



Ongoing - Seniors Walk in Anzac Every Tuesday and Thursday from 11:00am - 1:00pm seniors can walk the track at no charge with complimentary coffee and tea service. Call 780-334-2424 for

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NON PROFIT organizations may submit fundraising events for FREE at www.coffee-news.ca. Please submit a minimum of 4 weeks in advance.





*Mail your entry to: CN Guy Contest, 9768-170 Street, Suite 303, Edmonton, AB TST 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your britch date. Also include the name of the ad in which you found the hidden Coffee News Guy.





1-855-977-9805

Trivia

- 1. Physicians' treatise of ethics is called the Oath.
- 2. Fructose is a type of sugar—T/F?
- 3. "She sells seashells by the seashore" is an example of a
- 4. This fruit has a variety called the Winter Banana.
- 5. The Saffir-Simpson scale measures earthquakes, hurricanes, or heart attacks?

(Flip bottom of page for answers) © Published with Permission by Capital Marketing Ltd (Over)





Your Weekly Horoscope

LIBRA

SCORPIO

21, 26, 40.

8, 9, 11, Ž1 **CAPRICORN**

25, 33, 34, 40.

AQUARIUS

PISCES

SAGITTARIUS

(Nov. 22 - Dec. 21)

(Dec. 22 - Jan. 19)

(Jan. 20 - Feb. 18)

(Sept. 23 - Oct. 22)

numbers: 8, 13, 18, 19, 27, 48.

(Oct. 23 - Nov. 21)

Do you and your partner

Is progress halted now

that could overcome the

wanderlust now. Before

you lock in a travel itinerary, do you simply need

a vacation or is some-

on completing work pro-

jects while those around

you want to break out

ideas at week's end about

creating positive change

for yourself or others.

Your natural intuitive

and creative talents may

be heightened this week.

spiritual or artistic endeav-

obstacles. Lucky numbers: 1, 14, 18,

motivating you? Lucky numbers: 3, 4,

way to do both? Lucky numbers: 6, 8,

acting may be helpful. Lucky numbers: 12, 13, 17, 21, 28, 31.

through on mundane tasks. Lucky

numbers: 9, 11, 17, 42, 43, 44.

(Feb. 19 - March 20)

ARIES (March 20 – April 19)

Early this week, you may find yourself finally wil-ling to openly speak about the effects of an old emotional wound. Who do you trust to help

you talk through the process? Lucky numbers: 4, 15, 20, 25, 35, 46. **TAURUS**

(April 20 - May 20)

Taurus-born are often cautious about making significant life changes. But this week the planetary energies may present you opportunities to

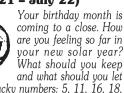
break out of your comfort zone. Lucky numbers: 7, 10, 18, 24, 28, 45. **GEMINI**

(May 21 – June 20)

At week's end, you may find yourself in the mood for a fun, spontaneous weekend. Enjoy, but also be aware of any tendency

to overindulge in sweets, alcohol, and the like. Lucky numbers: 2, 11, 19, 35, 41, 47. CANCER

(June 21 – July 22)



go of? Lucky numbers: 5, 11, 16, 18, 30, 46. LEO

(July 23 - Aug. 22)

You may find that your mind and emotions are out of sync at week's end. Can you find a balance of the two? Otherwise, take a deep breath and wait a few days. Lucky numbers: 15, 16, 23,

26, 29, 35. VIRGO

(Aug. 23 – Sept. 22)



more empathy. Lucky numbers: 11, 22, 33, 37, 39, 41.

Lucky numbers this week: This week's odds favour Taurus winners with the luckiest number being 7.

Did You Know...

Sleeping giant: Albert Einstein is one of the world's most famous scientists. Perhaps one secret to his brain power is that he usually slept 10 hours a night. That's nearly one and a half times as much as the average person.

Noted brother: Most people recognize actor Tom Hanks, famous for Forrest Gump, among other great movies. Hanks' older brother is a noted biology professor at University of Illinois at Urbana-Champaign.

Unique proposal: Famous inventor Thomas Edison claims to have taught his future wife, Mina Miller, Morse code so they could talk to each other in secret. She said he even proposed to her using Morse code.

More than words: Studies indicate that body language constitutes 93% of a person's first impression of someone. The language of facial expressions, handshakes, eye contact,



Alberta Council on Aging

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gestures, and personal space can say more than words.

Red lipstick: This concept wouldn't fly today, but during World War II, women were encouraged to wear red lipstick to boost morale, especially of soldiers. With the slogan "Beauty is their Duty," red lipstick was a patriotic symbol.



Where does Thursday come before Wednesday? In the dictionary.

I call my car flattery. It gets me nowhere.

Rita: "You're always wishing for something you don't have." Nita: "Well, what else is there to wish for?"

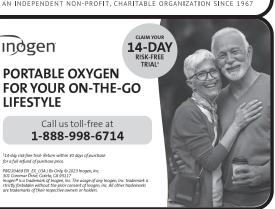
If you buy a bigger bed, you actually get less bedroom.

Knock! Knock! Who's there? Zoom. Zoom who? Zoom did you expect?

Answers

4. Apple 5. Hurricanes Trivia anewers: I. Hippocratic 2. True 3. Tongue twister

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