



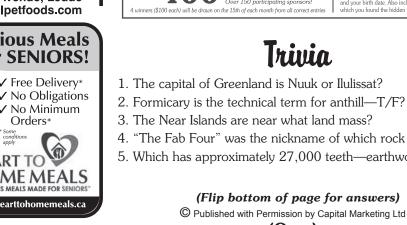


Club in Sherwood Park. For more info visit www.edmonton.cmha.ca or contact Persephone Spurgeon, 780-905-7406.

> NON PROFIT organizations may submit fundraising events for FREE at www.coffee-news.ca. Please submit a minimum of 4

Hidden Coffee News Guy Find the Coffee News Guy hidden in one of the ads, then enter to win! Y Prize Package





FREE!

and authority.

Affordable-Effective-Exclusive-CALL NOW!

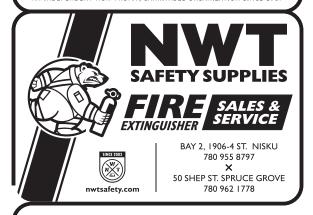


We Need Volunteers In Your Area!

Help us to advocate for a quality of life that all Alberta seniors deserve

Alberta Council on Aging

Contact us 780.423.7781 | 1.888.423.9666 AN INDEPENDENT NON-PROFIT, CHARITABLE ORGANIZATION SINCE 1967



Let's Stop Ageism

Need to talk? 988 is here for you. 24/7

Suicide & Crisis Helpline Call or text: 9-8-8

Edmonton.CMHA.ca



All Regular Priced, in Stock Tile 8219 Argyll Rd., Edmonton • 780-466-1343 11478-156th St., Edmonton • 780-451-7744

Your Weekly Horoscope

(Sept. 23 - Oct. 22)

(Oct. 23 - Nov. 21)

SAGITTARIUS

15, 38, 48.

CAPRICORN

19, 30, 38, 48.

AQUARIUS

PISCES

(Dec. 22 - Jan. 19)

(Jan. 20 - Feb. 18)

(Nov. 22 - Dec. 21)

32, 35, 41.

SCORPIO

On and off this year, you may find that your rela-

tionships are focal points

for growth and transfor-

mation. Deep conversa-

tions now could be key to

For the next few weeks,

be careful of digging in your heels about your

side of an argument. If you can't find a compro-

mise, consider letting it

Sagittarians like having

a coherent worldview.

This week may reveal new information about

what you believe. Should

you incorporate these

At week's end, you may

feel that your head and

heart are out of sync.

How might you be able to

create balance? If needed,

take a deep breath and

Important insights may

emerge from your uncon-

scious early this week.

Ignoring painful infor-

mation might be tempt-

ing, but it could be a

Pisces are at the half-

way mark of a two-plus-year period focused on your relationship to struc-

ture and the physical

plane. What changes have

this process. Lucky numbers: 7, 17, 28,

go for the moment. Lucky numbers: 10, 12, 18, 27, 28, 44.

new ideas? Lucky numbers: 3, 8, 10,

wait a few days. Lucky numbers: 4, 9,

catalyst for transformation. Lucky

occurred for you? Lucky numbers: 9, 13, 16, 20, 21, 47.

numbers: 6, 9, 16, 26, 43, 46.

(Feb. 19 - March 20)

ARIES

(March 20 – April 19) This year is a good oppor-



tunity to advance your purpose in this lifetime. However, now you may need to let go of whatever might be holding you back from doing so. Lucky numbers: 2,

8, 18, 24, 42, 44. TAURUS

(April 20 - May 20)

You may be tempted this week to be a couch potato and ignore your responsibilities. If you dig in, though, your hard work could pay off at the end

of the week. Lucky numbers: 16, 20, 32, 33, 36, 39. **GEMINI**

(May 21 – June 20)

The middle of this week may be a good time to set a new intention. What would you like to focus on? Does this goal align with what you love and value? Lucky numbers: 1, 9, 14,

40, 43, 47. CANCER

(June 21 – July 22)

Are you feeling burned out? This weekend may be a good time for Cancerborns to unplug and reduce your stress level. So focus on carving out space to

do so. Lucky numbers: 5, 6, 34, 38, 47, 48. LEO

(July 23 - Aug. 22)

The expression of being "too clever by half" may be a risk for you in the next few weeks. Try to focus on honesty and integrity in your interactions with others. Lucky numbers: 8,

VIRGO

er what to accept and

15. 28. 31. 38.

Lucky numbers this week: This week's odds favour Gemini winners with the luckiest number being 9.

Did You Know...

Cute dolphins: Dolphins are commonly thought of as gray creatures. But the pink river dolphin has freshwater habitats throughout the Amazon and Orinoco river basins in South America. Their survival is under threat.

Quite the load: The annual wife carrying championship in Sonkajärvi, Finland, is a big deal. Since 1992, hundreds of couples have entered the race, with the husband carrying the wife in the 253.5-metre (831.7-ft.) course.

Long tresses: Empress Elisabeth of Austria, known as Princess Sisi, had ankle-length, auburn hair. She was proud of it, though its weight gave her headaches and her hairdresser spent up to three hours on it each day.

Rainbow mountain: Montaña de Siete Colores (Mountain of Seven Colors, or Rainbow Mountain) is a popular Peruvian Andes attraction. The 5,200-metre (17,000-ft.) mountain's appearance is due to 14 colourful minerals.





11, 29, 42, 43, 44.

(Aug. 23-Sept. 22)

Things may feel chaotic and in flux for the next few weeks, and you might receive a lot of new information. Carefully consid-

what to reject. Lucky numbers: 11, 12,



www.scubagearcanada.ca

Flashes of love: Ever wonder why fireflies emanate flashes of light? Males use specific patterns when looking for mates. If a female flashes back, the twinkling conversation continues until they find each other.

On the Lighter Side

Only one large petal remained on the old rose. Last bud not least!

Magician: "I can turn this handkerchief into a flower." Little boy: "That's nothing. I can walk down the street and turn into an alley.

Knock! Knock! Who's there? Vaughn. Vaughn who? Vaughn plus Vaughn equals two!

Why do hens lay eggs? If they dropped them, they'd break.

The earth's rotation really makes my day.

Answers

4. The Beatles 5. Slug Trivia answers: J. Nuuk 2. True 3. Alaska Peninsula

For available franchise opportunities – visit coffeenewscanada.com © Published with Permission by Capital Marketing Ltd



⁰⁶⁻Leduc/Nisku