

Comedian Jimmy The Janitor
Legion
 COMING NOV. 24!
 Kingsway Branch #175
 14339-50 Street, Edmonton
 780.425.8654 | <https://kingswaylegion.ca>

Transform Your Outdoor Space!
Terrascape
 Landscaping & Maintenance
 • Installation, Repairs & Improvements • Paving Stones
 • Retaining Walls • Rocks & Wood Mulch • Flower Beds • Sod
 • Grounds Maintenance • Seasonal Clean Ups • Snow Removal
 587.501.7155 | www.TerrascapeLandscaping.ca

HERE WHEN YOU NEED US
 When You Get Paid, We Get Paid
Braithwaite Boyle
 Injury Law 800-440-8298
 It's The Only Law We Do - Since 1986
 Free Initial Consultation
 Offices in: Edmonton, Red Deer, and Calgary
1-800-440-8298
 ALBERTA OWNED AND OPERATED FOR OVER 35 YEARS

Security Services You Can Trust
 Canadian Pardons
 USA Entry Waivers
 Fingerprinting • Notary Public
 Commissioner of Oaths
CANADA SECURITY SERVICES
 Unit 7, 9363-50 St. NW Edmonton AB T6B 2L5
 780.488.1134 • www.abpardons.ca
www.canadasecurityservice.ca

Love Coffee News?
 Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!
 Send your selfie to contests@coffee-news.ca
 Please put "Readers" in the subject line.
Please include:
 • Your name • Your phone number and • Your address
 so that we can send you some **cool prizes** if your photo is chosen to appear in the paper!
Coffee News Fun Reading. Serious Advertising.

The Dive Outfitters
 Scuba Diving & Snorkeling
 780.483.0044
 11781-156 St., Edmonton
www.thediveoutfitters.ca

Learn to Scuba Dive!
 Scan to start your course online today

Jennifer Miles, Agent
 125-15 Circle Dr
 St. Albert AB T8N 3Y7
 780-460-2279
www.jmilesinsurance.com

Desjardins Insurance
 Desjardins Insurance refers to Certas Home and Auto Insurance Company, underwriter of automobile and property insurance or Desjardins Financial Security Life Assurance Company, underwriter of life insurance and living benefits products.
 Desjardins, Desjardins Insurance and related trademarks are trademarks of the Fédération des caisses Desjardins du Québec, used under licence.

Not sure what your marketing needs are?
 Transform your business today with our **Elite Pro Marketing Package!**
 Get a whole digital marketing team of specialists on your side.
Contact us for a FREE consultation today!

Frontline
 web consulting
 (780) 760-6922
FRONTLINECONSULTING.CA

FREE! **New Issue Every Week!**
Coffee News
 "News To Be Enjoyed Over Coffee"
Edmonton North East Edition
780-220-6397
www.coffee-news.ca
 Vol. 2024 No. 44 October 28, 2024

Everybody's Talking
Early graduation: Few young people graduate from university at the age of 17, but Dorothy Jean Tillman II is one of them. In 2024, she was part of the graduating class at Arizona State University (ASU), based in Phoenix, Ariz. (U.S.), where she earned her doctoral degree in integrated behavioural health. Homeschooled in her early years in Chicago, Dorothy began taking correspondence college courses at age 10. Over the next seven years, she studied at three different universities before finishing her degree at ASU. The university says Dorothy is the youngest person in school history to earn a doctoral degree in integrated behavioural health. Her remarkable achievement is an inspiration to young scholars everywhere.

Goose guards: While guard dogs are a familiar concept in many places, have you ever heard of guard geese? In Santa Catarina, Brazil, the Sao Pedro de Alcantara Prison has employed geese as a security measure. These feathered sentinels, dubbed "geese agents," patrol the perimeter of the prison, between the inner and outer walls, and provide an additional layer of vigilance alongside electronic and human surveillance. Their remarkable attentiveness has earned them recognition as effective members of the prison's security team. Despite their unorthodox role, the geese have proven themselves to be dedicated and alert guardians, who deter potential intruders with their loud honks and watchful eyes.

Barrow blitz: Dylan Phillips, a mechanic from Pembrokeshire, England, has achieved a new Guinness World Record for the fastest wheelbarrow, reaching speeds up to 52 mph (84 km/h). The idea started in a pub and quickly turned into a reality for the man, who built the wheelbarrow in his shed. During a test, he hit 37 mph (59 km/h), sparking his interest in the world record, which stood at 46 mph (74 km/h). Phillips then took his creation to the Straightliners Speed Week, where he smashed the record. Despite its impressive speed, the wheelbarrow is dangerous, lacking suspension and having only front-wheel brakes. Phillips described the ride as terrifying and uncomfortable.

Campus cat: There's a feline who can now boast the title "Doctor of Litter-ature." Max the Cat received this honorary certificate from Vermont State University in Castleton, Vermont (U.S.), where he is a frequent and cherished visitor. The students adore interacting with him, and the university regards him as a beloved member of its community. Unlike typical academic pursuits, Max's focus is on friendliness. For about four years, Max has made daily visits from his nearby home to spend time with students and faculty, becoming a campus celebrity. Students love taking photos with their four-legged friend. Although Max didn't attend the graduation ceremony, his certificate was delivered to his owner afterward.

Quoteable Quotes
 "A quiet conscience makes one strong." —Anne Frank
 "Real birthdays are not annual affairs. Real birthdays are the days when we have a new birth." —Ralph Parlette

What's Happening
 NON PROFIT organizations may submit fundraising events for FREE at www.coffee-news.ca. Please submit a minimum of 4 weeks in advance.

Hidden Coffee News Guy ADVENTURE
 Find the Coffee News Guy hidden in one of the ads, then enter to win!
\$400* Prize Package
 *Coffee News Bucks
 Over 150 participating sponsors!
 4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries.

Enter one of three ways:
 1. Scan the QR code
 2. Visit www.coffee-news.ca
 3. Mail your entry*

*Mail your entry to: CN Guy Contest, 9768-170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. The Kermadec Trench is located in this ocean.
2. Claude Debussy composed "Clair de Lune" for what instrument?
3. Bulls don't see the colour red—T/F?
4. Are the triceps on the front or the back of the arm?
5. Whist is an early form of this card game.

(Flip bottom of page for answers)
 © Published with Permission by Capital Marketing Ltd
(Over)

The World's #1 Restaurant Publication!
THE MAN VAN
 By Prostate Cancer Centre
PROSTATE CANCER OFTEN HAS NO WARNING SIGNS
 A BLOOD TEST CAN SAVE YOUR LIFE

GET CHECKED
 NO APPOINTMENT IS NECESSARY
FREE PSA BLOOD TESTING FOR MEN AGES 40-70*

SATURDAY, NOVEMBER 9
 11 a.m. - 3 p.m.
FARM FAIR INTERNATIONAL
 Edmonton Expo Centre, East Entrance 1 & 2

find your smile here
 Denturists: Rick Donily and Weronika Chlebek
horizon
 DENTURE CENTER & IMPLANT SOLUTIONS
 780.476.7929 | horizondenturecenter.com

THIS SPACE FOR RENT
 Call 780-220-6397

OR SCAN HERE FOR MORE INFO

Celebrate the Heroes of the Diabetes Community at the Hummingbird Awards Gala!
 Alberta Diabetes Foundation
 Join us for an unforgettable evening as we honour the passionate advocates, brilliant researchers, and the entire diabetes community at our exclusive "Blue Tie" fundraising event.
The Hummingbird Awards Gala
 November 14 | The Enjoy Centre, 101 Riel Dr., St. Albert
 Gourmet Full Course Meal • Live Entertainment • Exclusive Gifts for Attendees
 Reserve your spot: www.albertadiabetesfoundation.com

The kids are back to school...
Now it's your turn for something fabulous!
 Find your fit with our amazing team and treat yo'self!
 Call now to book your fitting:
780-962-4944
Romantic Notions Inc.
 #30, 210 McLeod Ave., Spruce Grove
 Toll Free: 1.855.962.4944
 @romanticnotionsab

Recipe of the month
Fall Garden Medley

4 large carrots, cut into 1-1/2-inch pieces
 3 fresh beets, peeled and cut into 1-1/2-inch pieces
 2 medium sweet potatoes, peeled and cut into 1-1/2-inch pieces
 2 medium onions, peeled and quartered

1/2 cup water
 2 teaspoons salt
 1/2 teaspoon pepper
 1/4 teaspoon dried thyme
 1 tablespoon olive oil
 Fresh parsley or dried parsley flakes, optional

Prep Time: 20 min Cook: 5 hours Yield: 8 servings

- 1 Place the carrots, beets, sweet potatoes, onions and water in a greased 3-qt. slow cooker. Sprinkle with salt, pepper and thyme. Drizzle with olive oil. Cover and cook on low for 5-6 hours or until tender.
- 2 Stir vegetables and, if desired, sprinkle with parsley.

The perfect Fall side - colourful, tasty and healthy and complements many different meat dishes.

Source: <https://www.tasteofhome.com>

Can't get to your Coffee News® each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.

Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions



Need ONE More Reason to Join?

- You don't have an up to date will
- You don't understand the difference between a trust and a will
- The CRA selects you for an audit
- You need a letter written on your behalf by a lawyer
- You receive a speeding ticket
- You need a lawyer's advice on any matter

LegalShield Call LLOYD KENNEY, Independent Associate, to find out how LegalShield can help you!
1-877-579-9449

Smile with Confidence: AFFORDABLE DENTURE SERVICES

NAIT's Dental Clinic has been providing high-quality, low-cost denture services for nearly 50 years. Get superior dentures at an affordable rate while giving our students valuable hands-on experience.

BOOK YOUR APPOINTMENT TODAY:
780.471.7786 • dentalclinic@nait.ca
nait.ca/dentures



CANADA'S BRAND YOUR COMFORT

NAPOLEON

GEMCO FIREPLACES & WHOLESALE HEATING PRODUCTS

PH: 780-465-9719 9281-50 STREET, EDMONTON, AB
WWW.GEMCOFIREPLACES.COM



inogen **INOGEN® PORTABLE OXYGEN CONCENTRATORS**

30-DAY RISK-FREE TRIAL

Call us toll-free at **1-888-998-6714**

*30-day risk-free trial. Return within 30 days of purchase for a full refund of purchase price.
PAC30469 EN, EX, USA (R) Only © 2024 Inogen, Inc. 859 Wood Drive, Suite 200, Costa, CA 95121
Inogen® is a trademark of Inogen, Inc. The usage of any Inogen, Inc. trademark is strictly forbidden without the prior consent of Inogen, Inc. All other trademarks are trademarks of their respective owners or holders.



COLD SHOT A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Your Local 3 "R" Plumber/Gasfitter:
✓ Repair ✓ Replace ✓ Renovate

KANAN Plumbing

NO OVERTIME CHARGES!

Call today: **780.667.5780**

EXACT PRICE BEFORE WORK STARTS
LOCALLY OWNED, OPERATED
FAMILY ORIENTED

ELECTRICIAN FOR HIRE

Residential
Light Commercial
Electrical Repairs and Renovations

Art de Leon Master Electrician

780.932.3858 Cell
ajdeleon63@gmail.com



Your Weekly Horoscope

ARIES (March 20 - April 19)

Are you holding a grudge against someone because of their past actions? Consider that finding a way to forgive them right now might be able to free you, going forward. Lucky numbers: 4, 7, 16, 27, 34, 35.

TAURUS (April 20 - May 20)

At the beginning of the week, you might have a sudden insight about something. How could you use this to break through a situation that may be in a stalemate right now? Lucky numbers: 9, 16, 24, 34, 35, 45.

GEMINI (May 21 - June 20)

Are your mind and heart currently in a tug of war about what you should do next? How could you find a compromise now that would move you past this old dynamic? Lucky numbers: 6, 8, 22, 27, 34, 41.

CANCER (June 21 - July 22)

Do you have a project that has been in limbo for a while because there is no concrete plan for how you could achieve it? This week may be a good time to develop one. Lucky numbers: 3, 8, 9, 11, 15, 29.

LEO (July 23 - Aug. 22)

For the next six weeks, you might have an energy boost to channel into projects that can help achieve your goals. Avoid a temptation to impulsively argue with others. Lucky numbers: 5, 13, 15, 19, 26, 31.

VIRGO (Aug. 23 - Sept. 22)

Virgos often hide the light of their talents and accomplishments from others. For the next few weeks, consider taking advantage of an opportunity to change this dynamic. Lucky numbers: 2, 7, 12, 19, 24, 46.

LIBRA (Sept. 23 - Oct. 22)

At midweek, take a deep breath and look at where your life is right now. Do you feel like it is in a good balance or might there be a change that you need to make? Lucky numbers: 8, 14, 25, 34, 42, 46.

SCORPIO (Oct. 23 - Nov. 21)

The new moon in your sign this week may provide a good opportunity for you to set a new intention in your life. What changes would you like to make right now? Lucky numbers: 1, 11, 13, 17, 30, 44.

SAGITTARIUS (Nov. 22 - Dec. 21)

You may be very chatty for the next few weeks. But be sure to be careful of speaking impulsively. This may prove to be a good time to pursue a new topic of study. Lucky numbers: 2, 9, 10, 11, 25, 29.

CAPRICORN (Dec. 22 - Jan. 19)

Important information may emerge from within you. Can you positively address what it presents, rather than ignoring it? Your feelings won't go away if you ignore them. Lucky numbers: 13, 14, 16, 29, 36, 38.

AQUARIUS (Jan. 20 - Feb. 18)

An emotional leadership style is not usually a hallmark for Aquarius. For the next six weeks, you may have the first of two near-term opportunities to cultivate these qualities. Lucky numbers: 11, 13, 23, 24, 32, 42.

PISCES (Feb. 19 - March 20)

You may feel tempted to escape your responsibilities this week. Find a way to work with this feeling, without dropping the ball on tasks that are an important focus. Lucky numbers: 6, 8, 11, 16, 26, 32.

Lucky numbers this week: This week's odds favour Leo winners with the luckiest number being 31.

Did You Know...

Vintage pout: Before "cheese" took over, photographers used "prunes" to encourage a tight-lipped look in photos. In photography's early days, wide smiles were thought improper, so a subtle pout was the preferred expression.

Contagious yawns: Yawning is seen in humans and many vertebrates, including sharks. Most people will yawn after seeing someone else yawn, even in a photo. Theories suggest yawning may be linked to empathy and social bonding.

Early talent: Johnny Cash's music passion started young; he began writing songs at 12. Seeing his talent, his mother saved enough for singing lessons. After three lessons, the future star's teacher said his unique voice needed no further training.

Aqua rugby: Underwater rugby is an exhilarating sport played in deep pools. Two teams compete to place a ball into baskets positioned at the pool's bottom. Players need gear like diving masks, snorkels, and fins.

Pineapple magic: Its bromelain content makes pineapple an excellent meat tenderizer. This enzyme effectively breaks down protein chains to make meat more tender. The fruit's unique properties make it a culinary favourite.

On the Lighter Side

Knock! Knock! *Who's there?* Pastor. *Pastor who?* Pastor mashed potatoes, please.

Why is it difficult to hold a conversation with a goat? They're always buttin' in!

That race car driver has a very checkered past.

Did you hear about the jester who lost his job? He was nobody's fool.

Ed: "I have a job in a watch factory."
Fred: "Oh yeah, what do you do there?"
Ed: "I stand around and make faces."

Answers

Trivia answers: 1. Pacific 2. Piano 3. True 4. Back 5. Bridge

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

PBM LAW * ALBERTA REAL ESTATE LAWYERS
(PETER B MASON PROFESSIONAL CORP.)
AN ASSOCIATION OF INDEPENDENT LAWYERS

666.888.1081 | www.pbmlaw.ca

Real Estate Law

Over 800 ***** Google Reviews!	Easy, Secure Remote Legal Signing	Exceptional Legal Services at Low Cost	Learn more at pbmlaw.ca 
---	---	---	--

Your golden years are meant to be carefree.
Simplify the search for your retirement living home with Suitebird

780-719-6569 




PROVIDING THE GREATEST RETURN ON YOUR GREATEST INVESTMENT!

SELLING YOUR HOME?

Invite me over for a coffee. I'll give you real estate advice and a FREE market evaluation.

Your Community Realtor
GEORGE VAN DE WALLE
780.982.4247 **RE/MAX**



Reach out to us for free dementia-friendly guidance, resources, and a community that understands.

Contact us today at **1-866-950-5465** or visit alzheimer.ab.ca to learn more.

Alzheimer Society
ALBERTA AND NORTHWEST TERRITORIES



STOP STREAMING! IT'S FUNNIER LIVE AT THE COMIC STRIP
BOURBON STREET, WEST EDMONTON MALL

PURCHASE TICKETS ONLINE AT thecomicstrip.ca

Rick Bronson's **THE COMIC STRIP**
DRINK · DINE · LAUGH



yes tv

FREE LIVE STREAMING COMING THIS FALL

visit yestv.com for details



FREE ROLLING TRAY
- WHEN YOU PRESENT THIS COUPON -
LIMIT 1 PER CUSTOMER - SEE IN STORE FOR DETAILS

8060-167 AVENUE NW EDMONTON **BUBONIC KRONIK** MONDAY TO SATURDAY 10 am - 9 pm
SUNDAY, 11 am - 6 pm

Creating Smiles That Last A Lifetime...

General Dentistry • Cosmetic Dentistry • Implants
Restorative Dentistry • Botox Treatments

Dr. DEREK FIKA Family Dentistry drderekfika.com
12943-97 St NW Edmonton

Proudly Introducing **Dr. Ahmed Hussain**
SPECIALIZING IN PROSTHODONTICS

EVENING APPOINTMENTS AVAILABLE | WE SPEAK ARABIC, SOMALI, VIETNAMESE, CHINESE & HINDI

