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Everybody's Talking

Face recall: A West Midlands, England, community police officer has gained attention for his unusual knack for remembering faces with extraordinary accuracy. Andy Pope, nicknamed the “Memory Cop,” has managed to help police identify thousands of wanted people over the years. His skill extends beyond ordinary recognition, as he can pick out individuals from blurred security footage, in busy public areas, or even when part of their features are concealed. To keep his memory fresh, he studies images and police updates before heading out on patrol. In one instance, he recognized someone by a small facial mark long after first seeing their picture. His sharp eye for people remains a powerful tool for law enforcement.

Climbing freedom: People have built outdoor ladders that let cats travel safely between balconies and the ground in Bern, Switzerland. Many are homemade, using wood or metal to create ramps and bridges that attach to windows or nearby trees. Some are short and simple, while others stretch several stories high in creative patterns and shapes. The idea began as a way to give cats independence without risking dangerous jumps or long falls. Over time, it spread across the city and caught the attention of visitors, who find the ladders both useful and amusing. Blending practicality with care for animals, Bern's cat ladders have become a familiar and thoughtful part of daily urban life.

Pencil power: Illustrator Rose O'Neill began a groundbreaking career in New York City in the 1890s that reshaped how women were seen in the art world. She started with newspaper drawings, and became one of the first women to earn national attention for her cartoons. Her best-known creations, the Kewpies, appeared in magazines and advertisements, spreading messages of kindness and good humour. Beyond artistic success, O'Neill used her work to promote equality and women's rights, often adding social themes to her drawings. And she supported efforts to help children and families in need. With talent and determination, she turned her art into something joyful and meaningful, and left an enduring mark.

Power cavern: Plans are underway to build the first large-scale energy facility storing compressed air underground. Developed by Augwind Energy, the project in Germany will transform a mined salt cavern into an “AirBattery” that can hold renewable energy for weeks or even months. The system works by compressing air and releasing it through water chambers to drive turbines when power is needed. Unlike lithium-ion batteries, it uses local materials and avoids dependence on imported metals. Engineers expect the technology to strengthen energy security while balancing solar and wind fluctuations. If successful, the approach could become a model for future clean energy storage projects across Europe.

Quoteable Quotes

“Let the improvement of yourself keep you so busy that you have no time to criticize others.” ~ Roy T. Bennett

“No act of kindness, however small, is ever wasted.” ~ Aesop

What's Happening

Non profit organizations and charities – promote your upcoming event here free of charge! Complete our event submission page at coffeeneewspaper.com.
Please provide three to four weeks' notice.

Consider yourself invited to **Volunteer Information Night** taking place April 21 at the Wellness & Community Connections Centre (4725-43 Street) from 6:30 to 8 p.m. Meet local organizations looking for passionate volunteers and find your perfect fit! Everyone is welcome.

Sylvan Lake Municipal Library hosts its **Junior Book Club** Monday, April 20 from 6:30 to 7:30 p.m. A great book club for school-aged readers looking to broaden their reading horizons. Featured selection will be *Greenwild* by Pari Thomson. Explore new books and engage in discussion and writing activities with your peers. Registration required; the first 18 to sign up will receive a free copy of the book to keep! Please visit library website for full details about this and other book clubs.

Trivia

1. Sherlock Holmes took care of this insect in his retirement.
2. Bronze consists primarily of copper and tin – T/F?
3. Which ancient culture harvested the papyrus plant to make paper?
4. If you visited Big Sur, you would be in which U.S. state?
5. In what year did the Beatles come to America?

(Flip bottom of page for answers)

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Recipe of the month

Pina Colada Zucchini Bread

4 cups all-purpose flour
3 cups sugar
2 teaspoons baking powder
1-1/2 teaspoons salt
1 teaspoon baking soda
4 large eggs, room temperature
1-1/2 cups canola oil


1 teaspoon each coconut, rum and vanilla extracts
3 cups shredded zucchini
1 cup canned crushed pineapple, drained
1/2 cup chopped walnuts or chopped pecans

Prep Time: 25 min Cook Time: 45 min Yield: 3 loaves

- 1 Preheat oven to 350°. Line 3 greased 8x4-in. loaf pans with parchment; grease paper.
- 2 In a large bowl, combine flour, sugar, baking powder, salt and baking soda. In another bowl, whisk eggs, oil and extracts. Stir into dry ingredients just until moistened. Fold in zucchini, pineapple and walnuts.
- 3 Transfer to prepared pans. Bake until a toothpick inserted in centre comes out clean, 45-55 minutes. Cool for 10 minutes before removing from pans to wire racks. Gently remove paper.

The perfect way to celebrate National Zucchini Bread Day on April 25 – or any time you want a delicious loaf!

Source: <https://www.tasteofhome.com>



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Your Weekly Horoscope

ARIES

(March 20 – April 19)



This week is a crucial one within a three-week window. You may be debating what is most important. Be sure of what you want before you start something new. Lucky numbers: 5, 16, 22, 24, 31, 45.

TAURUS

(April 20 – May 20)



Your birthday month is a good time to review your year's accomplishments, and set goals for the new one. An opportunity may bring you into uncharted territory. Lucky numbers: 12, 15, 22, 25, 26, 44.

GEMINI

(May 21 – June 20)



Monitor what you say this week. Geminis sometimes speak without considering reactions. This tendency may be heightened, perhaps with unwanted outcomes. Lucky numbers: 4, 8, 13, 15, 29, 43.

CANCER

(June 21 – July 22)



Early this week may be a good moment for some down time. The energy could encourage you to relax without guilt about putting aside your responsibilities for a bit. Lucky numbers: 3, 11, 18, 33, 41, 42.

LEO

(July 23 – Aug. 22)



You may have a greater opportunity early this week to tell others what you want. You might be successful, but be careful about being impulsive in what you say. Lucky numbers: 10, 13, 22, 32, 35, 45.

VIRGO

(Aug. 23 – Sept. 22)



You may feel unclear about how to proceed for a few days at the beginning of the week. You may want to postpone any important decisions until this passes. Lucky numbers: 10, 14, 20, 22, 32, 46.

Lucky numbers this week: This week's odds favour Taurus winners, with the luckiest number being 25.

LIBRA

(Sept. 23 – Oct. 22)



Those who live with Libras know they don't like to show anger. Midweek, however, this may not be true. So to try to prevent a standoff, be careful what you say. Lucky numbers: 6, 15, 24, 25, 38, 44.

SCORPIO

(Oct. 23 – Nov. 21)



It has been about six months since your birthday. Did you set new goals at that time? Review your progress to date, and make any needed changes to the plan. Lucky numbers: 14, 28, 31, 39, 45, 47.

SAGITTARIUS

(Nov. 22 – Dec. 21)



An important Sagittarius theme is a philosophy reflecting who they are and what they believe. Does your philosophy represent your values? Make necessary adjustments. Lucky numbers: 7, 9, 13, 24, 34, 37.

CAPRICORN

(Dec. 22 – Jan. 19)



Capricorns focus on endeavours bringing them success and achievement. This may be a good time to evaluate if these efforts are in alignment with your highest values. Lucky numbers: 2, 4, 10, 11, 26, 44.

AQUARIUS

(Jan. 20 – Feb. 18)



This week's energy may support you in helping humanity's evolution, especially in telling others of your plans. Be careful about being too aggressive in your approach. Lucky numbers: 8, 15, 18, 29, 36, 41.

PISCES

(Feb. 19 – March 20)



You may feel confused and subject to delusion early this week. It may be better to postpone any important decisions or actions for a few days until this passes. Lucky numbers: 1, 2, 9, 24, 30, 46.

Senior Drop-in Bowling!

Seniors (50+) are invited to stop by for fun every **Tuesday and Friday** at 10 a.m. \$10 fee includes two games of bowling, shoe rental, coffee/tea and snacks! For more information, please call 403.309.6387

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Did You Know...

Battle brew: Instant coffee took off during World War II, when soldiers, sailors, and aviators relied on it for a quick caffeine fix. They then carried the habit home after the war, turning the novel powder into a worldwide everyday drink.

King's cravings: Singer Elvis Presley treated breakfast like a feast. Reports from his longtime cooks describe mornings filled with piled plates of biscuits, eggs, and meats, often served in bed, showing his taste for both comfort and indulgence.

Number itch: Arithmomania is the compulsive drive to count, whether it's steps, cars, or anything else. The urge can fade and return, sometimes pushing people to track exact totals or seek even numbers before feeling satisfied.

Language mosaic: North America once held hundreds of different Indigenous languages and dialects, some unlike any others in existence. In certain areas, the sheer range of languages surpassed all of Europe, reflecting a broad cultural diversity.

Spinning flight: In ancient China, children spun bamboo toys that rose into the air when twirled by hand. The playful design showed how spinning blades could create lift, an idea that later inspired inventors working toward the creation of helicopters.

On the Lighter Side

Bob: "Why are elephants so wrinkly?"
 Rob: "They're too big to fit on the ironing board."

What's the best day of the week to play a double header in baseball? Tuesday.

Be careful when it is raining cats and dogs. You might step in a poodle.

Did you hear about the kid who eats cold porridge for breakfast? It was pretty gruel.

Answers

4. California 5. 1964
 Trivia answers: 1. Honey bees 2. True 3. Egyptian