

Affordable-Effective-Exclusive-CALL NOW!

**COLD SHOT**  
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

**PASSENGER & PARCEL SERVICES**

SHIP BY BUS  
GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: [www.coldshotca.com](http://www.coldshotca.com)  
Passenger Website: [www.coldshot.ca](http://www.coldshot.ca)

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

**WHY RENT ...when you can BUY?**

You may be financially ready – and don't even know!

Call George about *real solutions* to build equity:  
**780.982.4247**  
[www.georgevandewalle.com](http://www.georgevandewalle.com)

Each office independently owned and operated

**GEORGE VAN DE WALLE**

**UH-OH!**

**DON'T WORRY – We repair damage to leather, vinyl, plastic and fabric.**

**COLORGlo**  
NORTH EDMONTON

For a free estimate, call **780.239.7917**

AUTOMOTIVE | COMMERCIAL | RECREATIONAL | RESIDENTIAL

**The Dive Outfitters**  
Scuba Diving & Snorkeling  
**780.483.0044**  
11781-156 St., Edmonton  
[www.thediveoutfitters.ca](http://www.thediveoutfitters.ca)

**Learn to Scuba Dive!**  
Scan to start your course online today

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

**Wild Earth Bakery**  
780-651-7362

Located in the Enjoy Centre, Entrance 4 - 101 Riel Drive, St. Albert  
[www.wildearthbakery.com](http://www.wildearthbakery.com)

We've been around for a while and we've seen a lot over the years.  
The world keeps changing, but Wild Earth keeps baking.

ST. ALBERT SINGERS PRESENT

**An Afternoon With Santa**  
AND Pop-Up Christmas Market

Sat., November 23 | 12 - 5 p.m.

St. Albert Salvation Army  
165 Liberton Drive, St. Albert

Explore and shop the variety of treasures from local artisans. Children can visit Kids' Corner to take pictures with Santa™ and make holiday crafts. The family can then shop for unique handmade treasures and delicious treats! *Join us for a fun-filled afternoon!*

\*No photographer on site

Jennifer Miles, Agent  
125-15 Circle Dr  
St. Albert AB T8N 3Y7  
780-460-2279  
[www.jmilesinsurance.com](http://www.jmilesinsurance.com)

**Desjardins Insurance**

Desjardins Insurance refers to Certas Home and Auto Insurance Company, underwriter of automobile and property insurance or Desjardins Financial Security Life Assurance Company, underwriter of life insurance and living benefits products.  
Desjardins, Desjardins Insurance and related trademarks are trademarks of the Fédération des caisses Desjardins du Québec, used under licence.

**one bite technology**

Mac & PC Repair  
iPhone & iPad Repair  
Used/Refurb Device Sales

Call us today for expert 1-on-1 or in home tech support.

**2002 Tudor Glen, St. Albert**  
OneBiteTechnology.ca - 587-290-0200

**FREE!** **New Issue Every Week!**

**Coffee News®**  
"News To Be Enjoyed Over Coffee"

**St. Albert Edition**  
**780-220-6397**

[www.coffee-news.ca](http://www.coffee-news.ca)

Vol. 21 No. 41 October 7, 2024

**Everybody's Talking**

**Sausage stop:** While inserting money to get chocolate bars or chips from a vending machine might be familiar, if you happen to be in Germany, you also can get bratwurst and bockwurst sausages. These unusual vending machines have been around for a few years and are both popular and convenient, especially late at night when someone is craving a sausage. People who work late also appreciate the machines if grocery stores are closed by the time they have a chance to get food. Some of the machines even offer eggs, milk, produce, butter, and prepared sides like potato salad. The products are vacuum-sealed, and the machines are temperature-controlled to ensure safety.

**Bee delay:** You often hear of weather halting outdoor sports events, but this time it was buzzing bees that stopped the play. During a quarterfinal tennis match at the BNP Paribas Open in Indian Wells, California (U.S.), play was interrupted for nearly two hours. The players had to pause their game while a worker used a vacuum to remove bees that had swarmed onto the overhead camera. The unexpected delay provided an unusual spectacle for the audience, who watched as the court was carefully cleared of the insects. The players, who had been swatting away the bees, were fortunate that no one was stung.

**Tourist trouble:** Residents of Fujikawaguchiko (Japan), a town about 62 miles (100 km) west of Tokyo, were fed up with tourists who littered, trespassed, parked illegally, and broke other traffic rules. Tourists, eager to capture a perfect view of Mount Fuji, would flock to the town with their cameras, causing disruption. In response, the town installed a large, 66-foot (20-m) by 8-foot (2.5-m) mesh barrier to block the view of the snow-capped mountain. An official stated it was regrettable that it had come to this, adding that over-tourism is the biggest problem facing the iconic mountain. The measure aims to restore peace and order for the local community.

**Ring recovered:** A woman in Wales lost her engagement ring in 1970, while feeding hay to cattle on her family farm. She now has it back, thanks to a detectorist, which is someone who explores the ground with a metal detector. Marilyn Birch, a senior resident of Pontardawe in Neath-Port Talbot, described recovering the ring as an emotional reunion. All those years ago, she had retraced her steps in hopes of finding the ring, but to no avail. Recently, detectorist Keith Phillips obtained permission to search the land for treasures and found the ring buried about 8 inches (20 cm) deep in a field, a discovery that left its owner speechless.

**Quoteable Quotes**

"Reality itself is gorgeous. It is the plenum; the fullness of total joy."  
—Alan Watts

"The whole future lies in uncertainty: live immediately."  
—Seneca

**What's Happening**

**Nov 2 - CWL Craft Bake Sale Holy Family CWL Craft Bake Sale** 10:00 a.m.-2:00 p.m. at Holy Family Parish Hall, 75 Poirier Ave. Vendors selling a great variety of items. Also will have baked goods for sale. Raffle tickets for 3 great cash prizes and for vendors donated raffle items.

**Oct 19 - Shakers and Makers Quality Craft Market** 10740 19 Ave NW Edm. 9:30 am to 3 pm. Our sale features hundreds of unique, one-of-a-kind handcrafted items. A delicious array of home baked goodies, jams preserves will be available too. Visit Facebook EdmGrans for more info. \$2 cash admission.

**NON PROFIT organizations may submit fundraising events for FREE at [www.coffee-news.ca](http://www.coffee-news.ca). Please submit a minimum of 4 weeks in advance.**

**Hidden Coffee News Guy ADVENTURE**

Find the Coffee News Guy hidden in one of the ads, then enter to win!

**\$400\* Prize Package**  
\*Coffee News Bucks  
Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

Enter one of three ways:  
1. Scan the QR code  
2. Visit [www.coffee-news.ca](http://www.coffee-news.ca)  
3. Mail your entry\*

\*Mail your entry to: CN Guy Contest, 9768-170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

**Trivia**

1. The 1982 film Conan the \_\_\_\_\_ starred Arnold Schwarzenegger and James Earl Jones.
2. Sleeping Beauty fell asleep when she pricked her finger on a rose thorn—T/F?
3. A pinochle deck has 26, 48, or 52 cards?
4. What is the capital of Portugal?
5. The "V" in the acronym ROYGBIV stands for what?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)

**FREE QUOTES**

**STUMP GRINDING**

Quality, professional service at a reasonable rate  
Same day service in most cases  
Senior discount available

Nicholas Verklan - [nverklan@hotmail.com](mailto:nverklan@hotmail.com)

**780-938-5548**

Weekly • Bi-Weekly • Monthly • One-Time Cleaning

**We do one thing – Clean!**

Professional and personalized cleaning service:  
Residential & Commercial Cleaning  
Detail Cleaning • Basic Cleaning  
Move In/Move Out • New Construction

2024 WINNER  
Quality Rating Agency  
Business of 2023  
ThreeBest  
Call Lynn for a free quote: **780.721.6789**  
[www.youhaveitmaid.ca](http://www.youhaveitmaid.ca)

**THIS SPACE FOR RENT**

OR SCAN HERE FOR MORE INFO

**Call 780-220-6397**

**FOR ALL YOUR SEWER, PLUMBING, HEATING & GASFITTING NEEDS**

- Plumbing Repairs, Maintenance & Renovations
- Hot Water Tanks
- Plumbing Fixtures
- Furnace Install & Repair ...and more!

**ADG KABAN SEWER & DRAIN LTD.**  
Supporting and Servicing St. Albert and Surrounding Areas For Over 27 Years

Troy 780.498.6888 Cell. LICENSED • BONDED • INSURED  
**780.458.9778 | [www.adgplumbing.com](http://www.adgplumbing.com)**

**Everitt GARDENS**  
An OPTIMA LIVING Community

Let us welcome you home™  
**780-569-2273**  
[everittgardens.ca](http://everittgardens.ca)

Scan or call to book your visit

125 Everitt Drive North, St. Albert

Independent Senior Living  
Supportive Senior Living  
Private Memory Care

Present your St. Albert Coffee News and enjoy a **10% Discount** on your buy!

Did your last bra fitting fail to impress...?

Let us show you the **magic** of a great fitting bra!

Call now and book your fitting

**Romantic Notions Inc.**  
#30, 210 McLeod Ave., Spruce Grove  
780.962.4944 1.855.962.4944  
@romanticnotionsab  
romanticnotionsboutique

BRAS | PAJAMAS | ROBES | AND SO MUCH MORE!

Where your pet gets a vacation too!

**BlackPaws Pet Resort & RV Storage**

Why choose us for your dog boarding needs?

- Acres of play areas! • Group play all day!
- Large private indoor/outdoor rooms for each dog, or up to a family of 3!
- Management on-site 24/7

26106 Twp Rd 552, Sturgeon County  
**780.984.5718 | [blackpawspetresort.ca](http://blackpawspetresort.ca)**

Less dogs, more space... a tired dog is a good dog!

**Build Your Dream Kitchen**

- 20+ Yrs. in Business
- Local, Family Owned and Run Shop
- Competitive Pricing • Fast Delivery

West and South Edmonton locations

10454A Mayfield Road, Edmonton  
**COMFORT KITCHEN CABINETRY**  
Book Your Design Consultation: 780.885.6058

CALL FOR A FREE ESTIMATE

[www.scubagearcanada.ca](http://www.scubagearcanada.ca)



CANADA'S BRAND YOUR COMFORT

**NAPOLEON**



**GEMCO FIREPLACES**  
& WHOLESALE HEATING PRODUCTS

PH: 780-465-9719 9281-50 STREET, EDMONTON, AB  
WWW.GEMCOFIREPLACES.COM

Now accepting new patients!

**Green Grove DENTAL**

- Invisalign
- Sedation Options
- Same-Day Crowns
- Implants
- Financing Options
- Comfort Menu

**780.458.2178**  
Located by Drayden Insurance  
greengrovedentist.com

Google ★★★★★

PBM LAW ★ ALBERTA REAL ESTATE LAWYERS  
(PETER B MASON PROFESSIONAL CORP.)  
AN ASSOCIATION OF INDEPENDENT LAWYERS

866.888.1081 | www.pbmlaw.ca

**Real Estate Law**

Over 800 ★★★★★ Reviews!	Easy, Secure Remote Legal Signing	Exceptional Legal Services at Low Cost	Learn more at pbmlaw.ca: 
-------------------------------	-----------------------------------------------	-------------------------------------------------	--------------------------------------------------------------------------------------------------------------------

Wills | Enduring Power of Attorney | Personal Directive | Grants

**ESTATE Solutions**

SIMPLE AND AFFORDABLE

Stana Buist, Paralegal  
780-228-1255

estate-solutions@outlook.com | www.estate-solutions.ca

Can't get to your **Coffee News**® each week?

Check out our PDF editions online!  
New editions are posted every Monday

Sign up here to receive email notifications of new editions.  
Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

WE COME TO YOU - HOME, OFFICE, COFFEE SHOP OR VIRTUALLY!

I HAVE BEEN DOING TAX RETURNS SINCE 1985

Personal Tax Returns • Corporate Tax Returns  
GST Returns • Preparation of T4s/T5s

**D:V** Donald B. Verbeke  
PROFESSIONAL CORPORATION

CPA CHARTERED PROFESSIONAL ACCOUNTANT  
CHARTERED ACCOUNTANT  
CERTIFIED FINANCIAL PLANNER

Lacombe Park Estates - St. Albert • don@verbeke.ca  
Cell: 780.945.6190 • www.verbeke.ca

**HERE WHEN YOU NEED US**  
When You Get Paid, We Get Paid

**Braithwaite Boyle Injury Law** 800-440-8298

It's The Only Law We Do - Since 1986  
Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary  
**1-800-440-8298**  
ALBERTA OWNED AND OPERATED FOR OVER 35 YEARS

Love **Coffee News**®?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to [contests@coffee-news.ca](mailto:contests@coffee-news.ca)  
Please put "Readers" in the subject line.


Please include:  
• Your name • Your phone number  
• Your address  
so that we can send you some cool prizes  
if your photo is chosen to appear in the paper!

**Readers of the Month**  
Todd & Julia Lewis from Ponoka


**Coffee News**® Fun Reading. Serious Advertising.

# Your Weekly Horoscope


**ARIES**  
(March 20 - April 19)

 Lots of energy swirls around you this week. You may be tempted to take an aggressive stand. But you might want to consider where forgiveness could serve you better. Lucky numbers: 10, 18, 25, 34, 42, 48.


**TAURUS**  
(April 20 - May 20)

 Did you pay attention to the hard truth that may have been revealed to you last week? This information could follow you, so you might want to address it now. Lucky numbers: 12, 14, 19, 34, 40, 42.


**GEMINI**  
(May 21 - June 20)

 You may be presented with many ideas and opportunities this week. Take time to sort through and evaluate them against your values and goals. But maybe wait to take action. Lucky numbers: 13, 14, 17, 27, 33, 45.

**CANCER**  
(June 21 - July 22)

 Cancers can be introverted by nature. But this week you may have a desire to expand your social circle and participate more fully. What might be the best way to manifest it? Lucky numbers: 9, 20, 25, 30, 40, 48.


**LEO**  
(July 23 - Aug. 22)

 Your thoughts and feelings might be out of sync for a few days at week's end. Can you reconcile this stalemate? If not, then waiting for this dynamic to pass may be best. Lucky numbers: 2, 4, 16, 17, 25, 39.


**VIRGO**  
(Aug. 23 - Sept. 22)

 Virgos often focus on precise facts and details. But sometimes, consider trying an intuitive leap of faith. The next few weeks may provide an opportunity to test this premise. Lucky numbers: 11, 25, 26, 28, 33, 40.


**LIBRA**  
(Sept. 23 - Oct. 22)

 Libras gravitate to beauty and may avoid the darker parts of their unconscious. At week's end, an opportunity may arise to unearth information that can help your development. Lucky numbers: 4, 7, 10, 13, 18, 40.

**SCORPIO**  
(Oct. 23 - Nov. 21)

 For the next few weeks, you may feel an urgency to blurt out whatever insights you have, no matter how dark, to others. Thinking before speaking could be important. Lucky numbers: 8, 11, 19, 36, 43, 46.


**SAGITTARIUS**  
(Nov. 22 - Dec. 21)

 You may feel the need to bust out of restrictions at the beginning of the week. Consider taking a time-out to analyze what changes you might truly need in your life. Lucky numbers: 1, 10, 14, 24, 32, 44.


**CAPRICORN**  
(Dec. 22 - Jan. 19)

 This may be a week of two steps forward and one step back. Though frustrating, you may want to consider postponing important discussions or decisions for a couple of weeks. Lucky numbers: 6, 8, 15, 32, 37, 41.

**AQUARIUS**  
(Jan. 20 - Feb. 18)

 Are you digging in your heels now because you have a strong feeling about something? Finding some detachment about the matter could help point the way to a solution. Lucky numbers: 7, 19, 32, 38, 41, 42.

**PISCES**  
(Feb. 19 - March 20)

 Are you experiencing an issue in a relationship now? Are there ways you could adjust your communication style to more clearly express your thoughts to the other party? Lucky numbers: 5, 15, 28, 38, 43, 48.

Lucky numbers this week: This week's odds favour Cancer winners with the luckiest number being 30.

## Did You Know...

**Space growth:** Scientists have discovered that astronauts can grow taller in space. In fact, living in microgravity can increase their height by up to 3%. A man who is 6 feet tall (1.8 m) could gain 2 inches (5 cm) in height!

**Avocado truth:** You might not think of avocados as fruit, like apples or oranges. But biologically, that's exactly what they are because they contain seeds. Their unsaturated fats are a healthy benefit of eating them.

**Frightening frog:** The tiny 1-inch (2.5 cm) poison dart frog has enough poison to kill 20,000 mice. It safely stores toxins in its skin to fend off predators. The species have brightly coloured bodies and are native to Central and South America.

**Fierce predator:** The giant Allosaurus dinosaur, with its 8-inch (20.3-cm) claws and 70 teeth, could hunt prey easily by running at 21 miles (33 km) per hour. All those teeth meant it was built to eat meat.

**Sound sensitivity:** If you can't stand certain sounds that don't bother other people, you may have a condition called misophonia. It's when a person is emotionally affected by common sounds like eating or even breathing.

## On the Lighter Side

Knock! Knock! *Who's there? Ogre. Ogre who? I'm ogre here, come find me!*

Why was the broom confused? It didn't know which witch was which.

Swimmers do pool-ups to get strong.

Our poodle is like one of the family, but which one?

Barber: "Your hair is getting thin."  
Customer: "Who wants fat hair?"

## Answers

**Trivia answers:** 1. Barbarian 2. False 3. 48 4. Lisbon 5. Violet

For available franchise opportunities - visit [coffeenewscanada.com](http://coffeenewscanada.com)  
© Published with Permission by Capital Marketing Ltd

you've come to the right spot

Experience friendly, professional wax services in our clean and welcoming studios

100% gender-inclusive

**buff WAX SPOT**

Edmonton  
13326-137 Avenue NW  
**780-457-WAXD (9293)**

Tuesday - Friday  
9 a.m. - 8 p.m.  
Saturday  
9 a.m. - 5 p.m.  
Sunday + Monday  
Closed

Time, distance or mobility keeping you from visiting your loved one's gravesite?

**Personalized care for when you can't be there**

- Headstone Cleaning
- Monument Cleaning
- Flower Delivery
- Landscaping Maintenance

*Always Remembered*  
Gravesite Cleaning and Maintenance

CALL FOR A FREE QUOTE:  
**780.217.7164**  
alwaysrememberedab.ca

the **MAKERS** keep

FIND US IN THE ST. ALBERT CENTRE!

A local collective boutique with over 350 vendors from all across Alberta!

@tmkshewoodpark  
@themakerskeep

www.themakerskeep.com

**barterpay**

Tom Halapatz  
587-407-1584

Bonnie Ell  
587-404-8989

→ barterpay.ca

**OVER STOCKED?**  
You can Barter that!  
Turn what you have into what you need, without using money  
ASK US HOW!

STOP STREAMING!  
**IT'S FUNNIER LIVE**  
AT THE COMIC STRIP  
BOURBON STREET, WEST EDMONTON MALL

PURCHASE TICKETS ONLINE AT  
**thecomicstrip.ca**

Rick Bronson's  
**THE COMIC STRIP**  
DRINK • DINE • LAUGH

If you require assistance or information regarding government issues, please contact my office

**Dale Nally, MLA**  
MORINVILLE - ST. ALBERT

780-572-6161  
Morinville.Stalbert@assembly.ab.ca

Transform Your Outdoor Space!

**Terrascape**  
Landscaping & Maintenance

- Installation, Repairs & Improvements • Paving Stones
- Retaining Walls • Rocks & Wood Mulch • Flower Beds • Sod
- Grounds Maintenance • Seasonal Clean Ups • Snow Removal

587.501.7155 | www.TerrascapeLandscaping.ca

Not sure what your marketing needs are?

Frontline web consulting  
(780) 760-6922  
frontline@frontline.ca

SCAN ME

Transform your business today with our Elite Pro Marketing Package!

Get a whole digital marketing team of specialists on your side.

Contact us for a FREE consultation today!