

FREE ROLLING TRAY
WHEN YOU PRESENT THIS COUPON -
LIMIT 1 PER CUSTOMER - SEE IN STORE FOR DETAILS

8060-167 AVENUE NW EDMONTON

BUBONIC KRONIK

MONDAY TO SATURDAY 10 am - 9 pm
SUNDAY, 11 am - 6 pm

WITH PURCHASE OF \$5 OR MORE

STOP STREAMING! IT'S FUNNIER LIVE AT THE COMIC STRIP
BOURBON STREET, WEST EDMONTON MALL

PURCHASE TICKETS ONLINE AT thecomicstrip.ca

Rick Bronson's **THE COMIC STRIP**
DRINK • DINE • LAUGH

THIS SPACE FOR RENT

OR SCAN HERE FOR MORE INFO



Call 780-220-6397

Join the **Wildrose Polio Society** as we **CELEBRATE** our (unpaid) **CAREGIVERS**, past and present.

TELL a Polio Survivor About US!

ALL ARE WELCOME

Royal Hotel West Edmonton
September 28, 2024 (Year of the Caregiver) | 2-7 p.m.
Entertainment | Informative Presentation | Caregiver Recognition | Banquet

Please register your caregiver by August 1, 2024
by email: wpss@polioalberta.ca
by phone: 780 428 8842

Wildrose Polio Support Society
www.polioalberta.ca

We're 20!

May 4, 2024 is Capital Marketing's 1,041st publication week, and its 20th anniversary publishing *Coffee News* in Northern Alberta!

For two decades, we've been committed to bringing smiles to our readers' faces, promoting business and strengthening our communities. We could not have done it without you!

We want to thank our advertising sponsors, readers, partners and employees for their continued support. Here's to 20 more years of success together!

Walter Heuvingsh, Publisher
Coffee News Northern Alberta

Because Care Begins at Home... First

- Dementia Care
- Hospital Discharge
- Respite Care • Appointments
- Personal Care • Housekeeping
- Meal Preparation • Palliative
- Medication • Companionship

FREE ASSESSMENTS

AHS APPROVED PROVIDER

HOMEFIRST HEALTHCARE
587.819.1500

info@homefirsthealthcare.ca
www.homefirsthealthcare.ca

like us

• Mac & PC Repair, Tech Support
• iPhone & iPad Repair
• Used Apple Device Sales
• Upgrades, Repairs, and (Used) Sales

one bite technology

587.290.0200
www.onebitechology.ca


Retail store now open!
22A Muir Drive, St. Albert

We are your Apple experts!

Can't get to your **Coffee News** each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.
Now you never have to miss your weekly dose of good news!



www.coffee-news.ca/editions

FREE! New Issue Every Week!

Coffee News[®]

"News To Be Enjoyed Over Coffee"

North West Edmonton Edition

780-220-6397

www.coffee-news.ca

Est. 1988

Vol. 21 No. 26 June 24, 2024

Everybody's Talking

Unwanted advice: The British enjoy their tea and don't want outsiders telling them how to drink it. That's what American scientist and author Michelle Franci learned when she published a book that suggested adding a pinch of salt to make a cup of tea less bitter, an amount small enough that it couldn't be tasted. Good Morning Britain, a British breakfast program, said the notion felt like a crime. The controversy drew involvement from no less than the U.S. Embassy in London, which confessed Franci's suggestion had got them "in hot water." They joked that they would continue to make tea the proper way, by microwaving it. No word on how that advice landed.

Unhygienic husband: A court in Ankara, Turkey, approved a woman's request to divorce her husband, but the reason wasn't a typical one. In Turkish civil law, one reason for divorce is if life has become unbearable for one or both parties. The woman said she wanted a divorce because her husband had unbearable personal hygiene. She told a family court that her husband wore the same clothes for at least five days in a row, smelled stinky, and didn't shower often. Witnesses confirmed her claims. The court ordered her husband to pay her 500,000 Lira (TRY) for putting up with his poor personal hygiene.

Fast kid: Many people are familiar with Rubik's cube puzzles, which have six sides and 20 movable pieces. But then there's the 12-sided Megaminx, with 50 moving pieces. Aidan Granger is a 16-year-old student at Royal Wootton Bassett Academy, located in the British town of the same name. The teen cemented his status as a European Megaminx record holder and earned the 2024 title of the world's ninth fastest "speedcuber." Competitively solving puzzles like Rubik's cube or Megaminx is called speedcubing. The teen finished the Megaminx puzzle in only 31.41 seconds. He was competing against 200,000 speedcubers in the official World Cube Association competition.

Urban art: A street artist in Nerviano, a municipality in Milan, Italy, asks permission to apply his paint in public places. And because his art is so fascinating, the authorities usually say "yes" to Cosimo Cheone Caiffa. This self-taught artist makes 3D creations that look real, such as a man crawling out from under a bridge or a little boy leaning out of a window to give a flower to a passerby. His artwork really can transform dismal cityscapes into works of intriguing creativity. The artist initiates his designs on a computer, and when he's ready to hit the streets, he rounds up his paint cans and gets to work.

Quoteable Quotes

"Follow your dreams, transform your life." —Paulo Coelho
"Only in the darkness can you see the stars." —Martin Luther King, Jr.

What's Happening

Jul 6 - Muttstock 2024 Join us in celebrating Music, Mutts, and Memories at Muttstock 2024 in Elmwood Park Community League! From 11AM to 6 PM, come shop our vendor market, grab some food truck eats, and of course, pet some dogs! Check www.muttstock.com for details!

Aug 21 - Links fore Literacy Charity Golf Tournament 2024 The Links fore Literacy Charity Golf Tournament is the Centre for Family Literacy's annual summer fundraising event. Proceeds from the tournament support the Centre's adult and family literacy programs. For more information, visit familit.cagolf2024

NON PROFIT organizations may submit fundraising events for FREE at www.coffee-news.ca. Please submit a minimum of 4 weeks in advance.

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package
*Coffee News Bucks
Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

Enter one of three ways:
1. Scan the QR code
2. Visit www.coffee-news.ca
3. Mail your entry*



*Mail your entry to: CN Guy Contest, 9768-170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. A monk lives in a monastery and a nun lives in a ____.
2. In Disney's animated movie, Robin Hood is portrayed as a badger or a fox?
3. Shakespeare's play The Tempest is named for a storm, earthquake, or flood?
4. What is the human body's buccal cavity?
5. The minimum depth of a hole in professional golf is 3, 4, or 6 inches?

(Flip bottom of page for answers)

Real Estate Law

Over 800 Google Reviews!	Easy, Secure Remote Legal Signing	Exceptional Legal Services at Low Cost	Learn more at pbmlaw.ca
--------------------------	-----------------------------------	--	--

PBM LAW * ALBERTA REAL ESTATE LAWYERS
(PETER B MASON PROFESSIONAL CORP.)
AN ASSOCIATION OF INDEPENDENT LAWYERS

Call now: 866-888-1081 | www.pbmlaw.ca

THE RANCH
GOLF AND COUNTRY CLUB

#1 Tournament Course in Alberta!

Located 5 mins West of Edmonton
Unmatched Value
Premier Conditions

Weekly Promotions:
• 3-Putt Mondays
• 1/2 Price Wings Tuesdays
• Sunset Express 4-Hole Loop

For full details, visit theranchgolf.com

Book your tee time today: 780.470.4700

HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A

\$2,500 YEARLY TAX CREDIT
\$30,000 LUMP SUM REFUND

CPD, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

FOR EXPERT HELP:
1-844-453-5372

85% SUCCESS RATE!

Reasonable Rates. Quality Work.

A/C Repair and Replacement Specialist
Furnace Replacement Specialist

ZIMMERMAN
PLUMBING • HEATING • A/C

780.667.1894 | zimmermanphc.ca

TileTown | 50 years
Your Space. Your Style. Your Way.

Bring this ad into one of our 2 Edmonton Locations & Receive **20% OFF**
All Regular Priced, in Stock Tile

8219 Argyll Rd., Edmonton • 780-466-1343
11478-156th St., Edmonton • 780-451-7744

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Wills | Enduring Power of Attorney | Personal Directive | Grants

ESTATE Solutions

SIMPLE AND AFFORDABLE

FREE WILL CONSULTATIONS

Stania Buist, Paralegal
780-228-1255

estate-solutions@outlook.com | www.estate-solutions.ca

Your Local Event, Meeting Place & Community Hub!

KIRK CENTRE
Est. 1959
"Heart of the Community"
Safe, accessible and inclusive non-profit community hub

Office space for rent
Large and small hourly room rentals available
Below market rates

SCAN HERE TO VISIT OUR SITE

780.438.6619 | kirkcentre@gmail.com | www.kirkcentre.ca

Sculpting Hope, Empowering Lives

Book a consultation to learn how my services can empower your journey toward healing.

Debbie Johnstone
COUNSELLING

780.394.3969
www.debbiejohnstonecounselling.com



Renting at \$2700

55+ Retirement Luxury Living

CAREADON VILLAGE
2 Inglewood Dr. St. Albert

Open House every Saturday 12-4 p.m.

- On the River
- Close to Trails, Shopping
- Underground Parking
- Incredible Amenities, including Theatre Room, Library, Salon, 24 Hr. Gym, more

careadonvillage.com 780.470.2330



jerry forbes
Centre for Community Spirit

HOME FOR 25 CHARITIES & NON-PROFITS

93,000 SQ. FT. OF SHARED SPACE
SERVING OVER 200,000 ALBERTANS

Dear Edmonton, We're having a great time and the people here are amazing. You should come for a visit!

Sincerely, JFC

jerryforbescentre.ca



GET MORE FROM YOUR ONLINE CONTENT

CONTENT MARKETING SERVICES

- Blog Writing
- Email Marketing
- Website Content
- Google Business Profile

FREE CONSULT

SCAN ME

Frontline 780.760.6922



PROVIDING THE GREATEST RETURN ON YOUR GREATEST INVESTMENT!

SELLING YOUR HOME? Invite me over for a coffee. I'll give you real estate advice and a FREE market evaluation.

Your Community Realtor
GEORGE VAN DE WALLE
780.982.4247 RE/MAX



Spiritual, Cultural & Religious Based Care

Personal Care • Meal Prep
Respite Care • Dementia Care
Palliative Care • Transition Care
...and more

WE SPEAK YOUR LANGUAGE

ISLAMIYA
Home Care Services Ltd
verasitycare@gmail.com
780.473.0700
www.islamiyacare.com



IS ADVENTURE ON YOUR BUCKET LIST?

The Dive Outfitters
Scuba Diving & Snorkeling
780.483.0044
11781-156 St., Edmonton
www.thediveoutfitters.ca

Learn to Scuba Dive
Ask about our Buddy Special

Discover Snorkeling
1-Hour Lesson at the Pool!
Snorkeling Sets for the Family



Sidewalks
Driveways
Steps • Garage Pads
Basements • Exposed
Shop Floors • Stamped
Bobcat Services

Residential & Commercial Service
WCB Coverage Fully Insured

ATHENS
Concrete Service Ltd.
Call 780.235.1900

PROUDLY SERVING THE GREATER EDMONTON AREA SINCE 2007



Your Weekly Horoscope

ARIES (March 20 - April 19)
How are your past issues and wounds affecting your relationships now? This may be a good time to take a deep dive into your unconscious. Seek help, if needed. Lucky numbers: 12, 14, 16, 21, 29, 32.

LIBRA (Sept. 23 - Oct. 22)
Is there an outdated belief or behaviour that is holding you back from having more love in your life? How might you release it? Who could help you figure it out? Lucky numbers: 7, 22, 28, 30, 31, 38.

TAURUS (April 20 - May 20)
Is there something you want to advance that hasn't gotten traction before? If you present it in a new way at week's end, you may find that others are more receptive. Lucky numbers: 2, 4, 8, 16, 31, 37.

SCORPIO (Oct. 23 - Nov. 21)
The intensity of Scorpios interacting with others can be difficult for both parties. At week's end, however, you may have an opportunity for more pleasant social interactions. Lucky numbers: 1, 16, 17, 19, 21, 25.

GEMINI (May 21 - June 20)
Many Geminis share the quicksilver nature of Mercury, the sign's ruling planet. But over the next few months, you may be asked to slow down and reexamine your life. Lucky numbers: 11, 15, 19, 30, 44, 46.

SAGITTARIUS (Nov. 22 - Dec. 21)
Sagittarians sometimes closely connect their worldviews to their identities. In the next few months, you may need to reexamine where you are too rigid in this regard. Lucky numbers: 4, 5, 8, 10, 12, 34.

CANCER (June 21 - July 22)
Cancers often prioritize their feelings when making decisions. Over the next few months, you may have a chance to examine where this style does or does not serve you. Lucky numbers: 10, 13, 17, 18, 31, 35.

CAPRICORN (Dec. 22 - Jan. 19)
Hard work and discipline are key words for Capricorn's success but they can be exhausting at times. For a few months, consider how to "work smarter, not harder." Lucky numbers: 5, 9, 16, 19, 33, 36.

LEO (July 23 - Aug. 22)
Your mind and emotions may be out of sync at the beginning of the week. What change could you make to reconcile the difference and achieve more balance in your life? Lucky numbers: 3, 10, 16, 31, 33, 39.

AQUARIUS (Jan. 20 - Feb. 18)
Early this week, you may find yourself in a centered space. How might you want to take advantage of this energy for the next few days, before it passes? Lucky numbers: 6, 30, 32, 33, 43, 44.

VIRGO (Aug. 23 - Sept. 22)
During the middle of the week, your energy may feel confused and murky. If it is disrupting your normally disciplined routine, wait a few days for this dynamic to pass. Lucky numbers: 9, 10, 11, 17, 31, 41.

PISCES (Feb. 19 - March 20)
You may find yourself going back over old territory during the next four months. Have you become more disciplined over the last year in creating structure in your life? Lucky numbers: 8, 10, 15, 21, 28, 34.

Lucky numbers this week: This week's odds favour Aquarius winners with the luckiest number being 33.

Did You Know...

Green children: Historians remain baffled by tales of two green-skinned children who appeared in Woolpit, Suffolk, England in the 12th century. No one knows exactly where they came from or why their skin was green.

Maple goodness: Anyone wanting the best and purest maple syrup should look to Canada. The country is well known for the quality of this product, which is made by boiling down sap from maple trees.

Busy intersection: Shibuya Crossing, in Tokyo, Japan, is possibly the world's biggest pedestrian crossing. People come from five directions, all crossing at the same time. The "Scramble" repeats every two minutes all day.

What's in a name: In 1946, Baltimore called its National Basketball Association team the Bullets, after a nearby ammunition foundry. In 1996, the current franchise adopted the less violent name of Wizards.

Pole star: *Stella polaris* is Latin for "pole star." Polaris, more commonly known as the North Star, is the brightest in the Ursa Minor constellation. Interestingly, "Polaris" has been used as a baby's name.

On the Lighter Side

Why don't computers eat anything? They don't like what's on their menus.

Eating a clock may seem like a good idea, but it's time-consuming.

I used to run a donut shop, but I got tired of the hole business.

Principal: "This is the fourth time you've been in my office this week."
Student: "Well, I guess I'm glad it's Friday."

Knock! Knock! Who's there? Sasha. Sasha who? You make Sasha fuss!

Answers

Trivia answers: 1. Convent 2. Fox 3. Storm 4. The mouth 5. 4 inches

For available franchise opportunities – visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

Affordable-Effective-Exclusive-CALL NOW!

One Call Cleans It All!

Professional House Cleaning Services

- Move Out/Move In Cleaning • Regular Clean
- Deep Clean • Window Cleaning • Carpets
- Weekly • Bi-weekly • Monthly
- Spring Cleaning • Gutter Cleaning
- Garage Cleaning & Organizing
- Driveway Pressure Washing
- Post-Construction

Ramah Services
INDUSTRIAL & COMMERCIAL CLEANING

Contact us for a free quote:
587.938.3623 / 780.901.6031
steve@ramahservices.com • epiroto@gmail.com



Maggie's PET GROOMING

Internationally recognized groomer with over 25 yrs. experience.

780.489.9551
16209A Stony Plain Road



ELECTRICIAN FOR HIRE

Residential
Light Commercial
Electrical Repairs and Renovations

Art de Leon Master Electrician

780.932.3858 Cell
ajdeleon63@gmail.com



WEST EDMONTON VISIT OUR NEW LOCATION AT 10165-186 ST.

jiffylube

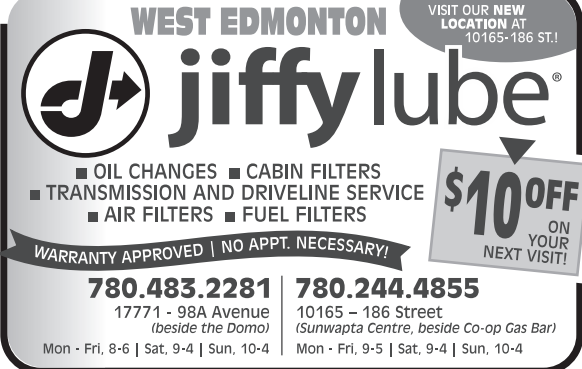
- OIL CHANGES
- CABIN FILTERS
- TRANSMISSION AND DRIVELINE SERVICE
- AIR FILTERS
- FUEL FILTERS

WARRANTY APPROVED | NO APPT. NECESSARY!

\$10 OFF ON YOUR NEXT VISIT!

780.483.2281 17771 - 98A Avenue (beside the Domo)
Mon - Fri, 8-6 | Sat, 9-4 | Sun, 10-4

780.244.4855 10165 - 186 Street (Sunwapta Centre, beside Co-op Gas Bar)
Mon - Fri, 9-5 | Sat, 9-4 | Sun, 10-4



GO Mr. HANDYMAN

Handyman Service | Renovations
Home Repair | Construction

780-655-8402
Licensed Tradesman

FREE QUOTE
Price by the job... No Surprises!

100% SATISFACTION GUARANTEE



CANADA'S BRAND YOUR COMFORT

NAPOLEON

GEMCO FIREPLACES
& WHOLESALE HEATING PRODUCTS

PH: 780-465-9719 9281-50 STREET, EDMONTON, AB
WWW.GEMCOFIREPLACES.COM




Creating Smiles That Last A Lifetime...

General Dentistry • Cosmetic Dentistry • Implants
Restorative Dentistry • Botox Treatments

Dr. DEREK FIKA Family Dentistry drderekfika.com
12943-97 St NW Edmonton

Proudly Introducing **Dr. Ahmed Hussain**
SPECIALIZING IN PROSTHODONTICS

EVENING & SAT. APPTS. AVAILABLE | WE SPEAK ARABIC, SOMALI, VIETNAMESE, CHINESE & HINDI



Jennifer Miles, Agent
125-15 Circle Dr
St. Albert AB T8N 3Y7
780-460-2279
www.jmilesinsurance.com

Desjardins Insurance

Desjardins Insurance refers to Certas Home and Auto Insurance Company, underwriter of automobile and property insurance or Desjardins Financial Security Life Assurance Company, underwriter of life insurance and living benefits products.
Desjardins, Desjardins Insurance and related trademarks are trademarks of the Fédération des caisses Desjardins du Québec, used under licence.

