

THIS SPACE FOR RENT

OR SCAN HERE FOR MORE INFO



Call 780-220-6397

TDS Proudly serving Central Alberta

MULCHING & SKID STEER SERVICES

General dirt work and gravel driveways, backfills, small demos

Rural Property Maintenance

Mulching fence lines, firebreaks, trails, and clearing

Pen and Barn Cleaning

Call us today for an estimate: **780.919.9577**

tdsskidsteer@gmail.com
tdsservicesinc.ca

NOW ACCEPTING ARI CARDS

Auto • Commercial • Residential

Advanced Glass Inc.

CALL MARC CLOUTIER TODAY: **780-961-2276**

advancedglassinc.ca • 5514 - 50 Avenue, Legal AB

Morinville Location: Bay #2, 9702-90 Ave. Call 587-985-4427

HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A

\$2,500 YEARLY TAX CREDIT

\$30,000 LUMP SUM REFUND

85% SUCCESS RATE!

FOR EXPERT HELP: **1-844-453-5372**

Are you a business owner/office manager? Have 3-20 employees in your office? Paying too much for your current phone system?

We can save you up to 50% off your current phone rates!

VOIP Solutions at a fraction of the traditional carrier cost

Long distance rates that outcompete the competition

587.760.2800

<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

Pregnant? Facing Difficult Decisions?

We can help. Call **780.421.1177** or text **587.596.5380**

A Small Miracle Adoption

Adoption is the ultimate expression of a committed heart

Confidential Pregnancy Counselling • Support and Connection to Resources • Adoption Information and Advice

www.smallmiraclesadoption.com

EARN UP TO \$75+ USD PER HOUR WRITING LETTERS

PAID PER LETTER

ZERO Experience Required

MUST BE 18+

EDUCATIONAL PROGRAM

START HERE!



PRAIRIE SUNSET

Funeral Home and Cremation Services

A DIVISION OF THE CARINGROUP INC.

780-470-5005 St. Albert

780-349-5006 Westlock

www.psfh.ca

FREE! **New Issue Every Week!**


Coffee News®

"News To Be Enjoyed Over Coffee"

Westlock Edition

877-553-6397

www.coffee-news.ca



Vol. 21 No. 29 July 15, 2024

Everybody's Talking

Monkey trouble: For generations, tourists have delighted in interacting with the monkeys that inhabit the grounds of the temple in the city of Lopburi, Thailand. But now, frustrated authorities in the city have decided to relocate these mischievous monkeys to elsewhere. Approximately 2,500 of the macaque monkeys will be transferred to large enclosures away from humans. This decision follows an incident in which monkeys knocked a motorcyclist off his bike and kicked a woman in the back because they were after her food. Authorities say they don't want any humans, or monkeys for that matter, to be hurt, which is why they have decided to move the playful primates away from the temple.

Lots of marshmallows: If you're a kid who loves marshmallows, southeastern Michigan (U.S.), is the place to be. Every spring, several towns do a "Great Marshmallow Drop." Kids gather in a park and soon a helicopter appears, whirling overhead. What follows is an amazing sight: thousands of marshmallows dropping from the helicopter, followed by a frenzied scramble by the kids to collect them. However, these marshmallows aren't for eating; instead, kids trade them in for a prize bag that includes a colouring book, a one-day water park pass, and candy. According to officials, the marshmallow drops are simply a way to celebrate spring.

Historical gaming: In a twist of classroom creativity, a middle school teacher is gaining online fame for his innovative teaching method, which is incorporating video games into lessons. When the class topic shifted to Greece, the teacher, known as Mr. Mahathey, introduced his students to the "Assassin's Creed Odyssey" game. He used the game to illustrate the Battle of Thermopylae, and an online video of his lesson went viral. By using the game's map, Mr. Mahathey vividly explained the strategic positioning of the Greeks against the Persians. Comments flooded in, applauding the teacher for his innovative approach and recognizing the game's historical accuracy.

Celestial goodbye: Elizabeth Garcia had loved to travel and, after her passing, her family arranged one final trip. Her sister Jean fulfilled her wish for a unique farewell: sending the ashes of Elizabeth and her beloved cat into space. Elizabeth had long dreamed of space travel but never got the chance. With the help of Aura Flights, a company that specializes in space memorials, their ashes were launched into the cosmos. Riding a stratospheric balloon, the vehicle reached over 100,000 feet (30,480 m) above Earth's surface. Since this unique event took place in January 2023, interest in space memorials has increased, reflecting a growing desire for celestial farewells.

Quoteable Quotes

"And joys and tears alike are sent to give the soul fit nourishment." —Sarah Flower Adams

"It is only the cultivation of individuality which produces, or can produce, well-developed human beings." —John Stuart Mill

What's Happening

Ongoing - Tuesdays Women's Wellness Slave Lake and Area Womens Wellness workshop. St. Peters Ecumenical Church, Slave Lake. Free and includes child care. Registration is required. For topic and to register, text Rebecca at 780-240-6245

NON PROFIT organizations may submit fundraising events for FREE at www.coffee-news.ca. Please submit a minimum of 4 weeks in advance.

Hidden Coffee News Guy ADVENTURE

Enter one of three ways:

1. Scan the QR code
2. Visit www.coffee-news.ca
3. Mail your entry*

\$400* Prize Package

*Coffee News Bucks

Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries



Trivia

1. Physicians' treatise of ethics is called the ____ Oath.
2. Fructose is a type of sugar—T/F?
3. "She sells seashells by the seashore" is an example of a ____.
4. This fruit has a variety called the Winter Banana.
5. The Saffir-Simpson scale measures earthquakes, hurricanes, or heart attacks?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd


(Over)

Specializing in Home Health Care Since 1970

- Ostomy
- Incontinence
- Mastectomy
- Compression
- Walkers
- Rentals
- Wheelchairs
- Accessibility
- Repairs
- ...and more!

Visit us at 10550 Mayfield Road NW

Congdon's Since 1970 Aids to Daily Living **780.483.1762** congdons.ca



We've moved... VISIT US IN OUR NEW LOCATION!

Gifts and Gadgets

NOW AT 28-308 WESTGROVE DR., SPRUCE GROVE BEHIND MCDONALD'S

YOUR ONE STOP KITCHEN AND GIFT SHOP

780.962.5220 | www.giftsandgadgets.ab.ca



Renting at \$2700

55+ Retirement Luxury Living

CAREADON VILLAGE

2 Inglewood Dr. St. Albert

Open House every Saturday 12-4 p.m.

- On the River
- Close to Trails, Shopping
- Underground Parking
- Incredible Amenities, including Theatre Room, Library, Salon, 24 Hr. Gym, more

careadonvillage.com **780.470.2330**



Can't get to your Coffee News® each week?



Check out our PDF editions online!

New editions are posted every Monday

Sign up here to receive email notifications of new editions.

Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

CANADA'S BRAND YOUR COMFORT

NAPOLEON

GEMCO FIREPLACES

& WHOLESALE HEATING PRODUCTS

PH: 780-465-9719 9281-50 STREET, EDMONTON, AB

WWW.GEMCOFIREPLACES.COM



WE BUY USED GOLD AND DIAMONDS

Blue Diamond Jewellers

780.968.0040

Main Street, Stony Plain

www.bluediamondjewellers.com



COLD SHOT

A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com

Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005



WESTLOCK & DISTRICT CHAMBER OF COMMERCE

Our community Your business


LUNCH MEETINGS ON THE SECOND LAST TUESDAY OF EVERY MONTH 12-1 p.m.

Westlock Legion 10004-106 St.

Visit our website for more information

westlockchamberofcommerce@gmail.com

www.westlockchamber.com



HERE WHEN YOU NEED US
When You Get Paid, We Get Paid

Braithwaite Boyle Injury Law 800-440-8298
It's The Only Law We Do - Since 1986
Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary
1-800-440-8298
ALBERTA OWNED AND OPERATED FOR OVER 35 YEARS



SHOP ONLINE!
www.scubagearcanada.ca

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

The Dive Outfitters
Learn to SCUBA DIVE at our Edmonton location - call for details
11781-156 St., Edmonton 780.483.0044

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

Westlock Ford

Innovation that drives excitement.

BUILT Ford PROUD

westlockford.com
780-349-3361 | 10835-100 Street, Westlock

Coffee News is proud to support Make-A-Wish® Canada



Transform lives, one wish at a time.

Make-A-Wish
Visit makeawish.ca

Need ONE More Reason to Join?

- 1 You don't have an up to date will
- 2 You don't understand the difference between a trust and a will
- 3 The CRA selects you for an audit
- 4 You need a letter written on your behalf by a lawyer
- 5 You receive a speeding ticket
- 6 You need a lawyer's advice on any matter

Call **LLOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!
1-877-579-9449

LegalShield

SOLVING TOOTH LOSS PROBLEMS SINCE 1993

Barrhead DENTURE CLINIC Marcel Turenne, Denturist

For a NATURAL LOOK, there are a wide variety of tooth moulds and shades available to INDIVIDUALIZE your smile

DIRECT BILLING to insurance companies upon pre-determination of benefits

5122-49A Street, Barrhead Mon-Fri, 8:30 a.m.-4 p.m. **780.674.4348**
www.barrheaddentures.ca

It's not just a generator. It's a power move.

Receive a free 7-year warranty with qualifying purchase* - valued at \$945.

Call 888-688-0973 to schedule your free quote!

GENERAC

We Need Volunteers In Your Area!

Help us to advocate for a quality of life that all Alberta seniors deserve

Alberta Council on Aging
Contact us: 780.423.7781 | 1.888.423.9666

AN INDEPENDENT NON-PROFIT, CHARITABLE ORGANIZATION SINCE 1967

Your Weekly Horoscope

ARIES
(March 20 - April 19)

Early this week, you may find yourself finally willing to openly speak about the effects of an old emotional wound. Who do you trust to help you talk through the process? Lucky numbers: 4, 15, 20, 25, 35, 46.

TAURUS
(April 20 - May 20)

Taurus-born are often cautious about making significant life changes. But this week the planetary energies may present you opportunities to break out of your comfort zone. Lucky numbers: 7, 10, 18, 24, 28, 45.

GEMINI
(May 21 - June 20)

At week's end, you may find yourself in the mood for a fun, spontaneous weekend. Enjoy, but also be aware of any tendency to overindulge in sweets, alcohol, and the like. Lucky numbers: 2, 11, 19, 35, 41, 47.

CANCER
(June 21 - July 22)

Your birthday month is coming to a close. How are you feeling so far in your new solar year? What should you keep and what should you let go of? Lucky numbers: 5, 11, 16, 18, 30, 46.

LEO
(July 23 - Aug. 22)

You may find that your mind and emotions are out of sync at week's end. Can you find a balance of the two? Otherwise, take a deep breath and wait a few days. Lucky numbers: 15, 16, 23, 26, 29, 35.

VIRGO
(Aug. 23 - Sept. 22)

Virgos can hold themselves and others to very high standards. But perfectionism usually is not achievable. This may be a good time to integrate more empathy. Lucky numbers: 11, 22, 33, 37, 39, 41.

LIBRA
(Sept. 23 - Oct. 22)

Do you and your partner struggle to define your relationship roles? Might this be a good time to discuss the conflict? Otherwise, breathe and take a step back for a few days. Lucky numbers: 8, 13, 18, 19, 27, 48.

SCORPIO
(Oct. 23 - Nov. 21)

Is progress halted now on your endeavours? It may be helpful to be open to insights about opportunities for change that could overcome the obstacles. Lucky numbers: 1, 14, 18, 21, 26, 40.

SAGITTARIUS
(Nov. 22 - Dec. 21)

You may be experiencing wanderlust now. Before you lock in a travel itinerary, do you simply need a vacation or is something more substantial motivating you? Lucky numbers: 3, 4, 8, 9, 11, 21.

CAPRICORN
(Dec. 22 - Jan. 19)

You may feel conflicted now. Your focus may be on completing work projects while those around you want to break out and have fun. Is there a way to do both? Lucky numbers: 6, 8, 25, 33, 34, 40.

AQUARIUS
(Jan. 20 - Feb. 18)

You may receive many ideas at week's end about creating positive change for yourself or others. Taking some time to sort through them before acting may be helpful. Lucky numbers: 12, 13, 17, 21, 28, 31.

PISCES
(Feb. 19 - March 20)

Your natural intuitive and creative talents may be heightened this week. Try to channel this into spiritual or artistic endeavors, rather than pushing through on mundane tasks. Lucky numbers: 9, 11, 17, 42, 43, 44.

Lucky numbers this week: This week's odds favour Taurus winners with the luckiest number being 7.

Did You Know...

Sleeping giant: Albert Einstein is one of the world's most famous scientists. Perhaps one secret to his brain power is that he usually slept 10 hours a night. That's nearly one and a half times as much as the average person.

Noted brother: Most people recognize actor Tom Hanks, famous for *Forrest Gump*, among other great movies. Hanks' older brother is a noted biology professor at University of Illinois at Urbana-Champaign.

Unique proposal: Famous inventor Thomas Edison claims to have taught his future wife, Mina Miller, Morse code so they could talk to each other in secret. She said he even proposed to her using Morse code.

More than words: Studies indicate that body language constitutes 93% of a person's first impression of someone. The language of facial expressions, handshakes, eye contact, gestures, and personal space can say more than words.

Red lipstick: This concept wouldn't fly today, but during World War II, women were encouraged to wear red lipstick to boost morale, especially of soldiers. With the slogan "Beauty is their Duty," red lipstick was a patriotic symbol.

On the Lighter Side

Where does Thursday come before Wednesday? In the dictionary.

I call my car flattery. It gets me nowhere.

Rita: "You're always wishing for something you don't have."
Nita: "Well, what else is there to wish for?"

If you buy a bigger bed, you actually get less bedroom.

Knock! Knock! *Who's there?* Zoom. *Zoom who?* Zoom did you expect?

Answers

Trivia answers: 1. Hippocratic 2. True 3. Tongue twister 4. Apple 5. Hurricanes

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

PLEASE ASK US FOR STARTER PACK

200+ Delicious Meals Made for SENIORS!

NOW SERVING THIS COMMUNITY!

- ✓ Free Delivery*
- ✓ No Obligations
- ✓ No Minimum Orders*

*Some conditions apply

Request your **FREE MENU Catalogue** today!
780-666-2336
TF: 1-800-704-4779

HEART TO HOME MEALS
DELICIOUS MEALS MADE FOR SENIORS®
www.hearttohomemeals.ca

NATIONAL SURVEY ON GENDER-BASED VIOLENCE (GBV)

If you have provided or received services related to GBV in the last four years, consider sharing your experience. Help the sector being more inclusive for all.

LINK FOR CLIENTS' SURVEY
LINK FOR WORKERS' SURVEY

Available in French

Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**

SAFE STEP WALK-IN TUB
1-855-977-9805

With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445

NOW OPEN!

St. Albert Hearing
50 585 St. Albert Trail
Right off St. Albert Trail near Summit Centre and Boston Pizza

- Hearing Tests, Adjustments and Repairs
- Easy Access from Northern AB
- No Referral Needed
- Affordable Hearing Aid Prices
- We Bill AADL/WCB/DVA/NHIB

Amazing Customer Service

Klinton Pilling has moved to a New Location
1-877-906-0605 | stalbertheating.com

Bras are just the beginning...

Romantic Notions Inc.
#30, 210 McLeod Avenue Spruce Grove
780.962.4944
1.855.962.4944

@romanticnotionsab
romanticnotionsboutique

Book your appointment now at www.romanticnotions.ca

Need to talk? 988 is here for you. 24/7

Suicide & Crisis Helpline
Call or text: 9-8-8

Edmonton.CMHA.ca

yes tv

FREE LIVE STREAMING COMING THIS FALL
visit yestv.com for details

WEBSITES From \$129/Month

(780) 760-6922
FRONTLINECONSULTING.CA