

ROCKY MOUNTAIN HOUSE
K&C It's Time To **WIN** **TERIZE**

RV SERVICES

- Hail Repair Specialist
- RV, Stock & Cargo Trailers
- Recycling - Repair - Parts

Service Guaranteed

Kelly Burke
403-846-8164 | kcrvservice@gmail.com

Pruning & Tree Trimming
Hazard Tree Removal
Tree Climbing
Lot Clearing
Stump Grinding

Insured for commercial and residential work
Covered by WCB

INTEGRITREE

Our Service Is Rooted in Excellence

CALL NOW: 403.918.1317

Integritreeservices@gmail.com | Integritreeservices.ca

YOUR NEIGHBORHOOD FORD STORE

RAINBOW Ford

403-845-3673

Let's Get Social!

www.rainbowford.ca

Computer Issues? **CALL US!**

- Computer Refurbishing
- Service, Sales & Repair
- Virus Free Operating System

POWERS ENTERPRISES NETWORKS

Visit us at 5114 - 50 St. Eckville
403.746.0226 | www.powersenterprises.com

Something for everyone!

Cotton Candy, Popcorn, Ice Cream
Mini Donuts & Snacks
Coffee & Slushies

Roll's GROCERIES

5337-59 AVENUE, ROCKY
10 am - 11 pm Daily | 403.845.4577

YOUR CONVENIENCE STORE WITH MORE!

HIGH ELECTRIC BILLS?

PROUDLY SERVING CENTRAL ALBERTA

eco solar

Find out how much you can save today!
www.ecoasolar.ca | 1.855.748.6321

✓ New & Used Tires
✓ RV, ATV Tires & More
✓ Batteries

M-F 8 am - 5 pm

GT CIVIC TIRE

Facebook Ken Cinnamon civic234@telus.net
403-847-1072 / 4909-44 St. Rocky

FLAGS ★ FLAGS

Provincial
International
Military • Novelty
Flag Poles

5215-54 Avenue, Red Deer
403.340.0109 • cyrher@gmail.com

C & R ENDEAVORS LTD.

FREE! Coffee News

"News To Be Enjoyed Over Coffee!"

Rocky Mountain House/Nordegg/Caroline/Eckville/Leslieville Edition
403.304.4767

countrycoffeeneews@shaw.ca

Vol. #17 Edition 41
October 7, 2024

For advertising information, contact Veronica today.

Everybody's Talking

Sausage stop: While inserting money to get chocolate bars or chips from a vending machine might be familiar, if you happen to be in Germany, you also can get bratwurst and bockwurst sausages. These unusual vending machines have been around for a few years and are both popular and convenient, especially late at night when someone is craving a sausage. People who work late also appreciate the machines if grocery stores are closed by the time they have a chance to get food. Some of the machines even offer eggs, milk, produce, butter, and prepared sides like potato salad. The products are vacuum-sealed, and the machines are temperature-controlled to ensure safety.

Bee delay: You often hear of weather halting outdoor sports events, but this time it was buzzing bees that stopped the play. During a quarterfinal tennis match at the BNP Paribas Open in Indian Wells, California (U.S.), play was interrupted for nearly two hours. The players had to pause their game while a worker used a vacuum to remove bees that had swarmed onto the overhead camera. The unexpected delay provided an unusual spectacle for the audience, who watched as the court was carefully cleared of the insects. The players, who had been swatting away the bees, were fortunate that no one was stung.

Tourist trouble: Residents of Fujikawaguchiko (Japan), a town about 62 miles (100 km) west of Tokyo, were fed up with tourists who littered, trespassed, parked illegally, and broke other traffic rules. Tourists, eager to capture a perfect view of Mount Fuji, would flock to the town with their cameras, causing disruption. In response, the town installed a large, 66-foot (20-m) by 8-foot (2.5-m) mesh barrier to block the view of the snow-capped mountain. An official stated it was regrettable that it had come to this, adding that over-tourism is the biggest problem facing the iconic mountain. The measure aims to restore peace and order for the local community.

Ring recovered: A woman in Wales lost her engagement ring in 1970, while feeding hay to cattle on her family farm. She now has it back, thanks to a detectorist, which is someone who explores the ground with a metal detector. Marilyn Birch, a senior resident of Pontardawe in Neath-Port Talbot, described recovering the ring as an emotional reunion. All those years ago, she had retraced her steps in hopes of finding the ring, but to no avail. Recently, detectorist Keith Phillips obtained permission to search the land for treasures and found the ring buried about 8 inches (20 cm) deep in a field, a discovery that left its owner speechless.

Quoteable Quotes

"Reality itself is gorgeous. It is the plenum; the fullness of total joy."
~ Alan Watts

"The whole future lies in uncertainty: live immediately."
~ Seneca

What's Happening

Want an event, major attraction or sport publicized? E-mail countrycoffeeneews@shaw.ca, fax 403-864-4459 or phone 403-304-4767 to have it printed here at NO CHARGE!

Complimentary Financial Literacy Workshops at the Rocky Mountain House Library every Thursday until October 10, 6:30 p.m. Everyone is invited to attend! For more information, contact Wade Hayden at 780.906.3561.

Skate-A-Thon in support of Caroline Food Bank & Santas Anonymous will be held October 12. Pick up pledge forms at The Caroline Hub or email kurtbrowningcomplex@gmail.com. Questions? Call 403.722.3022.

Enter to win \$40 gift certificate awarded each month!

Identify the ad where the Coffee News Guy is hidden for your chance to win! Enter your name, address, and phone number, along with where you read Coffee News to...

Actual size of the hidden graphic:

Country Coffee News
37 Forest Dr.
Sylvan Lake, AB
T4S 1H4 or e-mail
countrycoffeeneews@shaw.ca

September's contest winner was R. Clark, who will receive a \$40 gift certificate from Sobeys after spotting the hidden Coffee News Guy while reading the publication at the Rocky Quick Lube. Congratulations!

Trivia

- The 1982 film *Conan the _____* starred Arnold Schwarzenegger and James Earl Jones.
- Sleeping Beauty fell asleep when she pricked her finger on a rose thorn - T/F?
- A pinocle deck has 26, 48, or 52 cards?
- What is the capital of Portugal?
- The "V" in the acronym ROYGBIV stands for what?

(Flip bottom of page for answers)

© Published with permission of Country Coffee News

(Over)

Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**

SAFE STEP WALK-IN TUB
1-866-472-4911

With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSL# 1082165 NBCH C0823995 C083444.

EASE OF USE CERTIFIED
MADE IN CANADA
BBB ACCREDITED
LIFETIME LIMITED WARRANTY

FINANCING AVAILABLE WITH APPROVED CREDIT

BRING THE FAMILY!
MEN'S | LADIES' | CHILDREN

Sylvan Lake **BARBER SHOP**

5008 - 50 (Main) St., Sylvan Lake

Sherry Thomas, Owner
403-887-4112

Mon-Fri, 9 am-5 pm | Sat, 9 am-4 pm | Walk-in Only

SENIORS' DISCOUNTS

Bachelor Suite - Rentals

- Fully Renovated Units
- Furnished & Unfurnished
- Utilities, TV, & Internet Included
- Laundry Room

RIDGEWOOD APARTMENTS

4940-49 Street
Rocky Mountain House

587-741-2703 | rental@213properties.ca

This Space Is Available

Book NOW to ensure a spot in upcoming issues

Call Veronica now at **403.304.4767**

JK Customs

- Hand Tooled Steel & Leather Work
- Kimperfections Crafts

403-896-5527 | jkcustoms.ca

THE M.E.L. SOCIETY
Medical Equipment Lending

Open Monday to Thursday
9:00am - 5:00pm

Contact Us:
403-845-7470
mel.society@telus.net
www.melsociety.ca
403-845-2194

Bay 2, 4907 - 44 Street Rocky Mountain House, AB
Box 2227 Rocky Mountain House, AB T4T 1B6

No Time for Laundry?
We've got you covered!

- Residential Wash & Fold Bags
- Coveralls ✓ Pick Up & Delivery
- Repairs & Alterations

MacCleaners
DRY CLEANING & LAUNDRY SERVICE

5109-49 Street, Rocky
Rhonda Nadeau 403.845.3900
Mon-Thurs, 9a.m.-5p.m.
Fri 9 a.m. - 4 p.m. | Closed Holidays

COMPUTER SALES & REPAIRS
 MANAGED IT SERVICES
 SOFTWARE DEVELOPMENT
 VIDEO SECURITY
 WEB DESIGN & HOSTING
 CUSTOM CABLING

ELEVATE YOUR BUSINESS WITH TRANSFORMATIONAL IT

HY-TEK COMPUTERS
 IT SPECIALISTS SINCE 1996

4920-51 Ave., Rocky | sales@hytekcomputers.com | www.sparksignal.net
 ☎ 403.845.4677 | www.hytekcomputers.com

Your Weekly Horoscope

ARIES

(March 20 – April 19)



Lots of energy swirls around you this week. You may be tempted to take an aggressive stand. But you might want to consider where forgiveness could serve you better. Lucky numbers: 10, 18, 25, 34, 42, 48.

TAURUS

(April 20 – May 20)



Did you pay attention to the hard truth that may have been revealed to you last week? This information could follow you, so you might want to address it now. Lucky numbers: 12, 14, 19, 34, 40, 42.

GEMINI

(May 21 – June 20)



You may be presented with many ideas and opportunities this week. Take time to sort through and evaluate them against your values and goals. But maybe wait to take action. Lucky numbers: 13, 14, 17, 27, 33, 45.

CANCER

(June 21 – July 22)



Cancers can be introverted by nature. But this week you may have a desire to expand your social circle and participate more fully. What might be the best way to manifest it? Lucky numbers: 9, 20, 25, 30, 40, 48.

LEO

(July 23 – Aug. 22)



Your thoughts and feelings might be out of sync for a few days at week's end. Can you reconcile this stalemate? If not, then waiting for this dynamic to pass may be best. Lucky numbers: 2, 4, 16, 17, 25, 39.

VIRGO

(Aug. 23 – Sept. 22)



Virgos often focus on precise facts and details. But sometimes, consider trying an intuitive leap of faith. The next few weeks may provide an opportunity to test this premise. Lucky numbers: 11, 25, 26, 28, 33, 40.

Lucky numbers this week: This week's odds favour Cancer winners, with the luckiest number being 30.

LIBRA

(Sept. 23 – Oct. 22)



Libras gravitate to beauty and may avoid the darker parts of their unconscious. At week's end, an opportunity may arise to unearth information that can help your development. Lucky numbers: 4, 7, 10, 13, 18, 40.

SCORPIO

(Oct. 23 – Nov. 21)



For the next few weeks, you may feel an urgency to blurt out whatever insights you have, no matter how dark, to others. Thinking before speaking could be important. Lucky numbers: 8, 11, 19, 36, 43, 46.

SAGITTARIUS

(Nov. 22 – Dec. 21)



You may feel the need to bust out of restrictions at the beginning of the week. Consider taking a time-out to analyze what changes you might truly need in your life. Lucky numbers: 1, 10, 14, 24, 32, 44.

CAPRICORN

(Dec. 22 – Jan. 19)



This may be a week of two steps forward and one step back. Though frustrating, you may want to consider postponing important discussions or decisions for a couple of weeks. Lucky numbers: 6, 8, 15, 32, 37, 41.

AQUARIUS

(Jan. 20 – Feb. 18)



Are you digging in your heels now because you have a strong feeling about something? Finding some detachment about the matter could help point the way to a solution. Lucky numbers: 7, 19, 32, 38, 41, 42.

PISCES

(Feb. 19 – March 20)



Are you experiencing an issue in a relationship now? Are there ways you could adjust your communication style to more clearly express your thoughts to the other party? Lucky numbers: 5, 15, 28, 38, 43, 48.

Hoping this school year will be better, is not a plan.

Sylvan Learning Tutoring
 2 hours per week.
 IS a plan.
 reddeersylvanlearning.ca

See website for specials.

K-12 Tutoring, Camps and kids' technology classes.

Sylvan Learning
 K3-311-4111

INSULATED SHOPS • MACHINE SHEDS • ACREAGES • EQUESTRIAN

GOODON INDUSTRIES LTD.
 LEASING OF FURT CHANGERS

1-800-665-0470 • GOODON.COM

LOCALLY Built.
 ALBERTA'S POST FRAME COMPANY

Skyline deSigns

TINT ETCH SIGNS GRAPHICS PAINT PROTECTION

HWY 11 ROCKY

403-845-7254

OPEN SATURDAYS, 49 WEEKS OF THE YEAR!

ROCKY MTN HOUSE FARMERS MARKET

at the R.L. Zengel V.C. Br. No. 08 of the Royal Canadian Legion

Summer Hours
 10 a.m. - 2 p.m.
 (Victoria Day Weekend - Thanksgiving Weekend)

Quick Lane
 TIRE & AUTO CENTRE

Now Carrying **Omnicraft**
 Quality Parts For All Makes & Models!

2-Year Unlimited Mileage Warranty!

Trust Omnicraft For All Mechanical Parts!
 • Brake Pads • Rotors
 • Filters • Starters
 • Alternators • More!

Rocky Quick Lane
 Tire & Auto Centre
 403-845-3673

RETIREMENT LIVING **CHRISTENSON**

Optional Meals • Personalized Services • On-site Care

Join Our Vibrant Community

The Ravines
 AT PARK AVENUE
 IN CREEKSIDE

Full Kitchens • Social & Recreation • Pet Friendly

5810-47th Ave, Rocky Mountain House
 403-596-9044
 CDLhomes.com

NOW AVAILABLE!

HAIR SALON CATEGORY

CONTACT **Coffee News**

TODAY at 403.304.4767 to reserve your EXCLUSIVE advertising space... before your competition does!

Donna's DENTAL HYGIENE CLINIC

SERVICES PROVIDED
 • Professional Teeth Cleaning
 • Dental X-Rays/Assessments

• We follow the current Dental Fee Guide
 • Referrals - No dentist on site

Dental Insurance Accepted

Call/Text 403.845.4901
 4528 D - 47 Ave., RMH | donnasdentalhygiene.ca

yes! TV

FREE LIVE STREAMING COMING THIS FALL

visit yes.tv for details

Award-Winning Service You Can Trust

Royal Glass

◆ Windshields ◆ Mirrors
 ◆ Window Tinting ◆ Shower Doors
 ◆ Residential Windows
 ◆ Commercial Storefronts

MON-FRI 8-5

WINNER
 SMALL BUSINESS OF THE YEAR

403.887.0190 Bay #1, #2 Erickson Crescent

Did You Know...

Space growth: Scientists have discovered that astronauts can grow taller in space. In fact, living in microgravity can increase their height by up to 3%. A man who is 6 feet tall (1.8 m) could gain 2 inches (5 cm) in height!

Avocado truth: You might not think of avocados as fruit, like apples or oranges. But biologically, that's exactly what they are because they contain seeds. Their unsaturated fats are a healthy benefit of eating them.

Frightening frog: The tiny 1-inch (2.5 cm) poison dart frog has enough poison to kill 20,000 mice. It safely stores toxins in its skin to fend off predators. The species have brightly coloured bodies and are native to Central and South America.

Fierce predator: The giant Allosaurus dinosaur, with its 8-inch (20.3-cm) claws and 70 teeth, could hunt prey easily by running at 21 miles (33 km) per hour. All those teeth meant it was built to eat meat.

Sound sensitivity: If you can't stand certain sounds that don't bother other people, you may have a condition called misophonia. It's when a person is emotionally affected by common sounds like eating or even breathing.

On the Lighter Side

Knock! Knock! Who's there? Ogre. Ogre who? I'm ogre here, come find me!

Why was the broom confused? It didn't know which witch was which.

Swimmers do pool-ups to get strong.

Our poodle is like one of the family, but which one?

Barber: "Your hair is getting thin."
 Customer: "Who wants fat hair?"

Answers

5. Violet
 Trivia answers: 1. Barbarian 2. False 3. 48 4. Lisbon

© Published with permission by Country Coffee News
 For available franchise opportunities, visit www.coffeenews.ca

(Over)

Experience **Discreet Power**

...Without Drawing Attention To Your Hearing Aid!

Signia Silk Charge & Go
 Smallest Rechargeable on the Market

\$3000 OFF
 PREMIUM AIDS

✓ Tinnitus Therapy & Testing
 ✓ Financing for Hearing Aids

EYES + EARS
 OPTICAL + HEARING CO.

403.871.2020 | www.eyesandearsclinic.ca
 eyesandearsrocky@outlook.com | Railway Plaza, Rocky Mtn. House
 Sylvan Lake 403.887.5073 Ponoka 403.790.2020 Lacombe 403.786.2020

Creating Smiles

WITH AN INNOVATIVE APPROACH

- Complete and Partial Dentures
- Implant Supported Dentures
- Same Day Repairs and Relines
- Direct Billing Available

SUNDRE Mikki Johnston-Phillips DD
DENTURE & IMPLANT CENTRE

403.638.2880 Bay 4, 306 Main Ave.
 sundredenturecentre@outlook.com

FREE CONSULTATION

TAY RIVER WILDERNESS RESORT

RV LOTS FOR SALE!

RV & ATV Resort West of Caroline, AB
 Located at the base of the Forestry Trunk Road

Introductory pricing from just \$39,900!

Quadding Hunting Fishing

www.tayriverresort.ca