

Affordable-Effective-Exclusive-CALL NOW!

**PROVEN EXPERTISE**

**HALAS ROOFING**  
Dennis Halas Agencies Ltd.  
NEW & RE-ROOFING

• Top rated roofing materials  
• Family run for 25+ yrs.  
• Licensed, insured & WCB

Edmonton Area: 780.893.9751 • Wetaskiwin Area: 780.312.8074  
dennishalas@shaw.ca • www.halasroofing.ca

Halas provides a 50 Year Extended Warranty including a 25 Year Workmanship Warranty!

Weather-Tite  
GEMCO  
BBB

**It's not just a generator. It's a power move.**

Receive a free 7-year warranty with qualifying purchase\* - valued at \$945.

Call 888-688-0973 to schedule your free quote!

\*Terms and Conditions apply.

**GENERAC**



**HERE WHEN YOU NEED US**  
When You Get Paid, We Get Paid

**Braithwaite Boyle Injury Law** 800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

**1-800-440-8298**

ALBERTA OWNED AND OPERATED FOR OVER 35 YEARS



**Tinnitus Therapy**  
available using new Stylecto

Rechargeable Hearing Aids Available

Did you know all seniors and low income adults qualify for \$900-\$2400 towards hearing aids?

Signia Stylecto

Unique and beautifully designed hearing aid

**EYES + EARS**  
OPTICAL + HEARING CO.  
403.790.2020 • 4502-50 Street, Ponoka

FINANCING FOR HEARING AIDS NOW AVAILABLE



**COLD SHOT**  
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

**PASSENGER & PARCEL SERVICES**

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: [www.coldshotca.com](http://www.coldshotca.com)  
Passenger Website: [www.coldshot.ca](http://www.coldshot.ca)

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005



TOYS | CANDY | WOOL | YARN | GIFTS


**STAR STORE**  
Gifts & Wool

at The Wetaskiwin Heritage Museum Downtown

100% OF PROCEEDS SUPPORT OUR PROGRAMS AND SERVICES

Head for the Star on Main Street: 5007 - 50 Ave.

NOW SERVING BEANS COFFEE and TEA!



PLEASE ASK US FOR STARTER PACK

**200+ Delicious Meals Made for SENIORS!**

NOW SERVING THIS COMMUNITY!

- ✓ Free Delivery\*
- ✓ No Obligations
- ✓ No Minimum Orders\*

\*Some conditions apply

Request your **FREE MENU Catalogue** today!  
**780-666-2336**  
TF: 1-800-704-4779

**HEART TO HOME MEALS**  
DELICIOUS MEALS MADE FOR SENIORS®

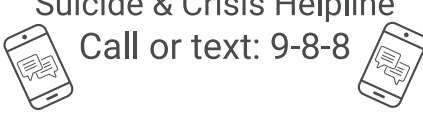
[www.hearttohomemeals.ca](http://www.hearttohomemeals.ca)



**Need to talk?**  
988 is here for you. 24/7

Suicide & Crisis Helpline  
Call or text: 9-8-8

**Edmonton.CMHA.ca**




**FREE!** **New Issue Every Week!**

**Coffee News**®

"News To Be Enjoyed Over Coffee"

**Ponoka Edition**  
**877-553-6397**



www.coffee-news.ca Est. 1988

Vol. 21 No. 29 July 15, 2024

## Everybody's Talking

**Monkey trouble:** For generations, tourists have delighted in interacting with the monkeys that inhabit the grounds of the temple in the city of Lopburi, Thailand. But now, frustrated authorities in the city have decided to relocate these mischievous monkeys to elsewhere. Approximately 2,500 of the macaque monkeys will be transferred to large enclosures away from humans. This decision follows an incident in which monkeys knocked a motorcyclist off his bike and kicked a woman in the back because they were after her food. Authorities say they don't want any humans, or monkeys for that matter, to be hurt, which is why they have decided to move the playful primates away from the temple.

**Lots of marshmallows:** If you're a kid who loves marshmallows, southeastern Michigan (U.S.), is the place to be. Every spring, several towns do a "Great Marshmallow Drop." Kids gather in a park and soon a helicopter appears, whirling overhead. What follows is an amazing sight: thousands of marshmallows dropping from the helicopter, followed by a frenzied scramble for the kids to collect them. However, these marshmallows aren't for eating; instead, kids trade them in for a prize bag that includes a colouring book, a one-day water park pass, and candy. According to officials, the marshmallow drops are simply a way to celebrate spring.

**Historical gaming:** In a twist of classroom creativity, a middle school teacher is gaining online fame for his innovative teaching method, which is incorporating video games into lessons. When the class topic shifted to Greece, the teacher, known as Mr. Mahathey, introduced his students to the "Assassin's Creed Odyssey" game. He used the game to illustrate the Battle of Thermopylae, and an online video of his lesson went viral. By using the game's map, Mr. Mahathey vividly explained the strategic positioning of the Greeks against the Persians. Comments flooded in, applauding the teacher for his innovative approach and recognizing the game's historical accuracy.

**Celestial goodbye:** Elizabeth Garcia had loved to travel and, after her passing, her family arranged one final trip. Her sister Jean fulfilled her wish for a unique farewell: sending the ashes of Elizabeth and her beloved cat into space. Elizabeth had long dreamed of space travel but never got the chance. With the help of Aura Flights, a company that specializes in space memorials, their ashes were launched into the cosmos. Riding a stratospheric balloon, the vehicle reached over 100,000 feet (30,480 m) above Earth's surface. Since this unique event took place in January 2023, interest in space memorials has increased, reflecting a growing desire for celestial farewells.

## Quoteable Quotes

"And joys and tears alike are sent to give the soul fit nourishment."  
—Sarah Flower Adams

"It is only the cultivation of individuality which produces, or can produce, well-developed human beings."  
—John Stuart Mill

## What's Happening

**July 24 - Chili Cook Off** Join Two Hills Bike Week and FCSS for a chili cook off and Tex-Mex Block Party. Taking place on Mainstreet in Two Hills, Alberta from 3:00-6:00pm. For more info call 780-657-3540 or 587-280-2455.

**Sundays. Bragg Creek Farmers Market.** Running every Sunday from Jun16 to Sep 22 from 10am to 3pm. Still room for vendors and food trucks. Email [info@braggcreekca.com](mailto:info@braggcreekca.com) for all the info.

NON PROFIT organizations may submit fundraising events for FREE at [www.coffee-news.ca](http://www.coffee-news.ca). Please submit a minimum of 4 weeks in advance.

**Hidden Coffee News Guy ADVENTURE**

Enter one of three ways:  
1. Scan the QR code  
2. Visit [www.coffee-news.ca](http://www.coffee-news.ca)  
3. Mail your entry\*

Find the Coffee News Guy hidden in one of the ads, then enter to win!  
**\$400\* Prize Package**  
\*Coffee News Bucks  
Over 150 participating sponsors!  
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

Mail your entry to: CN Guy Contest, 9768-170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.



## Trivia

1. Physicians' treatise of ethics is called the \_\_\_\_ Oath.
2. Fructose is a type of sugar—T/F?
3. "She sells seashells by the seashore" is an example of a \_\_\_\_.
4. This fruit has a variety called the Winter Banana.
5. The Saffir-Simpson scale measures earthquakes, hurricanes, or heart attacks?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)

The World's #1 Restaurant Publication!

CANADA'S BRAND YOUR COMFORT

**NAPOLEON**

**GEMCO FIREPLACES**  
& WHOLESALE HEATING PRODUCTS

PH: 780-465-9719 9281-50 STREET, EDMONTON, AB  
[WWW.GEMCOFIREPLACES.COM](http://WWW.GEMCOFIREPLACES.COM)



**Call today to book your appointment!**

We only want to make you SMILE

**Millet Denture Clinic**  
780.387.3311 • 5022 - 50 Street, Millet  
BARB UNGER, DD • [barb@milletdenture.ca](mailto:barb@milletdenture.ca)



**Edward Jones**

At Edward Jones, we do money differently.

Garet Wood  
Financial Advisor  
780-679-2220

- Planning for Retirement
- Wealth Strategies
- Business Owner Strategies

Let's talk

[www.edwardjones.ca/ca-en/financial-advisor/garet-wood](http://www.edwardjones.ca/ca-en/financial-advisor/garet-wood)



**THIS SPACE FOR RENT**

OR SCAN HERE FOR MORE INFO

**Call 780-220-6397**



**SHOP ONLINE!**  
[www.scubagearcanada.ca](http://www.scubagearcanada.ca)

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

**The Dive Outfitters**  
Scuba Diving & Snorkeling  
11781-156 St., Edmonton 780.483.0044

Learn to SCUBA DIVE at our Edmonton location - call for details

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA




Are you a business owner/office manager? Have 3-20 employees in your office? Paying too much for your current phone system?

**We can save you up to 50% off your current phone rates!**

How? We offer:  
✓ VOIP Solutions at a fraction of the traditional carrier cost  
✓ Long distance rates that outcompete the competition

**587.760.2800**  
<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS




**We Need Volunteers In Your Area!**

Help us to advocate for a quality of life that all Alberta seniors deserve

**Alberta Council on Aging**

Contact us:  
780.423.7781 | 1.888.423.9666

Alberta Council on Aging  
Let's Stop Ageism

AN INDEPENDENT NON-PROFIT, CHARITABLE ORGANIZATION SINCE 1967



**Can't get to your Coffee News® each week?**

Check out our PDF editions online!  
New editions are posted every Monday


Sign up here to receive email notifications of new editions.  
Now you never have to miss your weekly dose of good news!


[www.coffee-news.ca/editions](http://www.coffee-news.ca/editions)






**NATIONAL SURVEY ON GENDER-BASED VIOLENCE (GBV)**  
If you have provided or received services related to GBV in the last four years, consider sharing your experience. Help the sector being more inclusive for all.

LINK FOR CLIENTS' SURVEY 

LINK FOR WORKERS' SURVEY 

Available in French

**Your Back Yard Maintenance Company**

Fencing • Exterior Painting  
Eavestrough Cleaning & Repair • Landscaping  
Tree Trimming & Removal • Weed Control  
Grass Cutting & Trimming • Grounds Maintenance

**Countryboy PROJECTS**

CALL STEVE AT **780.608.8256**  
countryboyprojects2@gmail.com

Coffee News is proud to support Make-A-Wish® Canada

*Transform lives, one wish at a time.*


**Make-A-Wish.**  
Visit [makeawish.ca](http://makeawish.ca)

**yes!tv**

**FREE LIVE STREAMING COMING THIS FALL**  
visit [yestv.com](http://yestv.com) for details

**EARN UP TO \$75+ USD PER HOUR WRITING LETTERS**

**PAID PER Letter ZERO**  
Experience Required

MUST BE 18+ 

**EDUCATIONAL PROGRAM** **START HERE!**

**GOT SOME FREE TIME? VOLUNTEER WITH US!**

For more information, stop by our store at 5101-51 Avenue, Ponoka or call Leigh at 403-790-0012

**MISSION THRIFT STORE**  
Save more than money!

**WEBSITES From \$129/Month**

**(780) 760-6922**  
FRONTLINECONSULTING.CA

**FREE COMPARATIVE MARKET ANALYSIS**

Your **"SMART choice"** in Real Estate

• Serving Ponoka and Area  
• 16 years experience

Call or text today: **403-325-0372**

**Deb Hoar**  
ROYAL LEPAGE LIFESTYLES REALTY

# Your Weekly Horoscope

**ARIES (March 20 - April 19)**  
Early this week, you may find yourself finally willing to openly speak about the effects of an old emotional wound. Who do you trust to help you talk through the process? Lucky numbers: 4, 15, 20, 25, 35, 46.

**TAURUS (April 20 - May 20)**  
Taurus-born are often cautious about making significant life changes. But this week the planetary energies may present you opportunities to break out of your comfort zone. Lucky numbers: 7, 10, 18, 24, 28, 45.

**GEMINI (May 21 - June 20)**  
At week's end, you may find yourself in the mood for a fun, spontaneous weekend. Enjoy, but also be aware of any tendency to overindulge in sweets, alcohol, and the like. Lucky numbers: 2, 11, 19, 35, 41, 47.

**CANCER (June 21 - July 22)**  
Your birthday month is coming to a close. How are you feeling so far in your new solar year? What should you keep and what should you let go of? Lucky numbers: 5, 11, 16, 18, 30, 46.

**LEO (July 23 - Aug. 22)**  
You may find that your mind and emotions are out of sync at week's end. Can you find a balance of the two? Otherwise, take a deep breath and wait a few days. Lucky numbers: 15, 16, 23, 26, 29, 35.

**VIRGO (Aug. 23 - Sept. 22)**  
Virgos can hold themselves and others to very high standards. But perfectionism usually is not achievable. This may be a good time to integrate more empathy. Lucky numbers: 11, 22, 33, 37, 39, 41.

**LIBRA (Sept. 23 - Oct. 22)**  
Do you and your partner struggle to define your relationship roles? Might this be a good time to discuss the conflict? Otherwise, breathe and take a step back for a few days. Lucky numbers: 8, 13, 18, 19, 27, 48.

**SCORPIO (Oct. 23 - Nov. 21)**  
Is progress halted now on your endeavours? It may be helpful to be open to insights about opportunities for change that could overcome the obstacles. Lucky numbers: 1, 14, 18, 21, 26, 40.

**SAGITTARIUS (Nov. 22 - Dec. 21)**  
You may be experiencing wanderlust now. Before you lock in a travel itinerary, do you simply need a vacation or is something more substantial motivating you? Lucky numbers: 3, 4, 8, 9, 11, 21.

**CAPRICORN (Dec. 22 - Jan. 19)**  
You may feel conflicted now. Your focus may be on completing work projects while those around you want to break out and have fun. Is there a way to do both? Lucky numbers: 6, 8, 25, 33, 34, 40.

**AQUARIUS (Jan. 20 - Feb. 18)**  
You may receive many ideas at week's end about creating positive change for yourself or others. Taking some time to sort through them before acting may be helpful. Lucky numbers: 12, 13, 17, 21, 28, 31.

**PISCES (Feb. 19 - March 20)**  
Your natural intuitive and creative talents may be heightened this week. Try to channel this into spiritual or artistic endeavors, rather than pushing through on mundane tasks. Lucky numbers: 9, 11, 17, 42, 43, 44.

Lucky numbers this week: This week's odds favour Taurus winners with the luckiest number being 7.

## Did You Know...

**Sleeping giant:** Albert Einstein is one of the world's most famous scientists. Perhaps one secret to his brain power is that he usually slept 10 hours a night. That's nearly one and a half times as much as the average person.

**Noted brother:** Most people recognize actor Tom Hanks, famous for *Forrest Gump*, among other great movies. Hanks' older brother is a noted biology professor at University of Illinois at Urbana-Champaign.

**Unique proposal:** Famous inventor Thomas Edison claims to have taught his future wife, Mina Miller, Morse code so they could talk to each other in secret. She said he even proposed to her using Morse code.

**More than words:** Studies indicate that body language constitutes 93% of a person's first impression of someone. The language of facial expressions, handshakes, eye contact, gestures, and personal space can say more than words.

**Red lipstick:** This concept wouldn't fly today, but during World War II, women were encouraged to wear red lipstick to boost morale, especially of soldiers. With the slogan "Beauty is their Duty," red lipstick was a patriotic symbol.

## On the Lighter Side

Where does Thursday come before Wednesday? In the dictionary.

I call my car flattery. It gets me nowhere.

Rita: "You're always wishing for something you don't have."  
Nita: "Well, what else is there to wish for?"

If you buy a bigger bed, you actually get less bedroom.

Knock! Knock! Who's there? Zoom. Zoom who? Zoom did you expect?

## Answers

**Trivia answers:** 1. Hippocratic 2. True 3. Tongue twister 4. Apple 5. Hurricanes

For available franchise opportunities - visit [coffeenewscanada.com](http://coffeenewscanada.com)  
© Published with Permission by Capital Marketing Ltd

**Need ONE More Reason to Join?**

- You don't have an up to date will
- You don't understand the difference between a trust and a will
- The CRA selects you for an audit
- You need a letter written on your behalf by a lawyer
- You receive a speeding ticket
- You need a lawyer's advice on any matter

Call **LLOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!  
**1-877-579-9449**

**LegalShield**

We design and build High Quality, Fast **CUSTOM BUILT COMPUTERS**

> We find affordable, powerful LAPTOPS to meet your needs  
> There are still good, fast low priced sweet spots available

**Marg's Computers**  
780.678.2338 | 4608-39 St., Camrose

We also fix your computers and laptops!  
IN STOCK NOW!  
REFURBISHED COMPUTERS WITH 3 YR WARRANTY

**inogen** CLAIM YOUR **14-DAY RISK-FREE TRIAL!**

**PORTABLE OXYGEN FOR YOUR ON-THE-GO LIFESTYLE**

Call us toll-free at **1-888-998-6714**

14-day risk-free trial. Return within 30 days of purchase for a full refund of purchase price.  
PMA20469 EN, EX, USA | In Only © 2023 Inogen, Inc.  
2023 Consumer Direct, Colton, CA 95917  
Inogen® is a trademark of Inogen, Inc. The usage of any Inogen, Inc. trademark is strictly forbidden without the prior consent of Inogen, Inc. All other trademarks are trademarks of their respective owners or holders.

Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**

**SAFE STEP WALK-IN TUB**  
**1-855-977-9805**

With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445

**Pregnant? Facing Difficult Decisions?**  
We can help.  
Call **780.421.1177** or text **587.596.5380**

**A Small Miracle Adoption**  
Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

**www.smallmiraclesadoption.com**

**THE ONE 89.7 FM**  
PONOKA'S BEST COUNTRY

**HIP OR KNEE REPLACEMENT?**  
THE DISABILITY TAX CREDIT ALLOWS FOR A **\$2,500 YEARLY TAX CREDIT** OR **\$30,000 LUMP SUM REFUND**

Restrictions in Walking or Dressing may qualify.

FOR EXPERT HELP: **1-844-453-5372**

85% SUCCESS RATE!

**EXPECT THE UNEXPECTED** Molly's **COBWEBS & CURIOSITIES**

- Antique
- Vintage
- Retro
- Unique
- Hand-crafted

**ANTIQUA MALL AND MERCANTILE**  
5010-49 Ave., Ponoka  
As of Sept. 1: 10 am - 5:30 pm Tues-Sat | Closed Sun & Mon