

**THIS SPACE FOR RENT**

Call 780-220-6397

OR SCAN HERE FOR MORE INFO



**SHOP ONLINE!**

[www.scubagearcanada.ca](http://www.scubagearcanada.ca)

• Snorkelling Gear • Reef-Safe Sunscreen  
• Beach Water Shoes • Dry Bags & Wallets • UV Shirts

**The Dive Outfitters**  
Scuba Diving & Snorkeling  
11781-156 St., Edmonton 780.483.0044

Learn to SCUBA DIVE at our Edmonton location - call for details



NOW OFFERING FRESH FLOWERS!  
**WE JUST GOT BIGGER!**

**Elaine's Plants and Elaine's Flower Pot**

Houseplants • Macramé • Baskets

Order fresh flowers at [elainesflowerpot.ca](http://elainesflowerpot.ca)

YOUR LOCAL TELEFORA REP

Back entrance of GP Farmers' Market (10032-101 Ave.)  
Hours: Tues-Thurs, 10-5, Fri, 12-7 & Sat, 10-3 | Open during Market hours as well!



**Boost Your Career From Home!**

Did you know that you can take Business and IT certification exams from Microsoft, Cisco and other vendors right from the comfort of your home?

Check us out today and add new certifications to your résumé before fall!

**Know it Sooner**  
Computer Training

[www.knowitsooner.com/get-certified](http://www.knowitsooner.com/get-certified)

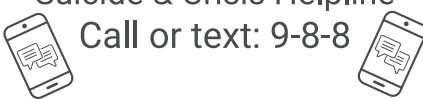
IMPROVING EFFICIENCY SINCE 2006



**Need to talk?**  
988 is here for you. 24/7

Suicide & Crisis Helpline  
Call or text: 9-8-8

[Edmonton.CMHA.ca](http://Edmonton.CMHA.ca)



**Bring your best. We'll give you ours.**

Hiring Class 1 Logistics Drivers and Class 1 Driver/Operators in Fracturing, Cement, Coiled Tubing and Nitrogen.

Flexible schedules, immediate benefits, RRSP matching.

**TRICAN** [tricanwellservice.com](http://tricanwellservice.com)

FUELLED BY GROWTH - DRIVEN BY OPPORTUNITY



**If It Needs Glass, We Can Provide It!**

Professional, top quality workmanship | Interior and exterior services | Residential and commercial applications

Mobile service and installation specialists with over 25 years of experience!

**ALL PRO Glass Ltd.**

Windows	Doors
Skylights	Wet Rooms
Glass Railings	Shower Doors

780.978.0088 [www.allproglass.ca](http://www.allproglass.ca)

**Vacation Getaway!**

Condo in Mazatlan, Mexico available for short or long term stays

- ✓ 2 bedrooms, 2 full bathrooms
- ✓ 9 minutes walking distance from the nearest beach
- ✓ Designed to host 4 adults comfortably
- ✓ Located in a serene, quiet street incl. gated access to the building.

CHECK OUT OUR POSITIVE REVIEWS...

Questions? 780.228.0954 [brendanker@gmail.com](mailto:brendanker@gmail.com)




**FREE!** New Issue Every Week!

**Coffee News**®

"News To Be Enjoyed Over Coffee"

Grande Prairie Edition  
877-553-6397



www.coffee-news.ca

Vol. 21 No. 32 August 5, 2024

**Everybody's Talking**

**Tokyo's honesty:** If you misplace your cash in Tokyo, Japan, there's hope. In 2022, a staggering \$29.6 million (USD) in cash was voluntarily handed over to the police, setting a new record. Japanese law requires people to give back money they find, but there's a reward for the finder, up to 20 percent of the amount if someone claims it. After three months, if nobody claims it, the finder gets it all. Despite Tokyo's hustle and bustle, people turned in an average of \$81,000 every day in 2022. During cherry blossom season, Tokyo police caution about an increased risk of losing belongings, as more people stroll around admiring the beauty of the famous blossoms.

**Musical revival:** Beethoven's unfinished 10th Symphony remained a mystery long after his passing, and has been sparking curiosity for centuries. In 2019, a diverse team embarked on a mission to honour the famous composer's legacy through using artificial intelligence (AI). The AI decoded Beethoven's musical patterns over his entire career, analyzing every note the composer wrote. Meanwhile, researchers delved into the sketches for this symphony that Beethoven left behind, in order to decipher his intentions behind the piece. The AI seamlessly integrated its compositions with Beethoven's motifs, culminating in a full orchestral piece. The Beethoven Orchestra premiered the completed symphony in Bonn, Germany.

**Sealed secrets:** In the past, people protected their letters with complex folding methods, a technique called "letterlocking." Now scientists have cracked the code of one such letter without opening it. These letters were sealed with wax and carefully folded to stop anyone from opening them without permission, which would make any tampering quite obvious. The Brienne Collection, which houses thousands of undelivered letters from the year 1706 and earlier, posed an intriguing historical enigma, with hundreds of the letters "locked." The project involved using X-ray scanning and computer algorithms to decode the folding patterns, which could unveil centuries-old messages without damage.

**Desert discoveries:** In the expansive deserts of southern Peru, ancient drawings have emerged, etched into the earth long ago. Among these remarkable artworks that depict creatures like hummingbirds and monkeys, a colossal cat has been discovered. Designated as a UNESCO World Heritage Site in 1994, the Nazca Lines cover a vast area of about 450 square kilometres (174 sq. mi.). Recent archaeological work has revealed the well-defined lines of the feline figure, dating back to 200-100 B.C.E. and measuring 37 metres (121 ft.) in length. The discovery of these and other new figures sheds light on the ancient cultures that predated the Nazca civilization.

**Quoteable Quotes**

"Being defeated is often a temporary condition. Giving up is what makes it permanent."  
—Marilyn vos Savant

"The achievement of one goal should be the starting point of another."  
—Alexander Graham Bell

**What's Happening**

**Sep 7 - Touch a Truck** A family friendly event that will allow your kids and adults to climb into the drivers seat of your favourite trucks. Taking place at the Bonnetts Energy Centre parking lot 10017 99 ave from 10am-2pm. Admission by donation

**Aug 10 - Summer Street Fest** Summer Street Fest is a one-day event to bring together local businesses, artists, live entertainment, family-friendly activities, and community members to celebrate culture, art, music and dance. Taking place from 2-7pm downtown Whitecourt

NON PROFIT organizations may submit fundraising events for FREE at [www.coffee-news.ca](http://www.coffee-news.ca). Please submit a minimum of 4 weeks in advance.

**Hidden Coffee News Guy ADVENTURE**

Find the Coffee News Guy hidden in one of the ads, then enter to win!

**\$400\* Prize Package**

\*Coffee News Bucks  
Over 150 participating sponsors!  
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

Enter one of three ways:  
1. Scan the QR code  
2. Visit [www.coffee-news.ca](http://www.coffee-news.ca)  
3. Mail your entry\*



\*Mail your entry to: CN Guy Contest, 9768-170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

**HIP OR KNEE REPLACEMENT?**

THE DISABILITY TAX CREDIT ALLOWS FOR A

**\$2,500 YEARLY TAX CREDIT**

**\$30,000 LUMP SUM REFUND**

CPD, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

FOR EXPERT HELP:  
**1-844-453-5372**

85% SUCCESS RATE!



**Canadian Mental Health Association**  
Alberta Northwest Region

Through your donations, CMHA ANWR supports all people in our communities to experience good mental health and well being.

9713-100 Avenue, Grande Prairie, AB T8V 0T5  
**780.814.2349 | [www.gpchma.ca](http://www.gpchma.ca)**



Visit **BNI Grande Prairie**

and get access to:

- ✓ Unparalleled Business Networking
- ✓ Exclusive Referral System
- ✓ Professional Development

Scan the QR code or visit [www.bnialberta.ca](http://www.bnialberta.ca) for details

JOIN OVER 60 LOCAL MEMBERS



**We've moved...**

VISIT US IN OUR NEW LOCATION!

**Gifts and Gadgets**

NOW AT 28-308 WESTGROVE DR., SPRUCE GROVE  
BEHIND MCDONALD'S

**YOUR ONE STOP KITCHEN AND GIFT SHOP**

780.962.5220 | [www.giftsandgadgets.ab.ca](http://www.giftsandgadgets.ab.ca)



Take our quick survey, it's under 2 minutes

**Help Us Improve - and Win!**

Your feedback will help us make **Coffee News**® better for you.

PLUS you could win a \$200 gift card and limited edition **Coffee News**® swag!

Take Survey here




**COME SEE US THIS SUMMER!**

**SOUTH PEACE CENTENNIAL MUSEUM**

2 KM NORTH OF BEAVERLODGE

**HOURS**  
Open daily from 10 a.m. to 6 p.m. through September 7

**ADMISSION**  
Daily admission by donation

**EVENTS**  
Fall Festival - \$10  
September 7  
Parking free  
Unserviced camping fee \$10/night

**LUNCH**  
Fridays - see menu on our Facebook page

[spcmfinfo@gmail.com](mailto:spcmfinfo@gmail.com)  
[southpeacemuseum.com](http://southpeacemuseum.com)



**INSIGHT BUSINESS SOLUTIONS**

Business Consulting  
CRA Consulting

Full Cycle Bookkeeping  
Payroll  
CRA Audits  
GST Filing

Excel Spreadsheets  
Commissioner of Oath  
Budgets

Ronda Coates  
[ronda.insight@gmail.com](mailto:ronda.insight@gmail.com)  
**780.228.5058**

Affordable-Effective-Exclusive-CALL NOW!



**Pregnant? Facing Difficult Decisions?**  
 We can help.  
 Call 780.421.1177 or text 587.596.5380

**A Small Miracle Adoption**  
 Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

[www.smallmiraclesadoption.com](http://www.smallmiraclesadoption.com)

**Canada's expert provider of onsite health and safety services**

Whether it's upstream, midstream, downstream, or industrial, HSE has you covered

- Fire & Medical Services
- H2S Safety • Breathing Air
- Confined Space & High Angle Rescue
- Environmental Monitoring & Gas Detection

**INDUSTRIAL HEALTH, SAFETY AND ENVIRONMENT EXPERTS**

Servicing from Whitecourt to High Level, Grande Prairie to Fort Nelson, we call the Peace Region our Home

**DXP HSE INTEGRATED** 780.532.2088  
<https://hseintegrated.com>  
[gpopperations@dxp.com](mailto:gpopperations@dxp.com)

**COLD SHOT**  
 A DIVISION OF BALWARIA EMPIRE PVT. LTD.

**PASSENGER & PARCEL SERVICES**

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: [www.coldshotca.com](http://www.coldshotca.com)  
 Passenger Website: [www.coldshot.ca](http://www.coldshot.ca)

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Learn From the Best!

Explore the possibilities of DIY soap making, lotion making, and bath product creation

**wixy**  
 Private Soap

Our classes are fully hands-on and also available online!

Sherwood Park 587.785.8878  
[shop@wixysoap.com](mailto:shop@wixysoap.com) | [www.wixysoap.com](http://www.wixysoap.com)

**Get More Traffic, Leads & Sales**

SCAN ME

- Website Development
- Google Ads
- Facebook Advertising
- Social Media Management
- SEO & Content Marketing
- Reporting & Analytics

**Frontline** 780.760.6922  
[frontlineconsulting.ca](http://frontlineconsulting.ca)

**Ringling in your Ears?**

Book your FREE TEST now!  
 780.533.3444

**NORTH STAR HEARING**  
[northstarhearing.ca](http://northstarhearing.ca)

**yes tv**

**FREE LIVE STREAMING COMING THIS FALL**  
[visit.yestv.com](http://visit.yestv.com) for details

**EARN UP TO \$75+ USD PER HOUR WRITING LETTERS**

**PAID PER Letter**

**ZERO** Experience Required

MUST BE 18+ EDUCATIONAL PROGRAM

START HERE!

# Your Weekly Horoscope

**ARIES**  
 (March 20 - April 19)

Your heart and head may be out of sync at mid-week about a situation in your life. Look for a solution that could help you achieve a balance between the two. Lucky numbers: 15, 18, 20, 21, 40, 42.

**TAURUS**  
 (April 20 - May 20)

Are you at a stalemate in something you are trying to achieve? Doing a deep dive into your psyche might help you receive an insight that breaks through the obstacle. Lucky numbers: 2, 6, 8, 17, 25, 33.

**GEMINI**  
 (May 21 - June 20)

Is there something you really want to change in your life now? The energy at the middle of the week may give you a kick start to that process of transformation. Lucky numbers: 10, 11, 12, 19, 26, 33.

**CANCER**  
 (June 21 - July 22)

You may have an opportunity over the next few weeks to reexamine how you respond to new situations. How might you change any old behaviour patterns holding you back? Lucky numbers: 3, 4, 8, 13, 18, 41.

**LEO**  
 (July 23 - Aug. 22)

Leos can tend to focus on the big picture. For the next few weeks, though, you may want to concentrate on the details. Doing so could reveal a new opportunity. Lucky numbers: 6, 9, 16, 18, 31, 42.

**VIRGO**  
 (Aug. 23 - Sept. 22)

For the next few weeks, be careful of miscommunications with others, especially in close relationships. Finding a way to speak from your heart may be helpful. Lucky numbers: 5, 11, 29, 31, 41, 42.

**LIBRA**  
 (Sept. 23 - Oct. 22)

Are your needs being met, both within yourself and in your relationships? During the middle of the week, you may have a few days to evaluate where things stand. Lucky numbers: 7, 17, 20, 22, 27, 41.

**SCORPIO**  
 (Oct. 23 - Nov. 21)

This weekend may be a time for meditation and contemplation that could trigger an important shift. Could you carve out time to take advantage of the opportunity? Lucky numbers: 1, 5, 12, 22, 30, 37.

**SAGITTARIUS**  
 (Nov. 22 - Dec. 21)

You may find yourself reevaluating your beliefs over the next several weeks. If you feel conflicted about what you thought to be true, a change may be in order. Lucky numbers: 15, 24, 37, 40, 41, 43.

**CAPRICORN**  
 (Dec. 22 - Jan. 19)

A conversation with others may reveal a new opportunity. However, be sure to discuss the particulars in detail to be sure you are truly on the same page. Lucky numbers: 11, 19, 20, 27, 32, 48.

**AQUARIUS**  
 (Jan. 20 - Feb. 18)

Pluto, planet of transformation, is entering a long transit through Aquarius. To prepare, now may be a good time to examine any adjustments in values you need to make. Lucky numbers: 4, 20, 32, 33, 34, 41.

**PISCES**  
 (Feb. 19 - March 20)

Is there something you need to release in order to be more joyful and enthusiastic? The end of the week may be a good time to make such an adjustment. Lucky numbers: 8, 13, 19, 21, 36, 47.

Lucky numbers this week: This week's odds favour Capricorn winners with the luckiest number being 27.

## Did You Know...

**Lots of cleaning:** Cleaning staff, and lots of them, are definitely needed at Buckingham Palace. The regal residence in the heart of London, England, has 775 rooms, including 52 royal and guest bedrooms and 188 staff bedrooms.

**Underground shopping:** The world's largest underground shopping complex is PATH in Toronto, Ontario (Canada). This complex is almost 30 kilometres (19 mi.) long, covering 371,600 sq. metres (4 million sq.ft.).

**Dance moves:** In the 1920s and 1930s in Harlem, New York (U.S.), "Hoofers" was an old pool hall converted to a tap dancing club, where primarily African American folks perfected their jazz and tap dance moves.

**Walled city:** Québec City, the capital of the Canadian province of Québec, is the only North American walled city north of Mexico. The 17th-century walls are a reminder of early colonial wars. It's now a UNESCO World Heritage site.

**First glass windows:** The ancient Roman glassmakers were the first to develop the skill of making window panes out of glass. The thicknesses were uneven, and only a limited amount of light got through, but they did the job.

## On the Lighter Side

A ventriloquist walked into a bar. The man next to him said, "Ouch!"

Knock! Knock! Who's there? Olive me. Olive me who? Olive me, why not take all of me?

A Dalmatian eating dinner: "That hit the spots!"

How did the glass know things would be OK? The light at the end of the funnel.

Customer: "Waiter, there is a hair in my turtle soup."  
 Waiter: "So the Turtle and the Hare finally got together."

## Answers

5. Seven  
**Trivia answers:** 1. Axle 2. Sled 3. Riveter 4. False

For available franchise opportunities - visit [coffeenewscanada.com](http://coffeenewscanada.com)  
 © Published with Permission by Capital Marketing Ltd

**LEAKY GUT?**  
 "Death begins in the colon" ~ Mechnikov

DO YOU SUFFER WITH ANY OF THESE...

1. Digestive issues (gas, bloating, diarrhea, irritable bowel syndrome)
2. Autoimmune disease (arthritis, lupus, psoriasis, celiac disease)
3. Depression, anxiety, ADD or ADHD
4. Seasonal allergies or asthma
5. Chronic fatigue or fibromyalgia
6. Hormonal imbalances (PMS, PCOS)
7. Skin issues
8. Food allergies/intolerances

Heal Your Gut, Improve Your Well Being!

**REBECCA MCCORD**  
 gut health coach

250.329.8116 | [www.HealthyBellyCoach.com](http://www.HealthyBellyCoach.com)

**REAL ESTATE APPRAISALS**  
 COMMERCIAL • INDUSTRIAL • RESIDENTIAL

**AGM VALUATIONS GROUP LTD.**  
 OFFICES IN GRANDE PRAIRIE AND PEACE RIVER

Phone: 780.624.0020 Andre Cell: 780.274.1133 Adam Cell: 780.897.0391  
[www.amvaluationsgroup.com](http://www.amvaluationsgroup.com)

SERVING: Grande Prairie, Sexsmith, Clairmont, Wembley, Beaverlodge, Hythe, Grovedale, Rycroft, Spirit River, Fox Creek, Whitecourt, Peace River, Grimshaw, Fairview, High Prairie, Valleyview, Manning, Slave Lake, High Level, La Crete, Fort Vermilion, Rainbow Lake, Dixonville, Hines Creek, Fahler, Donnelly, Nampa, Girouxville, Eaglesham, McLennan, St. Isidore.

**HERE WHEN YOU NEED US**  
 When You Get Paid, We Get Paid

**Braithwaite Boyle**  
 Injury Law 800-440-8298

It's The Only Law We Do - Since 1986  
 Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary  
**1-800-440-8298**  
 ALBERTA OWNED AND OPERATED FOR OVER 35 YEARS

**Has Long Run Exploration Failed to Pay You Rent in 2020 or 2021?**

**KMSC LAW LLP**

We can assist with any and all unpaid rental amounts, including your entitlement to interest  
**LongRunClassAction.ca**

**Recipe of the month**

**Peach Glazed Rib**

3 to 4 pounds pork baby back ribs, cut into serving-size pieces  
 1 can (15-1/4 ounces) peach halves, drained  
 1/3 cup soy sauce  
 1/4 cup canola oil

1/4 cup honey  
 2 tablespoons brown sugar  
 1 teaspoon sesame seeds, toasted  
 1 garlic clove, peeled  
 1/4 teaspoon ground ginger

Prep Time: 15 min Grill: 1.25 hrs Yield: 6 servings

- 1 Prepare grill for indirect heat, using a drip pan. Place ribs over drip pan. Grill, covered, over indirect medium heat for 60 minutes, turning occasionally.
- 2 Meanwhile, in a blender, combine the remaining ingredients; cover and process until smooth. Baste ribs.
- 3 Grill until meat is tender and juices run clear, 15-20 minutes longer, basting occasionally with remaining sauce.

A delicious, fruity alternative to the usual barbecue sauce for ribs

Source: <https://www.tasteofhome.com>

**Specializing in Home Health Care Since 1970**

- Ostomy
- Incontinence
- Mastectomy
- Compression
- Walkers
- Rentals
- Wheelchairs
- Accessibility
- Repairs
- ...and more!

Visit us at 10550 Mayfield Road NW

**Congdon's** Since 1970 Aids to Daily Living 780.483.1762 [congdon.ca](http://congdon.ca)

CANADA'S BRAND YOUR COMFORT

**NAPOLEON**

**GEMCO FIREPLACES**  
 & WHOLESALE HEATING PRODUCTS

PH: 780-465-9719 9281-50 STREET, EDMONTON, AB  
[WWW.GEMCOFIREPLACES.COM](http://WWW.GEMCOFIREPLACES.COM)

Zone 33-Grande Prairie