

**HERE WHEN YOU NEED US**  
When You Get Paid, We Get Paid

**Braithwaite Boyle**  
**Injury Law** 800-440-8298

It's The Only Law We Do - Since 1986  
Free Initial Consultation


Offices in: Edmonton, Red Deer, and Calgary  
**1-800-440-8298**  
ALBERTA OWNED AND OPERATED FOR OVER 35 YEARS



**FREE!** *New Issue Every Week!*

**Coffee News**®  
"News To Be Enjoyed Over Coffee"

**St. Albert Edition**  
**780-220-6397**



www.coffee-news.ca Est. 1988

PBM LAW ★ ALBERTA REAL ESTATE LAWYERS  
(PETER B MASON PROFESSIONAL CORP.)  
AN ASSOCIATION OF INDEPENDENT LAWYERS

866.888.1081 | www.pbmlaw.ca

**Real Estate Law**

Over 800 Google Reviews!	Easy, Secure Remote Legal Signing	Exceptional Legal Services at Low Cost	Learn more at pbmlaw.ca: 
--------------------------------	---	---	--

Time, distance or mobility keeping you from visiting your loved one's gravesite?

**Personalized care for when you can't be there**

- Headstone Cleaning
- Monument Cleaning
- Flower Delivery
- Landscaping Maintenance

*Always Remembered*  
Gravesite Cleaning and Maintenance

CALL FOR A FREE QUOTE:  
**780.217.7164**  
alwaysrememberedab.ca

**Transform Your Outdoor Space!**

**Terrascape**  
Landscaping & Maintenance

CALL FOR A FREE ESTIMATE

- Installation, Repairs & Improvements
- Paving Stones
- Retaining Walls
- Rocks & Wood Mulch
- Flower Beds
- Sod
- Grounds Maintenance
- Seasonal Clean Ups
- Snow Removal

587.501.7155 | www.TerrascapeLandscaping.ca

Weekly • Bi-Weekly • Monthly • One-Time Cleaning

**We do one thing - Clean!**

Professional and personalized cleaning service:  
Residential & Commercial Cleaning  
Detail Cleaning • Basic Cleaning  
Move In/Move Out • New Construction

YOU HAVE IT MAID CLEANING SERVICES

Call Lynn for a free quote: **780.721.6789**  
www.youhaveitmaid.ca

ST. ALBERT SINGERS PRESENT

**An Afternoon With Santa**  
AND Pop-Up Christmas Market

Sat., November 23 | 12 - 5 p.m.

St. Albert Salvation Army  
165 Liberton Drive, St. Albert

Explore and shop the variety of treasures from local artisans. Children can visit Kids' Corner to take pictures with Santa\* and make holiday crafts. The family can then shop for unique handmade treasures and delicious treats! Join us for a fun-filled afternoon!

\* No photographer on site

For child tickets to the Kids' Corner, please head to the events page on [stalbertsingers.org](http://stalbertsingers.org)

- \$10/child for visit and 2 crafts
- Free parking • Raffle • Concession
- Accessible • Musical presentation
- Free admission to pop up market

**Make Your Marketing Work For You!**

SCAN ME

- Website Development
- Google Ads
- Facebook Advertising
- Social Media Management
- SEO & Content Marketing
- Reporting & Analytics

Frontline 780.760.6922

Can't get to your **Coffee News**® each week?

Check out our PDF editions online!  
New editions are posted every Monday

Sign up here to receive email notifications of new editions.  
Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions



**FOR ALL YOUR SEWER, PLUMBING, HEATING & GASFITTING NEEDS**

- Plumbing Repairs, Maintenance & Renovations
- Hot Water Tanks
- Plumbing Fixtures
- Furnace Install & Repair ...and more!

**ADG** KABAN SEWER & DRAIN LTD.  
Supporting and Servicing St. Albert and Surrounding Areas For Over 27 Years

Troy 780.498.6888 Cell. LICENSED • BONDED • INSURED  
**780.458.9778** | www.adgplumbing.com

Vol. 21 No. 44 October 28, 2024

**Everybody's Talking**

**Early graduation:** Few young people graduate from university at the age of 17, but Dorothy Jean Tillman II is one of them. In 2024, she was part of the graduating class at Arizona State University (ASU), based in Phoenix, Ariz. (U.S.), where she earned her doctoral degree in integrated behavioural health. Homeschooled in her early years in Chicago, Dorothy began taking correspondence college courses at age 10. Over the next seven years, she studied at three different universities before finishing her degree at ASU. The university says Dorothy is the youngest person in school history to earn a doctoral degree in integrated behavioural health. Her remarkable achievement is an inspiration to young scholars everywhere.

**Goose guards:** While guard dogs are a familiar concept in many places, have you ever heard of guard geese? In Santa Catarina, Brazil, the Sao Pedro de Alcantara Prison has employed geese as a security measure. These feathered sentinels, dubbed "geese agents," patrol the perimeter of the prison, between the inner and outer walls, and provide an additional layer of vigilance alongside electronic and human surveillance. Their remarkable attentiveness has earned them recognition as effective members of the prison's security team. Despite their unorthodox role, the geese have proven themselves to be dedicated and alert guardians, who deter potential intruders with their loud honks and watchful eyes.

**Barrow blitz:** Dylan Phillips, a mechanic from Pembrokeshire, England, has achieved a new Guinness World Record for the fastest wheelbarrow, reaching speeds up to 52 mph (84 km/h). The idea started in a pub and quickly turned into a reality for the man, who built the wheelbarrow in his shed. During a test, he hit 37 mph (59 km/h), sparking his interest in the world record, which stood at 46 mph (74 km/h). Phillips then took his creation to the Straightliners Speed Week, where he smashed the record. Despite its impressive speed, the wheelbarrow is dangerous, lacking suspension and having only front-wheel brakes. Phillips described the ride as terrifying and uncomfortable.

**Campus cat:** There's a feline who can now boast the title "Doctor of Litter-ature." Max the Cat received this honorary certificate from Vermont State University in Castleton, Vermont (U.S.), where he is a frequent and cherished visitor. The students adore interacting with him, and the university regards him as a beloved member of its community. Unlike typical academic pursuits, Max's focus is on friendliness. For about four years, Max has made daily visits from his nearby home to spend time with students and faculty, becoming a campus celebrity. Students love taking photos with their four-legged friend. Although Max didn't attend the graduation ceremony, his certificate was delivered to his owner afterward.

**Quoteable Quotes**

"A quiet conscience makes one strong." —Anne Frank  
"Real birthdays are not annual affairs. Real birthdays are the days when we have a new birth." —Ralph Parlette

**What's Happening**

**Nov 2 - CWL Craft Bake Sale** Holy Family CWL Craft Bake Sale 10:00 a.m.-2:00 p.m. at Holy Family Parish Hall, 75 Poirier Ave. Vendors selling a great variety of items. Also will have baked goods for sale. Raffle tickets for 3 great cash prizes and for vendors donated raffle items.

**Nov 16 - Craft Sale** Saturday, November 16 at the Spruce Grove Pioneer Center 301 Jespersion Avenue. Sale from 9:00 am to 2:00 pm. Many hand crafted items made by the Craft Club. Proceeds to the Spruce Grove Golden Age Club. Everyone welcome.

NON PROFIT organizations may submit fundraising events for FREE at [www.coffee-news.ca](http://www.coffee-news.ca). Please submit a minimum of 4 weeks in advance.

**Hidden Coffee News Guy ADVENTURE**

Find the Coffee News Guy hidden in one of the ads, then enter to win!

**\$400\* Prize Package**  
\*Coffee News Bucks  
Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

Enter one of three ways:  
1. Scan the QR code  
2. Visit [www.coffee-news.ca](http://www.coffee-news.ca)  
3. Mail your entry\*

\*Mail your entry to: CN Guy Contest, 9768-170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.



**Trivia**

- The Kermadec Trench is located in this ocean.
- Claude Debussy composed "Clair de Lune" for what instrument?
- Bulls don't see the colour red—T/F?
- Are the triceps on the front or the back of the arm?
- Whist is an early form of this card game.

**THIS SPACE FOR RENT**

OR SCAN HERE FOR MORE INFO



**Call 780-220-6397**

**one bite technology**

Mac & PC Repair  
iPhone & iPad Repair  
Used/Refurb Device Sales

Call us today for expert 1-on-1 or in home tech support.

2002 Tudor Glen, St. Albert  
[OneBiteTechnology.ca](http://OneBiteTechnology.ca) - 587-290-0200



If you require assistance or information regarding government issues, please contact my office

**Dale Nally, MLA**  
MORINVILLE - ST. ALBERT

780-572-6161  
[Morinville.StAlbert@assembly.ab.ca](mailto:Morinville.StAlbert@assembly.ab.ca)



**The Dive Outfitters**  
Scuba Diving & Snorkeling  
780.483.0044  
11781-156 St., Edmonton  
[www.thediveoutfitters.ca](http://www.thediveoutfitters.ca)

**Learn to Scuba Dive!**  
Scan to start your course online today




SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

**barterpay**

Tom Halapatz 587-407-1584  
Bonnie Ell 587-404-8989  
→ barterpay.ca

**OVER STOCKED?**  
You can Barter that!  
Turn what you have into what you need, without using money  
ASK US HOW!

**DEEP WATER KUNG FU & TAI CHI**

Come and train with us!

- Morinville
- St. Albert

780-267-8779  
[deepwaterkungfu@gmail.com](mailto:deepwaterkungfu@gmail.com) [instagram.com/deepwaterkungfu](https://www.instagram.com/deepwaterkungfu)

**Build Your Dream Kitchen**

- 20+ Yrs. in Business
- Local, Family Owned and Run Shop
- Competitive Pricing
- Fast Delivery

West and South Edmonton locations

10454A Mayfield Road, Edmonton  
**COMFORT KITCHEN CABINETRY**  
Book Your Design Consultation: 780.885.6058

CALL FOR A FREE ESTIMATE



**you've come to the right spot**  
Experience friendly, professional wax services in our clean and welcoming studios  
100% gender-inclusive



Edmonton  
13326-137 Avenue NW  
780-457-WAXD (9293)

Tuesday - Friday  
9 a.m. - 8 p.m.  
Saturday  
9 a.m. - 5 p.m.  
Sunday + Monday  
Closed

**Now accepting new patients!**

**Green Grove DENTAL**

- Invisalign
- Sedation Options
- Same-Day Crowns
- Implants
- Financing Options
- Comfort Menu

780.458.2178  
Located by Drayden Insurance  
greengrovedentist.com



**the MAKERS keep**

**FIND US IN THE ST. ALBERT CENTRE!**

A local collective boutique with over 350 vendors from all across Alberta!

@tmkshewoodpark  
@themakerskeep

www.themakerskeep.com

**Where your pet gets a vacation too!**

**BlackPaws Pet Resort & RV Storage**

Why choose us for your dog boarding needs?

- Acres of play areas! • Group play all day!
- Large private indoor/outdoor rooms for each dog, or up to a family of 3!
- Management on-site 24/7

BOOK TODAY... your pet will thank you!

26106 Twp Rd 552, Sturgeon County  
780.984.5718 | blackpawspetresort.ca

Less dogs, more space... a tired dog is a good dog!

**UH-OH!**

**DON'T WORRY - We repair damage to leather, vinyl, plastic and fabric.**

**COLORGlo**  
NORTH EDMONTON

For a free estimate, call 780.239.7917

AUTOMOTIVE | COMMERCIAL | RECREATIONAL | RESIDENTIAL

**FREE QUOTES**

**STUMP GRINDING**

- ✓ Quality, professional service at a reasonable rate
- ✓ Same day service in most cases
- ✓ Senior discount available

Nicholas Verklan - nverklan@hotmail.com

**780-938-5548**

**WE COME TO YOU - HOME, OFFICE, COFFEE SHOP OR VIRTUALLY!**

I HAVE BEEN DOING TAX RETURNS SINCE 1985

Personal Tax Returns • Corporate Tax Returns  
GST Returns • Preparation of T4s/T5s

**D:V** Donald B. Verbeke PROFESSIONAL CORPORATION

CPA CHARTERED PROFESSIONAL ACCOUNTANT  
CFP CHARTERED FINANCIAL PLANNER

Lacombe Park Estates - St. Albert • don@verbeke.ca  
Cell: 780.945.6190 • www.verbeke.ca

**WHY RENT ...when you can BUY?**

You may be financially ready - and don't even know!

Call George about *real solutions* to build equity:  
**780.982.4247**  
www.georgevandewalle.com

**RE/MAX**

**GEORGE VAN DE WALLE**

# Your Weekly Horoscope

**ARIES (March 20 - April 19)**

Are you holding a grudge against someone because of their past actions? Consider that finding a way to forgive them right now might be able to free you, going forward. Lucky numbers: 4, 7, 16, 27, 34, 35.

**TAURUS (April 20 - May 20)**

At the beginning of the week, you might have a sudden insight about something. How could you use this to break through a situation that may be in a stalemate right now? Lucky numbers: 9, 16, 24, 34, 35, 45.

**GEMINI (May 21 - June 20)**

Are your mind and heart currently in a tug of war about what you should do next? How could you find a compromise now that would move you past this old dynamic? Lucky numbers: 6, 8, 22, 27, 34, 41.

**CANCER (June 21 - July 22)**

Do you have a project that has been in limbo for a while because there is no concrete plan for how you could achieve it? This week may be a good time to develop one. Lucky numbers: 3, 8, 9, 11, 15, 29.

**LEO (July 23 - Aug. 22)**

For the next six weeks, you might have an energy boost to channel into projects that can help achieve your goals. Avoid a temptation to impulsively argue with others. Lucky numbers: 5, 13, 15, 19, 26, 31.

**VIRGO (Aug. 23 - Sept. 22)**

Virgos often hide the light of their talents and accomplishments from others. For the next few weeks, consider taking advantage of an opportunity to change this dynamic. Lucky numbers: 2, 7, 12, 19, 24, 46.

Lucky numbers this week: This week's odds favour Leo winners with the luckiest number being 31.

**LIBRA (Sept. 23 - Oct. 22)**

At midweek, take a deep breath and look at where your life is right now. Do you feel like it is in a good balance or might there be a change that you need to make? Lucky numbers: 8, 14, 25, 34, 42, 46.

**SCORPIO (Oct. 23 - Nov. 21)**

The new moon in your sign this week may provide a good opportunity for you to set a new intention in your life. What changes would you like to make right now? Lucky numbers: 1, 11, 13, 17, 30, 44.

**SAGITTARIUS (Nov. 22 - Dec. 21)**

You may be very chatty for the next few weeks. But be sure to be careful of speaking impulsively. This may prove to be a good time to pursue a new topic of study. Lucky numbers: 2, 9, 10, 11, 25, 29.

**CAPRICORN (Dec. 22 - Jan. 19)**

Important information may emerge from within you. Can you positively address what it presents, rather than ignoring it? Your feelings won't go away if you ignore them. Lucky numbers: 13, 14, 16, 29, 36, 38.

**AQUARIUS (Jan. 20 - Feb. 18)**

An emotional leadership style is not usually a hallmark for Aquarius. For the next six weeks, you may have the first of two near-term opportunities to cultivate these qualities. Lucky numbers: 11, 13, 23, 24, 32, 42.

**PISCES (Feb. 19 - March 20)**

You may feel tempted to escape your responsibilities this week. Find a way to work with this feeling, without dropping the ball on tasks that are an important focus. Lucky numbers: 6, 8, 11, 16, 26, 32.

## Did You Know...

**Vintage pout:** Before "cheese" took over, photographers used "prunes" to encourage a tight-lipped look in photos. In photography's early days, wide smiles were thought improper, so a subtle pout was the preferred expression.

**Contagious yawns:** Yawning is seen in humans and many vertebrates, including sharks. Most people will yawn after seeing someone else yawn, even in a photo. Theories suggest yawning may be linked to empathy and social bonding.

**Early talent:** Johnny Cash's music passion started young; he began writing songs at 12. Seeing his talent, his mother saved enough for singing lessons. After three lessons, the future star's teacher said his unique voice needed no further training.

**Aqua rugby:** Underwater rugby is an exhilarating sport played in deep pools. Two teams compete to place a ball into baskets positioned at the pool's bottom. Players need gear like diving masks, snorkels, and fins.

**Pineapple magic:** Its bromelain content makes pineapple an excellent meat tenderizer. This enzyme effectively breaks down protein chains to make meat more tender. The fruit's unique properties make it a culinary favourite.

## On the Lighter Side

Knock! Knock! *Who's there?* Pastor. *Pastor who?* Pastor mashed potatoes, please.

Why is it difficult to hold a conversation with a goat? They're always buttin' in!

That race car driver has a very checkered past.

Did you hear about the jester who lost his job? He was nobody's fool.

Ed: "I have a job in a watch factory."  
Fred: "Oh yeah, what do you do there?"  
Ed: "I stand around and make faces."

## Answers

Trivia answers: 1. Pacific 2. Piano 3. True 4. Back 5. Bridge

For available franchise opportunities - visit coffeenewscanada.com

© Published with Permission by Capital Marketing Ltd

A Bold and Imaginative Collection of Post-Apocalyptic Tales

**Echoes of the Red Earth**

Written By Canadian Author  
Cornelius van Dijk

**AUTHOR BOOK SIGNING**

Sat., October 26 | 11 a.m. - 4 p.m.  
Indigo - Unit #30, 445 St. Albert Tr., St. Albert

Available in paperback and digital copy

**COLD SHOT**  
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

**PASSENGER & PARCEL SERVICES**

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: [www.coldshotca.com](http://www.coldshotca.com)  
Passenger Website: [www.coldshot.ca](http://www.coldshot.ca)

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

780-651-7362

Located in the Enjoy Centre, Entrance 4 - 101 Riel Drive, St. Albert

**Wild Earth Bakery**

www.wildearthbakery.com

We've been around for a while and we've seen a lot over the years. The world keeps changing, but Wild Earth keeps baking.

Jennifer Miles, Agent  
125-15 Circle Dr  
St. Albert AB T8N 3Y7  
780-460-2279  
www.jmilesinsurance.com

**Desjardins Insurance**

Desjardins Insurance refers to Certas Home and Auto Insurance Company, underwriter of automobile and property insurance or Desjardins Financial Security Life Assurance Company, underwriter of life insurance and living benefits products.  
Desjardins, Desjardins Insurance and related trademarks are trademarks of the Fédération des caisses Desjardins du Québec, used under licence.

Wills | Enduring Power of Attorney | Personal Directive | Grants

**ESTATE Solutions**

SIMPLE AND AFFORDABLE

FREE WILL CONSULTATIONS  
WE COME TO YOU!

Stana Buist, Paralegal  
780-228-1255

estate-solutions@outlook.com | www.estate-solutions.ca

CANADA'S BRAND YOUR COMFORT

**NAPOLEON**

**GEMCO FIREPLACES**  
& WHOLESALE HEATING PRODUCTS

PH: 780-465-9719 9281-50 STREET, EDMONTON, AB  
WWW.GEMCOFIREPLACES.COM

Present your St. Albert Coffee News and enjoy a **10% Discount** on your buy!

Did your last bra fitting fail to impress...?

Let us show you the **magic** of a great fitting bra!

Call now and book your fitting

**Romantic Notions Inc.**  
#30, 210 McLeod Ave., Spruce Grove  
780.962.4944 1.855.962.4944  
@romanticnotionsab  
romanticnotionsboutique

BRAS | PAJAMAS | ROBES | AND SO MUCH MORE!

**Everitt GARDENS**  
An OPTIMA LIVING Community

Let us welcome you home™  
**780-569-2273**  
everittgardens.ca

Scan or call to book your visit

Independent Senior Living  
Supportive Senior Living  
Private Memory Care

125 Everitt Drive North, St. Albert