

- No Wait Time
- Re-Siding New Roof
- Quality Workmanship

• Insurance Claims Welcome

- Re-Roof • Free Quotes
- New Siding

587-378-ROOF (7663)

www.jvroofingsiding.com

















http://www.carolinemuseum.ca/

- Musculoskeletal Conditions
- Dermatological Conditions • Neurological Conditions
- Cosmetic Applications
 - · Wound Healing
- Precision Laser & Massage Therapy

#9, 4908-50 Ave., Olds

844.282.2321 | 403.907.0241 SCAN TO BOOK NOW

PICNIC AREA

New Issue Every Week! "News To Be Enjoyed



www.bvcoffeenews.ca amy@bvcoffeenews.ca

FREE!

Over Coffee"

Olds, Innisfail, Sundre and **Areas Edition** 780-220-6397

Vol. 2024 No. 26 June 24, 2024

Everybody's Talking

Unwanted advice: The British enjoy their tea and don't want outsiders telling them how to drink it. That's what American scientist and author Michelle Francl learned when she published a book that suggested adding a pinch of salt to make a cup of tea less bitter, an amount small enough that it couldn't be tasted. Good Morning Britain, a British breakfast program, said the notion felt like a crime. The controversy drew involvement from no less than the U.S. Embassy in London, which confessed Francl's suggestion had got them "in hot water." They joked that they would continue to make tea the proper way, by microwaving it. No word on how that advice landed.

Unhygienic husband: A court in Ankara, Turkey, approved a woman's request to divorce her husband, but the reason wasn't a typical one. In Turkish civil law, one reason for divorce is if life has become unbearable for one or both parties. The woman said she wanted a divorce because her husband had unbearable personal hygiene. She told a family court that her husband wore the same clothes for at least five days in a row, smelled stinky, and didn't shower often. Witnesses confirmed her claims. The court ordered her husband to pay her 500,000 Lira (TRY) for putting up with his poor personal hygiene.

Fast kid: Many people are familiar with Rubik's cube puzzles, which have six sides and 20 movable pieces. But then there's the 12-sided Megaminx, with 50 moving pieces. Aidan Granger is a 16-year-old student at Royal Wootton Bassett Academy, located in the British town of the same name. The teen cemented his status as a European Megaminx record holder and earned the 2024 title of the world's ninth fastest "speedcuber." Competitively solving puzzles like Rubik's cube or Megaminx is called speedcubing. The teen finished the Megaminx puzzle in only 31.41 seconds. He was competing against 200,000 speedcubers in the official World Cube Association competition.

Urban art: A street artist in Nerviano, a municipality in Milan, Italy, asks permission to apply his paint in public places. And because his art is so fascinating, the authorities usually say "yes" to Cosimo Cheone Caiffa. This self-taught artist makes 3D creations that look real, such as a man crawling out from under a bridge or a little boy leaning out of a window to give a flower to a passerby. His artwork really can transform dismal cityscapes into works of intriguing creativity. The artist initiates his designs on a computer, and when he's ready to hit the streets, he rounds up his paint cans and gets to work.

Quoteable Quotes

"Follow your dreams, transform your life." —Paulo Coelho "Only in the darkness can you see the stars."—Martin Luther King,

What's Happening

June 21. Indigenous Peoples Day Join us at the Sundre and District Museum as we celebrate Indigenous Peoples Day on June 21. Please call the Sundre and District Museum at 403.638.3233 for further information.

July 19 and 20. Bow Valley Boot Stomp. Don't miss Bow Valley Boot Stomp, Cochrane's new country music festival, July 19th and 20th, 2024. Details for this and all 2024 events available at

Tuesdays in Sundre. Kids Learning at the Sundre Museum, Every Tuesday at 130 3pm. Please call the Sundre and District Museum at 403.638.3233 for further information.

Sundre Museum. Historic Pioneer Village is now OPEN! Please call the Sundre and District Museum at 403.638.3233 for further

June 27. Multicultural Day. Join us at the Sundre District Museum as we celebrate Multicultural Day on June 27. Please call the Sundre and District Museum at 403.638.3233 for further information.

Sundays. Bragg Creek Farmers Market. Running every Sunday from Jun 16 to Sep 22 from 10am to 3pm. Still room for vendors and food trucks. Email info@braggcreekca.com for all the info.

> GET IN WHAT'S HAPPENING - Submit your event to www. bvcoffeenews.ca and be seen here by thousands of readers each week. Please give 6 weeks notice

Trivia

- 1. A monk lives in a monastery and a nun lives in a
- 2. In Disney's animated movie, Robin Hood is portrayed as a badger or a fox? 3. Shakespeare's play The Tempest is named for a storm, earthquake, or
- 4. What is the human body's buccal cavity?
- 5. The minimum depth of a hole in professional golf is 3, 4, or 6 inches?

(Flip bottom of page for answers)

© Published with Permission by Mad Mama Marketing

Delicious Blueberry Cheesecake Moon Mist • Shark Attack Birthday Cake • Orange Float Cotton Candy • Bubble Gum



Visit us today at Unit #104, 4911-50 Street | Innisfail



Receive a free 5-year warranty with qualifying purchase* - valued at \$715.

Call 844-944-1991 to schedule your free quote!

GENERAC





403.638.3508 | Hwy 584 W, Sundre | info@sundrehhbc.com



Need to talk? 988 is here for you. 24/7

Suicide & Crisis Helpline Call or text: 9-8-8

DistressCentre.com/988

THIS SPACE



Call 780-220-6397

Mountain View Food Bank Society

Olds Provincial Building 5025-15 Street, Olds

Open Tuesdays 9 a.m. - 1 p.m.

Emergency Number: 403.556.1693



Call today and receive a FREE SHOWER PACKAGE **PLUS \$1600 OFF**



k-in tub purchase Offer available while supplies last. No cash value. Must prese offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445











14-DAY

ındgen

LIFESTYLE

PORTABLE OXYGEN

9 EN_EX_USA | Rx Only © 2023 Inogen, Inc nar Drive, Goleta, CA 93117

FOR YOUR ON-THE-GO

Call us toll-free at

1-833-301-1878

Your Weekly Horoscope

(March 20 - April 19)



How are your past issues and wounds affecting your relationships now? This may be a good time to take a deep dive into your unconscious. Seek

help, if needed. Lucky numbers: 12, 14, 16, 21, 29, 32.

TAURUS (April 20 - May 20)



Is there something you want to advance that hasn't gotten traction before? If you present it in a new way at week's end, you may find that others are more receptive. Lucky

numbers: 2, 4, 8, 16, 31, 37. **GEMINI**

(May 21 - June 20)



Many Geminis share the quicksilver nature of Mercury, the sign's ruling planet. But over the next few months, you may be asked to slow down and

reexamine your life. Lucky numbers: 11, 15, 19, 30, 44, 46.

CANCER (June 21 - July 22)



Cancers often prioritize their feelings when making decisions. Over the next few months, you may have a chance to examine where this style

does or does not serve you. Lucky numbers: 10, 13, 17, 18, 31, 35.

(July 23 - Aug. 22)



Your mind and emotions may be out of sync at the beginning of the week. What change could you make to reconcile the difference and achieve

more balance in your life? Lucky numbers: 3, 10, 16, 31, 33, 39.

VIRGO

(Aug. 23 - Sept. 22)



During the middle of the week, your energy may feel confused and murky. If it is disrupting your normally disciplined routine, wait a few days for

this dynamic to pass. Lucky numbers: 9, 10, 11, 17, 31, 41.

(Sept. 23 - Oct. 22)



Is there an outdated belief or behaviour that is holding you back from having more love in your life? How might you release it? Who could help

you figure it out? Lucky numbers: 7, . 22, 28, 30, 31, 38.

SCORPIO (Oct. 23 - Nov. 21)



The intensity of Scorpios interacting with others can be difficult for both parties. At week's end, however, you may have an opportunity for more

pleasant social interactions. Lucky numbers: 1, 16, 17, 19, 21, 25.

SAGITTARIUS (Nov. 22 - Dec. 21)



Sagittarians sometimes closely connect their worldviews to their identities. In the next few months, you may need to reexamine where you

are too rigid in this regard. Lucky numbers: 4, 5, 8, 10, 12, 34.

CAPRICORN

(Dec. 22 - Jan. 19)



Hard work and discipline are key words for Capricorn's success but they can be exhausting at times. For a few months, consider how to "work

smarter, not harder." Lucky numbers: 5, 9, 16, 19, 33, 36.

AQUARIUS (Jan. 20 - Feb. 18)



Early this week, you may find yourself in a centered space. How might you want to take advantage of this energy for the next few days, before

it passes? Lucky numbers: 6, 30, 32, 33, 43, 44.

PISCES

(Feb. 19 - March 20)



You may find yourself going back over old territory during the next four months. Have you become more disciplined over the last year in

creating structure in your life? Lucky numbers: 8, 10, 15, 21, 28, 34.

Lucky numbers this week: This week's odds favour Aquarius winners with the luckiest number being 33.

Did You Know...

Green children: Historians remain baffled by tales of two green-skinned children who appeared in Woolpit, Suffolk, England in the 12th century. No one knows exactly where they came from or why their skin was green.

Maple goodness: Anyone wanting the best and purest maple syrup should look to Canada. The country is well known for the quality of this product, which is made by boiling down sap from maple trees.

Busy intersection: Shibuya Crossing, in Tokyo, Japan, is possibly the world's biggest pedestrian crossing. People come from five directions, all crossing at the same time. The "Scramble" repeats every two minutes all day.

What's in a name: In 1946, Baltimore called its National Basketball Association team the Bullets, after a nearby ammunition foundry. In 1996, the current franchise adopted the less violent name of Wizards.

Pole star: Stella polaris is Latin for "pole star." Polaris, more commonly known as the North Star, is the brightest in the Ursa Minor constellation. Interestingly, "Polaris" has been used as a baby's name.

On the Lighter Side

Why don't computers eat anything? They don't like what's on their menus.

Eating a clock may seem like a good idea, but it's timeconsuming.

I used to run a donut shop, but I got tired of the hole business.

Principal: "This is the fourth time you've been in my office this week.'

Student: "Well, I guess I'm glad it's Friday."

Knock! Knock! Who's there? Sasha. Sasha who? You make Sasha fuss!

Auswers

4. The mouth 5.4 inches Trivia answers: 1. Convent 2. Fox 3. Storm

For available franchise opportunities - visit coffeenewscanada.com © Published with Permission by Mad Mama Marketing





Coffee News

ADVERTISING!

Located west of Crossfield — see website for directions: www.countrygardencrystals.ca Open Thursday thru Monday, 10 a.m. - 5 p.m. (Closed Tuesday and Wednesday)

- · People need to know about you! Reach thousands of local readers every single week
- Exclusive, affordable advertising



It's a crackin' good deal!





