

PROUD SPONSOR OF THE CN CONTEST

**Turtle Wax PRO**

## Sparkle And Shine

CAR & DOG WASH

- AUTOMATIC TOUCHLESS WASH
- 6 LARGE VEHICLE SELF-SERVE BAYS
- DOG WASH

VOTED BEST CAR WASH!

901A Hwy 2A, Carstairs | 403-586-8519

## TOP \$\$\$ PAID FOR SCRAP CARS

### DJ'S TOWING AND SCRAP CAR REMOVAL

CALL FOR A QUOTE: **403.922.2412**

Located at 263156 Range Rd 53, on the 1A Hwy

## YAMNUSKA WOLFDOG SANCTUARY

A non-profit organization that oversees the rescue and safe sanctuary for wolfdogs that have been neglected, abandoned, or otherwise displaced.

Through its educational programs, the Sanctuary discusses the challenges of wolfdog ownership and promotes responsible ownership by outlining what a suitable home should look like. The Sanctuary also touches on the importance of preserving wolves in the wild!

For further details about our mission, please call 587-890-WOLF (9653) or visit [yamnuskawolfdogsanctuary.com](http://yamnuskawolfdogsanctuary.com)

You can also find details there about our **Intro Tours** and **Interactive Tours**, including pertinent age restrictions.

Helping Adoptable Dogs and Cats Find Loving Homes

**CAN YOU HELP?**

**pause4change** rescue foundation

[www.pause4change.com](http://www.pause4change.com)

DONATE VOLUNTEER FOSTER

### Struggling To Take Care of Your Feet?

Whether you suffer from ingrown nails, athlete's foot, corns, skin and nail fungus infections, or other common foot ailments... help is just a call away with Certified Podologist, Marion.

## Toes On The Go Footcare

Call today for more information: 403-620-7851  
marion@toesonthego.ca • toesonthego.ca

STROLL BACK IN TIME...

## CAROLINE WHEELS OF TIME MUSEUM AND HISTORICAL VILLAGE

Open May long weekend to September long weekend on Friday, Saturday and Sunday from 12 to 5 p.m.

Group tours available by appointment, email [wheels3884@gmail.com](mailto:wheels3884@gmail.com)

<http://www.carolinemuseum.ca/>

- BUILDINGS
- EXHIBITS
- NATURE TRAIL
- PICNIC AREA

## JV ROOFING & Exteriors

- No Wait Time
- Re-Siding
- New Roof
- Quality Workmanship
- Re-Roof
- Free Quotes
- New Siding
- Insurance Claims Welcome

587-378-ROOF (7663)  
[www.jvroofingsiding.com](http://www.jvroofingsiding.com)

## ENTER TO WIN!

Find the hidden Coffee News guy... Then send your name and full address via email to [amy@bvcoffeenews.ca](mailto:amy@bvcoffeenews.ca) or enter online at [www.bvcoffeenews.ca](http://www.bvcoffeenews.ca)

Hint: He's about this big in one of the ads

Tell us the ad in which you found the CN guy hidden, the edition name and date and the location where you picked up Coffee News for a chance to win a great prize!

THIS MONTH'S CONTEST SPONSOR

**Sparkle And Shine** CAR & DOG WASH

FREE! New Issue Every Week!

# Coffee News®

"News To Be Enjoyed Over Coffee"

Carstairs, Crossfield, Didsbury Edition

780-220-6397

[www.bvcoffeenews.ca](http://www.bvcoffeenews.ca)  
[amy@bvcoffeenews.ca](mailto:amy@bvcoffeenews.ca)

Vol. 2024 No. 27 July 1, 2024

## Everybody's Talking

**Hot coffee:** Most people like their lattes creamy and sweet, but not the customers of a coffee shop located in the city of Ganzhou in China's Jiangxi Province. That's where a new taste is tingling customers' senses: the taste of chili! The Jingshi Coffee Cafe decided to try something new as a nod to the area's spicy cuisine. The baristas infuse the iced "Spicy Latte" with dried chili. Once that's done, they sprinkle a little chili powder on top. While this sounds like an extremely spicy beverage, some think it's actually quite pleasant and not too hot. However, people in the area are accustomed to hot food, so buyer beware!

**Tracking devices:** Talk about having a lot of nerve! A Chinese woman, known as Zhu, owns a trucking company in Xiangyang in Hubei province. She didn't want to risk her trucks being pulled over by police and given fines for a variety of issues. In an attempt to prevent this, she went online and bought six GPS trackers, which she personally installed on police cars parked at the local police station. Unfortunately for Zhu, the cops discovered the little black boxes, and soon tracked the SIM cards. These led them directly to the guilty party. Her punishment was 500 Yuan (CNY) and eight days of detention.

**Different pet:** Dogs and cats are the most typical animals to keep as pets, but not for Tiffany Pierre and Gregory Guiot, a couple in the Wallonia region of Belgium. They have a pet boar. The couple loves Oscar, as they call him, but didn't actually plan to have the animal as a pet. Rather, Guiot found him in the woods when he was only a wee piglet. Feeling sorry for the creature, Guiot brought him home, intending to find an animal shelter. Over a year later, Oscar weighs 80 kilograms (176 lbs.) and is still with them. He is house-trained, sleeps on his own couch, and is, indeed, part of the family.

**Coin-operated charm:** In the heart of Queens, New York (U.S.), lies a unique dwelling that once buzzed with the hum of washing machines and dryers. Sampson Dahl now calls this former laundromat home, where he curates a vibrant community space. Adorned with eclectic finds from his set design job, the 800-square-foot (75-sq.-m) abode doubles as an arts venue. Friends and neighbours frequent the front room, transformed into a stage and salon for gatherings that range from musical performances to painting nights. Unsuspecting passersby, lured by the façade's old awning, occasionally wander into Dahl's unconventional living space, mistaking it for an actual laundromat.

## Quoteable Quotes

"Friends, they cherish one another's hopes. They are kind to one another's dreams."  
—Henry David Thoreau

"Be patient where you sit in the dark. The dawn is coming."  
—Rumi

## What's Happening

**Sundays. Bragg Creek Farmers Market.** Running every Sunday from Jun16 to Sep 22 from 10am to 3pm. Still room for vendors and food trucks. Email [info@braggcreekca.com](mailto:info@braggcreekca.com) for all the info.

**July 19 and 20. Bow Valley Boot Stomp.** Don't miss Bow Valley Boot Stomp, Cochrane's new country music festival, July 19th and 20th, 2024. Details for this and all 2024 events available at [quirksocial.ca](http://quirksocial.ca).

**Sundre Museum.** Historic Pioneer Village is now OPEN! Please call the Sundre and District Museum at 403.638.3233 for further information.

**Kidney March** 3 Days 100 KM Kananaskis to Calgary Sept 6-8 2024 Walk the farthest you have ever walked and raise the most you have ever raised in the fight against kidney disease and for organ donation. Join us for Kidney March [www.kidney.ca](http://www.kidney.ca)

**Calgary International Pin Club 34th Annual Festival of Pins** Calgary International Pin Club 34th Annual Festival of Pins

Centennial Legion 9202 Horton Road S.W. August 24th 25th 2024 9am - 5pm Saturday. 9am - 4pm Sunday. Free Admission GET IN WHAT'S HAPPENING - Submit your event to [www.bvcoffeenews.ca](http://www.bvcoffeenews.ca) and be seen here by thousands of readers each week. Please give 6 weeks notice

## Trivia

1. Drivers in Japan drive on the left side of the road—T/F?
2. Did boxing become an Olympic sport in 1900, 1904, or 1916?
3. An arctophile collects yo-yos, teddy bears, or trains?
4. Richard Bachman is the pen name of horror writer \_\_\_\_\_.
5. In which musical is the Kit Kat Club set?

(Flip bottom of page for answers)

© Published with Permission by Mad Mama Marketing

(Over)

yes tv

## FREE LIVE STREAMING COMING THIS FALL

visit [yestv.com](http://yestv.com) for details

## Need to talk?

988 is here for you. 24/7

Suicide & Crisis Helpline

Call or text: 9-8-8

[DistressCentre.com/988](http://DistressCentre.com/988)

## It's not just a generator. It's a power move.

Receive a free 5-year warranty with qualifying purchase\* - valued at \$715.

Call 844-944-1991 to schedule your free quote!

**GENERAC**

## THE BEST IN Vein Treatment SERVICES

Tired of ugly veins? We offer sclerotherapy to remove unsightly spider, reticular and varicose veins. And best of all - no downtime!

Call now: 403-335-8829

**SILVERFERN** AESTHETICS AND VEIN MEDISPA

2028-17 AVENUE, DIDSBURY  
[SILVERFERNMEDISPA.COM](http://SILVERFERNMEDISPA.COM)

"Everyone will notice... but no one will know."

## Recipe of the month

### Macaroni Coleslaw

1 package (7 ounces) ring macaroni or ditalini  
1 package (14 ounces) coleslaw mix  
2 medium onions, finely chopped  
2 celery ribs, finely chopped  
1 medium cucumber, finely chopped  
1 medium green pepper, finely chopped

1 can (8 ounces) whole water chestnuts, drained and chopped

**Dressing:**  
1-1/2 cups Miracle Whip or mayonnaise  
1/3 cup sugar  
1/4 cup cider vinegar  
1/2 teaspoon salt  
1/4 teaspoon pepper

Prep Time: 25 min + chilling Yield: 16 servings

- 1 Cook macaroni according to package directions; drain and rinse in cold water. Transfer to a large bowl; add the coleslaw mix, onions, celery, cucumber, green pepper and water chestnuts.
- 2 In a small bowl, whisk the dressing ingredients. Pour over salad; toss to coat. Cover and refrigerate for at least one hour.

The perfect recipe for June 18, National Picnic Day! (Or anytime you're in the mood for macaroni salad, but craving slaw, too!)

Source: <https://www.tasteofhome.com>

## A cozy little cabin filled with a variety of treasures!

- Crystals & Gems • Gemstone Jewellery
- Sterling Silver Chains
- Himalayan Salt Lamps • SongPods
- Tibetan & Crystal Singing Bowls
- Gemstone Lamps
- Books, Decks & CDs

Angel Card Readings with Charlene Money, ACP/AAEP

Check our website calendar for upcoming workshops and events!

403.946.5802

## COUNTRY GARDEN CRYSTALS

Located west of Crossfield - see website for directions: [www.countrygardencrystals.ca](http://www.countrygardencrystals.ca)  
Open Thursday thru Monday, 10 a.m. - 5 p.m. (Closed Tuesday and Wednesday)

## Congratulations

to our latest contest winner for finding "Beans, the Coffee News Guy."

**Brenda Schamber** found "Beans" at Value Drug Mart in Didsbury

**Coffee News**

Enter today for your chance to win!

[www.bvcoffeenews.ca](http://www.bvcoffeenews.ca)

**inogen**

CLAIM YOUR **14-DAY RISK-FREE TRIAL!**

**PORTABLE OXYGEN FOR YOUR ON-THE-GO LIFESTYLE**

Call us toll-free at **1-833-301-1878**

\*14-day risk-free trial - Return within 30 days of purchase for a full refund of purchase price.

PM230469 EN, EX, USA | © Only © 2023 Inogen, Inc. 303 Corcoran Drive, Costa Mesa, CA 92626 Inogen is a trademark of Inogen, Inc. The usage of any Inogen, Inc. trademark is strictly forbidden without the prior consent of Inogen, Inc. All other trademarks are trademarks of their respective owners or holders.



**EAT WHAT YOU LIKE IN COMFORT**

**DENTURE CARSTAIRS CLINIC**

Across from the Carstairs CO-OP **403-337-2880**



**Taking Care of Your Family Needs**

Seniors Receive **10% Off Every Day!**

**VALUE DRUG MART**

Free Prescription Delivery - Giftware Household Products - Homecare Supplies

**Keeping it in the Community**

**403.335.3307**  
1710 - 20 Street, Didsbury • www.valuedrugmart.com



**COLD SHOT**  
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

**PASSENGER & PARCEL SERVICES**

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: [www.coldshotca.com](http://www.coldshotca.com)  
Passenger Website: [www.coldshot.ca](http://www.coldshot.ca)

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005



**HIP OR KNEE REPLACEMENT?**

THE DISABILITY TAX CREDIT ALLOWS FOR A

**\$2,500** YEARLY TAX CREDIT

**\$30,000** LUMP SUM REFUND

COVD, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

FOR EXPERT HELP: **1-844-453-5372**

85% SUCCESS RATE!



**Free Evaluation**

**Find out how much equity you have!**

Experience the difference in Real Estate services. Small town values, BIG city results! Your NEW in town GO TO Real Estate Professional

**Jesse Argueta**  
REAL ESTATE PROFESSIONAL, REAL BROKER  
jesseargueta@gmail.com  
403.470.1003 | dochoresforsale.com



**CWC**

**Carstairs Waste Control**

722 - 9 Avenue, North • Carstairs  
**403.337.2870**  
carstairswastecontrol@yahoo.com  
[www.carstairswaste.com](http://www.carstairswaste.com)

**Waste Bin Rentals**  
HOUSEHOLD AND CONSTRUCTION BINS  
4 cubic yard to 30 cubic yard waste bins available!



**WE ARE Hiring!**

**WEST-CAN Seal Coating Inc.**

SCAN TO APPLY

Full-Time, Year Round Employment and Seasonal Opportunities Available


- Journeyman Heavy Duty Mechanic or Interprovincial Red Seal
- Heavy Duty Mechanic Apprentice
- Class 3 Drivers
- Class 3 Operators
- Equipment Operators
- Labourers
- Traffic Control Personnel
- Traffic Accommodation Supervisors
- Project Administrators
- Construction Superintendents
- Lead Hand
- Administrative/Shop Summer Student



# Your Weekly Horoscope


**ARIES**  
(March 20 - April 19)

This week is the second of three moments this year in which an old issue may resolve. Where do you want that situation to be at the third moment, in late December? Lucky numbers: 12, 13, 17, 21, 30, 48.




**TAURUS**  
(April 20 - May 20)

This week starts with a well-grounded energy. How might you use it to jump-start a week of successful endeavours? Resist the temptation to be stuck in place. Lucky numbers: 6, 10, 17, 20, 27, 29.



**GEMINI**  
(May 21 - June 20)

At midweek, your mind may have greater capacity to process data. Use discernment in analyzing the information, narrowing down options to those that have the most potential. Lucky numbers: 4, 5, 6, 10, 16, 48.




**CANCER**  
(June 21 - July 22)

Midweek may be a good time to initiate a new goal for the next month. Perhaps this would be the right moment to implement a new ritual of self care? Lucky numbers: 10, 11, 15, 21, 22, 23.



**LEO**  
(July 23 - Aug. 22)

Leo energy is strong now, especially at week's end, so your public profile may be highlighted. Just be sure that your interactions with others are positive for all concerned. Lucky numbers: 3, 8, 10, 13, 16, 37.



**VIRGO**  
(Aug. 23 - Sept. 22)

Virgos often operate in a "nose to the grindstone" mode. This is a good week to consider developing and implementing a more balanced life vs. work routine now. Lucky numbers: 7, 24, 34, 38, 45, 48.



Lucky numbers this week: This week's odds favour Taurus winners with the luckiest number being 17.

## Did You Know...

**Lovable comedian:** John Candy (1950-1994) was a beloved Canadian actor who belonged to Toronto's Second City comedy troupe. He starred in many movies, like *Ghostbusters*, *Home Alone*, and *Planes, Trains and Automobiles*.

**Leap year:** February 29 occurs because Earth takes 365 days, five hours, 48 minutes, and 56 seconds to orbit the sun. Leap years prevent Northern Hemisphere summers from eventually shifting to December!

**Red spice:** Paprika is made from dried, ground *Capiscum annum* peppers. Most common is sweet paprika. Others are rich, sweet Hungarian paprika, fiery hot paprika, and boldly flavoured smoked paprika.

**Bright blue:** A lizard that lives in Australia has a unique feature. Known as the blue-tongued skink, this reptile can grow to two feet (0.6 m) long. It sticks out its bright blue tongue to surprise and scare away predators.

**Not the real thing:** Anyone selling butter-like products such as margarine in the state of Iowa (U.S.) cannot say "butter" on labels or advertising. This misdemeanour invites a \$625 fine and up to 30 days in jail.

## On the Lighter Side

My phone has had to wear glasses ever since it lost its contacts.

I'm writing a screenplay about a seaside romance. It's a classic buoy-meets-gull story.

Farmer: "In the country, we go to bed with the chickens."  
City folk: "In the city, we'd rather sleep in our own beds."

Knock! Knock! *Who's there?* Queen. *Queen who?* I'm as queen as a whistle!

What kind of snake is good at math? An adder.

## Answers

**Trivia answers:** 1. True 2. 1904 3. Teddy bears 4. Stephen King 5. Cabaret

For available franchise opportunities - visit [coffeenewscanada.com](http://coffeenewscanada.com)  
© Published with Permission by Mad Mama Marketing


Unsure of the next step?

**CALL ACCESS MENTAL HEALTH TO DISCUSS YOUR OPTIONS.**  
We can help.

**403.943.1500**  
**1.844.943.1500** TF

ADDICTION AND MENTAL HEALTH INFORMATION & REFERRAL - CALGARY ZONE

Alberta Health Services Access Mental Health



**We get you on the road again**

- Complete Suite of RV Repair Services
- Renovations
- Bearing Repack
- Solar
- Hail Damage
- Insurance Claims

Bay 1 - 29 East Lake Way NE, Airdrie

**SWIFTRV repairs**  
**403.919.4911**

Visit [swiftvrepairs.com](http://swiftvrepairs.com) for full list of services!

BOOK YOUR SAFE 'N SOUND INSPECTION NOW!



Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**

**SAFE STEP WALK-IN TUB**  
**1-844-995-4468**

With purchase of a new Safe Step Walk-in Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445



**THIS SPACE FOR RENT**

OR SCAN HERE FOR MORE INFO



**Call 780-220-6397**

VISIT US AGAIN FOR THE **First TIME!**

**Sorelle Amore**  
Spa & Wellness Centre

FREE STEAM BATH WITH ALL SERVICES

- Brow Lamination
- Lash/Brow Tinting and Waxing

PROUD WINNER, SPA CATEGORY CANADIAN CHOICE AWARDS

**Call 403-335-9854**

2028-17 Avenue, Didsbury  
sorelleamore2022@gmail.com  
[sorelleamorespa.ca](http://sorelleamorespa.ca)

2024 CANADIAN CHOICE AWARD



**ACCESSIBLE WELLNESS SOLUTIONS IN COCHRANE**

**THE VALLEY'S ALL-INCLUSIVE ALTERNATIVE THERAPY CENTRE**

Start your journey today...

**Positive Healing**

ALTERNATIVE THERAPY | CRYSTALS | YOGA

AVAILABLE FOR PRIVATE AND GROUP SESSIONS, CLASSES AND RETREATS

We offer:

- Holistic Wellness Therapies
- Aromatherapy
- Ear Candling
- Tarot Reading
- ION Foot Detox

**403-609-8716**

124 River Avenue, Cochrane (above Bike Brothers)  
kayla@positivehealing.ca  
[www.positivehealing.ca](http://www.positivehealing.ca)

