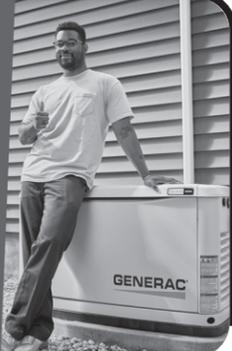


It's not just a generator. It's a power move.
 Receive a free 7-year warranty with qualifying purchase* - valued at \$945.
 Call 888-688-0973 to schedule your free quote!



GENERAC

GOT SOME FREE TIME? VOLUNTEER WITH US!



MISSION THRIFT STORE
 Save more than money!

For more information, stop by our store at 3001-32 Street S, Lethbridge, or call Sheila at 403-327-3199

radiobingo

NORTHERN ALBERTA | SOUTHERN ALBERTA
CFWE | **CJWE**

Play Monday, Thursday & Saturday at 6 p.m.

GUARANTEED \$10,000 ON SERIES 7 FULL CARD
2 GAMES GUARANTEED AT \$25,000 PER MONTH

For more information, visit radiobingo.ca

Tree removal, trimming, pruning, clean-up, and yard enhancement

ISA Certified Arborist
 Certified Utility Arborist

Call 403.894.6495
 Email: swenrigger@gmail.com

Hi-Rigger TREE SERVICE
 FREE ESTIMATES

"Serving Lethbridge, AB & Area"

Scan here for your chance to WIN our 50/50

...and support our Centre!



CHINOOK CHILD AND YOUTH ADVOCACY CENTRE
CHINOOK SEXUAL ASSAULT CENTRE

Immigration Challenges? We're Here To Help

Whether you're facing complex immigration issues or need help with the Temporary Foreign Worker Program (TFWP), Mark Holthe and his team are ready to help.

Express Entry
 • Work Permits and the TFWP
 • Study Permits
 • Appeals and Complicated Legal Matters



Holthe Immigration Law

BOOK YOUR CONSULTATION TODAY:
holthelaw.com/consultation

CHINOOK
 ORAL & MAXILLOFACIAL SURGERY

Dr. Stephen Goth | Dr. James Olsen
 Certified Specialists

- Wisdom Teeth Extraction
- Dental Implants

Sedation & General Anesthesia available

#121, 200-4th Ave South, Lethbridge, AB • 587-425-1600

Lethbridge HEARING CENTRE

Candice Elliott-Boldt
 BC-HIS
 Registered Hearing Aid Practitioner

FULL SERVICE HEARING CENTRE

- Offering the latest digital and Bluetooth devices and equipment
- Hearing protection and workplace testing available
- AADL, WCB, DVA, ASEBP Vendor

Family Owned and Family Operated

#120, 2037 Mayor Magrath Dr. S, Lethbridge
 403.320.6000 | candice@lethbridgehearing.ca

FREE! **New Issue Every Week!**

Coffee News[®]
 "News To Be Enjoyed Over Coffee"

Lethbridge City Center Edition
877-553-6937



www.coffee-news.ca Est. 1988

Vol. 2024 No. 43 October 21, 2024

Everybody's Talking

Bird blockade: Trains traveling between the English centres of Brighton and London were delayed for at least 90 minutes for an unusual reason: a baby herring gull on the tracks needed to be removed. Officials turned off the power to the track during the removal process. Herring gulls are a common sight in the seaside town of Brighton, but they are on the red list compiled by the Birds of Conservation Concern, due to their declining population numbers. The incident initially led many to believe the reason for the train delays was a joke. The delayed passengers, though inconvenienced, were relieved to learn that the young bird was safely rescued and was unharmed.

Madonna superfan: Tara Berry, a dedicated Madonna fan, holds the Guinness World Record for the most tattoos of the same musician on the body, proudly displaying 18 portraits of the iconic singer. Her tattoo journey began in 2016 when Madonna sought out fans with tattoos of her image for a video. Inspired, Berry started with two tattoos, and then her collection rapidly expanded. She was motivated to surpass Nikki Paterson's record of 15 Eminem tattoos, leading her to invest nearly \$10,000 (USD) and 110 hours over six months. Despite her mother's shock, Berry's friends admired the artistic tribute. Her tattoos capture Madonna's memorable moments from the singer's worldwide career.

Alpaca escape: A herd of alpacas executed a daring escape plan, causing havoc on a highway near Cambridge, England. The animals had broken free from a local farm and were obstructing traffic on the busy road. Although police were called to the scene, by the time they arrived, the alpacas had been safely corralled back into their fenced field by the farmer. Motorists captured footage that showed the curious alpacas gazing at drivers, seemingly intrigued by the commotion they were unaware that they had caused. Meanwhile, some of the animals were happily munching on grass by the roadside, which added a touch of charm to the unexpected traffic jam.

Lucky lady: If you believe that good luck comes in pairs, then Christine Wilson is proof of that theory. The woman from Attleborough, Massachusetts (U.S.), won the lottery twice. The first time, she won \$1 million (USD) and she used some of her windfall to buy a car. Then, 10 weeks later, the lucky lady won another cool million dollars. In both cases, she had opted to receive her winnings as one-time payouts. Wilson earned her first lottery win by buying a \$50 ticket, and then she bought a \$10 instant ticket, which brought her the second big win. She said she plans to put her second windfall into savings.

Quoteable Quotes

"A lily or a rose never pretends, and its beauty is that it is what it is."
 —Jiddu Krishnamurti

"Look closely. The beautiful may be small."
 —Immanuel Kant

What's Happening

Oct 26 - Bowling Fundraiser for Chinook Child and Youth Advocacy Centre Drop in at Galaxy Bowling and Pizza from 2pm to 6pm for blacklight bowling and a silent auction. All proceeds support the Chinook Child and Youth Advocacy Centre. For more info visit Chinook Sexual Assault Centre on Facebook

Nov 7 - Pearl Paradise: 3rd Annual Wine and Cheese Fundraiser Family Centre is celebrating 30 years of supporting children, youth and families in our community with live music, a silent auction and much more! Don't miss out on this opportunity to support Family Centre programs and services. More info at famcentre.ca

Non Profit Organizations may post their fundraising events in What's Happening for FREE! Visit www.coffee-news.ca to submit.

Hidden Coffee News Guy ADVENTURE

Enter one of three ways:
 1. Scan the QR code
 2. Visit www.coffee-news.ca
 3. Mail your entry*

Find the Coffee News Guy hidden in one of the ads, then enter to win!
\$400* Prize Package
*Coffee News Bucks
 Over 150 participating sponsors!
 4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries



*Mail your entry to: CN Guy Contest, 9768-170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

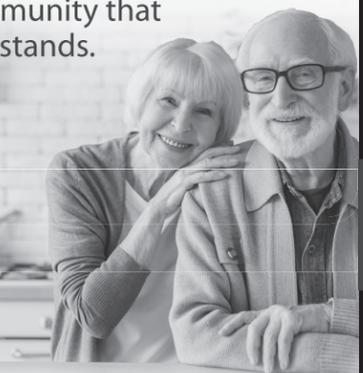
1. What kind of food is gazpacho?
2. If a carnivore eats meat, what is a frugivore?
3. This is the easternmost city in the U.S.
4. What is a female rabbit called?
5. How many years are in an undecennial—9, 11, or 20?

(Flip bottom of page for answers)

© Published with Permission by Lethbridge Coffee News

(Over)

Reach out to us for free dementia-friendly guidance, resources, and a community that understands.



Alzheimer Society
 ALBERTA AND NORTHWEST TERRITORIES

Contact us today at 1-866-950-5465 or visit alzheimer.ab.ca to learn more.

THIS SPACE FOR RENT

OR SCAN HERE FOR MORE INFO



Call 403-355-6316

HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A
\$2,500 YEARLY TAX CREDIT
\$30,000 LUMP SUM REFUND

85% SUCCESS RATE!

COPD, arthritis, and many other disabling conditions that cause Restrictions in Walking or Dressing may qualify.

FOR EXPERT HELP:
1-844-453-5372



BREAKFAST WITH **KIERSTYN & COLE**

KISS 107.7



FOX DENTURE CLINIC AND IMPLANT CENTER

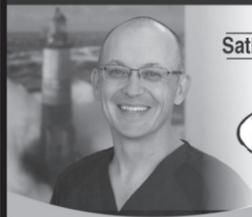
- Full & Partial Dentures
- Relines/Repairs
- Implant Supported Dentures
- Mouthguards • Night Guards

Satisfaction Guaranteed Since 1922

Brett J. Fox, DD, 4th Generation

See us at our NEW LOCATION

Free Consultation
403-327-6565
 #30, 4012 - 4 Ave. South, Lethbridge
www.foxdentureclinic.ca



ECONO BINS
 12 yd bin rental

WE CAN REMOVE UNWANTED ITEMS FROM YOUR PROPERTY

- ✓ Vehicles
- ✓ Metal
- ✓ Lumber
- ✓ Yard Waste
- ✓ Buildings etc.

Demolition Available

Bin Rental
\$199 +tax
 (Dump fees extra)

Call Today
403-308-1161



Get Your Mowers & Garden Tools Ready for the Season

3145 - 34 St North (N.E. of Walmart N.)

Sharpening of: Hair Clippers, Scissors, Service for Lawn Mowers and Blades, Sales and Sharpening of Kitchen Knives, Chain Saw Chains and all Woodworking Tools

Faber Sharpening
 "Giving You an Edge Since 1979"
(403) 381-3660
sales@fabersharpending.ca



Ability
bottle depot

Mon-Sat, 9 a.m. - 5 p.m.

1610-29 St N & 2915-32 St S
Lethbridge

Need to talk?
988 is here for you. 24/7

Suicide & Crisis Helpline
Call or text: 9-8-8

Edmonton.CMHA.ca

Recipe of the month

Pumpkin Pie à la Easy

2/3 cup (150 mL) all-purpose flour	1 can (15 oz./425 g) solid pack pumpkin
1/3 cup (75 mL) quick or old-fashioned oats	1 can (14 oz./397 g) sweetened condensed milk (not evaporated milk)
1/4 cup (60 mL) packed brown sugar	2 tsp (10 mL) pumpkin pie spice
1/4 cup (60 mL) pecans, chopped	1/2 tsp (2 mL) salt
1/3 cup (75 mL) butter, melted	Optional topping: whipped cream and pecan halves
2 eggs (room temp)	

- Preheat oven to 325°F. In mixing bowl combine flour, oats, brown sugar and pecans. Add melted butter and mix well. Press mixture onto bottom of 8" (20-cm) Brilliance Nonstick Square Pan. Bake 15 minutes or until edges begin to brown.
- Meanwhile, lightly beat eggs in a large mixing bowl. Add pumpkin, sweetened condensed milk, pumpkin pie spice and salt; whisk until smooth. Pour over crust. Bake 45-50 minutes or until filling is set and knife inserted in centre comes out clean. Let cool at room temperature.
- Garnish with whipped cream using Whipped Cream Maker & Decorator. Garnish with pecan halves, if desired. Refrigerate any leftover pie squares.

Sponsored by **Sarah Hooper**
The Kitchen Coach
403.332.1511

Deaf & Hear Alberta Social Support for Seniors

A free, volunteer-led program that supports isolated Deaf and hard-of-hearing seniors (55+) through peer mentoring, technology coaching, and more!

Volunteers required! For more information, call Leslie at 403.284.6208

NICKLE FAMILY FOUNDATION
Canada

www.deafandhearalberta.ca

Shorter Delivery Times... BUYING DIRECT!

Residential & Commercial Applications
New, Renovations, Shops, Garages, Sheds

877-653-1556
chiefmtntrussco@gmail.com

Roof & Floor Trusses

CASH FOR CARS

✓ Any Condition
✓ Any Year

Also pick up batteries, propane tanks, farm equipment, unwanted metals, etc.

AIRPORT PICK-A-PART
403.308.1161 | www.airportpickapart.ca

Tues-Fri, 12 - 6 p.m.
Saturday, 10 a.m. - 4 p.m.

Can't get to your **Coffee News** each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.
Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

Your Weekly Horoscope

ARIES
(March 20 - April 19)

Important information may emerge from your unconscious at the end of the week. Pay attention to it because it might help you find a new solution to an old issue. Lucky numbers: 2, 4, 14, 30, 40, 45.

TAURUS
(April 20 - May 20)

Surprises may abound for you as the week begins. The Taurus-born generally are not fond of change, but going with the flow right now may be in your best interests. Lucky numbers: 7, 13, 14, 21, 31, 48.

GEMINI
(May 21 - June 20)

Do you feel your confidence is being shaken now? What adjustment might allow you to express your authentic self? To do so, you may need to push past your fear. Lucky numbers: 4, 6, 10, 13, 19, 23.

CANCER
(June 21 - July 22)

You may feel the desire to retreat for a few days this week. If that's possible, honouring this need and decompressing from your daily routine might be helpful to you. Lucky numbers: 8, 12, 30, 38, 39, 41.

LEO
(July 23 - Aug. 22)

A desire for having fun may continue this week. If possible, try to accommodate this, if you haven't done so yet. If you have, is now the time to get back to work? Lucky numbers: 1, 5, 27, 28, 39, 48.

VIRGO
(Aug. 23 - Sept. 22)

This weekend may be a good time to tackle something that needs to be organized. This could be anything from a closet to thoughts that are running around in your head. Lucky numbers: 9, 15, 20, 33, 38, 45.

LIBRA
(Sept. 23 - Oct. 22)

The week may offer an opportunity to unearth information from the depths of your unconscious mind. This process is intended to serve your spiritual development. Lucky numbers: 11, 15, 33, 37, 40, 48.

SCORPIO
(Oct. 23 - Nov. 21)

If you set goals at the time of your birthday last year, how well did you succeed at them? This month may be a good time to establish new ones for the next year. Lucky numbers: 12, 13, 15, 17, 19, 26.

SAGITTARIUS
(Nov. 22 - Dec. 21)

The eternal optimism of Sagittarius may want to ignore the hard truth of a situation in their life. Right now, though, you may be given opportunities to finally face it. Lucky numbers: 14, 16, 19, 28, 39, 45.

CAPRICORN
(Dec. 22 - Jan. 19)

If you are in conflict with yourself or someone else this week, step back and take a deep breath. Ask yourself what this dynamic might be trying to tell you right now. Lucky numbers: 10, 13, 22, 23, 31, 40.

AQUARIUS
(Jan. 20 - Feb. 18)

Are you experiencing a conflict with someone in a position of authority? Think carefully about whether your position is correct or the other person has a valid argument. Lucky numbers: 1, 10, 15, 22, 37, 41.

PISCES
(Feb. 19 - March 20)

Organization is generally not a Pisces strong suit. At the beginning of this week, the energy supports catching up on your outstanding tasks, so take advantage of it. Lucky numbers: 3, 10, 17, 20, 35, 46.

Lucky numbers this week: This week's odds favour Taurus winners with the luckiest number being 21.

Did You Know...

Pocket watch: The small pocket inside the right side pocket of blue jeans is called a watch pocket. When Levi Strauss designed the trousers back in the late 1800s, men used pocket watches and could safely store them there.

Clay comforts: Baby pacifiers have been around for at least 3,000 years. They once were made of all sorts of materials that neither parents nor pediatricians would recommend today, such as clay, silver, and coral.

Loonie legacy: In Canada, the one-dollar coin, which replaced the paper bill in 1987, quickly gained the nickname "loonie" because it has a loon on the coin's reverse side. The image was created by wildlife artist Robert-Ralph Carmichael.

Presidential whiskey: After his tenure as U.S. president from 1789 to 1797, George Washington operated a highly lucrative whiskey distillery on his farm in Mount Vernon, Virginia. Today, staff continue to produce this historic whiskey.

Same birthday: Unless you were born on February 29, you are sharing your birthday with a lot of people around the globe: around 20 million people! If you are a Leap Year baby, then you share your special day with about 5 million people.

On the Lighter Side

One day the office computers broke down. Everyone had to think.

Doctor: "How is the patient who swallowed the coins?"
Nurse: "No change yet."

Knock! Knock! Who's there? Quiche. Quiche who? Want a hug and quiche?

What goes around the yard but stays in place? A fence.

The tree was glad when fall and winter passed. In fact, it was re-leafed.

Answers

Trivia answers: 1. Soup 2. Fruit eater 3. Eastport, Maine 4. Doe 5. 11

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Lethbridge Coffee News

inogen

CLAIM YOUR 14-DAY RISK-FREE TRIAL!

PORTABLE OXYGEN FOR YOUR ON-THE-GO LIFESTYLE

Call us toll-free at **1-888-998-6714**

*14-day risk-free trial: Return within 30 days of purchase for a full refund of purchase price.
PM220469 EN_EX_USA | Rx Only © 2023 Inogen, Inc.
303 Coonman Drive, Goleta, CA 91317
Inogen® is a trademark of Inogen, Inc. The usage of any Inogen, Inc. trademark is strictly forbidden without the prior consent of Inogen, Inc. All other trademarks are trademarks of their respective owners or holders.

260+ Wines
PLUS A VARIETY OF SPIRITS

Brand New
LOCALLY OWNED
FULLY RENOVATED LIQUOR STORE

SAVERS
Liquor

Cold beer, seltzers, coolers, ciders, non-alcoholic and mixes

1992-13 Ave. North
in the old KFC building across from Nordbridge Senior Centre

COMMUNITY FOUNDATION
LETHBRIDGE + SOUTHWESTERN ALBERTA

Is giving through the Community Foundation right for you?

- Do you want to make a difference in your community?
- Do you give to more than one charitable cause?
- Are you interested in creating a personal or family legacy?
- Would you like to stay involved in the use of your gift?
- Are you interested in teaching your children about giving back?
- Do you want to receive a maximum tax benefit?

Learn how you can give your gift to your community!

Phone 403-328-5297 Online www.cftsa.ca Email office@cftsa.ca

yes tv

FREE LIVE STREAMING COMING THIS FALL
visit yes.tv for details

The Word of God among all nations

Accurate and trustworthy translations based on Hebrew Masoretic Text and Greek Textus Receptus.

Bibles available in English, Greek, Hebrew and many other languages, as well as cards, booklets, colouring and puzzle books.

10 - 320 41 Street S. Lethbridge
Mon-Fri, 9 a.m. - 5 p.m.
403. 634. 3911

TBS TRINITARIAN BIBLE SOCIETY
www.tbsbibles.org/canada

HERE WHEN YOU NEED US
When You Get Paid, We Get Paid

Braithwaite Boyle Injury Law 800-440-8298

It's The Only Law We Do - Since 1986
Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary
1-800-440-8298
ALBERTA OWNED AND OPERATED FOR OVER 35 YEARS

Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**

SAFE STEP WALK-IN TUB
1-855-977-9805

With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445

A life well-lived is a life worth remembering

An online cremation service can help you celebrate and remember your loved one with compassion and convenience.

Affordable packages start at \$1,999 plus GST.

1.833.987.1091 | www.abcremation.ca

Funeral Arrangements & Pre-Planning
Reception Centre • Online Grief Support
403.501.1010 | thomsfuneralhome.com