive outlet could help avoid the potential to be overwhelmed by incoming information. Lucky numbers: 8, 12, 13, 14, 31, 42.

Lucky numbers this week: This week's odds favour Gemini winners with the luckiest number being 17.

## Did You Know...

**Twisting fun:** The game "Twister" involves dots on a floor mat and people as the playing pieces. Like its title, people do a lot of twisting. Reyn Guyer invented it in 1964. Charles Foley and Neil Rabens helped with artwork and design.

**Lawyer first:** American author John Grisham has published more than 50 books. Before writing novels, he was a lawyer, which is why most of his books feature lawyers as main characters. His first bestseller was *The Firm*.

**Blown away:** During Paris Fashion Week in 2007, both audience and models were "blown away" by the runway design. Using cyclone technology from his vacuum cleaners, James Dyson created wind machines to blow air at the models.

**Sweet goodness:** Germany is the home of authentic marzipan, a sweet dessert loved by many. It's made of only ground almonds and sugar, but many recipes call for other ingredients like egg whites and almond extract.

**Big Ben:** The clock tower in London, England, affectionately known as Big Ben opened in 1859. The tower's formal name is Elizabeth Tower. The nickname actually refers to the clock's 13.7-metric tonne bell inside.

## On the Lighter Side

Where did Napoleon keep his armies? Up his sleeves.

A long shot was leading the big horse race, but not furlong.

Did you hear about the podiatrist who ran for mayor? He was de-feeted.

Customer: "I'll have a hamburger."  
Waiter: "With pleasure."  
Customer: "No, with pickles and onions."

Knock! Knock! *Who's there?* Disguise. *Disguise who?* Disguise the limit!

## Answers

**Trivia answers:** 1. Pancreas 2. Holy Grail 3. False 4. London 5. Jack Sprat

For available franchise opportunities - visit coffeenewscanada.com  
© Published with Permission by Capital Marketing Ltd

**you've come to the right spot**

Experience friendly, professional wax services in our clean and welcoming studios

100% gender-inclusive

**buff WAX SPOT**

Sherwood Park  
975 Broadmoor Blvd, Unit 70  
**587-745-WAXD (9293)**

Tuesday - Friday  
9 a.m. - 8 p.m.  
Saturday  
9 a.m. - 5 p.m.  
Sunday + Monday  
Closed





**TileTown**  
Your Space. Your Style. Your Way.

**50 years**  
1971-2021

Bring this ad into one of our 2 Edmonton Locations & Receive **20% OFF** All Regular Priced, in Stock Tile

8219 Argyll Rd., Edmonton • 780-466-1343  
11478-156th St., Edmonton • 780-451-7744



**Fore the Ladies**

Friday, May 31 6 - 8 p.m.

In celebration of Women's Golf Day, ladies can bring a friend to enjoy two 9-hole green fees, a power cart and \$40 food/beverage voucher for only \$115. Prices subject to GST

Call to book  
**780-467-7373**

STRATHCONA COUNTY



**BUYING A NEW HOME? LOOKING TO REFINANCE? TIME TO RENEW?**

Contact your **local mortgage broker** to get started **today!**

**LESLIE CAIRNS** 780.570.5457  
ACCREDITED MORTGAGE PROFESSIONAL

leslie@joyinmortgages.ca • www.joyinmortgages.ca



**Investing in Community to Strengthen Community**

Your neighbourhood thrift store with heart!

201 Athabasca Ave. Sherwood Park  
780.464.7786  
www.countyclthes-line.com

County Clothes-Line Foundation  
Improving Sherwood Park  
One Donation at a Time

Looking to join a great team?  
**Store Associates**  
3-4 days/wk  
Contact us today:  
clothes1@telusplanet.net



For those who seek the epitome of luxury in travel, there's only one choice!

**GO TRAVEL**  
with Sherry Brisson

- Luxury Redefined
- Exclusive Destinations
- Bespoke Experiences
- Caribbean Destination Specialist

**1-780-908-6653**  
Sherry.b@gotravelcompany.com | www.travelwithsherry.ca

VIP SERVICE




**TRINITY Baptist Church**

Serving the community for over 40 years.  
10:30 AM Sunday Worship Service

**www.tbcsherwoodpark.ca**  
**780-464-4040**

East on Baseline; First left after Hwy 21  
22550 Twp Road 550, Sherwood Park, AB



**FLAT RATE ALFA TAXI**

SERVING SHERWOOD PARK AND AREA

**780.410.0667**

Toll Free 1.855.688.2941

Reasonable flat rate to Airport - \$50

24 HR. SERVICE

