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Everybody's Talking

have unearthed various structures, including theatres, hospitals,

and approximately 80 "fast-food" joints known as thermopolia.

The excavation of this particular thermopolium revealed food

offerings and artistic depictions of what would have been served

Navigating change: In a pioneering voyage, a cargo ship

embarked from Singapore to Brazil, and introduced a revolution-

ary sail design in the process. Dubbed the "WindWing," this

innovation aims to diminish fuel dependency and minimize pollu-

tion in maritime transportation. Inspired by ancient sailing

methods, the WindWing capitalizes on wind power, and promises

significant environmental benefits. Initial trials of the 123-foot (37-

metre) long sail showcased some promising results: the Pyxis

Ocean ship reached speeds of up to 6 miles per hour (9.7 km per hour) using WindWings alone. This new transport tech may well

Stellar haul: In 2016, NASA launched its OSIRIS-REx space-

craft to embark on a two-year voyage to reach Bennu, an

asteroid over 200 million miles (322 million km) away. The

spacecraft meticulously orbited Bennu before delicately scooping up dust and pebbles. NASA says the trip by the OSIRIS-REx is the first U.S. mission to collect a sample from an

asteroid. Now, a capsule carrying the unprecedented samples from the distant body has come back to Earth. After enduring the scorching temperatures of re-entry, the capsule landed in the

desert in the U.S. state of Utah. NASA quickly transported OSIRIS-

REx to the Johnson Space Center. Scientists anticipate unlocking

Quoteable Quotes

"If you're offered a seat on a rocket ship, don't ask what seat!

"Our own self-realization is the greatest service we can render

What's Happening

Non profit organizations and charities – promote your upcoming event here free

of charge! Complete our event submission page at coffeenewspaper.com.

Central Alberta Chamber Orchestra invites you to Dance **Your Troubles Away** August 25 at Canada 150 Square (210.

5589-47 St., Red Deer) at 11 a.m. Come hear the CACO Little

Big Band play your jazz favourites as part of the Capstone

"Sounds Like Sunday" concert series. You'll be tapping your toes, clapping along, and if you're up for it, dancing in the

street... well, the square. For more info, call 403.598.3843.

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~ Sheryl Sandberg

~ Ramana Maharshi

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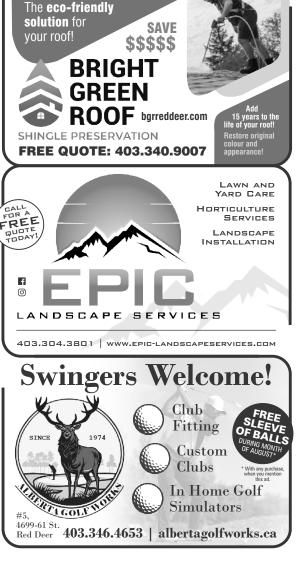
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Vehicle Graphics

5. Margaret Mead worked in what field of science? (Flip bottom of page for answers)

Trivia

1. Magnesium sulfate is the chemical name of this salt.

2. What is the medical term for the shoulder blade?

3. This historical event is the setting of *The Scarlet Pimpernel*. 4. Synovial fluid lubricates gears, joints, or marbles?

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- "500" Card Game 1 p.m. Monday: Canasta 1 p.m., Cribbage 7 p.m.
- Tuesday: Tony Connelly Singers 9:30 a.m.
- Euchre 1 p.m.

  Thursday: Cribbage 1 p.m., except 1st Thursday, Euchre or Whist Tournament 10 a.m.

- 3rd Thursday: Cribbage Tournament 10 a.m.
   Friday: Floor Curling 9:30 a.m.,



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# Your Weekly Horoscope

(March 20 - April 19)

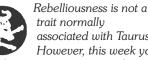


Your energy level may be a real boost at midweek. This

dynamic can be highly productive, but be careful of taking impulsive actions without thinking things through first. Lucky numbers: 8, 12, 19, 20, 22, 31.

**TAURUS** 

### (April 20 - May 20)



trait normally associated with Taurus. However, this week you may have an opportunity to be a rebel with a cause. So, what's your cause? Lucky numbers: 7, 10, 12,

35, 41, 42. **GEMINI** 

## (May 21 - June 20)



Both your internal and external environments may be volatile this week. Instead of

engaging in an argument, look to what you value to identify a solution to any conflicts. Lucky numbers: 6, 12, 16, 18, 24, 47.

### **CANCER**

### (June 21 - July 22)



A theme for Cancerborn is nurturing others, particularly family and friends. This

week, you may be asked to make an adjustment to expand this into the wider world. Lucky numbers: 10, 12, 17, 23, 27, 30.

**LEO** 

### (July 23 - Aug. 22)



This is the end of both Leo season and your birthday month. What activities did you initiate

over the last month and which might be ready to be harvested now? Lucky numbers: 2, 10, 16, 30, 36, 45.

### **VIRGO**

(Aug. 23 - Sept. 22)



Birthday months are good times to set intentions. A focus for your new solar year

might be communicating your values to others for mutually beneficial opportunities. Lucky numbers: 13, 16, 23, 24, 33, 37.

This week you may be caught between simultaneous desires to expand and con-

your values help you decide the right activities for success. Lucky

Lucky numbers this week: This week's odds favour Virgo winners, with the luckiest number being 33.

## Did You Know...

Smart suitcase: The Ovis is a smart suitcase that follows its owner, without running into things in its path. Equipped with movement-tracking algorithms and facial recognition technology, it also has a built-in GPS in case it gets lost.

**Spoon technique:** A wooden spoon across the top of a boiling pot of pasta prevents the water from boiling over. The spoon destabilizes the bubbles when they come into contact with its water-repelling surface.

**Opinion anxiety:** Being afraid of what other people think when their opinions differ from your own is a social phobia called allodoxaphobia. The irrational, overwhelming feeling can affect people of all ages, but is relatively uncommon.

**Spicy name:** The Spice Girls weren't always known that way. The five-member, all-girl British band was originally called Touch. However, after writing the song "Sugar and Spice," they decided to spice up their name.

National animal: Scotland's national animal, the unicorn, isn't actually an animal. Linked to Celtic mythology, unicorns symbolize purity, innocence, and power, and were first used in the 12th century on the Scottish royal coat of arms.

# On the Lighter Side

What wears a coat all winter and pants all summer? A dog. How is the king doing in school? He likes his subjects. Customer: "When's the best time to trim a beard?" Barber: "Daylight shaving time."

Trees hate taking tests. The questions always stump them. How does a clock put on its gloves? One hand at a time Knock! Knock! Who's there? Water. Water who? Water the chances of winning the lottery?

## Auswers

Revolution 4. Joints 5. Anthropology Trivia answers: 1. Epsom 2. Scapula 3. French

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At the middle of the week, you may be focused on yourself, rather than the needs

of others. Doing so in a positive way could avoid a stalemate with those close to you. Lucky numbers: 5, 7, 19, 23, 29, 33. **SCORPIO** 

### (Oct. 23 - Nov. 21)



Your intuitive antenna may go offline at week's end. This can be a moment of

respite from the thoughts of others, to connect with yourself on a deeper level. Lucky numbers: 4, 5, 17, 19, 34, 37. **SAGITTARIUS** 

### (Nov. 22 - Dec. 21)



You may feel restless or dissatisfied with your life. Would learning something

new help break through this emotional obstacle? Perhaps explore options for growth. Lucky numbers: 17, 24, 37, 41, 42, 45. **CAPRICORN** 

### (Dec. 22 - Jan. 19)



Capricorn strengths include using ambition and discipline to build a solid foundation of

success. The start of the week may bring an opportunity to help others in this regard. Lucky numbers: 1, 6, 8, 10, 17, 37.

### **AQUARIUS** (Jan. 20 -Feb 18)



A full moon is in your sign at the beginning of the week. This phase may be impor-

tant for completing activities, like trimming any items that aren't working for you. Lucky numbers: 3, 4, 8, 11, 26, 44. **PISCES** 

## (Feb. 19 - March 20)



tract your current projects. Let

numbers: 15, 17, 23, 35, 36, 47.



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