COMMUNITY FOUNDATION LETHBRIDGE + SOUTHWESTERN ALBERTA

Is giving through the Community Foundation right for you?

- 1 Do you want to make a difference in your community?
- 2 Do you give to more than one charitable cause?
- 3 Are you interested in creating a personal or family legacy? 4 - Would you like to stay involved in the use of your gift?
- 5 Are you interested in teaching your children about giving back? 6 - Do you want to receive a maximum tax benefit?

Learn how you can give your gift to your community!



Phone 403 - 328 - 5297 Online www.cflsa.ca





Need to talk? 988 is here for you. 24/7

Suicide & Crisis Helpline Call or text: 9-8-8

Edmonton.CMHA.ca

# **THIS SPACE**



Call 403-355-6316

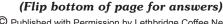








The World's #1 Restaurant Publication





Lethbridge **West Edition** 877-553-6937

www.coffee-news.ca

Vol. 15 No. 34 August 19, 2024

## Everybody's Talking

Digital David: A team from an Italian university has unveiled a remarkable 17-foot replica of Michelangelo's famous sculpture of "David." The replica was created using cutting-edge, 3D-printing technology, and is being hailed as the most accurate rendition yet. Unlike the Renaissance sculptor's three-year labour, this team achieved their feat in a matter of a few months. The process involved thousands of digital scans and innovative construction methods. Weighing in at 1,200 pounds (544 kg), the reproduction boasts a weight 10 times lighter than the marble original. Dubbed a "digital twin," this tech marvel hints at a new era of cultural preservation.

Culinary clues: In Italy, a team of researchers continues to uncover the mysteries of the city Pompeii, providing glimpses into the daily lives of its ancient inhabitants. Among the areas recently revealed is a remarkably well-preserved street eatery, which offers insights into the bustling culinary scene of the city. Pompeii gained fame for being blanketed in debris following an eruption from a neighbouring volcano in 79 C.E. Archaeologists have unearthed various structures, including theatres, hospitals, and approximately 80 "fast-food" joints known as thermopolia. The excavation of this particular thermopolium revealed food offerings and artistic depictions of what would have been served before the city was

Navigating change: In a pioneering voyage, a cargo ship embarked from Singapore to Brazil, and introduced a revolutionary sail design in the process. Dubbed the "WindWing," this innovation aims to diminish fuel dependency and minimize pollution in maritime transportation. Inspired by ancient sailing methods, the WindWing capitalizes on wind power, and promises sig-nificant environmental benefits. Initial trials of the 123-foot (37-metre) long sail showcased some promising results: the Pyxis Ocean ship reached speeds of up to 6 miles per hour (9.7 km per hour) using WindWings alone. This new transport tech may well be poised for widespread adoption in the coming years.

**Stellar haul:** In 2016, NASA launched its OSIRIS-REx spacecraft to embark on a two-year voyage to reach Bennu, an asteroid over 200 million miles (322 million km) away. The spacecraft meticulously orbited Bennu before delicately scooping up dust and pebbles. NASA says the trip by the OSIRIS-REx is the first U.S. mission to collect a sample from an asteroid. Now, a capsule carrying the unprecedented samples from the distant body has come back to Earth. After enduring the scorching temperatures of re-entry, the capsule landed in the desert in the U.S. state of Utah. NASA quickly transported OSIRIS-REx to the Johnson Space Center. Scientists anticipate unlocking valuable insights into the early years of our solar system.

## Quoteable Quotes

"If you're offered a seat on a rocket ship, don't ask what seat! Just —Shervl Sandberg

"Our own self-realization is the greatest service we can render the —Ramana Maharshi

## What's Happening

Select Tuesdays: Seniors Tour Tea at the Southern **Alberta Art Gallery** Seniors 65 are welcome at the Southern Alberta Art Gallery Maansiksikaitsitapiitsinikssin on select Tuesdays this summer from 10-11:30am for a free guided tour, art activity, and refreshments. For more information email bipaa@saag.ca

Non Profit Organizations may post their fundraising events in What's Happening for FREE! Visit www.coffee-news.ca to



Enter one of three ways:

1. Scan the QR code 2. Visit www.coffee-news.ca 3. Mail your entry\*

\*Mail your entry to: CN Guy Contest, 9768-170 Street, Suite 303, Edmonton, AB TST SL4. Be certain to include your fill name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

## Trivia

- 1. Magnesium sulfate is the chemical name of this salt.
- 2. What is the medical term for the shoulder blade?
- 3. This historical event is the setting of The Scarlet Pimpernel.
- 4. Synovial fluid lubricates gears, joints, or marbles?

5. Margaret Mead worked in what field of science?

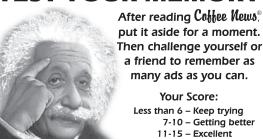
© Published with Permission by Lethbridge Coffee News

(Over)

#### www.scubagearcanada.ca Lethbridge HEARING CENTRE **SERVICE** Offering the latest digital **HEARING** and Bluetooth devices CENTRE and equipment Hearing protection and workplace testing available • AADL, WCB, DVA, ASEBP Vendor Family Owned and Family Operated

#120, 2037 Mayor Magrath Dr. S, Lethbridge 403.320.6000 | candice@lethbridgehearing.ca

### TEST YOUR MEMORY





**WE CAN REMOVE UNWANTED ITEMS** FROM YOUR PROPERTY

✓ Vehicles

16 or more - Genius!

- ✓ Metal
- ✓ Lumber ✓ Yard Waste
- ✓ Buildings etc.

**Demolition Available** 

**Call Today** 403-308-1161



Bin Rental \$199<sub>+tax</sub>

### Help Us Improve - and Win!

Your feedback will help us make Coffee News better for you.

PLUS you could win a \$200 gift card and limited edition Coffee News®



✓ Any Condition ✓ Any Year

Also pick up batteries, propa tanks, farm unwanted metals, etc

403.308.1161 | www.airportpickapart.ca

## Coffee News Lethbridge

is undergoing a management



Capital Marketing, publishers of Coffee News in Northern Alberta, will be managing Coffee News Lethbridge while we search for a local publisher. Coffee News Lethbridge remains committed to delivering lighthearted news and entertainment from around the world combined with community updates to Lethbridge residents while they enjoy their morning cup of coffee. Watch for some slight changes to our contest and ads over the coming weeks.

Just hatching a new

## CHECK OUT Coffee News®

To advertise, call 780.220.6397

ADVERTISING! business?

- People need to know about you!Reach thousands of local readers
- every single week · Exclusive, affordable advertising



It's a crackin' good deal!

# radiobing

NORTHERN ALBERTA CFWE

SOUTHERN ALBERTA

CJWE

Play Monday, Thursday & Saturday at 6 p.m.

GUARANTEED \$10,000 ON SERIES 7 FULL CARD 2 GAMES GUARANTEED AT \$25,000 PER MONTH

For more information, visit radiobingo.ca

Visit us on Facebook-CoffeeNewsWeekly



Giving You an Edge Since 1979 (403) 381-3660 sales@fabersharpening.ca

**Affordable Online** CREMATION package for \$1,999 plus GST

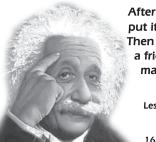
Honoring a life should be a meaningful Visit our website or call us and personal experience. With today to learn more about our online cremation, we are here online cremation service that can to make the process easier help you celebrate and remember your more accessible, and loved one, with compassion and convenience more heartfelt

www.abcremation.ca

ALBERTA



#### **TEST YOUR MEMORY**



After reading Coffee News? put it aside for a moment. Then challenge yourself or a friend to remember as many ads as you can.

Your Score:

Less than 6 - Keep trying 7-10 - Getting better

11-15 - Excellent

16 or more - Genius!

Call today and receive a FREE SHOWER PACKAGE **PLUS \$1600 OFF** 



purchase of a new Safe Step Walk-InTub. Not applicable with any previous tub purchase. Offer available while supplies last. No cash value. Must pres offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445





### If this was your ad...



it would have been seen now!



Affordable-Effective-Exclusive-CALL NOW!

## Your Weekly Horoscope

## (March 20 - April 19)



Your energy level may be a real boost at midweek. This dynamic can be highly productive, but be careful of taking impulsive actions without think-

ing things through first. Lucky numbers: 8, 12, 19, 20, 22, 31.

#### **TAURUS** (April 20 - May 20)



Rebelliousness is not a trait normally associated with Taurus. However, this week you may have an opportunity to be a rebel with a cause. So,

what's your cause? Lucky numbers: 7, 10, 12, 35, 41, 42.

#### **GEMINI**

#### (May 21 - June 20)



Both your internal and external environments may be volatile this week. Instead of engaging in an argument, look to what you value to identify a

solution to any conflicts. Lucky numbers: 6, 12, 16, 18, 24, 47.

#### **CANCER** (June 21 - July 22)



A theme for Cancer-born is nurturing others, particularly family and friends. This week, you may be asked to make an adjustment to expand this into

the wider world. Lucky numbers: 10, 12, 17, 23, 27, 30.

#### (July 23 - Aug. 22)



This is the end of both Leo season and your birthday month. What activities did you initiate over the last month and which might be ready to

be harvested now? Lucky numbers: 2, 10, 16, 30, 36, 45.

#### **VIRGO**

#### (Aug. 23 - Sept. 22)



Birthday months are good times to set intentions. A focus for your new solar year might be communicating your values to others for mutually bene-

ficial opportunities. Lucky numbers: 13, , 16, 23, 24, 33, 37.

#### (Sept. 23 - Oct. 22)



At the middle of the week, you may be focused on yourself, rather than the needs of others. Doing so in a positive way could avoid a stale-

mate with those close to you. Lucky numbers: 5, 7, 19, 23, 29, 33.

#### **SCORPIO**

#### (Oct. 23 - Nov. 21)



Your intuitive antenna may go offline at week's end. This can be a moment of respite from the thoughts of others, to connect with yourself on

a deeper level. Lucky numbers: 4, 5, 17, 19, 34, 37.

#### **SAGITTARIUS** (Nov. 22 - Dec. 21)



You may feel restless or dissatisfied with your life. Would learning some-thing new help break through this emotional obstacle? Perhaps explore

options for growth. Lucky numbers: 17, 24, 37, 41, 42, 45.

#### **CAPRICORN** (Dec. 22 - Jan. 19)



Capricorn strengths include using ambition and discipline to build a solid foundation of success. The start of the week may bring an opportunity

to help others in this regard. Lucky numbers: 1, 6, 8, 10, 17, 37.

#### **AQUARIUS** (Jan. 20 -Feb 18)



A full moon is in your sign at the beginning of the week. This phase may be important for completing activities, like trimming any items that

aren't working for you. Lucky numbers: 3, 4, 8, 11, 26, 44.

#### **PISCES** (Feb. 19 - March 20)



This week you may be caught between simultaneous desires to expand and contract your current projects. Let your values help you decide the right

activities for success. Lucky numbers: 15, 17, 23, 35, 36, 47.

Lucky numbers this week: This week's odds favour Virgo winners with the luckiest number being 33.

## Did You Know...

Smart suitcase: The Ovis is a smart suitcase that follows its owner, without running into things in its path. Equipped with movement-tracking algorithms and facial recognition technology, it also has a built-in GPS in case it gets lost.

**Spoon technique:** A wooden spoon across the top of a boiling pot of pasta prevents the water from boiling over. The spoon destabilizes the bubbles when they come into contact with its water-repelling surface.

Opinion anxiety: Being afraid of what other people think when their opinions differ from your own is a social phobia called allodoxaphobia. The irrational, overwhelming feeling can affect people of all ages, but is relatively uncommon.

**Spicy name:** The Spice Girls weren't always known that way. The five-member, all-girl British band was originally called Touch. However, after writing the song "Sugar and Spice," they decided to spice up their name.

**National animal:** Scotland's national animal, the unicorn, isn't actually an animal. Linked to Celtic mythology, unicorns symbolize purity, innocence, and power, and were first used in the 12th century on the Scottish royal coat of arms.

## On the Lighter Side

What wears a coat all winter and pants all summer? A dog.

How is the king doing in school? He likes his subjects.

Customer: "When's the best time to trim a beard?" Barber: "Daylight shaving time."

Trees hate taking tests. The questions always stump them.

Knock! Knock! Who's there? Water. Water who? Water the chances of winning the lottery?

#### Auswers

Revolution 4. Joints 5. Anthropology Trivia answers: 1. Epsom 2. Scapula 3. French

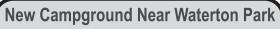
For available franchise opportunities - visit coffeenewscanada.com © Published with Permission by Lethbridge Coffee News











• Powered sites • Tenting • Picnic day use area Fun Family Activities—Best Birthday Parties ever!!—Date Nights

• Introduction to horses program • Wagon rides

• Farm animal petting zoo • Boating and paddle boards Weaving & Spinning demonstrations

Book online at myrootsvacation.com or call 403-394-8676

20 minutes East of Waterton Park on Highway 5 at Mountain View



is North America's choice for positive news from around the world!

Coffee News is the world's number one restaur





#121, 200-4th Ave South, Lethbridge, AB • 587-425-1600