

FREE!

New Issue Every Week!

Coffee News®

"News To Be Enjoyed Over Coffee"

Lethbridge City Center Edition
877-553-6937



www.coffee-news.ca

Vol. 2024 No. 40 September 30, 2024

Everybody's Talking

Magic hands: Shogo Yoshida, a hairdresser from Nagoya, Japan, turned a genetic condition that causes swollen fingertips into a unique advantage. Known as Bachi Yubi-san (Mr. Drumstick Fingers) on social media, he gained attention by sharing photos and videos of his distinctive hands. Diagnosed with pachydermoperiostosis, he faced ridicule, but over time embraced his condition. After an inspiring visit to a hair salon, he pursued a career in hairstyling despite the challenges his condition posed. His bulbous fingers became a signature trait, making him memorable and helping him excel, especially with his renowned head massages. He became a sought-after stylist, celebrated for his unique talent.

Furry frenzy: A mall in Shenzhen, China, became what was described as a "husky playground" when over 100 huskies escaped from a dog cafe. Haha Husky Cute Pets is a place where visitors can enjoy tea and play with the dogs, even buying dog treats to feed their new four-legged friends. When a gate was accidentally left open, the dogs took off out of the cafe and into the mall, playing, howling, and snatching snacks from surprised shoppers. They were corralled back into the store after about an hour, leaving behind amused and bemused onlookers. The incident highlighted both the charm and chaos of having so many playful pets in one place.

Towering ride: Two French biking enthusiasts set a Guinness World Record with a 7.77-metre-tall (25.5-ft.) rideable bicycle. Inspired by a casual conversation in 2019, they spent years planning and hundreds of hours constructing the bike using wood from discarded furniture, metal alloy, and steel. The pedals drive the wheels via a 16-metre (52.5-ft.) chain. To maintain balance, the bike must travel about 20 km/h (12 mph). Despite its size, the bike features standard wheels, a handlebar with brakes, and a saddle seven metres above ground. To prove its functionality, one of its designers rode unassisted for 100 metres (328 ft.) during a bicycle festival, securing their place in the record books.

Space junk: Barry Sawchuk, farming with his three sons on land northeast of Regina, Saskatchewan (Canada), is accustomed to occasionally finding stones in his fields. That's why he was so surprised to discover some highly unusual debris while checking moisture content prior to seeding. The debris resembled a burned piece of carbon fibre with aluminum attached. He also found a hydraulic cylinder. One of his sons did some research and concluded it was space debris. An astronomy professor at the University of Regina sent photos of the materials to an astrophysicist at Harvard University, who determined that what the farmer found likely came from a spacecraft during a recent descent back to Earth.

Quoteable Quotes

"If you avoid conflict to keep the peace, you start a war with yourself."
—Cheryl Richardson
"I always prefer to believe the best of everybody; it saves so much trouble."
—Rudyard Kipling

What's Happening

Ongoing - Game Night with Rise Above Mental Health and Community Support Last Saturday of each month at The Tab, 1805 9th Ave N Lethbridge AB. 5:30-8:30pm. Join us for games and connections. No admission charge. Contact us at riseabovelethbridge@gmail.com or find us on Facebook.

Non Profit Organizations may post their fundraising events in What's Happening for FREE! Visit www.coffee-news.ca to submit.

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package
*Coffee News Bucks
Over 150 participating sponsors!
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

Enter one of three ways:
1. Scan the QR code
2. Visit www.coffee-news.ca
3. Mail your entry*

*Mail your entry to: CN Guy Contest, 9768-170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. Where in the body is insulin produced?
2. Who wrote the opera The Pirates of Penzance?
3. Does candlepin bowling use balls with or without finger holes?
4. Where is the city of Batman?
5. A doctor uses an otoscope to examine your _____.

(Flip bottom of page for answers)

© Published with Permission by Lethbridge Coffee News

(Over)

This Space could be yours - 403-355-6316

THIS SPACE FOR RENT

OR SCAN HERE FOR MORE INFO



Call 403-355-6316

The Word of God among all nations

Accurate and trustworthy translations based on Hebrew Masoretic Text and Greek Textus Receptus.

Bibles available in English, Greek, Hebrew and many other languages, as well as cards, booklets, colouring and puzzle books.

10 - 320 41 Street S. Lethbridge Mon-Fri, 9 a.m. - 5 p.m. 403. 634. 3911

TBS TRINITARIAN BIBLE SOCIETY

www.tbsbibles.org/canada

GOT SOME FREE TIME?

VOLUNTEER WITH US!

For more information, stop by our store at 3001-32 Street S, Lethbridge, or call Sheila at 403-327-3199



MISSION THRIFT STORE

Save more than money!

CHINOOK ORAL & MAXILLOFACIAL SURGERY

Dr. Stephen Goth Dr. James Olsen
Certified Specialists

- Wisdom Teeth Extraction
- Dental Implants

Sedation & General Anesthesia available

#121, 200-4th Ave South, Lethbridge, AB • 587-425-1600

Just hatching a new business?

CHECK OUT **Coffee News®** ADVERTISING!

- People need to know about you!
- Reach thousands of local readers every single week
- Exclusive, affordable advertising

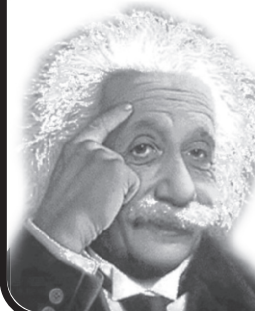
It's a crackin' good deal!

Happy Halloween

from your friends at **Coffee News®**

TEST YOUR MEMORY

After reading **Coffee News®**, put it aside for a moment. Then challenge yourself or a friend to remember as many ads as you can.



Your Score:
Less than 6 - Keep trying
7-10 - Getting better
11-15 - Excellent
16 or more - Genius!

Can't get to your **Coffee News®** each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.

Now you never have to miss your weekly dose of good news!



www.coffee-news.ca/editions

It's not just a generator. It's a power move.

Receive a free 7-year warranty with qualifying purchase* - valued at \$945.

Call 888-688-0973 to schedule your free quote!

GENERAC



www.scubagearcanada.ca

FOX DENTURE CLINIC AND IMPLANT CENTER

- Full & Partial Dentures
- Relines/Repairs
- Implant Supported Dentures
- Mouthguards • Night Guards

Satisfaction Guaranteed Since 1922

Brett J. Fox, DD, 4th Generation

See us at our NEW LOCATION

Free Consultation
403-327-6565

#30, 4012 - 4 Ave. South, Lethbridge

www.foxdentureclinic.ca

Need to talk?
988 is here for you. 24/7

Suicide & Crisis Helpline
Call or text: 9-8-8

Edmonton.CMHA.ca

inogen

CLAIM YOUR 14-DAY RISK-FREE TRIAL!

PORTABLE OXYGEN FOR YOUR ON-THE-GO LIFESTYLE

Call us toll-free at 1-888-998-6714

*14-day risk-free trial- Return within 30 days of purchase for a full refund of purchase price.
PM220469 EN, EX, USA | For Only © 2023 Inogen, Inc.
303 Corporate Drive, Golden, CO 80401
Inogen® is a trademark of Inogen, Inc. The usage of any Inogen, Inc. trademark is strictly forbidden without the prior consent of Inogen, Inc. All other trademarks are trademarks of their respective owners or holders.



If this was your ad...



it would have been seen now!

DO THE MATH!

If you advertise in a monthly publication, your ad is seen 12 times a year.
If you advertise in a bimonthly publication, your ad is seen 6 times a year.
If you advertise in **Coffee News®**, your ad is seen 52 times a year!
It takes the average person 8 - 10 times to see a message and retain it.
So, where would you want YOUR ad to be?

Coffee News® = Repetition

Served in restaurants and coffee shops from coast to coast...

Coffee News® is North America's choice for positive news from around the world!

Coffee News® is the world's number one restaurant publication, with distribution around the globe.



COMMUNITY FOUNDATION LETHBRIDGE + SOUTHWESTERN ALBERTA

Is giving through the Community Foundation right for you?

- 1 - Do you want to make a difference in your community?
- 2 - Do you give to more than one charitable cause?
- 3 - Are you interested in creating a personal or family legacy?
- 4 - Would you like to stay involved in the use of your gift?
- 5 - Are you interested in teaching your children about giving back?
- 6 - Do you want to receive a maximum tax benefit?

Learn how you can give your gift to your community!

Phone 403-328-5297 Online www.cftsa.ca Email office@cftsa.ca

Visit us on Facebook-CoffeeNewsWeekly

CASH FOR CARS

- ✓ Any Condition
- ✓ Any Year

Also pick up batteries, propane tanks, farm equipment, unwanted metals, etc.

AIRPORT PICK-A-PART

Tues-Fri, 12 - 6 p.m.
Saturday, 10 a.m. - 4 p.m.

403.308.1161 | www.airportpickapart.ca

ECONO BINS

12 yd bin rental

WE CAN REMOVE UNWANTED ITEMS FROM YOUR PROPERTY

- ✓ Vehicles
- ✓ Metal
- ✓ Lumber
- ✓ Yard Waste
- ✓ Buildings etc.

Demolition Available

Bin Rental **\$199** +tax (Dump fees extra)

Call Today **403-308-1161**

Shorter Delivery Times... BUYING DIRECT!

Residential & Commercial Applications
New, Renovations, Shops, Garages, Sheds

877-653-1556
chiefmtntrussco@gmail.com

Roof & Floor Trusses

Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**

SAFE STEP WALK-IN TUB

1-855-977-9805

With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445

FREE LIVE STREAMING COMING THIS FALL

visit yestv.com for details

Hi-Rigger TREE SERVICE

Tree removal, trimming, pruning, clean-up, and yard enhancement

ISA Certified Arborist
Certified Utility Arborist

Call 403.894.6495
Email: swenrigger@gmail.com

FREE ESTIMATES

"Serving Lethbridge, AB & Area"

Recipe of the month

One-Pot Chicken & Gnocchi

Ready in 30 minutes Yield: 6 servings

- 2 slices bacon, cut into ½ inch (1-cm) pieces
- 6 boneless, skinless chicken thighs (4 oz./125 g each)
- ¼ tsp (1 mL) salt
- 1/8 tsp (0.5 mL) black pepper
- 1 tbsp (15 mL) Pampered Chef Italian Seasoning Mix, divided
- 4 garlic cloves, pressed
- 2 cups (500 mL) 2% or whole milk
- 1 lb. (450 g) potato gnocchi
- 2 oz. (60 g) Parmesan cheese, finely grated (1 cup/250 mL)
- ½ cup (125 mL) frozen peas & corn

- Heat the Enamelled Cast Iron Skillet over medium-high heat for 2-3 minutes. Add the bacon and cook until crisp, 5-7 minutes, stirring occasionally. Remove the bacon with slotted spoon, set aside.
- Season the chicken with the salt, pepper, and 2 tsp (10 mL) Italian seasoning. Add the chicken to the skillet and cook, 5-7 minutes per side, or until the temperature reaches 165°F (74°C). Remove the chicken from the pan and set aside.
- Reduce the heat to medium, add the garlic, and cook until fragrant, 10-20 seconds. Add the milk, gnocchi, cheese, bacon, and remaining Italian seasoning. Bring to a boil, reduce the heat to medium, and cook, stirring frequently, until the milk has reduced slightly and started to thicken, about 3 minutes.
- Stir in the peas. Add chicken and cook on medium-low for an additional 3-5 minutes, or until sauce thickens slightly.

Sponsored by **Sarah Hooper The Kitchen Coach**
403.332.1511

Your Weekly Horoscope

ARIES (March 20 - April 19)

You and those of your opposite sign, Libra, are ending a year-long period in which the theme has been self vs. other. Have you grown beyond prioritizing just your own needs? Lucky numbers: 15, 17, 24, 31, 40, 41.

TAURUS (April 20 - May 20)

Taurus like to maintain stable environments in their lives, which could encourage you to ignore sensitive issues. But early this week, certain truths may be difficult to avoid. Lucky numbers: 7, 18, 19, 28, 39, 48.

GEMINI (May 21 - June 20)

Geminis can tend to live in their heads, avoiding the messy emotions of themselves and others. This week, perhaps try to incorporate more empathy and compassion. Lucky numbers: 6, 13, 22, 32, 39, 45.

CANCER (June 21 - July 22)

Try to keep "Discretion is the better part of valour" as your operative phrase this week. Ask yourself if you really should say what you are thinking right now. Lucky numbers: 14, 18, 32, 36, 41, 46.

LEO (July 23 - Aug. 22)

Do you feel this week that something that used to be central to your identity is slipping away? If so, don't hold on for dear life. Remember, when one door closes... Lucky numbers: 12, 15, 24, 28, 37, 38.

VIRGO (Aug. 23 - Sept. 22)

Have there been moments over the last year when you seemed to be on shifting sands? This may continue intermittently into 2025. The Universe may be encouraging flexibility. Lucky numbers: 2, 7, 22, 26, 40, 41.

LIBRA (Sept. 23 - Oct. 22)

You and those born in your opposite sign, Aries, are ending a year-long period with a theme of self vs. other. Are your needs now balanced with what others need, too? Lucky numbers: 10, 11, 13, 14, 32, 43.

SCORPIO (Oct. 23 - Nov. 21)

Are you looking for a new relationship or ways to improve your current one? Midweek may be a good time to develop a more authentic dialogue with the other person. Lucky numbers: 3, 7, 9, 19, 26, 46.

SAGITTARIUS (Nov. 22 - Dec. 21)

A continuing astrological pattern may enhance your friendly and optimistic nature. Did you take advantage of this energy yet? Try not to let this opportunity pass you by. Lucky numbers: 4, 7, 9, 21, 30, 39.

CAPRICORN (Dec. 22 - Jan. 19)

Your thoughts may be anxious or stressed this week. So carefully consider the impact on others of what you say, including on those who often count on your wise counsel. Lucky numbers: 1, 15, 24, 40, 43, 46.

AQUARIUS (Jan. 20 - Feb. 18)

This week may see a turning point of endings or beginnings for you. If so, understand it is part of your personal transformation, as Pluto shifts from Capricorn to Aquarius. Lucky numbers: 13, 18, 25, 28, 33, 40.

PISCES (Feb. 19 - March 20)

For the last year-plus you have been encouraged to develop more structure in your life. How is that progressing, and where might you need to make an adjustment now? Lucky numbers: 11, 16, 20, 24, 32, 34.

Lucky numbers this week: This week's odds favour Scorpio winners with the luckiest number being 7.

Did You Know...

Seasonal song: Although often associated with Christmas, "Frosty the Snowman" isn't technically a Christmas song. Recorded by Gene Autry and the Cass County Boys in 1950, the original lyrics contain no direct reference to Christmas.

Morning ritual: Skinny dipping was the norm for John Quincy Adams, the sixth president of the U.S. In warm weather, he would walk two miles to the Potomac River to swim in the nude, an activity that was more common in those days.

Blindness facts: Worldwide, up to 45 million people are without sight, and 135 million people have poor vision. The World Health Organization and International Agency for the Prevention of Blindness say about 80% of vision loss is preventable.

Durable dollars: Crane and Co. has been producing the paper for United States Federal Reserve currency since 1879. The paper is 25% linen and 75% cotton, which is meant to make the bills more difficult to tear.

Large country: At almost 3 million square miles (7.7 million sq. km) in area, Australia is the sixth largest country on Earth. Its land area represents about 5% of Earth's total land mass.

On the Lighter Side

Why did the chicken cross the road? To show the possum it could be done.

Our town got snow during a heat wave. They said it was a ice-olated incident.

I wrote a book about watchmaking. They said it's about time.

Earl: "Can you keep a secret?"
Pam: "Sure, but I don't know if the people I tell can, too."

Answers

Trivia answers: 1. Pancreas 2. Gilbert and Sullivan 3. Without 4. Turkey 5. Ear

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Lethbridge Coffee News

radiobingo

NORTHERN ALBERTA | SOUTHERN ALBERTA

CFWE | **CJWE**

Play Monday, Thursday & Saturday at 6 p.m.

GUARANTEED **\$10,000** ON SERIES 7 FULL CARD
2 GAMES GUARANTEED AT **\$25,000** PER MONTH

For more information, visit radiobingo.ca

Thank You

to all the distributors that display **Coffee News®**

We are proud to be partners with you in providing "News to enjoy over coffee!"

Interested in having us in your restaurant or coffee shop? Call us for availability in your area...

HERE WHEN YOU NEED US

When You Get Paid, We Get Paid

Braithwaite Boyle Injury Law

800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

1-800-440-8298

ALBERTA OWNED AND OPERATED FOR OVER 35 YEARS

Get Your Mowers & Garden Tools Ready for the Season

3145 - 34 St North (N.E. of Walmart N.)

Sharpening of: Hair Clippers, Scissors, Service for Lawn Mowers and Blades, Sales and Sharpening of Kitchen Knives, Chain Saw Chains and all Woodworking Tools

Faber Sharpening
"Giving You an Edge Since 1979"
(403) 381-3660
sales@fabersharping.ca

HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A

\$2,500 YEARLY TAX CREDIT
\$30,000 LUMP SUM REFUND

FOR EXPERT HELP:
1-844-453-5372

85% SUCCESS RATE!

Coffee News® is so popular... even our competitors read it!

Feeling a little STReSSed?

Relax with... **Coffee News**

"NEWS TO BE ENJOYED OVER COFFEE!"

Lethbridge HEARING CENTRE

- Locally Owned and Family Operated, FULL SERVICE HEARING CENTRE
- Latest Digital and Bluetooth Devices and Equipment
- Hearing Protection and Workplace Testing Available
- AADL, WCB, DVA, ASEBP Vender

Jake Boldt BC-HIS
Registered Hearing Aid Practitioner

#120, 2037 Mayor Magrath Dr S Lethbridge, AB T1K 2S2
403 320 6000
candice@lethbridgehearing.ca