

Call 780-220-6397





Need to talk? 988 is here for you. 24/7

Suicide & Crisis Helpline Call or text: 9-8-8

Edmonton.CMHA.ca



Help us to advocate for a quality of life that all Alberta seniors deserve

Alberta Council on Aging

780.423.7781 | 1.888.423.9666

Are you a business owner/office manager? Have 3-20 employees in your office Paying too much for your current phone system? We can save you up to 50% off your current

AN INDEPENDENT NON-PROFIT, CHARITABLE ORGANIZATION SINCE 196

phone rates! VOIP Solutions at a fraction ✓ Long distance rates 587.760.2800

https://zettatelecom.com

SHOP ONLINE!



It's not just a generator. It's a power move.

with qualifying purchase* valued at \$945. Call 888-688-0973 to

GENERAC

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA GENERAC

FREE! New Issue Every Week!

"News To Be Enjoyed Over Coffee"

Lac La Biche and Area **Edition**

www.coffee-news.ca

877-553-6397 Vol. 21 No. 26 June 24, 2024

Everybody's Talking

Unwanted advice: The British enjoy their tea and don't want outsiders telling them how to drink it. That's what American scientist and author Michelle Francl learned when she published a book that suggested adding a pinch of salt to make a cup of tea less bitter, an amount small enough that it couldn't be tasted. Good Morning Britain, a British breakfast program, said the notion felt like a crime. The controversy drew involvement from no less than the U.S. Embassy in London, which confessed Francl's suggestion had got them "in hot water." They joked that they would continue to make tea the proper way, by microwaving it. No word on how that advice landed.

Unhygienic husband: A court in Ankara, Turkey, approved a woman's request to divorce her husband, but the reason wasn't a typical one. In Turkish civil law, one reason for divorce is if life has become unbearable for one or both parties. The woman said she wanted a divorce because her husband had unbearable personal hygiene. She told a family court that her husband wore the same clothes for at least five days in a row, smelled stinky, and didn't shower often. Witnesses confirmed her claims. The court ordered her husband to pay her 500,000 Lira (TRY) for putting up with his poor personal hygiene.

Fast kid: Many people are familiar with Rubik's cube puzzles, which have six sides and 20 movable pieces. But then there's the 12-sided Megaminx, with 50 moving pieces. Aidan Granger is a 16-year-old student at Royal Wootton Bassett Academy, located in the British town of the same name. The teen cemented his status as a European Megaminx record holder and earned the 2024 title of the world's ninth fastest "speedcuber." Competitively solving puzzles like Rubik's cube or Megaminx is called speedcubing. The teen finished the Megaminx puzzle in only 31.41 seconds. He was competing against 200,000 speedcubers in the official World Cube Association competition.

Urban art: A street artist in Nerviano, a municipality in Milan, Italy, asks permission to apply his paint in public places. And because his art is so fascinating, the authorities usually say "yes" to Cosimo Cheone Caiffa. This self-taught artist makes 3D creations that look real, such as a man crawling out from under a bridge or a little boy leaning out of a window to give a flower to a passerby. His artwork really can transform dismal cityscapes into works of intriguing creativity. The artist initiates his designs on a computer, and when he's ready to hit the streets, he rounds up his paint cans and gets to work.

Quoteable Quotes

"Follow your dreams, transform your life." "Only in the darkness can you see the stars." King, Jr.

—Paulo Coelho —Martin Luther

What's Happening

Thursdays Monthly - Evening Rhyme Storytime Join Lac La Biche County Libraries along with FCSS Young Family Connections for rhyme time. This will be held once a month on Thursdays from 6:30-7:30pm in the Wild Rose Room at Stuart MacPherson Library. Visit laclabichecounty.com for all times

Ongoing - Tuesdays Women's Wellness Slave Lake and Area Womens Wellness workshop. St. Peters Ecumenical Church, Slave Lake. Free and includes child care. Registration is required. For topic and to register, text Rebecca at 780-240-6245

NON PROFIT organizations may submit fundraising events for FREE at www.coffee-news.ca. Please submit a minimum of 4 weeks in advance.



Enter one of three ways: 1. Scan the QR code 2. Visit

www.coffee-news.ca 3. Mail your entry*

*Mail your entry to: CN Guy Contest, 9768-170 Stree Suite 303, Edmonton, AB T5T 514. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and upur bith data. Also include the pages of the add in

Trivia

- 1. A monk lives in a monastery and a nun lives in a
- 2. In Disney's animated movie, Robin Hood is portrayed as a badger or a fox? 3. Shakespeare's play The Tempest is named for a storm, earthquake, or
- 4. What is the human body's buccal cavity?
- 5. The minimum depth of a hole in professional golf is 3, 4, or 6 inches?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd (Over)

Visit us on Facebook-CoffeeNewsWeekly





Home | Auto | Business | Farm

We're in your community

780.623.4246

10117 101 Ave, Lac La Biche BrokerLink.ca

Insurance

Refreshing Pure Hydration 3 & 5 Gals of Reverse Osmosis & Alkalized Water • 5lb & 20lb Bags of Ice ✓ Wholesale and Retail Sales ✓ Residential and Commercial Delivery Available

9609-100 Street, Plamondon 780.798.0444 | www.purepremiumwater.ca SSION VIEW FUNERAL CHAPEL LTD. FUNERALS - CREMATION - MONUMENTS - PRE-PLANNING

35% **O**FI SELECT REMCO **MONUMENTS** √ 780-623-1815 • info@missionview.ca ✓

At Seller Direct® Northern Homes Realty, It's Not **About Discounts,** It's About OPTIONS! **How We Get Your House** SOLD:

✓ 3D Tours & Professional Photos

Too! ✓ 300+ websites

✓ Social media ads √ 24/7 Info Direct # for

your home ...and MORE! FIND OUT HOW **Tracy Lord** YOU CAN **SAVE**

sellerdirectnorthe **UP TO 50%!** seîlerdirect.

780.747.8372

PROUDLY SERVING LAC LA BICHE, PLAMONDON, WANDERING RIVER & SURROUNDING AREAS



Provide a safe, loving, stable temporary home to an animal in need

Care for an invred animal, expectant mom, abandoned senior or animal needing rehab; Nurture a young animal until it reaches an adoptable age

BECOME A FOSTER!



• Veterinary care & expensed

www.llbrhs.com or on 🖪 Lac La Biche Regional Humane Society

Affordable-Effective-Exclusive-CALL NOW!





Check out our PDF editions online! New editions are posted every Monday

Sign up here to receive email notifications of new

never have to miss your weekly dose of good news!







587.596.5380 A Small Miracle

Adoption Adoption is the ultimate exp

• Confidential • Support and Connection • Adoption Information to Resources • Adoption Information and Advice www.smallmiraclesadoption.com

COLD SHOT

PASSENGER & PARCEL SERVICES

GET YOUR REWARD CARD TO GET A FREE TICKET! Parcel Website: www.coldshotca.com Passenger Website: www.coldshot.ca

14-DAY

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

ınøgen

PORTABLE OXYGEN FOR YOUR ON-THE-GO LIFESTYLE

> Call us toll-free at 1-888-998-6714

9 EN. EX. USA | Rx Only © 2023 Inogen, Inc. nar Drive, Goleta, CA 93117 : a Cademark of Inogen, Inc. The usage of any Inogen, Inc. trad bidden without the prior consent of Inogen, Inc. All other trad-

Need Help with the Digital Side of Business?

We Can Help - for Free!

- Google My Business
- Websites
- Social Media

Contact Community Futures mel.digitalss@cfllb.com









The World's #1 Restaurant Publication!

Your Weekly Horoscope

(March 20 - April 19)



How are your past issues and wounds affecting your relationships now? This may be a good time to take a deep dive into your unconscious. Seek

help, if needed. Lucky numbers: 12, 14, 16, 21, 29, 32.

TAURUS

(April 20 - May 20)



Is there something you want to advance that hasn't gotten traction before? If you present it in a new way at week's end, you may find that

others are more receptive. Lucky numbers: 2, 4, 8, 16, 31, 37.

GEMINI

(May 21 - June 20)



Many Geminis share the quicksilver nature of Mercury, the sign's ruling planet. But over the next few months, you may be asked to slow down and

reexamine your life. Lucky numbers: 11, 15, 19, 30, 44, 46. **CANCER**

(June 21 - July 22)



Cancers often prioritize their feelings when making decisions. Over the next few months, you may have a chance to examine where this style

does or does not serve you. Lucky numbers: 10, 13, 17, 18, 31, 35.

(July 23 - Aug. 22)



Your mind and emotions may be out of sync at the beginning of the week. What change could you make to reconcile the difference and achieve

more balance in your life? Lucky numbers: 3, 10, 16, 31, 33, 39.

VIRGO

(Aug. 23 - Sept. 22)



During the middle of the week, your energy may feel confused and murky. If it is disrupting your normally disciplined routine, wait a few days for

this dynamic to pass. Lucky numbers: 9, 10, 11, 17, 31, 41.

(Sept. 23 - Oct. 22)



Is there an outdated belief or behaviour that is holding you back from having more love in your life? How might you release it? Who could help

you figure it out? Lucky numbers: 7, 22, 28, 30, 31, 38.

SCORPIO

(Oct. 23 - Nov. 21)



The intensity of Scorpios interacting with others can be difficult for both parties. At week's end, however, you may have an opportunity for more

pleasant social interactions. Lucky numbers: 1, 16, 17, 19, 21, 25.

SAGITTARIUS

(Nov. 22 - Dec. 21)



Sagittarians sometimes closely connect their worldviews to their identities. In the next few months, you may need to reexamine where you

are too rigid in this regard. Lucky numbers: 4, 5, 8, 10, 12, 34.

CAPRICORN (Dec. 22 - Jan. 19)



Hard work and discipline are key words for Capricorn's success but they can be exhausting at times. For a few months, consider how to "work

smarter, not harder." Lucky numbers: 5, 9, 16, 19, 33, 36.

AQUARIUS (Jan. 20 - Feb. 18)



Early this week, you may find yourself in a centered space. How might you want to take advantage of this energy for the next few days, before

it passes? Lucky numbers: 6, 30, 32, 33, 43, 44.

PISCES

(Feb. 19 - March 20)



You may find yourself going back over old territory during the next four months. Have you become more disciplined over the last year in

creating structure in your life? Lucky numbers: 8, 10, 15, 21, 28, 34.

Lucky numbers this week: This week's odds favour Aquarius winners with the luckiest number being 33.

Did You Know...

Green children: Historians remain baffled by tales of two green-skinned children who appeared in Woolpit, Suffolk, England in the 12th century. No one knows exactly where they came from or why their skin was green.

Maple goodness: Anyone wanting the best and purest maple syrup should look to Canada. The country is well known for the quality of this product, which is made by boiling down sap from maple trees.

Busy intersection: Shibuya Crossing, in Tokyo, Japan, is possibly the world's biggest pedestrian crossing. People come from five directions, all crossing at the same time. The "Scramble" repeats every two minutes all day.

What's in a name: In 1946, Baltimore called its National Basketball Association team the Bullets, after a nearby ammunition foundry. In 1996, the current franchise adopted the less violent name of Wizards.

Pole star: Stella polaris is Latin for "pole star." Polaris, more commonly known as the North Star, is the brightest in the Ursa Minor constellation. Interestingly, "Polaris" has been used as a baby's name.

On the Lighter Side

Why don't computers eat anything? They don't like what's on their menus.

Eating a clock may seem like a good idea, but it's timeconsuming

I used to run a donut shop, but I got tired of the hole business.

Principal: "This is the fourth time you've been in my office this week.

Student: "Well, I guess I'm glad it's Friday."

Knock! Knock! Who's there? Sasha. Sasha who? You make Sasha fuss!

Auswers

4. The mouth 5.4 inches Trivia answers: 1. Convent 2. Fox 3. Storm

For available franchise opportunities - visit coffeenewscanada.com © Published with Permission by Capital Marketing Ltd



Les Helm, RPFT

Cell 780.520.4000 Office 780.623.2494 Fax 780.623.2894 I.helmsilversage@gmail.com

Land Resource Planning

- Gravel Pits
- Mapping
- Reclamation
- · Road Engineering



VAPE LOUNGE

THIS AD FOR A LET US HELP YOU QUIT SMOKING Come learn the facts and make a plan

780-623-2158

10208-101Ave., Lac La Biche 10 am - 6 pm, 7 days a week Closed on holidays



The Solstice Sun barely sets and the music plays on til dawn! Four stages of multi-genre

music, free art, movement educational workshops, food vendors, artisan market and mo Regular ticket prices (March 1 - May 31) Adult - \$200 Youth/Senior - \$120

Sunday Festival Pass Price
Adult - \$20
Youth (13-17)/Senior - \$10
Sunday gate sales will be donated to
the Music Program at Ministakaw Sloyl
School. Seniors 654 and children age 1
and under always attend free of charge

Tickets on sale now at www.northcountryfair.ca



780.962.5220 | www.giftsandgadgets.ab.ca

Need ONE More Reason to Join?

- You don't have an up to date will 2 You don't understand the difference
- between a trust and a will
- The CRA selects you for an audit
 You need a letter written on your behalf by a lawyer You receive a speeding ticket



Call LLOYD KENNEY, Independent Associate, to find out how LegalShield can help you!

1-877-579-9449



Unemployed? Underemployed? We can help. Contact us.

Lac La Biche office

- **♀** 10263 101 Avenue
- **9** 780.627.3071
- employabilities.ab.ca



