

Affordable-Effective-Exclusive-CALL NOW!

Reach out to us for free dementia-friendly guidance, resources, and a community that understands.



Contact us today at 1-866-950-5465 or visit alzheimer.ab.ca to learn more.

Alzheimer Society
ALBERTA AND NORTHWEST TERRITORIES

Making Your Smile A Priority

Complete Dentures • Partial Dentures
Dentures Over Implants • Repairs
Relines

FREE CONSULTATIONS



Lindsey Browner DD

Financing Options Available
Direct Billing

newbite

DENTURE CLINIC
780.425.2997

hello@newbite.ca | new-bite.ca

Riverview Crossing Mall
#254, 3210-118 Ave. NW



LIVE AT HOLYROOD SQUARE!

- In-suite Laundry
- Rooftop Deck and BBQ
- Full-sized Kitchen Appliances



Call 780-229-6099 for more information

Celebrate the Heroes of the Diabetes Community at the Hummingbird Awards Gala!

Join us for an unforgettable evening as we honour the passionate advocates, brilliant researchers, and the entire diabetes community at our exclusive "Blue Tie" fundraising event.

The Hummingbird Awards Gala

November 14 | The Enjoy Centre, 101 Riel Dr., St. Albert
Gourmet Full Course Meal • Live Entertainment • Exclusive Gifts for Attendees

Reserve your spot: www.albertadiabetesfoundation.com

CANADA'S BRAND YOUR COMFORT

NAPOLEON



GEMCO FIREPLACES
& WHOLESALE HEATING PRODUCTS

PH: 780-465-9719 9281-50 STREET, EDMONTON, AB
WWW.GEMCOFIREPLACES.COM

HERE WHEN YOU NEED US

When You Get Paid, We Get Paid

Braithwaite Boyle Injury Law 800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

1-800-440-8298

ALBERTA OWNED AND OPERATED FOR OVER 35 YEARS



Get The Smile You Deserve!

- \$99 New Patient Exam
- Lower Than Current Fee Guide
- Complimentary Teeth Whitening

Floss Bosses.ca

Your. New. Routine.

825.901.GUMS | #207, 6958-76 Ave. NW



Come Home to Quality

- ✓ Home Renovations
- ✓ Basement Development

Bergenham Builders

bergenhambuilders.ca

587.986.5309 | dbergenham24@gmail.com

FREE!

New Issue Every Week!

Coffee News®

"News To Be Enjoyed Over Coffee"



East Edmonton Edition

780-220-6397

www.coffee-news.ca

Vol. 21 No. 44 October 28, 2024

Everybody's Talking

Early graduation: Few young people graduate from university at the age of 17, but Dorothy Jean Tillman II is one of them. In 2024, she was part of the graduating class at Arizona State University (ASU), based in Phoenix, Ariz. (U.S.), where she earned her doctoral degree in integrated behavioural health. Homeschooled in her early years in Chicago, Dorothy began taking correspondence college courses at age 10. Over the next seven years, she studied at three different universities before finishing her degree at ASU. The university says Dorothy is the youngest person in school history to earn a doctoral degree in integrated behavioural health. Her remarkable achievement is an inspiration to young scholars everywhere.

Goose guards: While guard dogs are a familiar concept in many places, have you ever heard of guard geese? In Santa Catarina, Brazil, the Sao Pedro de Alcantara Prison has employed geese as a security measure. These feathered sentinels, dubbed "geese agents," patrol the perimeter of the prison, between the inner and outer walls, and provide an additional layer of vigilance alongside electronic and human surveillance. Their remarkable attentiveness has earned them recognition as effective members of the prison's security team. Despite their unorthodox role, the geese have proven themselves to be dedicated and alert guardians, who deter potential intruders with their loud honks and watchful eyes.

Barrow blitz: Dylan Phillips, a mechanic from Pembrokeshire, England, has achieved a new Guinness World Record for the fastest wheelbarrow, reaching speeds up to 52 mph (84 km/h). The idea started in a pub and quickly turned into a reality for the man, who built the wheelbarrow in his shed. During a test, he hit 37 mph (59 km/h), sparking his interest in the world record, which stood at 46 mph (74 km/h). Phillips then took his creation to the Straightliners Speed Week, where he smashed the record. Despite its impressive speed, the wheelbarrow is dangerous, lacking suspension and having only front-wheel brakes. Phillips described the ride as terrifying and uncomfortable.

Campus cat: There's a feline who can now boast the title "Doctor of Litter-ature." Max the Cat received this honorary certificate from Vermont State University in Castleton, Vermont (U.S.), where he is a frequent and cherished visitor. The students adore interacting with him, and the university regards him as a beloved member of its community. Unlike typical academic pursuits, Max's focus is on friendliness. For about four years, Max has made daily visits from his nearby home to spend time with students and faculty, becoming a campus celebrity. Students love taking photos with their four-legged friend. Although Max didn't attend the graduation ceremony, his certificate was delivered to his owner afterward.

Quoteable Quotes

"A quiet conscience makes one strong." —Anne Frank
"Real birthdays are not annual affairs. Real birthdays are the days when we have a new birth." —Ralph Parlette

What's Happening

NON PROFIT organizations may submit fundraising events for FREE at www.coffee-news.ca. Please submit a minimum of 4 weeks in advance.

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win! **\$400* Prize Package**

*Coffee News Bucks
Over 150 participating sponsors!
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

Enter one of three ways:

1. Scan the QR code
2. Visit www.coffee-news.ca
3. Mail your entry*



*Mail your entry to: CN Guy Contest, 9768-170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

The World's #1 Restaurant Publication!

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:
1 Your name 2 Your phone number and 3 Your address so that we can send you some cool prizes if your photo is chosen to appear in the paper!



Readers of the Month
Todd & Julia Lewis from Ponoka

Coffee News Fun Reading. Serious Advertising.

PROFESSIONAL OFFICE SPACE FOR LEASE OR RENT

Centrally located at 7815-101 Ave.

- Furnished offices
- Shared reception
- Shared boardrooms (large & small)
- Shared breakout room
- Shared kitchen
- Fully renovated
- Wheelchair-accessible

PLENTY OF FREE PARKING

CENTRE 101

Call Joe today for further details:
780-760-4878

centre101.com

THIS SPACE FOR RENT

OR SCAN HERE FOR MORE INFO



Call 780-220-6397

HOME CLEANING Service

- ✓ Residential and Commercial
- ✓ Pet-friendly and Eco-friendly
- ✓ Fully insured and bonded

Discover the Tailored Clean Difference!

TAILORED CLEANING SERVICES LTD.

587.987.1970
TailoredCleaningServices.ca



Re-Imagine the Possibilities!

- Sale of recirculated fabrics and sewing tools
- Accepting fabric donations
- Clothing Repair Clinics
- Private Sewing Lessons
- Group Workshops and Retreats

Contact us to book your private shopping experience: 780.953.1841

Re/Imagined Fabrics

Recirculated Fabrics / Workshops / Community
Fostering a passion for a sustainable future



www.reimaginedfabrics.com

COLD SHOT

A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Best Kept Secret in the Park!

The community thrift store with heart



CELEBRATING 40 YEARS OF GIVING

County Clothes-Line

201 Athabasca Ave. Sherwood Park
780.464.7786
www.countyclouds-line.com

Looking to join a great team?
Store Associates
3-4 days/wk
Contact us today:
clothes1@telusplanet.net

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)

Visit us on Facebook-CoffeeNewsWeekly

J.R. WATKINS
Since 1868 TRADE MARK

A full line of natural products for your home and family

YOUR INDEPENDENT WATKINS CONSULTANT
Donna Ouellette
ID# 029268N
780-469-5715
www.RespectedHomeBusiness.com/enter29268

FIND OUT HOW YOU CAN SAVE UP TO 50% ON COMMISSIONS!

At Seller Direct Northern Homes Realty, It's Not About Discounts, It's About OPTIONS!

How We SELL Your Home:
✓ 300+ Websites ✓ Social Media Ads
✓ QR Code to Home's Features
✓ 3D Tours & Professional Photos

sellerdirect
Northern Homes Realty
Diana Noble Owner/Broker
780.638.4800 | sellerdirectnorthernhomes.com
PROUDLY SERVING EDMONTON & SURROUNDING AREAS

Less Stress, More Smiles

AVALON DENTAL

Accepting new patients. Emergencies welcome.

From routine preventative care, to cosmetic improvements and Invisalign, we have you covered. Walk-ins welcome.

4910 Roper Rd. NW
Edmonton
780.465.0994
avalondentalreception@gmail.com
www.avalon-dental.ca

FAMILY DENTISTRY
SAME DAY CROWNS
MERRELL SLEEP CLINIC
INFANT FREN-ECTOMY

The perfect cup ...every time

Each cup up to 75% Less than leading coffee retailers

Kofe Corporation

Benefits of our in office coffee system:
• Convenient and hassle-free
• No delivery charge • No service charge
• No installation charge • Fresh coffee

We keep your machine clean and filled with product!

780.718.7212 / www.kofekorp.com

Visit our NEW showroom!

GRAND OPENING

Call today to get free expert advice on your flooring reno!

Quality RED TAG FLOORS

780.721.4324
8327 Roper Rd, Edmonton

Not sure what your marketing needs are?

Transform your business today with our Elite Pro Marketing Package!

Get a whole digital marketing team of specialists on your side.

Contact us for a FREE consultation today!

Frontline
web consulting
(780) 760-6922
FRONTLINECONSULTING.CA

SCAN ME

Edmonton Temple - 9115-75 St. 780.469.6846

FAMILY PLAY CAFÉ and TOY LIBRARY

• Enjoy some tea or coffee and conversation while letting your kids play. Thursdays, 10 a.m. - 12 p.m.
• Try a wide range of toys
• Sign up for our Toy Library to borrow toys for two weeks at a time

Play Café is free. Toy Library has an annual fee of \$24. Programs for children age 0-6

https://www.edmontontemple.com

Real Estate | Wills | Contracts

HOMESTEAD LAW

Tamara D. Epple B.A., J.D.

780.243.2116
www.homesteadlaw.ca

“OUR GOAL IS TO MAKE CLIENTS FEEL LIKE FAMILY”

Your Weekly Horoscope

ARIES (March 20 - April 19)

Are you holding a grudge against someone because of their past actions? Consider that finding a way to forgive them right now might be able to free you, going forward. Lucky numbers: 4, 7, 16, 27, 34, 35.

TAURUS (April 20 - May 20)

At the beginning of the week, you might have a sudden insight about something. How could you use this to break through a situation that may be in a stalemate right now? Lucky numbers: 9, 16, 24, 34, 35, 45.

GEMINI (May 21 - June 20)

Are your mind and heart currently in a tug of war about what you should do next? How could you find a compromise now that would move you past this old dynamic? Lucky numbers: 6, 8, 22, 27, 34, 41.

CANCER (June 21 - July 22)

Do you have a project that has been in limbo for a while because there is no concrete plan for how you could achieve it? This week may be a good time to develop one. Lucky numbers: 3, 8, 9, 11, 15, 29.

LEO (July 23 - Aug. 22)

For the next six weeks, you might have an energy boost to channel into projects that can help achieve your goals. Avoid a temptation to impulsively argue with others. Lucky numbers: 5, 13, 15, 19, 26, 31.

VIRGO (Aug. 23 - Sept. 22)

Virgos often hide the light of their talents and accomplishments from others. For the next few weeks, consider taking advantage of an opportunity to change this dynamic. Lucky numbers: 2, 7, 12, 19, 24, 46.

Lucky numbers this week: This week's odds favour Leo winners with the luckiest number being 31.

LIBRA (Sept. 23 - Oct. 22)

At midweek, take a deep breath and look at where your life is right now. Do you feel like it is in a good balance or might there be a change that you need to make? Lucky numbers: 8, 14, 25, 34, 42, 46.

SCORPIO (Oct. 23 - Nov. 21)

The new moon in your sign this week may provide a good opportunity for you to set a new intention in your life. What changes would you like to make right now? Lucky numbers: 1, 11, 13, 17, 30, 44.

SAGITTARIUS (Nov. 22 - Dec. 21)

You may be very chatty for the next few weeks. But be sure to be careful of speaking impulsively. This may prove to be a good time to pursue a new topic of study. Lucky numbers: 2, 9, 10, 11, 25, 29.

CAPRICORN (Dec. 22 - Jan. 19)

Important information may emerge from within you. Can you positively address what it presents, rather than ignoring it? Your feelings won't go away if you ignore them. Lucky numbers: 13, 14, 16, 29, 36, 38.

AQUARIUS (Jan. 20 - Feb. 18)

An emotional leadership style is not usually a hallmark for Aquarius. For the next six weeks, you may have the first of two near-term opportunities to cultivate these qualities. Lucky numbers: 11, 13, 23, 24, 32, 42.

PISCES (Feb. 19 - March 20)

You may feel tempted to escape your responsibilities this week. Find a way to work with this feeling, without dropping the ball on tasks that are an important focus. Lucky numbers: 6, 8, 11, 16, 26, 32.

Did You Know...

Vintage pout: Before “cheese” took over, photographers used “prunes” to encourage a tight-lipped look in photos. In photography's early days, wide smiles were thought improper, so a subtle pout was the preferred expression.

Contagious yawns: Yawning is seen in humans and many vertebrates, including sharks. Most people will yawn after seeing someone else yawn, even in a photo. Theories suggest yawning may be linked to empathy and social bonding.

Early talent: Johnny Cash's music passion started young; he began writing songs at 12. Seeing his talent, his mother saved enough for singing lessons. After three lessons, the future star's teacher said his unique voice needed no further training.

Aqua rugby: Underwater rugby is an exhilarating sport played in deep pools. Two teams compete to place a ball into baskets positioned at the pool's bottom. Players need gear like diving masks, snorkels, and fins.

Pineapple magic: Its bromelain content makes pineapple an excellent meat tenderizer. This enzyme effectively breaks down protein chains to make meat more tender. The fruit's unique properties make it a culinary favourite.

On the Lighter Side

Knock! Knock! *Who's there?* Pastor. *Pastor who?* Pastor mashed potatoes, please.

Why is it difficult to hold a conversation with a goat? They're always buttin' in!

That race car driver has a very checkered past.

Did you hear about the jester who lost his job? He was nobody's fool.

Ed: “I have a job in a watch factory.”
Fred: “Oh yeah, what do you do there?”
Ed: “I stand around and make faces.”

Answers
5. Bridge
4. Back

Trivia answers: 1. Pacific 2. Piano 3. True 4. Back

For available franchise opportunities - visit coffeenewscanada.com

© Published with Permission by Capital Marketing Ltd

Specializing in Home Health Care Since 1970

- Ostomy
- Incontinence
- Mastectomy
- Compression
- Walkers
- Rentals
- Wheelchairs
- Accessibility
- Repairs
- ...and more!

Visit us at 10550 Mayfield Road NW

Congdon's Since 1970 | Aids to Daily Living | **780.483.1762** | congdon.ca

Where compassionate care meets personalized support

genesiCare
Haven Inc. • 403.702.1248
genesicarehaven.com

We work with families on Family Managed Services

- In Home Respite Care
- Supportive Living Program
- Homecare Service
- Day Program
- Vocational Initiatives
- Child Care Services

10% OFF SUPPLIES When you mention this ad. In-store only

CAPITAL CITY SPORTS CARDS

BUY SELL TRADE

Sports Cards of all Eras
Vintage Cards • Memorabilia
Figurines • TCG Cards • Pokemon
Mystery Packs • Auctions • Box Breaks

7633-50 St. NW Unit 101
1.825.480.1886
capitalcitysportscards21@outlook.com

We can also Grade your cards for you.
We recommend The Canadian Graders along with these guys!

TAG BECKETT PSA

ELECTRICIAN FOR HIRE

Residential
Light Commercial
Electrical Repairs and Renovations

Art de Leon Master Electrician

780.932.3858 Cell
ajdeleon63@gmail.com

SOLID ADVICE. TIMELY SERVICE. KNOWLEDGEABLE STAFF.

We Work For You!

IN BUSINESS SINCE 1982
We're proud of our history!

ROBERTS-MCCLURE INSURANCE

780.439.4357 | #106, 8657-51 Ave., Edmonton

CALL NOW FOR A FREE ESTIMATE

No Job's Too Tuff For Us

Plumbing Repairs
Furnaces
Hot Water Tanks
Garage Heaters
Boilers and Radiant Heating
Residential/Commercial Construction
Polyb Replacement
Basement Renos
Backwater Valves
...and more

TUFF PLUMBING & HEATING LTD.
587-336-1954

Ticketed Plumber and Gasfitter | Quality Workmanship

STOP STREAMING!
IT'S FUNNIER LIVE
AT THE COMIC STRIP
BOURBON STREET, WEST EDMONTON MALL

PURCHASE TICKETS ONLINE AT
thecomicrostrip.ca

Rick Bronson's
THE COMIC STRIP
DRINK • DINE • LAUGH

Can't get to your **Coffee News** each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.
Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions