

**THIS SPACE FOR RENT**

Call 780-220-6397

OR SCAN HERE FOR MORE INFO




**FREE!** *New Issue Every Week!*

# Coffee News®

"News To Be Enjoyed Over Coffee"

**Stony Plain Edition**

**780-220-6397**



www.coffee-news.ca

**ISP COMPUTERS**

**BUSINESS IT SUPPORT, COMPUTER SALES & REPAIRS**

ISP COMPUTERS - Your Tech 911

780-960-2150

Email: iain@ispcomputers.ca  
Website: www.ispcomputers.ca

124B South Ave., Spruce Grove, AB T7X 3A9

**Bras are just the beginning...**

**Romantic Notions Inc.**

#30, 210 McLeod Avenue  
Spruce Grove  
780.962.4944  
1.855.962.4944

@romanticnotionsab  
romanticnotionsboutique

Book your appointment now at [www.romanticnotions.ca](http://www.romanticnotions.ca)



**Pregnant? Facing Difficult Decisions?**

We can help.  
Call 780.421.1177 or text 587.596.5380

**A Small Miracle Adoption**

Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

[www.smallmiraclesadoption.com](http://www.smallmiraclesadoption.com)



**WE BUY USED GOLD AND DIAMONDS**

**Blue Diamond Jewellers**

780.968.0040  
Main Street, Stony Plain  
[www.bluediamondjewellers.com](http://www.bluediamondjewellers.com)



**MERIDIAN CREEK RV STORAGE**

Secure, Clean, Easy-Access Storage at a Fair Price

53322 SH779, Parkland County

Serving Parkland County at the same convenient location right off Highway 779 since 2010.

780.960.1110 | [www.meridiancreekrv.com](http://www.meridiancreekrv.com)



**FIREWOOD FOR SALE**

CALL 780-218-1527

SPRUCE & PINE, POPLAR, BIRCH, TAMARACK

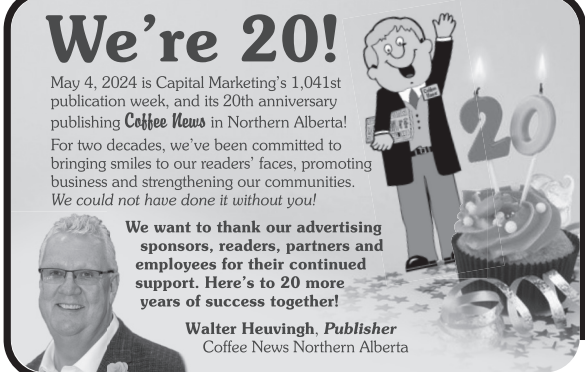


**We're 20!**

May 4, 2024 is Capital Marketing's 1,041st publication week, and its 20th anniversary publishing *Coffee News* in Northern Alberta!

We want to thank our advertising sponsors, readers, partners and employees for their continued support. Here's to 20 more years of success together!

**Walter Heuvingh, Publisher**  
Coffee News Northern Alberta



**We Love Creating Amazing Smiles!**

**BRACES4ALL ORTHODONTICS**

Get to the root of your child's dental problems:

- Snoring
- Crowded Teeth
- Difficulty in School
- ADD/ADHD
- Chronic Allergies
- Daytime Drowsiness
- Sleep Issues
- Delayed Growth
- and more

780.960.1910 | #107, 187 Hwy 16A, Spruce Grove



Vol. 21 No. 24 June 10, 2024

## Everybody's Talking

**Antique surprise:** Thirty-five years ago, Flora Steel snagged an intriguing brooch for a mere 20 Pounds. Unbeknownst to her, it was a Gothic Revival creation by Victorian-era designer William Burges. After spotting a similar brooch on Antiques Roadshow, Steel sent pictures of her own piece of jewelry to an auctioneer, who valued it at \$19,000 (USD). Her find marked the third such discovery, with another viewer of the television auction show having earned 31,000 Pounds for a similar find. Burges crafted these unique pieces in the mid-1800s, blending Japanese and medieval influences. With each find, history is unveiling its hidden gems.

**Big reversal:** Richard Plaud, of Montpellier-de-Medillan in western France, spent eight years creating a replica of the Eiffel Tower out of matchsticks, using more than 50 pounds of glue. He hoped to earn recognition by Guinness World Records. However, Guinness initially dismissed his 7.19-metre (23.6-ft.) tall model. That was because the 706,900 matchsticks he used were not the standard sort that Guinness expected him to use. Eventually, though, Guinness officials changed their minds and did award him a place in their records as having made the tallest matchstick structure in the world. They said his attempt at the 1:45 scale model was "officially amazing."

**Hitching a ride:** Helicopter crews returning from flights always do post-flight inspections. A helicopter crew with the U.S. Coast Guard in Clearwater, Florida, was no exception. But the crew found something they did not expect to see: a snake was napping happily on the tailwheel. It was like a scene from the movie, Snakes on a Plane. Lucky for everyone, the 2-foot (0.6-m) long corn snake made a quick exit. The breed can grow to be up to 4 feet (1.2 m) in length, and are also called chicken snakes and red rat snakes. No word on how the visitor got on the helicopter or whether or not the animal was fined for trespassing.

**Spilled milk:** There must have been a lot of jokes about not crying over spilled milk, but in reality, it wasn't a laughing matter at all. In Auburn, Massachusetts (U.S.), a tanker carrying 10,000 gallons (37,854 litres) of fresh milk rolled over on the highway. All that delicious white milk, along with plenty of diesel fuel from the truck, spilled onto the on-ramp of the Massachusetts turnpike. What a milky mess! Fortunately, no injuries were reported, but the accident delayed traffic while the nearby Auburn Fire Rescue Department worked to remove the spilled liquids from the roadway.

## Quoteable Quotes

"Love sought is good, but given unsought is better." —William Shakespeare

"Dreams and reality are opposites. Action synthesizes them." —Assata Shakur

## What's Happening

**Jun 12 - Stony Plain Meals on Wheels 45th Anniversary** SPMOW is marking its 45 year anniversary by holding a special celebration at the Family Connection Centre, 5600-50 Street, Stony Plain. The event is open to the Public on June 12, 2024 at

2:00 pm to 4:00 pm. **Jun 14 to 16 - Summer Book Sale** Friends of the Spruce Grove Public Library. Sale hours are Friday 12-6, Saturday, 10-6, Sunday 12-4. Take what you want, pay what you can.

**June 14 to 16 - Grove Rotary Ribfest** Free to attend and fun for the whole family! BBQ ribs and smoked meats, food trucks, live music, vendor market, and kids entertainment in Central Park on King St. in Spruce Grove. Fri 3-11PM, Sat 11AM-11PM, Sun 11AM-10PM. [www.sgribfest.ca](http://www.sgribfest.ca)

NON PROFIT organizations may submit fundraising events for FREE at [www.coffee-news.ca](http://www.coffee-news.ca). Please submit a minimum of 4 weeks in advance.

**Hidden Coffee News Guy ADVENTURE**

Find the Coffee News Guy hidden in one of the ads, then enter to win!

**\$400\* Prize Package**

Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

Enter one of three ways:

1. Scan the QR code
2. Visit [www.coffee-news.ca](http://www.coffee-news.ca)
3. Mail your entry\*

\*Mail your entry to: CN Guy Contest, 9768-170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.



**Trivia**

1. How many pipes are in the typical Scottish bagpipe?
2. Nephophobia is the fear of kidneys, winter, or clouds?
3. A diadromous fish can exist in both fresh and saltwater—T/F?
4. In the children's books, what is the name of Babar the Elephant's wife?
5. How many toes does an ostrich have?

(Flip bottom of page for answers)  
© Published with Permission by Capital Marketing Ltd  
(Over)

**TDS**

**MULCHING & SKID STEER SERVICES**

SERVING CENTRAL ALBERTA

Proudly serving Central Alberta

General dirt work and gravel driveways, backfills, small demos

Rural Property Maintenance

Mulching fence lines, firebreaks, trails, and clearing

Pen and Barn Cleaning

Call us today for an estimate: 780.919.9577

tdsskidsteer@gmail.com  
tdsservicesinc.ca



**NWT SAFETY SUPPLIES**

**FIRE SALES & SERVICE**

EXTINGUISHER

BAY 2, 1906-4 ST. NISKU  
780 955 8797

50 SHEP ST. SPRUCE GROVE  
780 962 1778

nwtsafety.com



**We've moved... VISIT US IN OUR NEW LOCATION!**

**Gifts and Gadgets**

NOW AT 28-308 WESTGROVE DR., SPRUCE GROVE BEHIND MCDONALD'S

**YOUR ONE STOP KITCHEN AND GIFT SHOP**

780.962.5220 | [www.giftsandgadgets.ab.ca](http://www.giftsandgadgets.ab.ca)



**EARN UP TO \$75+ USD PER HOUR WRITING LETTERS**


**PAID PER LETTER**

Letter

MUST BE 18+

**EDUCATIONAL PROGRAM**

START HERE!



**Get More Traffic, Leads & Sales**

SCAN ME

- Website Development
- Google Ads
- Facebook Advertising
- Social Media Management
- SEO & Content Marketing
- Reporting & Analytics

**Frontline** 780.760.6922  
web consulting frontlinereconsulting.ca



**B THREE B'S FLOWERS**

house plants & floral design

780-968-6938  
#106, 4807 44 Avenue, Stony Plain

download our free app!



**THE DOGHOUSE**

A CANINE ACADEMY

12 BOULDER BLVD. STONY PLAIN  
7-10 am and 4-7 pm Daily

IN SUPPORT OF PIT BULLS FOR LIFE FOUNDATION OF ALBERTA

CONTACT US: 877-343-0801  
doghouse@pitbullsforlife.com

Canine Care • Education • Socialization  
Boarding • Grooming • Responsible Rescue

WHERE EDUCATION BEGINS & THE FUN NEVER ENDS



**Need to talk?**  
**988 is here for you. 24/7**

Suicide & Crisis Helpline  
 Call or text: 9-8-8

**Edmonton.CMHA.ca**

**Let's Make A Deal!**

We pawn, buy, sell, trade and consign a wide variety of products at our new location in Stony Plain!

**Gold'n Loan Pawn Shop** CALL TODAY!  
**587-521-4653**

201, 5007-48 Street | Stony Plain **goldnloan.com**

**THE ONE 88.1 FM**

**PARKLAND'S BEST COUNTRY**

**HIP OR KNEE REPLACEMENT?**

THE DISABILITY TAX CREDIT ALLOWS FOR A  
**\$2,500 YEARLY TAX CREDIT**  
**\$30,000 LUMP SUM REFUND**

COPD, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

FOR EXPERT HELP:  
**1-844-453-5372**

85% SUCCESS RATE!

**COLD SHOT**  
 A DIVISION OF BALWARIA EMPIRE PVT. LTD.

**PASSENGER & PARCEL SERVICES**

SHIP BY BUS  
 GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: **www.coldshotca.com**  
 Passenger Website: **www.coldshot.ca**

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

CANADA'S BRAND YOUR COMFORT

**NAPOLEON**

**GEMCO FIREPLACES & WHOLESALE HEATING PRODUCTS**

PH: 780-465-9719 9281-50 STREET, EDMONTON, AB  
 WWW.GEMCOFIREPLACES.COM

**Experience Senior Living at its Finest**

St. Michael's HEALTH GROUP **Fenwyck Heights**  
 260 Pioneer Rd, Spruce Grove

**Move in today!**

Offering Seniors' Supported Independent Living

**Weekend & Evening Tours Available**

**780.962.6598**  
**www.fenwyckheights.ca**

# Your Weekly Horoscope

**ARIES (March 20 - April 19)**  
 What issues have you worked to overcome in your life? Consider how you might help others going through something similar. Your experience could resonate with them. Lucky numbers: 8, 14, 32, 35, 45, 48.

**LIBRA (Sept. 23 - Oct. 22)**  
 A major Libra life theme is to create balance within and with others. Releasing what no longer serves you may be important during the next year to achieve this endeavour. Lucky numbers: 4, 5, 6, 15, 16, 19.

**TAURUS (April 20 - May 20)**  
 A midweek insight may point you toward a new opportunity. Consistent with your Taurus nature, you might want to analyze the pros and cons before proceeding. Lucky numbers: 2, 12, 16, 22, 28, 48.

**SCORPIO (Oct. 23 - Nov. 21)**  
 At midweek, practical research may enhance your intuitive insights. Dig deep into the facts of the situation. The result could be appealing to others. Lucky numbers: 10, 16, 17, 20, 21, 33.

**GEMINI (May 21 - June 20)**  
 The end of the week may be a good time to go within and connect with your spirit. Your efforts might be focused on your relationship to yourself or others. Lucky numbers: 13, 14, 17, 18, 35, 43.

**SAGITTARIUS (Nov. 22 - Dec. 21)**  
 For the next few weeks, you may be in a stalemate about something. If you focus on your beliefs, a solution might become evident. Otherwise, wait for this period to pass. Lucky numbers: 6, 12, 16, 18, 20, 27.

**CANCER (June 21 - July 22)**  
 Have you recently felt flooded with new information? If you are not sure what action to take, you might want to wait until after next week to sort it out. Lucky numbers: 5, 23, 27, 31, 32, 44.

**CAPRICORN (Dec. 22 - Jan. 19)**  
 At midweek, you may find yourself annoyed about a relationship. This might pass in a few days, but could it be a chance to examine any dysfunction in this area? Lucky numbers: 9, 11, 18, 37, 46, 48.

**LEO (July 23 - Aug. 22)**  
 Do you have an endeavour that could use the assistance of others? Now may be a good time to make your pitch, but be sure the project will help them, too. Lucky numbers: 12, 14, 15, 32, 37, 43.

**AQUARIUS (Jan. 20 - Feb. 18)**  
 This is a week when you may want to think things through before you speak or react to events. Consider that you could regret any impulsive actions you take now. Lucky numbers: 7, 12, 20, 21, 26, 30.

**VIRGO (Aug. 23 - Sept. 22)**  
 Is this the time to revamp your diet or exercise routine to become healthier? The middle of the week may provide additional discipline to initiate a new plan. Lucky numbers: 11, 16, 18, 19, 39, 41.

**PISCES (Feb. 19 - March 20)**  
 At midweek, you may find yourself shuffling through many options. Perhaps consider waiting to make decisions until the fog lifts, which could begin next week. Lucky numbers: 3, 17, 26, 36, 44, 45.

Lucky numbers this week: This week's odds favour Leo winners with the luckiest number being 15.

## Did You Know...

- What a fight:** Each August, 20,000 people go to Buñol, near Valencia, Spain, for the world's biggest food fight. Called La Tomatina, the fight uses the local tomato bounty, and lasts about an hour.
- Hidden people:** In Iceland, believing in elves is totally acceptable. Icelanders believe elves exist throughout their country. They call them the *huldufólk*, or hidden people, a term that dates back centuries.
- Candy mounds:** On Bohol, an island in the Philippines, over 1,260 low, grass-covered hills are spread over 50 square kilometres (19 sq. mi.). In the dry season, the grass turns brown, hence their name: "Chocolate Hills."
- Cricket changemakers:** Founded in 2007, the Cricket Warriors are Maasai youth from Laikipia, Kenya. They host cricket camps to encourage peers to tackle social problems. They see cricket as an "agent of change."
- Yummy seafood dish:** A famous dish of Singapore is "Singapore Chili Crab." Its signature sauce contains ingredients that hit the taste buds with a bang, including chilies, garlic, soybean paste, ginger, and shallots.

## On the Lighter Side

Nit: "I just flew in from Europe."  
 Wit: "I bet your arms are tired."

Knock! Knock! *Who's there? Randy. Randy who? Randy mile in eight minutes!*

Why did the potato chip stop the car? There was a dip in the road.

Show me a farmer raising sheep for wool and I'll show you a shear cropper.

I took up gardening as a hobby, but I only grew tired.

**Answers:** 1. 5 2. Clouds 3. True 4. Celeste 5. 4 (2 per foot)

For available franchise opportunities - visit [coffeenewscanada.com](http://coffeenewscanada.com)  
 © Published with Permission by Capital Marketing Ltd

**IS ADVENTURE ON YOUR BUCKET LIST?**

**The Dive Outfitters**  
 Scuba Diving & Snorkeling  
**780.483.0044**  
 11781-156 St., Edmonton

**Learn to Scuba Dive**  
 Ask about our Buddy Special

**Discover Snorkeling**  
 1-Hour Lesson at the Pool!  
 Snorkeling Sets for the Family

**www.thediveoutfitters.ca**

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

**We Need Volunteers In Your Area!**

Help us to advocate for a quality of life that all Alberta seniors deserve

**Alberta Council on Aging**

Contact us:  
 780.423.7781 | 1.888.423.9666

AN INDEPENDENT NON-PROFIT, CHARITABLE ORGANIZATION SINCE 1967

NO EXPERIENCE NECESSARY

**Keeping Tradition Alive!**

Parkland Ukrainian Dancers Society

Experience authentic Ukrainian dance while immersing yourself in a rich and beautiful culture

PRE-REGISTRATION STARTS JUNE 14

We welcome dancers aged 3-adult!

**info@pudsociety.ca**

**TileTown** 50 years  
 Your Space. Your Style. Your Way.

Bring this ad into one of our 2 Edmonton Locations & Receive **20% OFF**

All Regular Priced, in Stock Tile

8219 Argyll Rd., Edmonton • 780-466-1343  
 11478-156th St., Edmonton • 780-451-7744

**Taste the Organic Difference!**

YOUR LOCAL ORGANIC BAKERY

**Homegrown Foods LTD.**

GLUTEN FRIENDLY AVAILABLE

#10 - 19 Granite Dr. Stony Plain  
**780.963.5305**

**Don't Be A Statistic!**

Keep Your Deliveries Safe From Theft With A Mailing Address

**THE UPS STORE**  
 108-4301B South Park Dr., Stony Plain  
**780.963.7066 | store392@theupsstore.ca**

WHAT WOOD YOU DREAM?

**RDS Kitchens and Woodworking**

Specializing in kitchen cabinets & bathroom vanities

Contact us today for an estimate:  
**780.963.4480 | patricia.rdswood@gmail.com**

Proudly serving the GPRC since 1987

**Elder abuse is real**

Become a SeniorConnector!

With knowledge and support, we can stop it.

Connectors are caring, concerned, everyday people in the community who have the skills to connect at-risk seniors to the supports they need. Take the free online training today and be entered into a draw for one of five garden baskets from @TheBigGreenhouse. Draw June 28, Compliments of @TheBigGreenhouse

Plant an UpRoot Abuse garden to let Seniors know that there are community supports available to help. Petunia and Garden signs available June 15 at your local library.

**TriRegion SeniorConnect** <https://triregion.xactims.com/signup>

This project is a collaboration of the Town of Stony Plain, Parkland County, the City of Spruce Grove and local Community Partners.