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Recipe of the month

Pina Colada Zucchini Bread

4 cups all-purpose flour
3 cups sugar
2 teaspoons baking powder
1-1/2 teaspoons salt
1 teaspoon baking soda
4 large eggs, room temperature
1-1/2 cups canola oil

1 teaspoon each coconut, rum and vanilla extracts
3 cups shredded zucchini
1 cup canned crushed pineapple, drained
1/2 cup chopped walnuts or chopped pecans

Prep Time: 25 min Cook Time: 45 min Yield: 3 loaves

- Preheat oven to 350°. Line 3 greased 8x4-in. loaf pans with parchment; grease paper.
- In a large bowl, combine flour, sugar, baking powder, salt and baking soda. In another bowl, whisk eggs, oil and extracts. Stir into dry ingredients just until moistened. Fold in zucchini, pineapple and walnuts.
- Transfer to prepared pans. Bake until a toothpick inserted in centre comes out clean, 45-55 minutes. Cool for 10 minutes before removing from pans to wire racks. Gently remove paper.

The perfect way to celebrate National Zucchini Bread Day on April 25 – or any time you want a delicious loaf!

Source: <https://www.tasteofhome.com>

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Vol. 32 No. 2:14 April 6, 2026

Everybody's Talking

Chilly challenge: Each year, a record-breaking snow maze brings winter magic to visitors in St. Adolphe, Manitoba (Canada). Built on the site of a corn maze, this frosty labyrinth attracts thousands eager to weave through its towering, castle-like walls. The maze, certified as the world's largest, is crafted from compacted snow using specialized equipment and determination. Even on the coldest days, its thick walls offer shelter from the wind, making the experience surprisingly cozy. Beyond the maze, visitors can enjoy sleigh rides, a snow hill, and a giant igloo serving hot drinks. This annual tradition shows that a little snow and a lot of imagination can turn a chilly day into a winter wonderland.

Glowing bay: The waters of Mosquito Bay, on the island of Vieques, Puerto Rico, glow with an otherworldly light once darkness falls. The shimmering effect comes from countless microscopic organisms that emit a radiant blue-green hue when disturbed. Recognized globally for its intensity, the bay is often described as one of the planet's brightest examples of bioluminescence. Kayakers drift across the still surface, each movement sending soft waves of light rippling outward. Because the phenomenon is fragile, local guides limit activity to protect its delicate balance. The glowing bay continues to draw visitors from around the world eager to witness this rare natural spectacle firsthand.

Language wiring: The language a person learns early in life seems to shape how their brain connects and processes information. In a study comparing native speakers of German and Arabic, scientists found distinct differences in white matter, the brain's wiring that links regions for understanding and producing speech. German speakers showed stronger connections on one side, while Arabic speakers had more cross-hemisphere communication. Researchers believe these patterns reflect each language's grammar and sound structure. The results suggest that growing up with a language leaves lasting physical traces in the brain, revealing how closely language and thought are connected.

Labour legacy: In Winsted, Connecticut (U.S.), a massive indoor mural stands as a tribute to a variety of trades and professions. Measuring about 120 feet (37 m) long and five stories high, it ranks among the largest indoor artworks ever created. Artist Ellen Griesedieck conceived the project after watching an aircraft engine being fitted into place, inspiring her to capture the pride and scale of human work. Combining painting and sculpture, it portrays real people in everyday roles, from firefighters and farmers to steelworkers and teachers. Supported by craftspeople and donors who contributed materials, the mural continues to grow, echoing the same collaboration it depicts.

Quoteable Quotes

"Life is like an onion. You peel it off one layer at a time, and sometimes you weep."
~ Carl Sandburg

"One eye sees, the other feels."
~ Paul Klee

What's Happening

Non profit organizations and charities – promote your upcoming event here free of charge! Complete our event submission page at coffeeneewspaper.com.
Please provide three to four weeks' notice.

- Mary C. Moore Public Library hosts a **Readers' Retreat** Friday, April 10 from 6 to 9 p.m. Take a seat, sit back and relax. Catch up on your TBR (To Be Read) list in the quiet comfort of the closed library. Tea and cookies will be served. Please RSVP with your host, MCMPL's Mikayla: mlussier@prl.ab.ca.
- Join **Ellis Nature Centre** on Saturday, April 11 at 12 and 3 p.m. as they host Beaverhill Bird Observatory. They will give a brief presentation of Beaverhill history, what they do, bird diversity in Alberta, and adaptations of flight. They'll also be bringing one of their educational birds, who will interact with attendees. Adult tickets are \$10 each. Family Tickets are \$15. Visit <https://ellisnaturecentre.ca/>. This session is limited to 40 people.

Trivia

1. What is the largest bird of Australia?
2. Hercules was punished with 5, 12, or 15 labours to complete?
3. *Bell, Book and ___* is a 1958 movie starring Jimmy Stewart and Kim Novak.
4. A thesaurus is a book of homonyms – T/F?
5. Is the Equator a line of latitude or longitude?

(Flip bottom of page for answers)

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Your Weekly Horoscope

ARIES

(March 20 – April 19)



For the next few weeks, you may feel on edge. Be aware of times you are angry or impulsive.

An adjustment in your view could be enough to help heal an old wound. Lucky numbers: 11, 18, 24, 28, 33, 47.

TAURUS

(April 20 – May 20)



Taurus normally gravitates to what you can validate as real. Early this week, you may intuitively experience something unusual. Resist temptation to automatically reject it. Lucky numbers: 2, 5, 11, 33, 34, 37.

GEMINI

(May 21 – June 20)



Early in the week, you may receive conflicting information pushing you in different directions. Pick the option that most aligns with your philosophy and beliefs. Lucky numbers: 23, 27, 32, 41, 44, 46.

CANCER

(June 21 – July 22)



Your nature is to nurture those you care about. However, this can tip into smothering. Someone close to you may need to be encouraged to stand on their own two feet. Lucky numbers: 5, 9, 11, 17, 26, 29.

LEO

(July 23 – Aug. 22)



You may run into a stalemate at week's end. To break through it, consider how to use your skills right now to provide a greater contribution to the larger community. Lucky numbers: 6, 12, 18, 29, 34, 48.

VIRGO

(Aug. 23 – Sept. 22)



Virgos are known for their attention to detail and hardworking nature. But this week, you may have an opportunity to integrate the idea of working smarter, not harder. Lucky numbers: 9, 10, 21, 30, 33, 45.

Lucky numbers this week: This week's odds favour Gemini winners, with the luckiest number being 23.

LIBRA

(Sept. 23 – Oct. 22)



Libras tend to keep a lid on frustrations, often past a healthy point. For a few weeks, consciously address the issue to try to avoid encountering significant opposition. Lucky numbers: 8, 16, 20, 25, 30, 40.

SCORPIO

(Oct. 23 – Nov. 21)



Scorpios dig in their heels when they feel strongly about something. For the next few weeks, a change in your approach might prevent a conflict with others about it. Lucky numbers: 9, 17, 27, 29, 36, 42.

SAGITTARIUS

(Nov. 22 – Dec. 21)



Early in the week, taking some time out to reflect on your philosophy and beliefs might be advantageous. Do your efforts in the world align with what you think? Lucky numbers: 1, 8, 16, 19, 43, 45.

CAPRICORN

(Dec. 22 – Jan. 19)



Midweek, others may see your serious demeanour and ability to get things done. How might you work together to accomplish something important to both of you? Lucky numbers: 7, 12, 26, 28, 34, 45?

AQUARIUS

(Jan. 20 – Feb. 18)



The end-of-the-week energy may support your efforts to recruit others to your endeavours about humanity's evolution. Try not to let the opportunity pass you by. Lucky numbers: 10, 27, 28, 32, 39, 47.

PISCES

(Feb. 19 – March 20)



Pisces have dreams, but may have difficulty manifesting them. In the coming weeks, seek opportunities that allow you to grow into achieving concrete results. Lucky numbers: 4, 8, 16, 20, 27, 45.

Did You Know...

Pan pride: In Trinidad and Tobago, inventive musicians shaped old oil barrels into the steelpan. What began as an improvised instrument soon became the Caribbean's signature sound, carrying island culture from local gatherings to international stages.

Watching eyes: Some works of art give the uncanny feeling that the eyes are following you as you move. By using simple tricks with lines and shadows, artists can make flat images feel alive, adding mystery and depth to their creations.

False start: The saying about beginning on the "wrong foot" reflects old preferences for the right side. In long-held tradition, the right was tied to good fortune, while the left side often carried hints of error or general bad luck.

Winter pause: Bears retreat to dens during colder months, but don't spend the whole time in deep sleep. They stir, shift around often, and rely on fat reserves for energy until spring finally brings food and easier conditions again.

Ocean hitchhikers: Dolphin lice are small crustaceans, not insects, and they spend their days holding tight to swift, slippery hosts. They tuck into creases of skin with claw-like legs, surviving the ride while waiting for a rare chance to reproduce.

On the Lighter Side

They invented a computer as smart as a human; it blames its mistakes on other computers.

Dad: "Son, why haven't you washed your hair?"
Son: "The shampoo bottle said, For Dry Hair. Mine was already wet."

Knock! Knock! *Who's there?* Statue. *Statue who?* It's me. Statue?
What starts with T, ends with T, and is full of T? A teapot.

Old carpenters don't retire, they just lumber around!

Answers

Trivia answers: 1. Emu 2. 12 3. Candle 4. False, synonyms 5. Latitude

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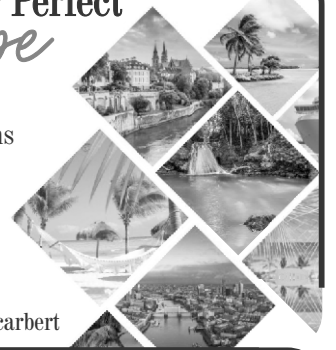
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