

**Call us for all your safety training needs**

TRAINING SESSIONS  
**BOOK 5, GET THE 6th FREE**  
CALL US FOR DETAILS!

Scan for courses and dates

Public, private and on site classes available

**DXP** | **HSE INTEGRATED**

780.532.2088  
https://hseintegrated.com  
gptraining@dxpe.com

**FREE!** *New Issue Every Week!*

# Coffee News®

"News To Be Enjoyed Over Coffee"

**Grimshaw Edition**

**877-553-6397**

www.coffee-news.ca

**ATB Equipment Finance** can offer financing and leasing solutions for any equipment intensive industry to secure all your new or used heavy equipment needs.

**ATB**

Give me a call today and stay ready for any business opportunity that comes your way!

Zac Michalko - Director  
ATB Equipment Finance  
Grande Prairie & Peace Region

780-940-6681  
zmichalko@atb.com

**THIS SPACE FOR RENT**

OR SCAN HERE FOR MORE INFO

Call 780-220-6397

Join us in celebrating 51 Years at the **Wanham Plowing Match** June 21-23, 2024  
A weekend of fun for the whole family!

Looking for something fun to do this summer?

- \* Horse Plowing
- \* Slow Pitch Tournament
- \* Modified Truck Pulls
- \* Beer Gardens
- \* Kids' Zone ...and so much more!

Full details at [www.wanhamplowingmatch.com](http://www.wanhamplowingmatch.com)  
Like/Follow us online @wanhamplowingmatch

Vol. 21 No. 23 June 3, 2024

## Everybody's Talking

**Safe surprise:** In the Vermilion Heritage Museum in Alberta, Canada, a heavy safe that had defied opening for over 40 years was casually unlocked by Stephen Mills, a visitor with no prior experience in safe-cracking. He spun the dial to a random combination, and to the shock of onlookers, the door swung open. Inside, instead of expected treasures, were merely some old restaurant order slips and a payroll sheet from the 1970s. The safe had been a challenging enigma for professional locksmiths and even the manufacturer, all of whom all tried and failed to unlock its secrets over the years, making the visitor's casual twist of fate all the more remarkable.

**Lipstick lore:** Ancient Iranians must have flaunted red lips over 3,600 years ago! The lip colouring emerged from a burial ground in Jiroft, in southeastern Iran, that had flooded and been looted, after which many items were recovered and taken to a local museum. This Bronze Age lipstick is a testament to timeless beauty. Resembling modern-day lipsticks, its hue comes from the mineral hematite, added to quartz, plant wax, and several ingredients that served as darkening agents. While its precise origins remain a mystery, experts believe it belonged to a local Bronze Age civilization. This discovery hints at the social dynamics of the area, where cosmetics played a role in power and authority.

**Nature's shield:** For years, experts have worried about the Great Wall of China succumbing to nature's relentless assault. New research unveils a surprising safeguard on earthen sections: a delicate layer of biocrust. Composed of cyanobacteria, moss, and lichen, this natural "living skin" shields the wall from wind and rain erosion. The portions of the wall built with compacted soil and gravel are vulnerable due to their material composition. But the biocrust acts as a natural armour, with some organisms secreting a cement-like substance that fortifies the structure. Tests reveal biocrust-covered areas boast increased strength and stability, offering a glimmer of hope against the march of time.

**Cat masterpiece:** At an auction in New York (U.S.), the "world's largest cat painting" sold for \$826,000 (USD). The weight of this mammoth piece, featuring 42 cats on a 6-by-8.5-foot (1.8-by-2.6-m) canvas, required a reinforced wall. Commissioned in the late 1800s by cat enthusiast Kate Birdsall Johnson, who pampered hundreds of feline residents at her summer estate, the painting portrays their luxurious lifestyle. Each cat had a name and recognized it when called, and they were attended by a team of servants. Johnson bequeathed \$500,000 in her will for her beloved cats' perpetual care. That was a purr-fectly extravagant gesture!

## Quoteable Quotes

"People don't notice whether it's winter or summer when they're happy."  
—Anton Chekhov

"Smile in the mirror. Do that every morning and you'll start to see a big difference in your life."  
—Yoko Ono

## What's Happening

**Jun 6 to 8 - Beaverlodge Elks Fundraiser** By donation Beaverlodge Elks will be at KMS parking lot serving hot dogs, smokies and drinks from 11am to 3pm. Come out and help us celebrate our 90th year in Beaverlodge. Proceeds will go towards a large Fireworks Display

**Ongoing - Tuesdays Women's Wellness** Slave Lake and Area Womens Wellness workshop. St. Peters Ecumenical Church, Slave Lake. Free and includes child care. Registration is required. For topic and to register, text Rebecca at 780-240-6245

NON PROFIT organizations may submit fundraising events for FREE at [www.coffee-news.ca](http://www.coffee-news.ca). Please submit a minimum of 4 weeks in advance.

**Hidden Coffee News Guy ADVENTURE**

Find the Coffee News Guy hidden in one of the ads, then enter to win!

**\$400\* Prize Package**  
\*Coffee News Bucks  
Over 150 participating sponsors!  
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

Enter one of three ways:  
1. Scan the QR code  
2. Visit [www.coffee-news.ca](http://www.coffee-news.ca)  
3. Mail your entry\*

\*Mail your entry to: CN Guy Contest, 9768-170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Vapes • Hoodies • Leather Jackets  
Ladies' Shoes • Handbags • Luggage  
NHL Jerseys • Knives & Swords  
Blankets • Smoking Accessories

**15% OFF**  
WHEN YOU BRING IN THIS COUPON

**Leather & More**

14, 10122-100 St, Peace River | 780.624.4424  
Open Monday-Saturday, 9:30 a.m. - 6 p.m. Closed Sunday

**Canadian Mental Health Association**  
Alberta Northwest Region

Through your donations, CMHA ANWR supports all people in our communities to experience good mental health and well being.

9713-100 Avenue, Grande Prairie, AB T8V 0T5  
**780.814.2349 | www.gpcmha.ca**

**Need to talk?**  
988 is here for you. 24/7

Suicide & Crisis Helpline  
Call or text: 9-8-8

**Edmonton.CMHA.ca**

**Everyone has the right to live free of violence and abuse**

Our shelter offers women a safe and secure environment where they can access counselling, housing and other supports

**PEACE RIVER REGIONAL WOMEN'S SHELTER**

1-877-624-3466  
[www.prws.com](http://www.prws.com)

WHEN HOME IS NOT SAFE - WE HAVE A SHELTER FOR YOU

Alberta • Canada

**MCALL CENTRE**

**Government Applications** 112-2nd Ave SW  
**Manning** 780-836-2664

FREE PRINTING, WIFI, and PHONE USE

**PEACE RIVER VISION CLINIC**

Eye Exams  
Designer Frame Lenses  
Contact Lenses  
Glaucoma Eye Evaluations  
Diabetes Eye Evaluations  
Safety Glasses

Family Eye Care  
■ New Patients and Walk-ins Welcome!  
■ Direct Billing

**780-624-4265**  
[www.drmikehopperoptometry.com](http://www.drmikehopperoptometry.com)

Open Mon to Fri, 8:45 a.m.-5:00 p.m.

**If It Needs Glass, We Can Provide It!**

Professional, top quality workmanship | Interior and exterior services | Residential and commercial applications

Mobile service and installation specialists with over 25 years of experience!

**ALL PRO Glass Ltd.**

|                |              |
|----------------|--------------|
| Windows        | Doors        |
| Skylights      | Wet Rooms    |
| Glass Railings | Shower Doors |

780.978.0088 [www.allproglass.ca](http://www.allproglass.ca)

**Radio BINGO**  
NORD-OUEST FM

DIMANCHE SOIR A 19H  
SUNDAY EVENINGS 7 P.M.

DANS LE CONFORT DE VOTRE FOYER IN THE COMFORT OF YOUR HOME

POUR PLUS D'INFORMATION SCANNEZ LE CODE QR  
SCAN THE QR CODE FOR MORE INFORMATION

**NORD-OUEST FM CKRP 95.7**

EN SYNTONISANT LE 95.7 97.5 ON THE FM DIAL  
A L'AIDE DE L'APPLICATION USING THE APP RADIO PLACE  
EN DIRECT SUR NOTRE SITE WEB  
LIVE STREAM THROUGH OUR WEB PAGE

[www.nordouestfm.ca](http://www.nordouestfm.ca)

OU COMPOSEZ LE/ OR CALL 780.837.2346

**PEACE VALLEY DENTAL**

Dr. Michael Ho, DMD

We are confident in the quality of our work and provide limited warranty for fillings (two years) and crown bridges (no charge for the first three years and 50% for up to five years from placement).

9811-100 Avenue Peace River, Alberta  
[www.peacevalleydental.com](http://www.peacevalleydental.com)  
780.624.3355 • [info@peacevalleydental.com](mailto:info@peacevalleydental.com)

**THE POTTERIE**

open Everyday  
10 a.m. to 8 p.m.  
until 10 p.m. on Fridays (except Ryecroft)

Grimshaw 4905-55 Ave. | Fairview 10916-102 Ave. | Falher 113 Main St. SW | Ryecroft Husky Esso

[www.thepotterie.ca](http://www.thepotterie.ca)

## Trivia

1. The capital of Greenland is Nuuk or Ilulissat?
2. Formicary is the technical term for anthill—T/F?
3. The Near Islands are near what land mass?
4. "The Fab Four" was the nickname of which rock group?
5. Which has approximately 27,000 teeth—earthworm or slug?

**EARN UP TO \$75+ USD PER HOUR WRITING LETTERS**

**PAID PER Letter**

**ZERO** Experience Required

MUST BE 18+  
**EDUCATIONAL PROGRAM**

START HERE!

**We've moved...**  
VISIT US IN OUR NEW LOCATION!  
NOW AT 28-308 WESTGROVE DR., SPRUCE GROVE BEHIND MCDONALD'S  
**YOUR ONE STOP KITCHEN AND GIFT SHOP**  
780.962.5220 | www.giftsandgadgets.ab.ca

**WEBSITES**  
From \$129/Month  
**(780) 760-6922**  
FRONTLINECONSULTING.CA

**AUTOMOTIVE LIGHT TRUCK REPAIR**  

- Out of Province Inspections - \$225
- Rate: \$125/hour
- We service most vehicles, beginning at \$39.95\*

\* For labour only. Services include a 34 point inspection. Oil and filters extra.

**TRINITY REPAIR LTD.**  
780.338.3848  
Open Tuesday - Friday, 8 a.m. - 5 p.m.  
5029 - 51 Street, Berwyn, AB • www.trinityrepair.ca

**Your Comfort and Your Smile Are Our Top Priorities!**  
Irreparably broken or lost dentures? We have the solution for you!  
We will scan your existing dentures and save it in our digital library for your peace of mind.  
We can use the scan to make you a new set with minimal chair time.  
Call us today to schedule your scan appointment.

**Denture & Implant Cottage**  
780-624-4573  
9803 - 98 Ave., Peace River | Dentureimplantcottage.ca

**Has Long Run Exploration Failed to Pay You Rent in 2020 or 2021?**  
We can assist with any and all unpaid rental amounts, including your entitlement to interest  
**LongRunClassAction.ca**

**Can't get to your Coffee News® each week?**  
Check out our PDF editions online!  
New editions are posted every Monday  
Sign up here to receive email notifications of new editions.  
Now you never have to miss your weekly dose of good news!

[www.coffee-news.ca/editions](http://www.coffee-news.ca/editions)

**Pregnant? Facing Difficult Decisions?**  
We can help.  
Call 780.421.1177 or text 587.596.5380

**A Small Miracle Adoption**  
Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

[www.smallmiraclesadoption.com](http://www.smallmiraclesadoption.com)

**NORTH COUNTRY FAIR 2024**  
The Solstice Sun barely sets and the music plays on til dawn!  
Four stages of multi-genre music, free art, movement educational workshops, food vendors, artisan market and more

Regular ticket prices (March 1 - May 31)  
Adult - \$200  
Youth/Senior - \$120

Sunday Festival Pass Price  
Adult - \$20  
Youth (13-17)/Senior - \$10

Sunday gate sales will be donated to the Music Program at Minitakaw Siply School. Seniors 65+ and children age 12 and under always attend free of charge.

**JUNE 21-23**  
Tickets on sale now at [www.northcountryfair.ca](http://www.northcountryfair.ca)

# Your Weekly Horoscope

**ARIES**  
(March 20 - April 19)  
This year is a good opportunity to advance your purpose in this lifetime. However, now you may need to let go of whatever might be holding you back from doing so. Lucky numbers: 2, 8, 18, 24, 42, 44.

**TAURUS**  
(April 20 - May 20)  
You may be tempted this week to be a couch potato and ignore your responsibilities. If you dig in, though, your hard work could pay off at the end of the week. Lucky numbers: 16, 20, 32, 33, 36, 39.

**GEMINI**  
(May 21 - June 20)  
The middle of this week may be a good time to set a new intention. What would you like to focus on? Does this goal align with what you love and value? Lucky numbers: 1, 9, 14, 40, 43, 47.

**CANCER**  
(June 21 - July 22)  
Are you feeling burned out? This weekend may be a good time for Cancerborns to unplug and reduce your stress level. So focus on carving out space to do so. Lucky numbers: 5, 6, 34, 38, 47, 48.

**LEO**  
(July 23 - Aug. 22)  
The expression of being "too clever by half" may be a risk for you in the next few weeks. Try to focus on honesty and integrity in your interactions with others. Lucky numbers: 8, 11, 29, 42, 43, 44.

**VIRGO**  
(Aug. 23-Sept. 22)  
Things may feel chaotic and in flux for the next few weeks, and you might receive a lot of new information. Carefully consider what to accept and what to reject. Lucky numbers: 11, 12, 15, 28, 31, 38.

**LIBRA**  
(Sept. 23 - Oct. 22)  
On and off this year, you may find that your relationships are focal points for growth and transformation. Deep conversations now could be key to this process. Lucky numbers: 7, 17, 28, 32, 35, 41.

**SCORPIO**  
(Oct. 23 - Nov. 21)  
For the next few weeks, be careful of digging in your heels about your side of an argument. If you can't find a compromise, consider letting it go for the moment. Lucky numbers: 10, 12, 18, 27, 28, 44.

**SAGITTARIUS**  
(Nov. 22 - Dec. 21)  
Sagittarians like having a coherent worldview. This week may reveal new information about what you believe. Should you incorporate these new ideas? Lucky numbers: 3, 8, 10, 15, 38, 48.

**CAPRICORN**  
(Dec. 22 - Jan. 19)  
At week's end, you may feel that your head and heart are out of sync. How might you be able to create balance? If needed, take a deep breath and wait a few days. Lucky numbers: 4, 9, 19, 30, 38, 48.

**AQUARIUS**  
(Jan. 20 - Feb. 18)  
Important insights may emerge from your unconscious early this week. Ignoring painful information might be tempting, but it could be a catalyst for transformation. Lucky numbers: 6, 9, 16, 26, 43, 46.

**PISCES**  
(Feb. 19 - March 20)  
Pisces are at the half-year mark of a two-plus-year period focused on your relationship to structure and the physical plane. What changes have occurred for you? Lucky numbers: 9, 13, 16, 20, 21, 47.

Lucky numbers this week: This week's odds favour Gemini winners with the luckiest number being 9.

## Did You Know...

**Cute dolphins:** Dolphins are commonly thought of as gray creatures. But the pink river dolphin has freshwater habitats throughout the Amazon and Orinoco river basins in South America. Their survival is under threat.

**Quite the load:** The annual wife carrying championship in Sonkajärvi, Finland, is a big deal. Since 1992, hundreds of couples have entered the race, with the husband carrying the wife in the 253.5-metre (831.7-ft.) course.

**Long tresses:** Empress Elisabeth of Austria, known as Princess Sisi, had ankle-length, auburn hair. She was proud of it, though its weight gave her headaches and her hairdresser spent up to three hours on it each day.

**Rainbow mountain:** Montaña de Siete Colores (Mountain of Seven Colors, or Rainbow Mountain) is a popular Peruvian Andes attraction. The 5,200-metre (17,000-ft.) mountain's appearance is due to 14 colourful minerals.

**Flashes of love:** Ever wonder why fireflies emanate flashes of light? Males use specific patterns when looking for mates. If a female flashes back, the twinkling conversation continues until they find each other.

## On the Lighter Side

Only one large petal remained on the old rose. Last bud not least!

Magician: "I can turn this handkerchief into a flower."  
Little boy: "That's nothing. I can walk down the street and turn into an alley."

Knock! Knock! Who's there? Vaughn. Vaughn who? Vaughn plus Vaughn equals two!

Why do hens lay eggs? If they dropped them, they'd break.

The earth's rotation really makes my day.

**Answers**  
4. The Beatles  
5. Slug  
**Trivia answers:** 1. Nuuk 2. True 3. Alaska Peninsula

For available franchise opportunities - visit [coffeenewscanada.com](http://coffeenewscanada.com)  
© Published with Permission by Capital Marketing Ltd

**REAL ESTATE APPRAISALS**  
COMMERCIAL • INDUSTRIAL • RESIDENTIAL  
**AGM VALUATIONS GROUP LTD.**  
OFFICES IN GRANDE PRAIRIE AND PEACE RIVER  
Phone: 780.624.0020 Andre Cell: 780.274.1133 Adam Cell: 780.897.0391  
[www.amvaluationsgroup.com](http://www.amvaluationsgroup.com)

**SERVING:** Grande Prairie, Sexsmith, Clairmont, Wembley, Beaverlodge, Hythe, Grovedale, Rycroft, Spirit River, Fox Creek, Whitecourt  
Peace River, Grimshaw, Fairview, High Prairie, Valleyview, Manning, Slave Lake, High Level, La Crete, Fort Vermilion, Rainbow Lake, Dixonville, Hines Creek, Fahler, Donnelly, Nampa, Girouxville, Eaglesham, McLennan, St. Isidore.

**COLD SHOT**  
A DIVISION OF BALWARIA EMPIRE PVT. LTD.  
**PASSENGER & PARCEL SERVICES**  
GET YOUR REWARD CARD TO GET A FREE TICKET!  
Parcel Website: [www.coldshotca.com](http://www.coldshotca.com)  
Passenger Website: [www.coldshot.ca](http://www.coldshot.ca)  
TICKETS: 587-557-7719 | PARCEL: 587-557-7718  
SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

**We Need Volunteers In Your Area!**  
Help us to advocate for a quality of life that all Alberta seniors deserve

**Alberta Council on Aging**  
Contact us: 780.423.7781 | 1.888.423.9666  
AN INDEPENDENT NON-PROFIT, CHARITABLE ORGANIZATION SINCE 1967

Switching to Fiber?  
**Brace Yourself.**  
Always Fast, Always Reliable, Always Local  
NORTHERN LIGHTS FIBER  
[northernlightsfiber.ca](http://northernlightsfiber.ca) | 888-236-2947

CANADA'S BRAND YOUR COMFORT  
**NAPOLEON**  
GEMCO FIREPLACES & WHOLESALE HEATING PRODUCTS  
PH: 780-465-9719 9281-50 STREET, EDMONTON, AB  
[WWW.GEMCOFIREPLACES.COM](http://WWW.GEMCOFIREPLACES.COM)

**SHOP ONLINE!**  
[www.scubagearcanada.ca](http://www.scubagearcanada.ca)  
• Snorkelling Gear • Reef-Safe Sunscreen  
• Beach Water Shoes • Dry Bags & Wallets • UV Shirts

**The Dive Outfitters**  
Scuba Diving & Snorkeling  
11781-156 St., Edmonton 780.483.0044  
Learn to SCUBA DIVE at our Edmonton location - call for details

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

Imagine your business here!  
For more information:  
780-220-6397 or 877-553-6397  
[www.coffee-news.ca](http://www.coffee-news.ca)

**HIP OR KNEE REPLACEMENT?**  
THE DISABILITY TAX CREDIT ALLOWS FOR A  
**\$2,500** YEARLY TAX CREDIT  
**\$30,000** LUMP SUM REFUND  
85% SUCCESS RATE!  
FOR EXPERT HELP: 1-844-453-5372