MANUFACTURED LOCALLY • RED DEER, AB
Wallah Memorials
SINCE 1983
403.343.1672
1.800.909.9927
• Bronze
• Granite
• Natural Stone
• Cremation Urns
• Vases
memorials@wallahsigns.com • www.wallahsigns.com

Let us make your event special!
We would love to host your next special event at our year-round dining facilities at our club!
Our freshly renovated, modern style dining room is a prime location for hosting all types of events, including annual Corporate AGMs and Christmas Parties!
LACOMBE GOLF & COUNTRY CLUB Est 1925
For inquiries, contact Front of House Manager Tanille today:
thedeck@golflacombe.com
or for more information, please visit www.golflacombe.com
OUR CALENDAR IS OPEN FOR 2026 WINTER BOOKINGS

BLACK DOG DRILLING INC.
• Water Wells and Geothermal for Acreages, Farms and Recreational Properties
• Tie-Ins and Abandonments
• Shock Chlorination, Testing and Water Sample Service
• Pump and Pressure - Service and Installs
1-888.396.6389 | www.blackdogdrilling.com

ENTER TO Win A $50 GIFT CERTIFICATE!
Identify the ad where "Newman" the Coffee News Guy is hidden for your chance to win.
Actual size of the hidden graphic:
Enter Here
or visit the contest page at coffeenewspaper.com

TAX SPECIALISTS
Personal Return $95.00
Sole Business Owner $350.00
* Personal, Small Business and Real Estate
Book-it Bookkeeping Inc.
Located in Lacombe
Book with us: Book-it.ca
BOOK WITH US

Coffee News® CONTEST WINNER
TODD WALSH is our July Rural Contest Winner!
Gasoline Alley
Todd will receive a Free Large Pizza Certificate from our contest sponsor
Boston Pizza
403.348.5220
122 Leva Ave., Red Deer County

Stay young Be Active
Instant Fit. Bluetooth® connectivity. Charge on-the-go. High-definition sound.
Signia Active Pro
It's everything you're looking for in a hearing aid, that doesn't look like a hearing aid.
• Did you know all seniors and low income adults qualify for $900-$2400 towards hearing aids?
• Rechargeable hearing aids
• Financing for hearing aids
EYES + EARS
OPTICAL + HEARING CO.
403.786.2020 • 3-5832 Hwy 2A, Lacombe | 403.887.5073 • #425, 3715-47 Ave., Sylvan Lake

INSURANCE CLAIMS WELCOME!
JV ROOFING LTD & Exteriors
ROOFING • SIDING • FRAMING • DRYWALL • MORE
CALL US FOR YOUR FREE, NO OBLIGATION QUOTE:
587.378.7663 • www.JVRoofingSiding.com

FREE! Coffee News®
"Bringing People, Families, and Communities Together."
Lacombe, Blackfalds Rimbey, and Bentley Edition
403.346.4141
e-mail coffeenewsguy@hotmail.com
online version at coffeenewspaper.com
coffeenewspaper.com Vol. 32 No. 2:39 September 28, 2026

Everybody's Talking

Fishing prescription: In England, some health workers can now point patients toward a fishing session as part of care for anxiety or low mood. The option comes through Tackling Minds, a program started by Dave Lyons after fishing helped steady his own life. Instead of a clinic visit, people join small groups by the water with volunteer coaches who bring gear and show the basics. The focus is simple: get outside, slow down, and have something to do with your hands. The group works with the National Health Service under social prescribing, alongside other supports. It recently received the King's Award for Voluntary Service, a national honour. Organizers say they want more communities to have the same kind of access.

Language revival: In a remote part of northwest Australia, a small Aboriginal community is using a phone game to bring its traditional language back into daily life. Instead of classroom lessons, young players explore a digital landscape based on local landscapes while hearing words spoken by elders. Language is folded into simple tasks, letting learning happen through play. Community leaders chose this format knowing screens already hold kids' attention. Repeated interactions help rebuild familiarity with sounds and meanings that were fading. By tying words to places and everyday actions, the game keeps learning grounded. Organizers see it as an entry point for broader cultural learning using modern tools.

Hidden whales: Near Baja California, Mexico, scientists spotted two living ginkgo-toothed beaked whales, a species that had never been confirmed alive before. Researchers had recorded a strange underwater sound in the area for years but didn't know which animal made it. This sighting finally linked that sound to these whales, giving scientists a new way to track them. The team couldn't get a clear photo, so they used a very small skin sample to confirm the species. Beaked whales are hard to study because they surface briefly and avoid boats. Until now, most information came from whales found washed up on beaches after dying at sea. The discovery shows they regularly live off the coast of Mexico, not just far-off oceans.

Silent scores: In Germany, two short organ works believed to be early pieces by Johann Sebastian Bach have finally been performed after about 320 years in storage. The music surfaced in an archive as handwritten pages without names or dates, leaving their origin uncertain for years. Close study of the writing style later linked them to Bach's early training period. Once experts felt confident, the pieces were prepared for performance at a church closely tied to Bach's working life. Hearing them added fresh detail to a composer thought to be fully documented. The moment showed that archives can still hold surprises. For listeners, it offered new sounds from a familiar name.

Quoteable Quotes

"If you tell the truth, you don't have to remember anything."
~ Mark Twain

"Almost everything will work again if you unplug it for a few minutes… including you." *~ Anne Lamott*

What's Happening

Non profit organizations and charities – promote your upcoming event here free of charge! Complete our event submission page at coffeenewspaper.com.
Please provide three to four weeks' notice.

☛ **1907 - 2026: A Legacy in Research & Development:** For more than a century, the Lacombe Research and Development Centre advanced Canadian agriculture through science, innovation, and collaboration. This exhibit runs Wednesday to Saturday, 10 a.m. to 4 p.m., at the Flatiron Building Museum (5005-50 Avenue) through November 14 and honours the people, discoveries, and achievements that shaped its history and lasting legacy across Canada. Curated by the Lacombe Museum. For more information, please call 403.782.3933, email info@lacombemuseum.com, or visit https://lacombemuseum.com.

Trivia

1. Which singer is known as "The Boss"?
2. What is the smallest state in the United States by area?
3. The human nose can detect more than one trillion different scents – T/F?
4. The Titanic began its maiden voyage from this English port in 1912.
5. This video-sharing website was acquired by Google in 2006.

(Flip bottom of page for answers)

© Published with permission by Central Alberta Coffee News

NOW OFFERING
C & R Endeavors Ltd.
RETAIL SALES OF NEW FIREARMS & AMMUNITION
AT THE FLAGS & MORE STORE
5215B 54 Avenue, Red Deer
Call 403.340.0109 or email info@crendeavors.ca
or visit our website at crendeavors.ca

WORTH OILFIELD CONSTRUCTION LTD.
LANDSCAPING, FARM & OILFIELD CONSTRUCTION
403-747-3700
worth.oilfield@gmail.com
Alix, Alberta

All Natural Plant-Based Products
Essential Oil Blends
Face and Body Soap
Shampoo Bars
...and more!
Better Naturally Wellness & Soap Co.
RED DEER 250.667.4889
betternaturally2020
Dorothy Sansall Better Naturally

WHAT IF YOUR lifestyle COULD STAY AS VIBRANT AS YOU ARE?
Wellings OF RED DEER
VIBRANT 55+ LIVING
VISIT US TO DISCOVER MORE
455 Timberlands Dr., Red Deer • 587-875-0714

Experience our Difference
RED DEER MOTORS
6720 Johnstone Drive / Red Deer
403.347.7777 / www.reddeermotors.com

velec E-Bikes have arrived!
RED, TITANIUM or SAND
E3 AS LOW AS $2,599.00
BATTERY BOSS .ca
#5, 7803-50 AVE., RED DEER
403.343.3399

This Space Is Available
Book NOW to ensure a spot in upcoming issues
Call now:
403.346.4141

BOOK NOW!
Bowling
Birthday
Packages Available!
403.782.6119
AMBASSADOR BOWLING CENTRE
5020 - 50 Street, Lacombe
JOIN THE FUN!

© Copyright 2026. No material, text or advertising may be reproduced without the express written consent of the Publisher.

NEED TO DETOX?
DRUG TEST SUPPLIES
HEMP LOTION two 18 oz. bottles $40
NUMEROUS CANNABIS ACCESSORIES
HEMPNSTUF
403-342-HEMP (4367)
5211 GAETZ AVENUE, RED DEER. OPEN 10 AM-11 PM EVERY DAY

Delivering innovative aerial imaging and drone services designed to elevate your perspective.
Combining precision, safety, and cutting-edge technology, we help businesses capture smarter data and stunning visuals from above.

RISE DRONE SOLUTIONS
780.340.0330
risedronesolutions26@gmail.com
Elevate Your Wedding Memories!

BIBLE PROPHECY
JESUS IS COMING SOON!
Don't be left behind
LEARN WHAT THE THEOLOGIANS SAY
FREE CHARTS
Bobby D, Prophecy Teacher - 30 Yrs.
END TIME EVENTS What you need to know | QUESTIONS ANSWERED Understanding Bible Prophecy
Rapture • Judgment Seat of Christ • Tribulation - 7 Years
AntiChrist Revealed • Peace Treaty - Israel
Great White Throne Judgment
Second Coming of Christ • Millennium Reign (1000 Years)
New Heaven and New Earth • Rewards - Eternal
Email your Bible prophecy questions to rcjcoilfield@gmail.com

MNP
We're not just accountants. We're your neighbours.
Call us today!
Rimbey: 403.843.4666
Lacombe: 403.782.7790
MNP.ca

Lacombe Learning Hub
WE INSPIRE
Your partner in learning.
Little Hubsters
AGES 3-5
REGISTRATION IS OPEN!
Starting this September!
Tutoring All Year Long!
K-12 • ALL SUBJECTS
Personalized support to help students thrive all year long.
One-on-One & Small Group Tutoring
Homework Help • Exam Prep
INSPIRE • SUPPORT • ACHIEVE
Located in Lacombe (next to Soapy's Car Wash) | 877-281-5811 | lacombelearninghub@gmail.com | Find us on Facebook!

STOP THE COMMUTE. START THE CAREER.
Hiring Journeyperson HET's
Red Deer Frac Shop. Clean, local shop.
Top-tier benefits. 8/6 schedule.
COLLICUTT Energy
403.309.9250 | hr@collicutt.com
collicutt.com

Trophy Loft
BACK TO SCHOOL
SPORTS
HOCKEY • FOOTBALL • SOCCER • MORE
403.347.5030 | trophyloft.com

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.
PASSENGER & PARCEL SERVICES
SHIP BY BUS
GET YOUR REWARD CARD TO GET A FREE TICKET!
Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca
TICKETS: 587-557-7719 | PARCEL: 587-557-7718
SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Your Weekly Horoscope

ARIES
(March 20 – April 19)

You may be feeling pulled in different directions now. Instead of immediately acting, consider what is churning below the surface for you. An old wound may emerge to be addressed. Lucky numbers: 6, 8, 27, 30, 31, 38.

TAURUS
(April 20 – May 20)

At the beginning of the week, your energy level will likely be very high. Give some thought as to how you want to direct it for the few days this potential is in effect. Lucky numbers: 12, 30, 38, 41, 43, 48.

GEMINI
(May 21 – June 20)

You may find things are shifting in sudden and unexpected ways this week. Finding solid ground again may require that you adjust your viewpoint to match this new dynamic. Lucky numbers: 10, 11, 16, 26, 38, 41.

CANCER
(June 21 – July 22)

At week's end, you may feel like hiding in your shell, imitating the crab image that symbolizes your sign. Quiet retreat and self-care are never a bad choice. Lucky numbers: 1, 6, 24, 28, 36, 44.

LEO
(July 23 – Aug. 22)

Leos usually prefer charm to confrontation. At week's end, however, you may be spoiling for a fight. Take a deep breath and consider whether the issue is really worth it. Lucky numbers: 3, 11, 17, 23, 31, 42.

VIRGO
(Aug. 23 – Sept. 22)

Virgos are admired for their analytical skill and attention to detail. Perhaps you have been fully satisfied with this before but the next few weeks may leave you craving more. Lucky numbers: 2, 9, 21, 31, 34, 41.

LIBRA
(Sept. 23 – Oct. 22)

At week's end, look for a subtle opportunity to deepen your romantic relationship. It may feel a bit uncomfortable at first but may be worth it if you can stay flexible. Lucky numbers: 9, 16, 17, 20, 31, 39.

SCORPIO
(Oct. 23 – Nov. 21)

There may be a lot of intensity in your romantic relationship this week. If you sense it could be close to a breaking point, focus on finding a gentler balance point. Lucky numbers: 4, 5, 6, 24, 26, 40.

SAGITTARIUS
(Nov. 22 – Dec. 21)

You may experience the classic head versus heart dilemma at mid-week. If you can't find a way to break the stalemate, wait until this dynamic fades in a few days. Lucky numbers: 5, 6, 21, 31, 41, 45.

CAPRICORN
(Dec. 22 – Jan. 19)

You may find your ambition flagging at week's end. While you may resist, taking care of what you need is important. You don't have to always be the strong one. Lucky numbers: 18, 23, 25, 33, 41, 48.

AQUARIUS
(Jan. 20 – Feb. 18)

You may feel an urgency now to initiate and communicate about a project on behalf of the larger community. Be sure you are confident about the details or wait to act. Lucky numbers: 8, 14, 17, 18, 41, 47.

PISCES
(Feb. 19 – March 20)

Pisces can have a dreamy, other world quality that makes it difficult to manifest goals. What have you let slip away in the past and what would do differently? Lucky numbers: 11, 13, 19, 23, 36, 47.

Lucky numbers this week: This week's odds favour Taurus winners, with the luckiest number being 30.

Did You Know...

Lucy legacy: St. Lucia stands alone as the only sovereign nation named for an actual woman, St. Lucy of Syracuse. Its earlier Indigenous title was later replaced as European sailors followed the custom of giving islands the names of saints.

Border pull: About 90 per cent of Canadians live within roughly 160 kilometres (100 mi.) of the U.S. border. This broad stretch offers gentler weather and easier connections, which is why most of the country's largest cities grew there rather than farther north.

Shifting stone: In India, the Taj Mahal's marble can look different as the light changes, giving the building soft tints from morning to evening. Its reflective Makrana stone is the reason for this shift, creating a subtle colour change throughout the day.

Granite glow: Grand Central Terminal in New York City (U.S.) gives off a tiny bit of radiation from the granite used in its construction. The stone holds small amounts of uranium, yet the levels remain low enough that visitors and staff stay within normal yearly exposure.

Ancient champion: Egypt's Great Pyramid of Giza kept the title of tallest human-made structure for over 3,800 years. Its height stayed unmatched until a cathedral in Europe eventually rose past it, ending its long architectural streak.

On the Lighter Side

What kind of shoes do ninjas wear? Sneakers.

Knock! Knock! *Who's there?* Leslie. *Leslie who?* Leslie town and take the train.

A nickel and a penny jumped off a moving train together. But not the quarter. It had more cents.

Harry: What would you get if you crossed a baseball player with a Boy Scout?
Larry: I don't know, but I bet he could pitch a tent!

Answers

Trivia answers: 1. Bruce Springsteen 2. Rhode Island 3. True 4. Southampton 5. YouTube

© Published with permission by Central Alberta Coffee News
For available franchise opportunities, visit www.coffeenewscanada.com

unplugged
Parents United for a Smartphone-Free Childhood.

One easy choice at your fingertips that could be the best thing for your child's mental health.
Learn more about this parent-led grassroots movement in Canada by clicking here
unpluggedcanada.com

Happy World Heart Day
September 29
from your friends at Coffee News®

INTEGRITY
CRAFTSMANSHIP
TRUST
ARTISTRY IN GOLD
DESIGN STUDIO LTD
403.343.6544 | artistryingold.ca

Planning a Move Before the Leaves Change Colour?
BUYING. SELLING. OR JUST CURIOUS?
INFORMATION CHANGES SITUATIONS
Get the latest market info sent directly to your phone
HOME VALUES. MARKET TRENDS. EXPERT ADVICE.
James Torrens
Real Broker | Realtor®
403.877.1868
TORRENS REAL ESTATE | real
Scan here ...to get direct info on your area – Lancaster, Vanier, etc.

FIRST CALL
Fence and Deck Services
30+ YEARS EXPERIENCE
For your staining and minor repair needs
BOOK TODAY, SAVE THE GST!
CALL OR TEXT LAURIE
403.373.0097
• ON-SITE QUOTES ONLY
• REFERENCES AVAILABLE UPON REQUEST

Who decided to replace the Alberta RCMP?
Not Albertans.
75% of Albertans want a province-wide referendum before any plan to replace the RCMP proceeds. Visit AlbertansforRCMP.ca.
USJE SESJ
Coffee News believes in providing space for diverse viewpoints. The views expressed in this advertisement do not necessarily reflect those of Coffee News.

RICK DOUGLAS SAFETY
STUMP GRINDING
403-505-7297
rdouglassafetyltd@hotmail.ca | rickdouglassafety.ca

To equal the visibility of an ad in Coffee News, advertisers would need an ad
21 Times
that size in their local newspaper
Discover the Coffee News® Advantage!
* Lacombe