

Let us see your smile!

SKY DENTAL CLINIC



780-485-0562
830 Parsons Rd. SW | www.skydentalclinic.ca

FREE! *New Issue Every Week!*

Coffee News®

"News To Be Enjoyed Over Coffee"

Ellerslie East Edition

780-220-6397



www.coffee-news.ca Est. 1988

5th ANNUAL CHARITY GOLF TOURNAMENT

Hosted by Whitetail Crossing Golf Club

Friday, Sept. 6, 2024

Sign In 9:30 a.m. | Shotgun Scramble 11 a.m.
Dinner to follow (catered by Freson Bros.)

50/50 PUTTING CONTEST
MULLIGAN PURCHASE
BEAT THE PRO

\$160 for Golfers (\$50 tax receipt)
18 holes with cart and banquet
\$50 Banquet only
Early Bird Deadline:
Midnight, August 22, 2024

Scan QR Code to Register, Sponsor or to Donate
or visit <http://shorturl.at/SESgA>

SUPPORTING
The Rock Lutheran Inner City Society
Volunteers providing hot breakfasts to Edmonton's Inner City Guests



We CLEAN YOUR HOME Like It's OUR OWN!

- Weekly/Biweekly/Monthly Personalized Cleans
- Residential and Small Business
- Move In/Outs
- Pest Control Clean Up

ASK ABOUT OUR SENIORS' RATES!

NOBODY CLEANS LIKE MOM

780.700.6686 • www.nobodycleanslikemom.com



CANADA'S BRAND YOUR COMFORT

NAPOLEON



GEMCO FIREPLACES & WHOLESALE HEATING PRODUCTS

PH: 780-465-9719 9281-50 STREET, EDMONTON, AB
WWW.GEMCOFIREPLACES.COM

THIS SPACE FOR RENT

OR SCAN HERE FOR MORE INFO



Call 780-220-6397

Happy **HERITAGE Day**

from your friends at **Coffee News®**



HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A

\$2,500 YEARLY TAX CREDIT

\$30,000 LUMP SUM REFUND

COPD, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

85% SUCCESS RATE!

FOR EXPERT HELP: **1-844-453-5372**



Ewing Setting the bar for a clean car

CARWASH

- 10 Bays
- Wand Wash
- Car Wash
- Detailing

\$3 OFF WHEN YOU MENTION THIS AD!

ONLY FOAM CANNON IN SOUTH EDMONTON

780.935.1800 | www.ewingcarwash.com
3454 Ewing Tr SW, Edmonton

BETTER SERVICE. BETTER MARKETING. BETTER RESULTS.

JAY BERG GROUP
REAL ESTATE PROFESSIONALS - GETTING YOU ON THE MOVE

A PASSION FOR PEOPLE.
A PASSION FOR REAL ESTATE.

CALL JAY TODAY!
780.819.BERG (2374)
www.JayBerg.com



Vol. 21 No. 31 July 29, 2024

Everybody's Talking

Second chance: Loved Before is a U.K. charity on a mission to offer a fresh start to abandoned teddy bears and other stuffed animals. Charlotte Liebling noticed the sad fate of many soft toys and decided to do something to change that. These toys undergo a spa-like treatment before being showcased online for new families to discover. Embracing imperfection, Loved Before recognizes the unique charm each toy brings. Alongside its eco-friendly packaging and charitable donations, the company aims to instill a sense of responsibility in people, especially children, toward reusing items to benefit the environment. While this may seem like a small step, it shows how everyone can make a difference.

Free education: Albert Einstein College of Medicine in New York City, New York (U.S.), is planning to scrap tuition fees, thanks to a very generous donation of \$1 billion. This amazing act of kindness comes from Dr. Ruth Gottesman, a well-respected former teacher at the school. Dr. Gottesman's late husband, who was smart with money, told her to "do whatever you think is right" with their considerable wealth. This inspired her to make medical school education more affordable. She believes that by making such an education easier to obtain, that will mean more doctors with diverse backgrounds who better understand and serve communities.

Age fusion: In Seattle, Washington, (U.S.), a preschool at Providence Mount St. Vincent merges daycare with senior living, uniting 400 older adults with children. Through activities like music and art, they forge connections at this senior care home. "The Growing Season" is a documentary by Evan Briggs that showcases this interplay and captures the transformation that happens among the seniors when the kids arrive. In the presence of the children, the residents light up with vitality, and the children seamlessly adapt to being with the older folks. The success of this model highlights the potential for greater integration of seniors into society, fostering understanding and empathy across generations.

Robot conductor: At the National Theater of Korea, something incredible happened: a robot named EveR 6, created by the Korea Institute of Industrial Technology, led the National Orchestra of Korea in a concert. EveR 6 is about as tall as a person and has a face that looks human. The robot conducted alongside human conductor Soo-Yeoul Choi. The concert, which was titled "Absence," included two pieces directed by EveR 6, along with a special composition called "Sense," in which the robot and Choi worked together. Choi was amazed by EveR 6's moves, but said humans still make the best conductors because they can listen to and guide the orchestra.

Quoteable Quotes

"I attribute my success to this: I never gave or took an excuse."
—Florence Nightingale

"A man's mind, stretched to a new idea or sensation, never shrinks back to its former dimensions."
—Oliver Wendell Holmes, Sr.

What's Happening

Aug 21 - Links fore Literacy Charity Golf Tournament 2024

The Links fore Literacy Charity Golf Tournament is the Centre for Family Literacy's annual summer fundraising event. Proceeds from the tournament support the Centre's adult and family literacy programs. For more information, visit familit.cagolf2024

NON PROFIT organizations may submit fundraising events for FREE at www.coffee-news.ca. Please submit a minimum of 4 weeks in advance.


Hidden Coffee News Guy ADVENTURE

Enter one of three ways:

1. Scan the QR code
2. Visit www.coffee-news.ca
3. Mail your entry*

\$400* Prize Package

*Coffee News Bucks
Over 150 participating sponsors!
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries



SCAN ME

*Mail your entry to: CN Guy Contest, 9768-170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. Multi-celled organisms without backbones are fish, invertebrates, or mammals?
2. In 196 B.C.E., the Rosetta stone was inscribed in this Egyptian city.
3. What is the medical term for the breast bone?
4. Gelatin is a vegetable product—T/F?
5. The red outgrowth on a chicken's head is a comb, hairbrush, or hat?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)

WE COME TO YOU!

NERDS2YOU

VIRUS REMOVAL & COMPUTER REPAIR

ONSITE COMPUTER REPAIR

Your on-site computer and network service specialists. Virus removal, network setup, repairs and more.

587-772-NERD(6373)

FAST, FRIENDLY AND PROFESSIONAL
DEBIT, VISA AND MASTERCARD ACCEPTED

NERDS2YOU.CA

yes tv

FREE LIVE STREAMING COMING THIS FALL

visit yestv.com for details



FAST, ACCURATE, CLEAN & FRIENDLY SERVICE

MILLWOODS Bottle Depot

2830 Parsons Road
(south extension of 99th St. above South Edmonton Common)

mybottledepot.ca

14 receiving stations to serve you **REALLY FAST!**

Mon - Sat 8:30 am - 7 pm
Sunday 10 am - 6 pm

BEST IN THE CITY!

Bring in your bottles for a chance to win in our regular Customer Appreciation Draws!

GET MORE FROM YOUR ONLINE CONTENT

CONTENT MARKETING SERVICES

- Blog Writing
- Email Marketing
- Website Content
- Google Business Profile

FREE CONSULT

SCAN ME

Frontline 780.760.6922



Recipe of the month

Mini BLTs

28 cherry tomatoes | 3 tablespoons grated Parmesan cheese
7 bacon strips, cooked and crumbled | 2 tablespoons finely chopped celery
1/2 cup mayonnaise | 2 tablespoons minced fresh parsley
1/3 cup chopped green onions

Prep Time: 30 min + chilling Yield: 28 appetizers

- 1 Cut a thin slice from the bottoms of tomatoes to allow them to rest flat. Cut a thin slice off the top of each tomato. Scoop out and discard pulp; invert tomatoes onto paper towels to drain.
- 2 In a small bowl, combine the bacon, mayonnaise, onions, cheese, celery and parsley. Spoon into tomatoes. Cover and refrigerate at least two hours.

The perfect addition to any summer appetizer tray!

Source: <https://www.tasteofhome.com>



HERE WHEN YOU NEED US

When You Get Paid, We Get Paid

Braithwaite Boyle Injury Law 800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

1-800-440-8298

ALBERTA OWNED AND OPERATED FOR OVER 35 YEARS



Can't get to your Coffee News® each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.
Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions



RETIREMENT-LIVING CHRISTENSON
Optional Meals • Personalized Services • On-site Care

Join Our Vibrant Community

DEVONSHIRE VILLAGE

Full Kitchens • Social & Recreation • U/G Parking
1728 Rabbit Hill Road, Edmonton
780-540-9500
CDLhomes.com



Lakewood Cannabis

Our phone number: (587-855-3242)
Address: 1525 Lakewood Road West NW, Edmonton AB T6K 3S4
Website: lakewoodcannabis.ca



FROM \$85 A MONTH DRUG AND DENTAL PLANS

ONKAR INSURANCE BROKERS

LIFE | SUPERVISA | DISABILITY TRAVEL INSURANCE
RESP PLANS (up to \$9200 grants + 15% bonus)

Vikram Saggi
780-999-3000



Call today and receive a FREE SHOWER PACKAGE PLUS \$1600 OFF

SAFE STEP WALK-IN TUB
1-855-977-9805

With purchase of a new Safe Step Walk-In-Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445

Winter Is Coming...

Have you had your furnace serviced?

HVAC • Heating • Cooling Refrigeration • Gas Fitting Boilers • Building Management

DHR Daniels Heating & Refrigeration Ltd. Residential & Commercial Service
24/7 On Call Service: 1-587-785-6033



jerry forbes
Centre for Community Spirit

HOME FOR 25 CHARITIES & NON-PROFITS

93,000 SQ. FT. OF SHARED SPACE
SERVING OVER 200,000 ALBERTANS

Dear Edmonton, We're having a great time and the people here are amazing. You should come for a visit!

Sincerely, JFC


jerryforbescentre.ca



Your Weekly Horoscope


ARIES (March 20 - April 19)

Your relationships can be a good vehicle now to help you heal old wounds. Share information about your past with those you are close to and enlist their support. Lucky numbers: 10, 13, 17, 25, 44, 47.




TAURUS (April 20 - May 20)

Are you feeling a strain in your relationships now? Looking for an unusual resolution to the issue may be helpful. Just be sure it truly works for all involved. Lucky numbers: 8, 9, 11, 15, 26, 31.




GEMINI (May 21 - June 20)

You may find that your mind is on information overload. Documenting the new ideas might be helpful now, but wait until later to act on any that you choose. Lucky numbers: 2, 6, 24, 29, 38, 41.




CANCER (June 21 - July 22)

Your emotions may be heightened at midweek. Take a step back and wait a few days to see if your feelings on an important matter change in the interim period. Lucky numbers: 5, 9, 25, 30, 38, 44.




LEO (July 23 - Aug. 22)

Your naturally enthusiastic persona may be boosted this week. This could be a good time to use the energy to set a new intention for something to manifest in the next month. Lucky numbers: 4, 16, 20, 23, 35, 45.



VIRGO (Aug. 23 - Sept. 22)

For the next few weeks, explore and articulate what you truly value and how to manifest it. In formulating a plan, don't overlook the details necessary for success. Lucky numbers: 6, 10, 18, 29, 35, 42.



LIBRA (Sept. 23 - Oct. 22)

You may find yourself micromanaging your relationships with others over the next few weeks. Be conscious of this tendency so you can avoid any unnecessary conflict. Lucky numbers: 7, 9, 14, 39, 42, 46.




SCORPIO (Oct. 23 - Nov. 21)

The astrological energy at the end of the week might have a childlike enthusiasm. Using this dynamic to lighten your interactions with others may be helpful. Lucky numbers: 9, 16, 18, 23, 24, 35.



SAGITTARIUS (Nov. 22 - Dec. 21)

Are you feeling challenged now about your beliefs? If you're comfortable with them, you have no need to defend them to others. If not, ask yourself what has changed. Lucky numbers: 11, 14, 15, 39, 45, 46.




CAPRICORN (Dec. 22 - Jan. 19)

Weighing relationships versus results, Capricorns sometimes gravitate to the latter. An opportunity may emerge at week's end to achieve a greater balance of the two. Lucky numbers: 3, 6, 19, 22, 40, 47.




AQUARIUS (Jan. 20 - Feb. 18)

Did you set new goals about six months ago at your birthday? What progress have you made, and do you need to course-correct now to stay on track? Lucky numbers: 1, 3, 5, 24, 26, 32.



PISCES (Feb. 19 - March 20)

Last week's energetic pattern might continue. Did you make an adjustment to activate greater joy in your life? This change may take time to manifest, so keep going. Lucky numbers: 12, 14, 23, 36, 37, 46.



Lucky numbers this week: This week's odds favour Leo winners with the luckiest number being 35.

Did You Know...

No reptiles: Finding insects and birds in frozen Antarctica might be possible, but a life form not found there is the reptile. Those critters do not produce their own heat and wouldn't last long on the coldest continent on earth.

Long walk: Energetic folk who want to walk the entire length of Canada's coastline need to prepare for a long hike. The coastline covers 244,000 kilometres (151,600 mi.) and includes the Arctic, Pacific, and Atlantic oceans.

Single spice: One might assume allspice is a mixture of several spices, but it is actually made from dried berries from the allspice tree, native to Jamaica. Christopher Columbus noted it on his second Atlantic Ocean crossing.

Great word: "Somnambulists" are sleepwalkers. The root words *somn* and *ambulate* relate to sleep and walking. Some folks with somnambulism have even walked around their neighbourhoods without realizing it.

Pablo: The world knows him as famous Spanish artist Pablo Picasso. But his full name is Pablo Diego José Francisco de Paula Juan Nepomuceno María de los Remedios Cipriano de la Santísima Trinidad Mártir Patricio Clito Ruiz y Picasso.

On the Lighter Side

Dancer: "Can you stretch the music out a little longer?"
Orchestra leader: "Sorry, this isn't a rubber band."

An actor fell through a trapdoor. He was going through a stage.

Knock! Knock! *Who's there?* Luke. *Luke who?* Luke out the window and see.

How do you catch a unique rabbit? Unique up on it.

Where did the fake blacksmith work? At the forgery.

Answers

Trivia answers: 1. Invertebrates 2. Memphis 3. Sternum 4. False 5. Comb

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

Like us on Facebook
...to keep updated on **WEEKLY contests** in which you can enter to win tickets to sports events, entertainment events, Coffee News Bucks and more!

<https://www.facebook.com/CoffeeNewsWeekly>



inogen CLAIM YOUR 14-DAY RISK-FREE TRIAL!

PORTABLE OXYGEN FOR YOUR ON-THE-GO LIFESTYLE

Call us toll-free at **1-888-998-6714**

14-day risk-free trial: Return within 30 days of purchase for a full refund of purchase price.
PM230469 EN, EX, USA | Rx Only © 2023 Inogen, Inc.
303 Corvair Drive, Coletta, CA 94117
Inogen is a trademark of Inogen, Inc. The usage of any Inogen, Inc. trademark is strictly forbidden without the prior consent of Inogen, Inc. All other trademarks are trademarks of their respective owners or holders.



ELECTRICIAN FOR HIRE
Residential Light Commercial Electrical Repairs and Renovations

Art de Leon Master Electrician
780.932.3858 Cell
ajdeleon63@gmail.com



Are you a business owner/office manager? Have 3-20 employees in your office? **Paying too much for your current phone system? We can save you up to 50% off your current phone rates!**

How? We offer:
✓ VOIP Solutions at a fraction of the traditional carrier cost
✓ Long distance rates that outcompete the competition

587.760.2800
<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS



Family Law - Divorce - Real Estate - Wills & Estates

Badejo Law Group
An experienced, reliable, and trusted source for your legal needs

#203, 2951 Ellwood Drive SW, Edmonton
780-966-3654
www.badejolawgroup.ca



STOP STREAMING! IT'S FUNNIER LIVE AT THE COMIC STRIP
BOURBON STREET, WEST EDMONTON MALL

PURCHASE TICKETS ONLINE AT **thecomicstrip.ca**

Rick Bronson's **THE COMIC STRIP**
DRINK • DINE • LAUGH



COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES
SHIP BY BUS
GET YOUR REWARD CARD TO GET A FREE TICKET!
Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718
SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005



Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:
1 Your name 2 Your phone number and 3 Your address so that we can send you some cool prizes if your photo is chosen to appear in the paper!

Reader of the Month
Agnes Domingo from Edmonton

Coffee News Fun Reading. Serious Advertising.

