



Join Our Vibrant Community



Full Kitchens • Social & Recreation • U/G Parking

1728 Rabbit Hill Road, Edmonton

780-540-9500

CDLhomes.com





CD,

MUNIT

Call 780-220-6397





Parcel Website: www.coldshotca.com Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Exclusive offer for Facebook and Google Ads



Get FREE set-up (up to a \$500 value!)

We are a local digital marketing agency specializing in paid ads.

Contact us today for your FREE no obligation consultation!

Frontline

780.760.6922

Love Coffee News ?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

contests@coffee-news.ca Please put "Readers" in the subject li

Your name ② Your phone number nd ③ Your address that we can send you some **cool prizes** your photo is chosen to appear in the paper!



Coffee News Fun Reading. Serious Advertising. Affordable-Effective-Exclusive-CALL NOW!



New Issue Every Week!

Caffee News Caffee News

"News To Be Enjoyed Over Coffee"

Ellerslie West Edition 780-220-6397

www.coffee-news.ca

FREE!

Vol. 21 No. 23 June 3, 2024

Everybody's Talking

Safe surprise: In the Vermilion Heritage Museum in Alberta, Canada, a heavy safe that had defied opening for over 40 years was casually unlocked by Stephen Mills, a visitor with no prior experience in safe-cracking. He spun the dial to a random combination, and to the shock of onlookers, the door swung open. Inside, instead of expected treasures, were merely some old restaurant order slips and a payroll sheet from the 1970s. The safe had been a challenging enigma for professional locksmiths and even the manufacturer, all of whom all tried and failed to unlock its secrets over the years, making the visitor's casual twist of fate all the more remarkable.

Lipstick lore: Ancient Iranians must have flaunted red lips over 3,600 years ago! The lip colouring emerged from a burial ground in Jiroft, in southeastern Iran, that had flooded and been looted, after which many items were recovered and taken to a local museum. This Bronze Age lipstick is a testament to timeless beauty. Resembling modern-day lipsticks, its hue comes from the mineral hematite, added to quartz, plant wax, and several ingredients that served as darkening agents. While its precise origins remain a mystery, experts believe it belonged to a local Bronze Age civilization. This discovery hints at the social dynamics of the area, where cosmetics played a role in power

Nature's shield: For years, experts have worried about the Great Wall of China succumbing to nature's relentless assault. New research unveils a surprising safeguard on earthen sections: a delicate layer of biocrust. Composed of cyanobacteria, moss, and lichen, this natural "living skin" shields the wall from wind and rain erosion. The portions of the wall built with compacted soil and gravel are vulnerable due to their material composition. But the biocrust acts as a natural armour, with some organisms secreting a cement-like substance that fortifies the structure. Tests reveal biocrust-covered areas boast increased strength and stability, offering a glimmer of hope against the march

Cat masterpiece: At an auction in New York (U.S.), the "world's largest cat painting" sold for \$826,000 (USD). The weight of this mammoth piece, featuring 42 cats on a 6-by-8.5-foot (1.8-by-2.6-m) canvas, required a reinforced wall. Commissioned in the late 1800s by cat enthusiast Kate Birdsall Johnson, who pampered hundreds of feline residents at her summer estate, the painting portrays their luxurious lifestyle. Each cat had a name and recognized it when called, and they were attended by a team of servants. Johnson bequeathed \$500,000 in her will for her beloved cats' perpetual care. That was a purr-fectly extravagant gesture!

Quoteable Quotes

"People don't notice whether it's winter or summer when they're –Anton Chekhov

'Smile in the mirror. Do that every morning and you'll start to see a big difference in your life.'

What's Happening

Jun 7 - 2nd Annual 'Illuminating Hope' Garden Cocktail Party Join us at the Lodge at Snow Valley for an SYC Beer tasting, Salisbury Greenhouse micro-fundraiser, silent auction, most importantly, stories of hope from survivors of family violence. Doors are open at 6:30 PM, tickets at www.thetodaycentre.ca.

Aug 21 - Links fore Literacy Charity Golf Tournament 2024 The Links fore Literacy Charity Golf Tournament is the Centre for Family Literacy's annual summer fundraising event. Proceeds from the tournament support the Centre's adult and family literacy programs. For more information, visit famlit.cagolf2024

NON PROFIT organizations may submit fundraising events for FREE at www.coffee-news.ca. Please submit a minimum of 4 weeks in advance.



Enter one of three ways:

1. Scan the QR code 2. Visit www.coffee-news.ca 3. Mail your entry*

*Mail your entry to: CN Guy Contest, 9768-170 Stree Suite 303, Edmonton, AB T5T 514. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and upur bith data. Also include the pages of the add in

Trivia

- 1. The capital of Greenland is Nuuk or Ilulissat?
- 2. Formicary is the technical term for anthill—T/F?
- 3. The Near Islands are near what land mass?
- 4. "The Fab Four" was the nickname of which rock group?

5. Which has approximately 27,000 teeth—earthworm or slug?

(Flip bottom of page for answers) © Published with Permission by Capital Marketing Ltd (Over)

MOTORCYCLE RIDE FOR DAD Ride Day Registration: 7-9:45 am

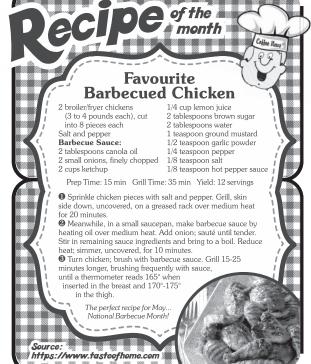
Pre-registration: Friday, June 7, 5:30-8 pm, Blackjacks Roadhouse Kick Off: 10 am sharp!

\$40 before Ride Day, \$50 on Ride Day or FREE with \$100 collected in pledges

Our message to all men over the age of 40 is simple... **GET CHECKED**

by your Doctor Prostate cancer is very beatable if caught early.

Prostate cancer is the most diagnosed cancer among Canadian men. If detected early the five-year survival rate is over 93%. Prostate cancer can grow undetected for years as it can remain asymptomatic until it spreads (metastasizes). Early detection is best achieved through regular blood tests (PSA) and physical exams.





Bring in your bottles for a chance to win in our regular Customer Appreciation Draws!





Play Monday, Thursday & Saturday at 6 p.m.

\$10,000

For more information, visit radiobingo.ca



Cell: 780.945.6190 • www.verbeke.ca WE COME TO YOU!

Terwillegar Gardens, Edmonton • don@verbeke.ca



ONSITE COMPUTER REPAIR

Your on-site computer and network service specialists. Virus removal, network setup, repairs and more.

587-772-NERD(6373)

FAST, FRIENDLY AND PROFESSIONAL DEBIT, VISA AND MASTERCARD ACCEPTED NERDS2YOU.CA

The World's #1 Restaurant Publication!



Call today and receive a FREE SHOWER PACKAGE **PLUS \$1600 OFF**



purchase or a new Sate Step Walk-InTub. Not applicable with any previou tub purchase. Offer available while supplies last. No cash value. Must pres offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445



https://zettatelecom.com



WHEN YOU GET PAID We Get Paid



WhiplashInformationCentre.com

Braithwaite Boyle Injury Law 800-440-8 It's The Only Law We Do - Since 1986 Free Initial Consultation Offices in: Edmonton, Red Deer, and Calgary



ALBERTA OWNED AND OPERATED FOR OVER 35 YEARS

ONKAR MONTH **DRUG AND DENTAL PLANS** LIFE | SUPERVISA | DISABILITY TRAVEL INSURANCE RESP PLANS (up to \$9200 grants + 15% bonus) Vikram Saggu 780-999-3000





All Regular Priced, in Stock Tile

8219 Argyll Rd., Edmonton • 780-466-1343

11478-156th St., Edmonton • 780-451-7744

CN-Proudly printed by One to One Mailing

Your Weekly Horoscope

(March 20 - April 19)



This year is a good opportunity to advance your purpose in this lifetime. However, now you may need to let go of whatever might be holding you

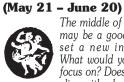
back from doing so. Lucky numbers: 2, 8, 18, 24, 42, 44.

TAURUS (April 20 - May 20)



You may be tempted this week to be a couch potato and ignore your responsibilities. If you dig in, though, your hard work could pay off at the end

of the week. Lucky numbers: 16, 20, 32, 33, 36, 39. **GEMINI**



The middle of this week may be a good time to set a new intention. What would you like to focus on? Does this goal align with what you love

and value? Lucky numbers: 1, 9, 14, 40, 43, 47.

CANCER (June 21 - July 22)



Are you feeling burned out? This weekend may be a good time for Cancerborns to unplug and reduce your stress level. So focus on carving out space to

do so. Lucky numbers: 5, 6, 34, 38, 47, 48.

LEO (July 23 - Aug. 22)



The expression of being "too clever by half" may be a risk for you in the next few weeks. Try to focus on honesty and integrity in your interac-

tions with others. Lucky numbers: 8, 11, 29, 42, 43, 44.

VIRGO

(Aug. 23-Sept. 22)



Things may feel chaotic and in flux for the next few weeks, and you might receive a lot of new information. Carefully consider what to accept and

what to reject. Lucky numbers: 11, 12,

(Sept. 23 - Oct. 22)



On and off this year, you may find that your relationships are focal points for growth and transformation. Deep conversations now could be key to this process. Lucky numbers: 7, 17, 28,

32, 35, 41. **SCORPIO** (Oct. 23 - Nov. 21)



For the next few weeks, be careful of digging in your heels about your side of an argument. If you can't find a compromise, consider letting it go for the moment. Lucky numbers:

10, 12, 18, 27, 28, 44. **SAGITTARIUS**

(Nov. 22 - Dec. 21)



Sagittarians like having a coherent worldview. This week may reveal new information about what you believe. Should you incorporate these

new ideas? Lucky numbers: 3, 8, 10, 15, 38, 48.

CAPRICORN (Dec. 22 - Jan. 19)



At week's end, you may feel that your head and heart are out of sync. How might you be able to create balance? If needed, take a deep breath and

wait a few days. Lucky numbers: 4, 9, 19, 30, 38, 48.

AQUARIUS (Jan. 20 - Feb. 18)



Important insights may emerge from your unconscious early this week. Ignoring painful information might be tempting, but it could be a

catalyst for transformation. Lucky numbers: 6, 9, 16, 26, 43, 46.

PISCES

(Feb. 19 - March 20)



Pisces are at the halfway mark of a two-plus-year period focused on your relationship to structure and the physical plane. What changes have

occurred for you? Lucky numbers: 9, 13, 16, 20, 21, 47.

Lucky numbers this week: This week's odds favour Gemini winners with the luckiest number being 9.

Did You Know...

Cute dolphins: Dolphins are commonly thought of as gray creatures. But the pink river dolphin has freshwater habitats throughout the Amazon and Orinoco river basins in South America. Their survival is under threat.

Quite the load: The annual wife carrying championship in Sonkajärvi, Finland, is a big deal. Since 1992, hundreds of couples have entered the race, with the husband carrying the wife in the 253.5-metre (831.7-ft.) course.

Long tresses: Empress Elisabeth of Austria, known as Princess Sisi, had ankle-length, auburn hair. She was proud of it, though its weight gave her headaches and her hairdresser spent up to three hours on it each day.

Rainbow mountain: Montaña de Siete Colores (Mountain of Seven Colors, or Rainbow Mountain) is a popular Peruvian Andes attraction. The 5,200-metre (17,000-ft.) mountain's appearance is due to 14 colourful minerals.

Flashes of love: Ever wonder why fireflies emanate flashes of light? Males use specific patterns when looking for mates. If a female flashes back, the twinkling conversation continues until they find each other.

On the Lighter Side

Only one large petal remained on the old rose. Last bud not

Magician: "I can turn this handkerchief into a flower." Little boy: "That's nothing. I can walk down the street and turn into an alley.

Knock! Knock! Who's there? Vaughn. Vaughn who? Vaughn plus Vaughn equals two!

The earth's rotation really makes my day.

© Published with Permission by Capital Marketing Ltd





STOP STREAMING!

IT'S FUNNIER: LIVE

Book your tee time today: 780.470.4700

() Premier Conditions

For full details, visit

theranchgolf.com

Weekly Promotions:

1/2 Price Wings Tuesdays
Sunset Express 4-Hole Loop







Art de Leon // Master Electrician





