

Capital
WINDOWS AND SNOW

FALL SEASON CLEANING

WINDOW WASHING
GUTTER CLEANING
SNOW REMOVAL

BOOK NOW
(780) 850-4357

10% OFF SENIORS DISCOUNT

www.iusecapital.com

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:
 1 Your name
 2 Your phone number and
 3 Your address
 so that we can send you some **cool prizes** if your photo is chosen to appear in the paper!

Readers of the Month
Todd & Julia Lewis from Ponoka

Coffee News Fun Reading. Serious Advertising.

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Take our quick survey, it's under 2 minutes

Help Us Improve - and Win!

Your feedback will help us make **Coffee News** better for you.

PLUS you could win a \$200 gift card and limited edition **Coffee News** swag!

ONLINE SURVEY

Take Survey here

HERE WHEN YOU NEED US

When You Get Paid, We Get Paid

Braithwaite Boyle Injury Law 800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

1-800-440-8298

ALBERTA OWNED AND OPERATED FOR OVER 35 YEARS

Winter Is Coming...

Have you had your furnace serviced?

HVAC • Heating • Cooling
Refrigeration • Gas Fitting
Boilers • Building Management

DHR Daniels Heating & Refrigeration Ltd. Residential & Commercial Service

24/7 On Call Service: 1-587-785-6033

STOP STREAMING! IT'S FUNNIER LIVE AT THE COMIC STRIP

BOURBON STREET, WEST EDMONTON MALL

PURCHASE TICKETS ONLINE AT thecomicstrip.ca

Rick Branson's THE COMIC STRIP
DRINK • DINE • LAUGH

PBM LAW ★ ALBERTA REAL ESTATE LAWYERS
(PETER B MASON PROFESSIONAL CORP.)
AN ASSOCIATION OF INDEPENDENT LAWYERS

866.888.1081 | www.pbmlaw.ca

Real Estate Law

Over 800 Google Reviews! | Easy, Secure Remote Legal Signing | Exceptional Legal Services at Low Cost | Learn more at pbmlaw.ca

FREE! **New Issue Every Week!**

Coffee News[®]

"News To Be Enjoyed Over Coffee"

Ellerslie West Edition

780-220-6397

www.coffee-news.ca

Est. 1988

Vol. 21 No. 37 September 9, 2024

Everybody's Talking

GPS groceries: In Australia, a grocery chain called Drakes Supermarkets is taking measures it deems necessary to prevent the theft of expensive items, particularly meat products. To combat this issue, the chain has started embedding GPS trackers in its meat packaging. If the tracker hasn't been deactivated by the cashier at the register, it will trigger an alarm when a customer leaves the store with the item. While shoppers say they understand the need for such measures, many view it as a sad sign of the times. However, the initiative has shown promise in reducing theft and ensuring that products remain available for paying customers.

Super sale: Superman comic books are certainly collectors' items, and a copy featuring Superman for the very first time, 86 years ago, has become the world's most valuable comic edition. It was recently sold at auction for \$6 million (USD). The Texas-based Heritage Auctions, which sold the comic book, said the sale price surpassed the previous record for a comic book sale. The version that broke the sales record came out in 1938 and was part of the Kansas City Pedigree collection. The previous record-holder sold for \$5.3 million in 2022. This recent landmark sale does indeed underscore the enduring legacy and immense value of vintage comic books.

Coffee race: Attention all servers in restaurants and cafes: This race is tailor-made for you. In the heart of Paris, France, participants don their signature attire of crisp white shirts, black trousers, and aprons as they assemble at the starting line near Paris City Hall. Their mission? To partake in a venerable tradition dating back 110 years, known as the Course des Cafés coffee race. With precision and skill, they navigate a 1.2-mile (1.9 km) course while delicately balancing a tray bearing a glass of water, a cup of coffee, and a croissant. The challenge? To complete the race without spilling a drop and without breaking into a run, showcasing both agility and finesse in this unique competition.

One smart girl: By the age of six, she had progressed to grade four, as she demonstrated a remarkable pace of learning. Hailing from Canada's Ottawa Valley, this extraordinary student attained her Honours Bachelor's degree in biomedical science from the University of Ottawa at a mere 12 years old. Anthaea-Grace said she firmly believes that age should never be a barrier to achieving one's rightful place and aspirations. Her journey certainly underscores the power of determination and intellect in defying conventional expectations.

Quoteable Quotes

"There will come a time when you believe everything is finished. That will be the beginning."
—Louis L'amour

"If you tell the truth, you don't have to remember anything."
—Mark Twain

What's Happening

Sept 14 - Breast Friends Society Edmonton 50-50 raffle. Buy a ticket to help us continue offering breast cancer survivors the opportunity to be on a dragon boat team without cost barriers. Awareness and Hope in a dragon boat! www.breastfriendsedmonton.org

Seniors Whist Card Group Meets at the Pioneers Cabin of Edmonton 9430 - 99 Street N.W. Edmonton, every Tuesday, starting Sept 3 to May 27 from noon to 2:30 pm. Cost is \$3 per week person provides 20 games of whist with cash prizes. Contact Bruce at 780-463-2347 for info.

Sept 13 to 15 - Fall Book Sale Sale hours are Friday noon-6pm; Saturday 10am-6pm; Sunday noon-4pm. Take what you want, donate what you can. Spruce Grove Public Library.

NON PROFIT organizations may submit fundraising events for FREE at www.coffee-news.ca. Please submit a minimum of 4 weeks in advance.

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package
*Coffee News Bucks
Over 150 participating sponsors!
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

Enter one of three ways:
1. Scan the QR code
2. Visit www.coffee-news.ca
3. Mail your entry*

*Mail your entry to: CN Guy Contest, 9768-170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. Historic Bridgetown, a UNESCO heritage site, is located in what island nation?
2. A frog in the larval stage of development is called a _____.
3. Who wrote the novel Mary Poppins, published in 1934?
4. She was the first woman to be prime minister of India.
5. The banana is an herb—T/F?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd (Over)

yes tv

FREE LIVE STREAMING COMING THIS FALL

visit yestv.com for details

Recipe of the month

Harvest Salad with Cherry Vinaigrette

3 medium fresh beets (about 1 pound)
1 package (5 ounces) spring mix salad greens
2 medium apples, thinly sliced
1 medium carrot, shredded
1/2 cup grape tomatoes, halved
1/2 cup yellow grape tomatoes or pear tomatoes, halved
1/2 cup chickpeas, rinsed and drained
1/2 cup coarsely chopped walnuts, toasted

4 thick-sliced bacon strips, cooked and crumbled

Cherry Vinaigrette:
1/2 cup tart cherry preserves
3 tablespoons olive oil
2 tablespoons red wine vinegar
2 teaspoons Dijon mustard
1 garlic clove, minced
1/4 teaspoon salt
1/8 teaspoon pepper

Prep Time: 10 min Bake: 50 min. + cooling Yield: 10 servings

1 Preheat oven to 400°. Scrub beets and trim tops to 1 in. Wrap in foil; place on a baking sheet. Bake 50-60 minutes or until tender. Remove foil; cool completely. Peel beets and cut into 1/2-in. pieces.
2 In a large bowl, combine salad greens, apples, carrot, tomatoes, chickpeas, walnuts, bacon and cooled beets. In small bowl, whisk vinaigrette ingredients until blended. Serve with salad.

Source: <https://www.tasteofhome.com>

THIS SPACE FOR RENT

Call 780-220-6397

OR SCAN HERE FOR MORE INFO

Canada's HEALTHY Choice for Pets!

GLOBAL PET FOODS

SENIORS' DAY last Tuesday of every month
Save **15%**

PLUS 10 Bonus Air Miles Reward Miles!
Restrictions may apply. Inquire in store.

5103 - 50 Avenue, Leduc
780-980-8711 • www.globalpetfoods.com

Make Your Marketing Work For You!

SCAN ME

- Website Development
- Google Ads
- Facebook Advertising
- Social Media Management
- SEO & Content Marketing
- Reporting & Analytics

Frontline 780.760.6922

Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**

SAFE STEP WALK-IN TUB

1-855-977-9805

With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NCSB 0082999 0083445

Support Coffee News!

The paper you have grown to love can't do it without readers like you...

Visit our advertisers
Browse our website
Like us on Facebook

Coffee News
"News to Enjoy Over Coffee"

WE CLEAN YOUR HOME LIKE IT'S OUR OWN!

- ◆ Weekly/Biweekly/Monthly Personalized Cleans
- ◆ Residential and Small Business
- ◆ Move In/Outs
- ◆ Pest Control Clean Up

ASK ABOUT OUR SENIORS' RATES!

NOBODY CLEANS LIKE MOM
780.700.6686 • www.nobodycleanslikemom.com

NO MATTER WHAT
TERRY FOX RUN | SUNDAY, SEPTEMBER 15

- ◆ KINSMEN PARK ◆ FREE EVENT
- ◆ 1-10 KM ROUTE ◆ CHOOSE YOUR DISTANCE
- ◆ WALK OR RUN ◆ BEGINS 11:00 AM
- ◆ ALL ARE WELCOME

REGISTER AND FUNDRAISE AT TERRYFOX.ORG

jerry forbes
Centre for Community Spirit

HOME FOR 25 CHARITIES & NON-PROFITS

93,000 SQ. FT. OF SHARED SPACE
SERVING OVER 200,000 ALBERTANS

Dear Edmonton, We're having a great time and the people here are amazing. You should come for a visit!

Sincerely, JFC

jerryforbescentre.ca

Like us on Facebook
...to keep updated on **WEEKLY contests** in which you can enter to win tickets to sports events, entertainment events, Coffee News Bucks and more!

<https://www.facebook.com/CoffeeNewsWeekly>

BETTER SERVICE. BETTER MARKETING. BETTER RESULTS.

JAY BERG GROUP
REAL ESTATE PROFESSIONALS - GETTING YOU ON THE MOVE

A PASSION FOR PEOPLE.
A PASSION FOR REAL ESTATE.

CALL JAY TODAY!
780.819.BERG (2374)
www.JayBerg.com

WE COME TO YOU - HOME, OFFICE, COFFEE SHOP OR VIRTUALLY!

I HAVE BEEN DOING TAX RETURNS SINCE 1985

Personal Tax Returns • Corporate Tax Returns
GST Returns • Preparation of T4s/T5s

Donald B. Verbeke
PROFESSIONAL CORPORATION

Chartered Professional Accountant
Chartered Accountant
Certified Financial Planner

Terwillegar Gardens, Edmonton • don@verbeke.ca
Cell: 780.945.6190 • www.verbeke.ca

WE COME TO YOU!

NERDS2YOU
VIRUS REMOVAL & COMPUTER REPAIR

ONSITE COMPUTER REPAIR

Your on-site computer and network service specialists.
Virus removal, network setup, repairs and more.

587-772-NERD(6373)

FAST, FRIENDLY AND PROFESSIONAL
DEBIT, VISA AND MASTERCARD ACCEPTED
NERDS2YOU.CA

Need ONE More Reason to Join?

- 1 You don't have an up to date will
- 2 You don't understand the difference between a trust and a will
- 3 The CRA selects you for an audit
- 4 You need a letter written on your behalf by a lawyer
- 5 You receive a speeding ticket
- 6 You need a lawyer's advice on any matter

Call **LLOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!

LegalShield
1-877-579-9449

www.scubagearcanada.ca

Your Weekly Horoscope

ARIES
(March 20 - April 19)

You may find that your confidence is shaken during the middle of the week. Resolve to seek out the source of this feeling and make any emotional adjustments that are needed. Lucky numbers: 4, 5, 7, 12, 15, 18.

TAURUS
(April 20 - May 20)

Taurus-born usually value a stable and grounded environment in life. This desire may be supported over the next few weeks, particularly in communications with others. Lucky numbers: 1, 14, 27, 29, 32, 48.

GEMINI
(May 21 - June 20)

This week you may find an expanded optimism and that things easily go your way. How might you apply this energy to endeavours that align with your highest values? Lucky numbers: 3, 17, 25, 43, 44, 45.

CANCER
(June 21 - July 22)

At midweek, you may find yourself writing down ideas that suddenly come to you. Whether starting a book or recording random thoughts, don't overlook this opportunity. Lucky numbers: 10, 14, 15, 17, 23, 44.

LEO
(July 23 - Aug. 22)

You may find that your head and your heart are out of sync at week's end. Can you find a way to resolve this stalemate? If not, take a deep breath and wait a few days. Lucky numbers: 9, 10, 13, 28, 30, 34.

VIRGO
(Aug. 23 - Sept. 22)

Many Virgos have a natural attention to details. This skill may be heightened for the next few weeks. Others might seek your help with issues that require this skill set. Lucky numbers: 6, 14, 21, 22, 29, 35.

LIBRA
(Sept. 23 - Oct. 22)

Libra's tact and diplomacy are strengths in relationships with others. For the next few weeks, precise communication and knowing details of situations may be important. Lucky numbers: 13, 22, 27, 29, 41, 42.

SCORPIO
(Oct. 23 - Nov. 21)

Sometimes Scorpios have difficulty in effectively translating their intuitive insights to others. For the next few weeks, communicating this information may be easier for you. Lucky numbers: 2, 3, 8, 28, 42, 47.

SAGITTARIUS
(Nov. 22 - Dec. 21)

If you feel wanderlust early this week, stop for a moment before you pack your bags. Would travel truly provide satisfaction or is this feeling driven by something else? Lucky numbers: 7, 13, 17, 23, 28, 36.

CAPRICORN
(Dec. 22 - Jan. 19)

Is your desire for stability grounded in fear or in a desire to build a positive structure in your life? Answering this question may guide you in making any necessary adjustment. Lucky numbers: 8, 16, 18, 19, 30, 47.

AQUARIUS
(Jan. 20 - Feb. 18)

If tempers have been flying in your world lately, the end of the week may offer an opportunity to cool the situation. Your calm demeanour could aid this process. Lucky numbers: 15, 22, 24, 25, 29, 44.

PISCES
(Feb. 19 - March 20)

Are you running into obstacles in manifesting a dream or vision that is close to your heart? What adjustment in your view of the situation might make achieving it more likely? Lucky numbers: 5, 9, 23, 27, 29, 31.

Lucky numbers this week: This week's odds favour Gemini winners with the luckiest number being 17.

Did You Know...

Tongue tradition: In North American culture, sticking your tongue out at someone is considered rude. But in Tibetan culture, it's a way of greeting others and is a sign of respect or agreement, a tradition since the ninth century.

Beatle's bite: John Lennon's molar sold at auction in 2011 for just over \$31,000 (USD). Lennon, who died in 1980, had given his tooth to his housekeeper after a dentist visit and suggested she give it to her daughter, a Beatles fan.

Big shoes: Spider-Man walked up walls because he could. But scientists at Cambridge University (U.K.) have estimated that he would have needed unbelievably huge, sticky foot pads requiring size 114 shoes (U.S.)

Good sense: In the fourth century B.C.E., Aristotle identified the human senses of sight, hearing, smell, taste, and touch. Today, depending on the classifications, some scientists say we have as many as 33 senses, including the senses of balance and heat.

Handcrafted history: In the early 1500s in Paris, France, the first union of hand-knitters was established. Once the knitting machine was invented in the late 1500s, knitting by hand became more of a hobby than an occupation.

On the Lighter Side

Pat: "Does your teacher talk to herself?"
Matt: "Yes, but she thinks we're listening."

Knock! Knock! Who's there? Hugh. Hugh who? Well, hello there!

What can you hold without ever touching it? A conversation.

How do knights change channels? With a re-moat.

It's a small world, but I wouldn't want to vacuum it.

Answers

Trivia answers: 1. Barbados 2. Tadpole 3. P.L. Travers 4. Indra Gandhi 5. True

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

ELECTRICIAN FOR HIRE

Residential
Light Commercial
Electrical Repairs and Renovations

Art de Leon Master Electrician

780.932.3858 Cell
ajdeleon63@gmail.com

EDMONTON

CK's VAPES & PAPES

WE BURN THE COMPETITION

\$5 OFF
FIRST PURCHASE OF \$25 OR MORE

2723-182 St. SW Edmonton
Mon-Wed / 10-9
Thurs-Sat / 10-10
Sun / 10-9
Open on ALL holidays

cksvapes.ca

inogen

INOGEN® PORTABLE OXYGEN CONCENTRATORS

Call us toll-free at **1-888-998-6714**

30-DAY RISK-FREE TRIAL

www.inogen.com

Can't get to your Coffee News® each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.
Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

FAST, ACCURATE, CLEAN & FRIENDLY SERVICE

MILLWOODS Bottle Depot

2830 Parsons Road
(south extension of 99th St. above South Edmonton Common)

mybottledepot.ca

14 receiving stations to serve you REALLY FAST!

Mon - Sat 8:30 am - 7 pm
Sunday 10 am - 6 pm

BEST IN THE CITY!

RETIREMENT LIVING CHRISTENSON

Optional Meals • Personalized Services • On-site Care

Join Our Vibrant Community

DEVONSHIRE VILLAGE

Full Kitchens • Social & Recreation • U/G Parking

1728 Rabbit Hill Road, Edmonton

780-540-9500
CDLhomes.com

Are you a business owner/office manager? Have 3-20 employees in your office? Paying too much for your current phone system?

We can save you up to 50% off your current phone rates!

How? We offer:

- ✓ VOIP Solutions at a fraction of the traditional carrier cost
- ✓ Long distance rates that outcompete the competition

587.760.2800
zettatelecom.com

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS